



Britain's First Mediterranean Food Supplier



Products of Distinction

Herbs & Spices | Fruit 'n' Nuts | Pickles | Desserts | Dates



Premium Dates of Saudi Arabia



The Best Halal Choice
زادك الأفضل

Special Offers

Clearance

New Arrivals

Frozen

Meat

Pastry

Vegetables

Chilled

Dairy

Meat

Ready Meal

Ambient

Bread &
Tortilla

Canned Food

Sweets

Dried Fruits

Drinks

Halawa &
Tahina

Honey & Jam

Olives

Pickles

Pulses

Rice, Flour &
Soup

Sauces &
Dressing

Oil

Seasoning &
Noodles

Tea & Coffee

Dates

Herbs &
Spices

Nuts

Non Food

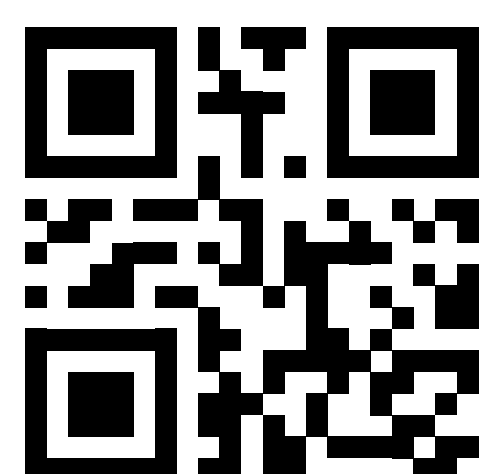
Offers



£1.49

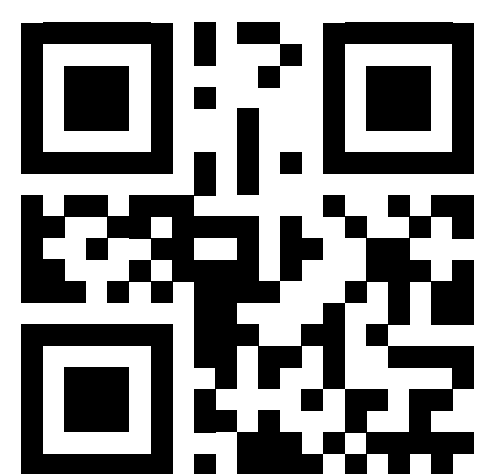
BUY
GET 1
FREE

Filo Pastry



12 x 400g

15713

2 for
£104 for
£11Mini Malban
Kashta

1 x 100pcs

47025

1 Box FOR £4.50

£1.49

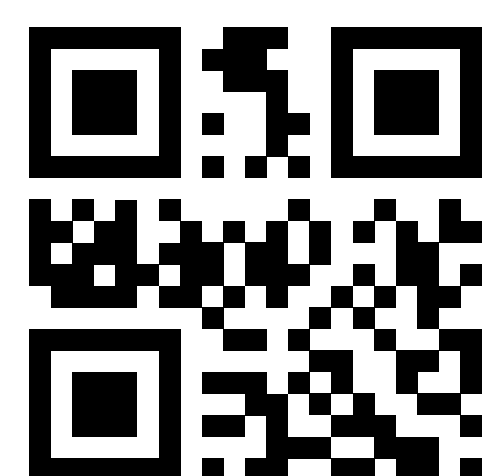
Roasted Garlic
Pasta Sauce

8 x 465g

41200

1 Box FOR £4.50

£1.49

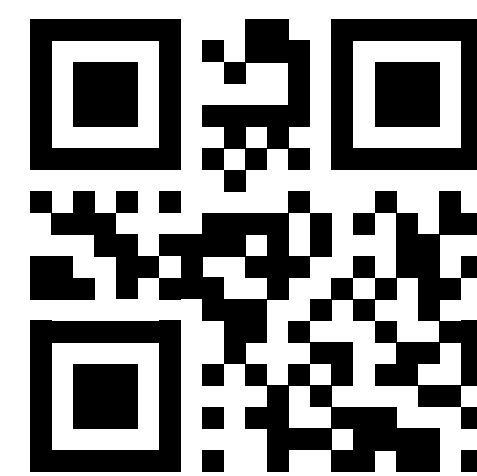
Basilico
Pasta Sauce

8 x 465g

41196

1 Box FOR £4.50

£1.49

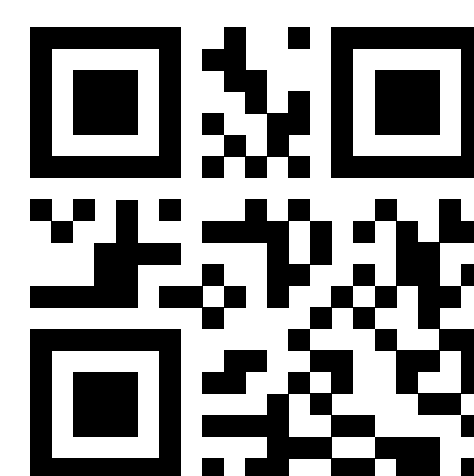
Arrabbiata
Pasta Sauce

8 x 465g

41197

1 Box FOR £4.50

£1.49

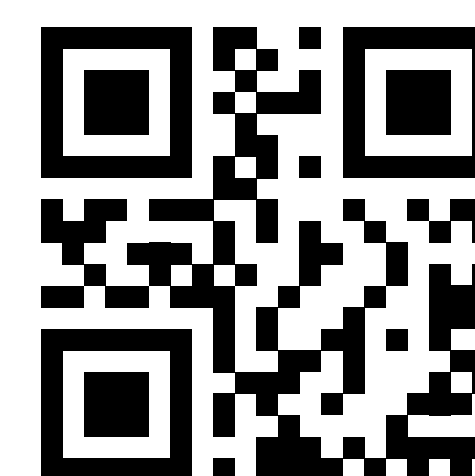
Original
Pasta Sauce

8 x 465g

41198

1 Box FOR £4.50

£1.49

Napoletana
Pasta Sauce

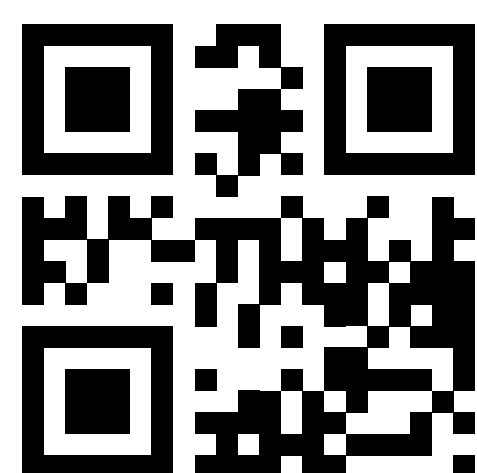
8 x 465g

41199

Non-Returnable

2 Boxes FOR £46.90 each

Sesame Oil



12 x 500ml

60080

Non-Returnable



Britain's First Mediterranean Food Supplier

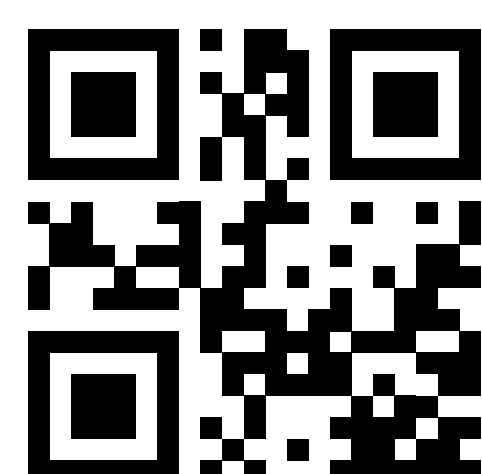
Special Offers

2 FOR £10.00_{abox}

£1.99



Jarish

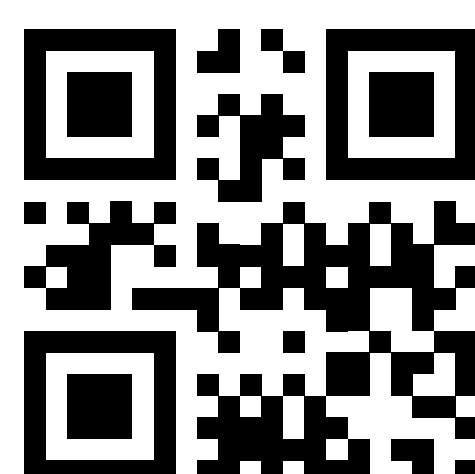


8 x 800g

54007

2 FOR £23.00_{abox}

£4.49

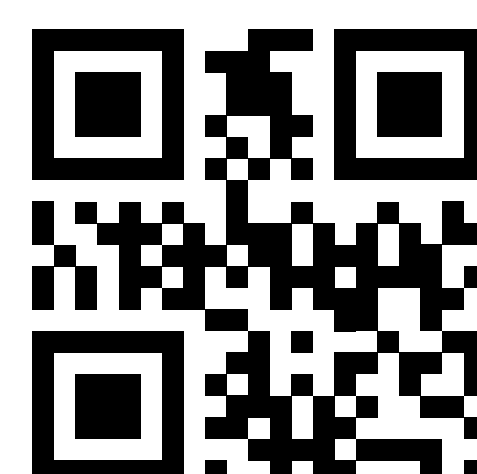
Freekeh
(Lebanese)

8 x 800g

54005

2 FOR £9.00_{abox}

£1.79

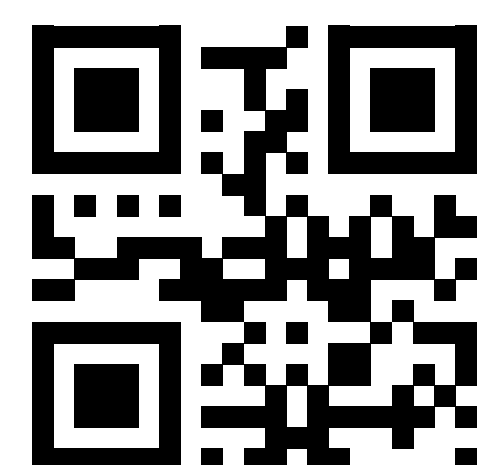
White
Coarse Bulgur

8 x 900g

42102

2 FOR £9.00_{abox}

£1.79

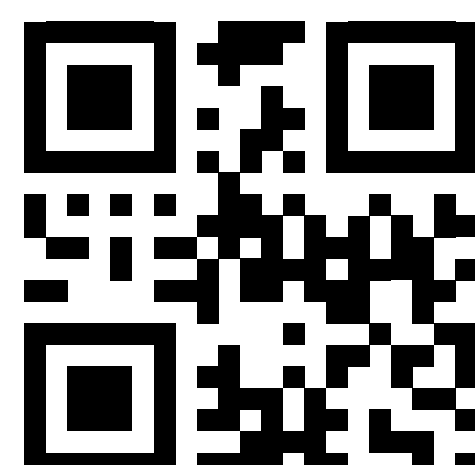
White
Medium Bulgur

8 x 900g

42122

2 FOR £9.00_{abox}

£1.79

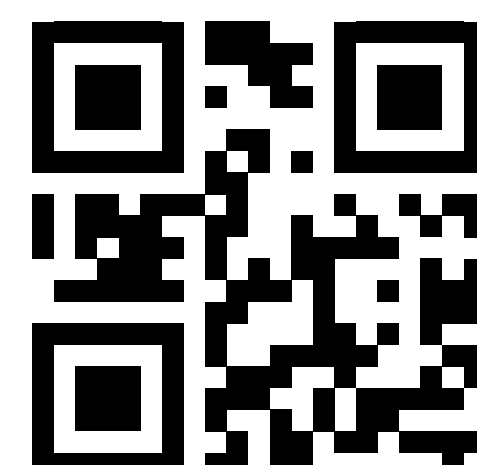
White
Fine Bulgur

8 x 900g

42105

2 FOR £9.00_{abox}

£1.79

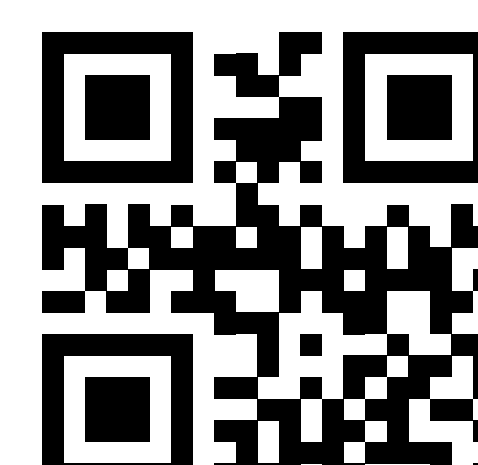
Brown
Fine Bulgur

8 x 800g

42104

2 FOR £9.00_{abox}

£1.79

Brown
Coarse Bulgur

8 x 800g

42101

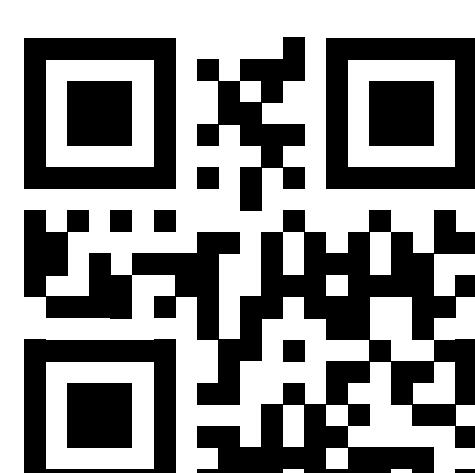
2 FOR £12.00_{abox}Brown
Lentils

8 x 900g

54008

2 FOR £12.00_{abox}

£2.29

Red
Split Lentils

8 x 900g

42120

2 FOR £14.00_{abox}

£2.69

Green
Lentils

8 x 900g

42110

2 FOR £15.50_{abox}

£2.99



Maghrabieh



8 x 800g

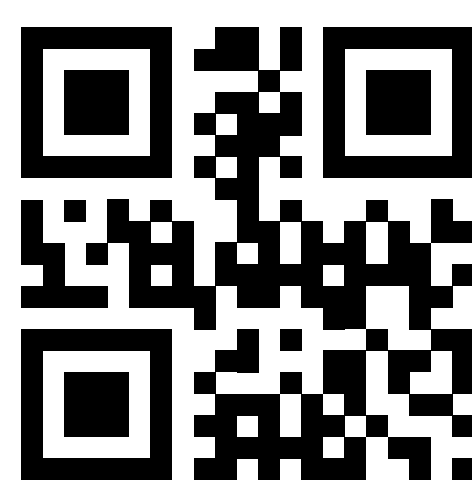
42112

2 FOR £10.50_{abox}

£1.99



Pearl Barley



8 x 900g

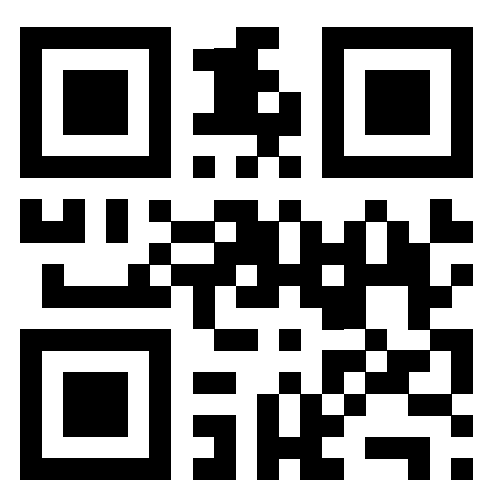
42113

2 FOR £9.00_{abox}

£1.79



Peeled Wheat



8 x 900g

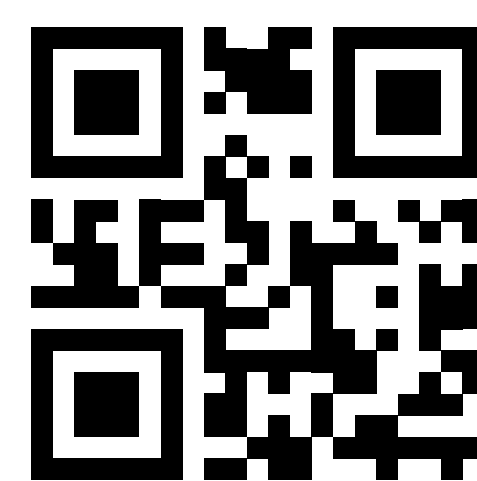
42114

2 FOR £10.50_{abox}

£1.99



Popcorn



8 x 900g

42115

2 FOR £15.50_{abox}

£2.79



Chickpeas

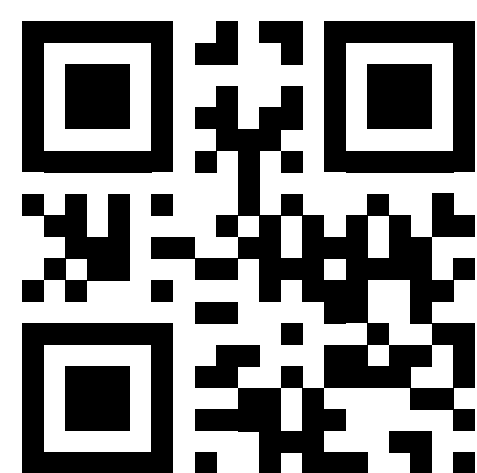


8 x 900g

42107

2 FOR £10_{abox}

£1.99

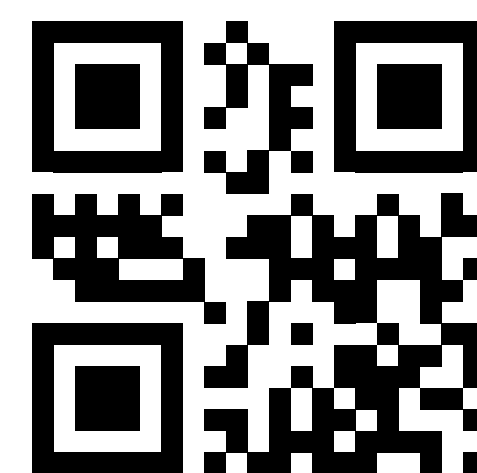
Coarse
Semolina

8 x 800g

42116

2 FOR £10.00_{abox}

£1.99

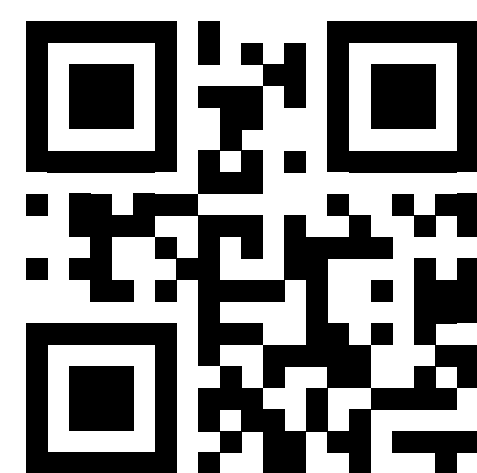
Extra Fine
Semolina

8 x 800g

42117

2 FOR £10.00_{abox}

£1.99

Fine
Semolina

8 x 800g

42118

2 FOR £12.00_{abox}

£2.29

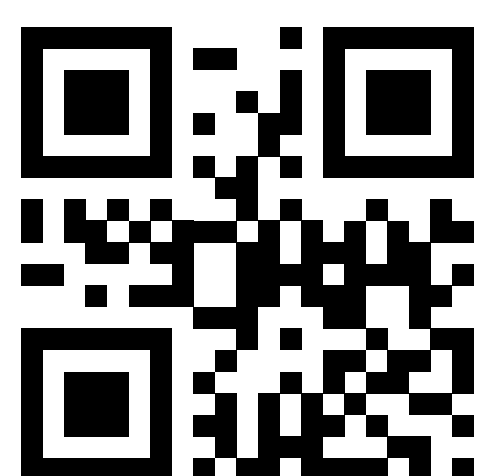
Split
Broad Beans

8 x 700g

42119

2 FOR £20.00_{abox}

£3.99

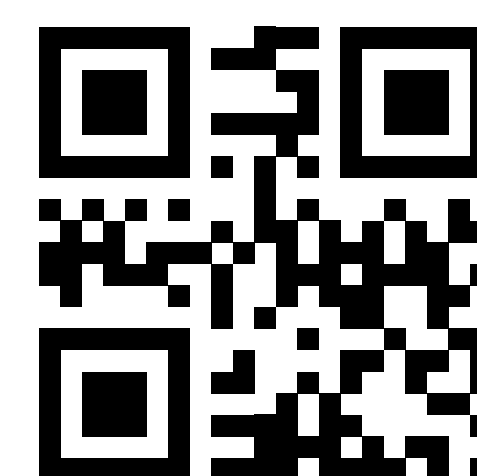
Butter
Beans

8 x 800g

42106

2 FOR £15.50_{abox}

£2.99

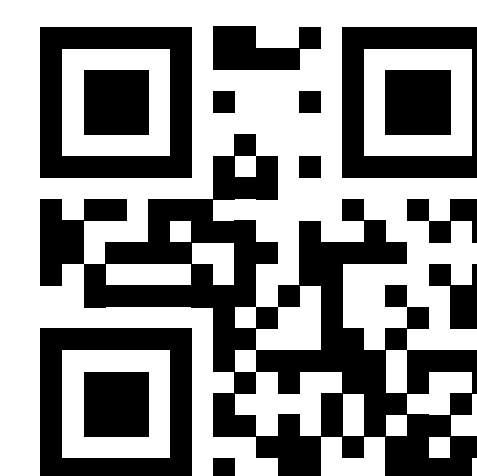
White
Beans

8 x 850g

42121

2 FOR £15.80_{abox}

£2.99

Rosecoco
Beans

8 x 850g

42125

2 FOR £15.50_{abox}

£2.99



Lupin Beans



8 x 800g

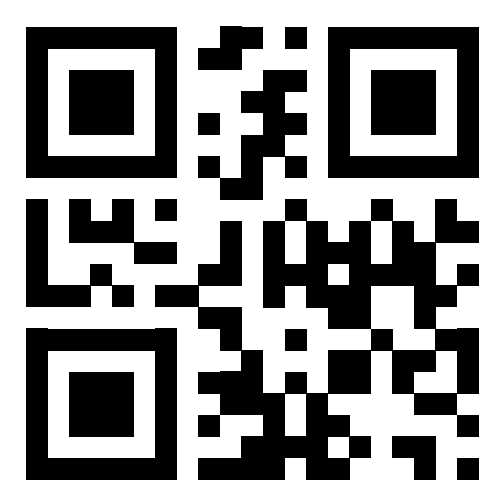
42111

2 FOR £10.50abox

£1.99



Egyptian Fava
Beans

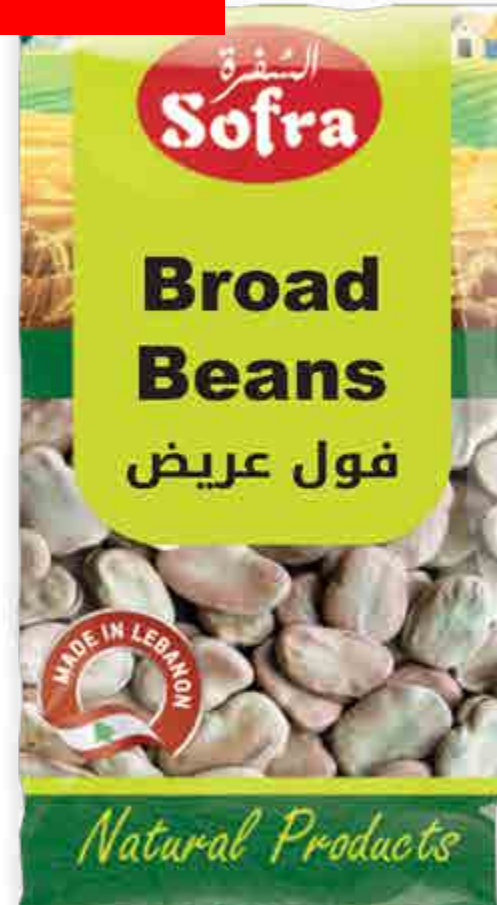


8 x 900g

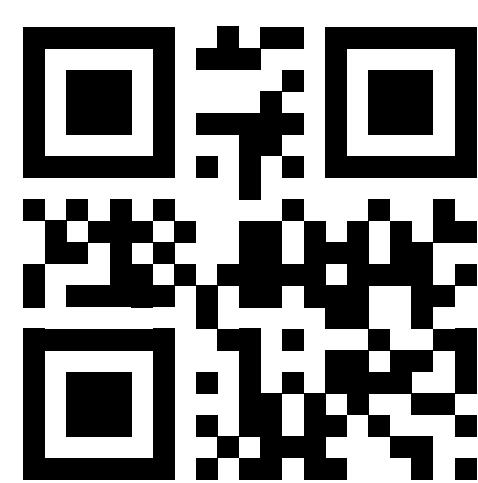
42109

2 FOR £15.00abox

£2.89



Broad Beans



8 x 650g

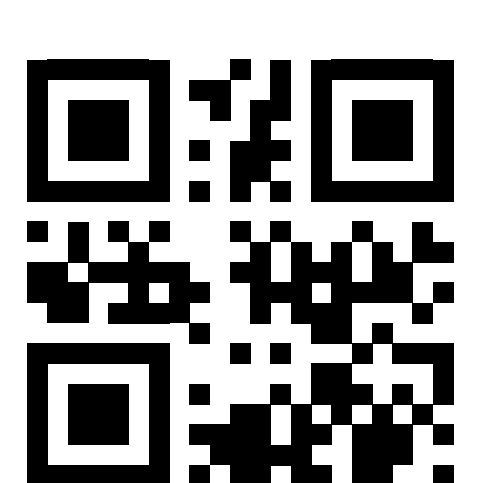
42108

2 FOR £12.00abox

£2.29



Red Lentil Whole



8 x 900g

42126

1 FOR £80.00abox
2 FOR £78.00abox
3 FOR £74.00abox



Syrian Extra Virgin
Olive Oil



12 x 1L

43046

£2.50 Each
2 for
£4



Pickled Cucumber
(Fresh Pack)



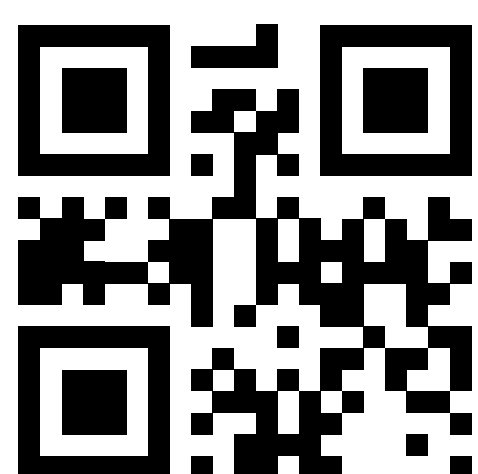
6 x 600g

41137

£1.90
2 for
£3



Mix Pickles



6 x 600g

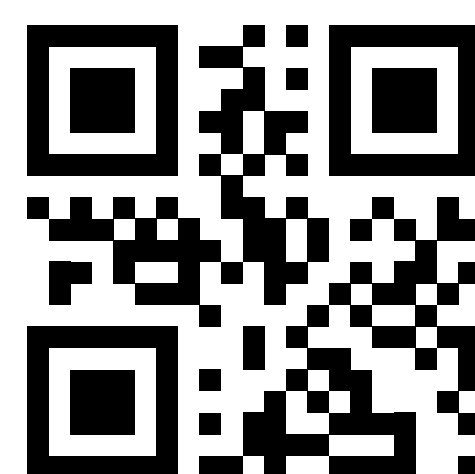
41127

2 FOR £21.50abox

£4.50



Freekeh



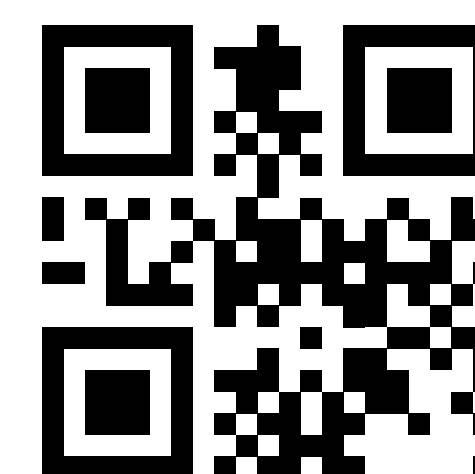
8 x 600g

54006

2 boxes £57.9 each



Extra Virgin
Olive Oil



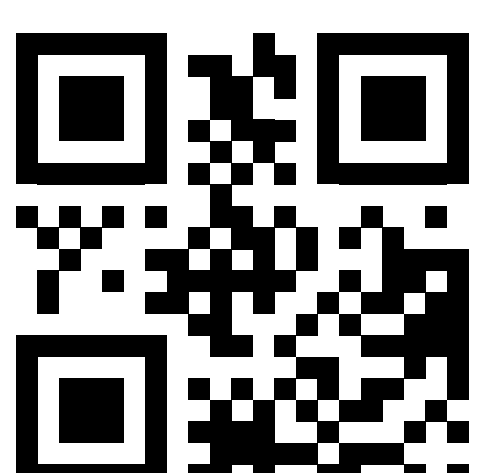
12 x 750ml

43022

5 BOXES FOR £27
10 BOXES FOR £25



Whole Camel Milk



12 x 235ml

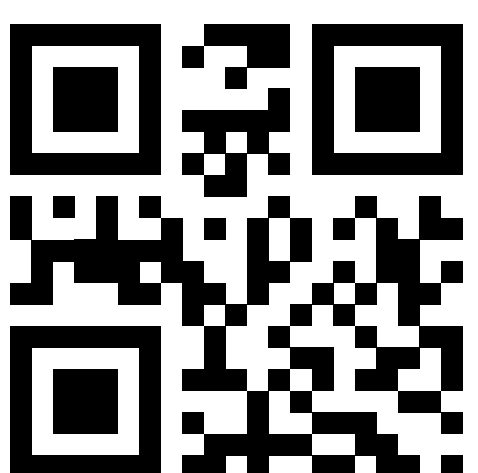
24004

£1.39

BUY 1
GET 1
FREE



Golden Green
Peppers



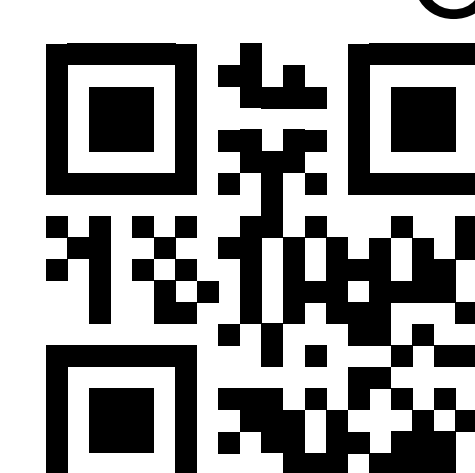
6 x 470g

43065

2 boxes £84 each



Lebanese Extra Virgin
Olive Oil



4 x 4L

43041

السفة
Sofra

**MIX &
MATCH**

Quality You Can Trust



2 For £1.20

LIMITED OFFER



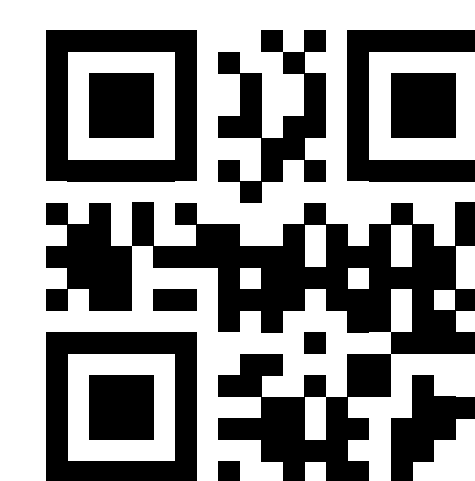
**Egyptian
Fava Beans**

400g

2 For £1



Palestinian Premium
Super Jumbo

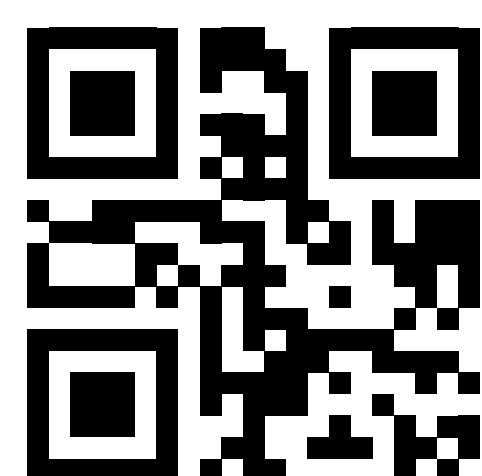


4 x 1100g

26201



Algerian Deglet
Dates

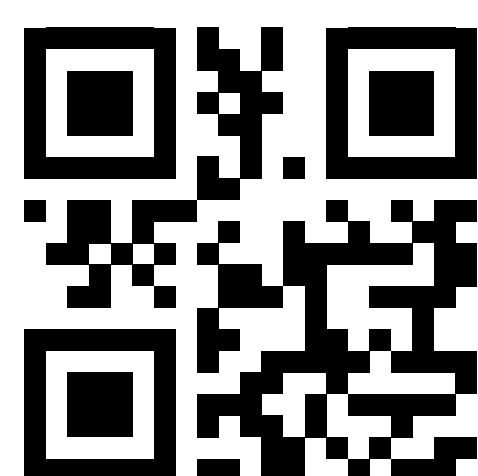


24 x 200g

25821



Algerian Deglet
Dates



12 x 400g

25822



Algerian Deglet
Baida Dates



6 x 1kg

25823



Algerian Premium
Standard Dates

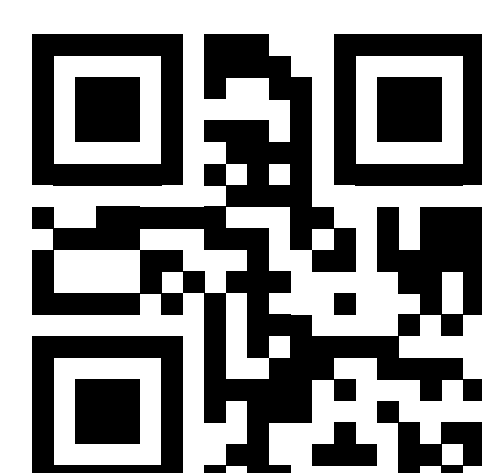


12 x 900g

25825



Algerian Deglet
Dates



18 x 200g

25835



Algerian Branch
Dates

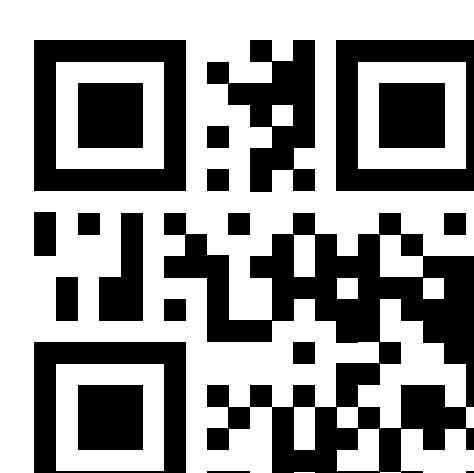


12 x 1kg

25141



Algerian Branch
Dates



12 x 900g

25841



Algerian Standard
Dates

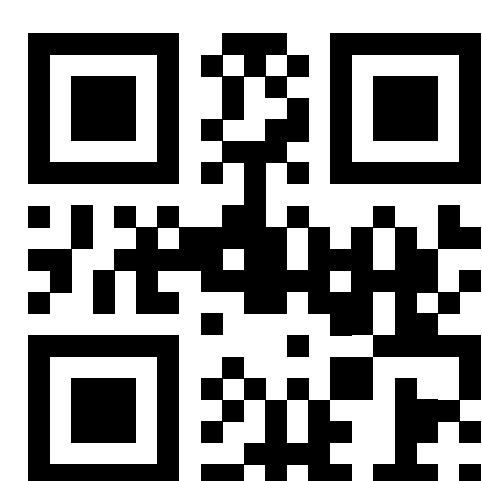


12 x 900g

25845

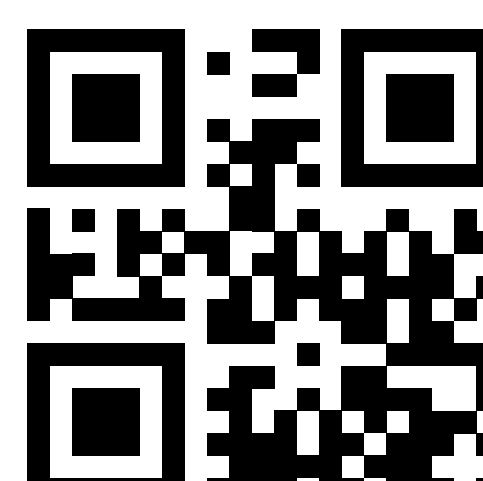


8 Potato Kibbeh



12 x 350g

16017

8 Rice Kibbeh
(Halab Kibbeh)

12 x 350g

16016

Kunafa Pistachio
Chocolate Bar

2x(24 x 130g)

25969



Sesame Oil



12 x 500ml

60080

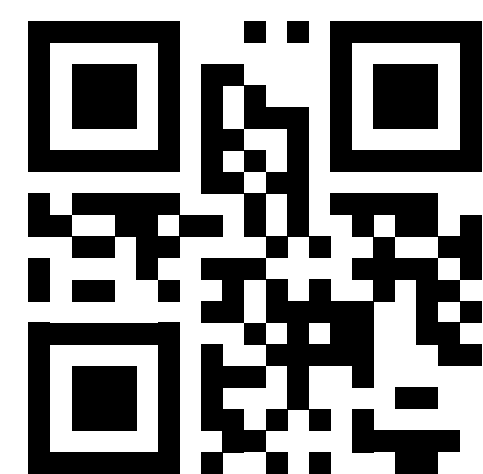


Barley Couscous



12 x 1kg

47049

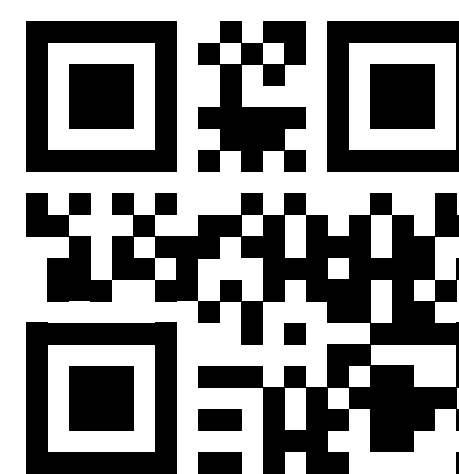
Kunafa
For Nabulsia

6 x 2kg

15712



Zhourat Shamiya

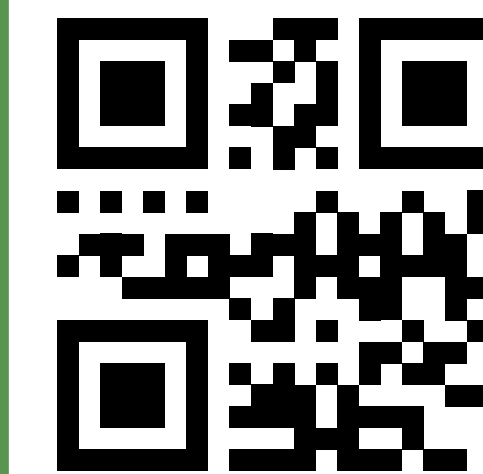


8 x 70g

51302



Freezed Dried Fruit



10 x 90g

74108

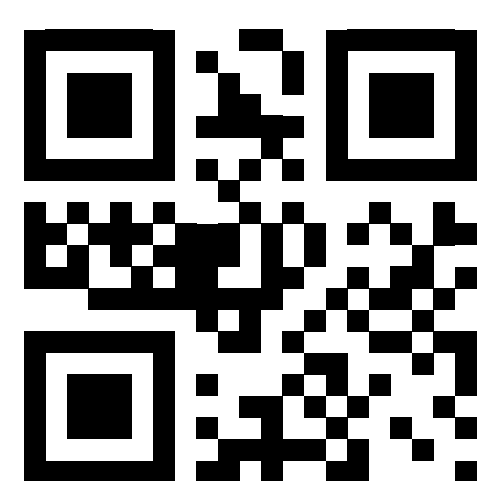


Britain's First Mediterranean Food Supplier

Frozen



12 Beef Burger



8 x 720g

11015



36 Beef Burger



6 x 2340g

11021

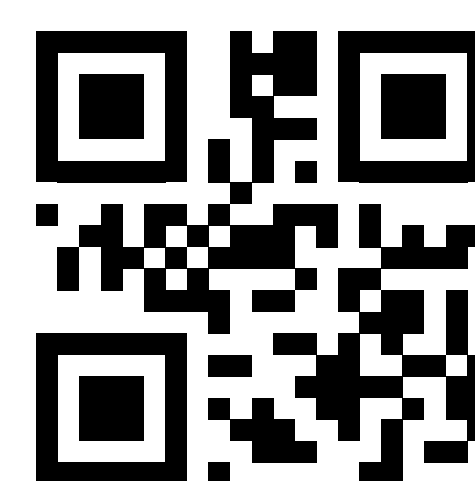
Turkish
Doner Kebab

9 x 450g

11016

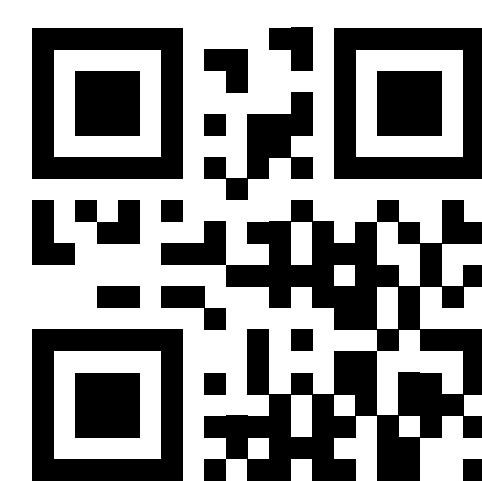


12 Adana Kebab



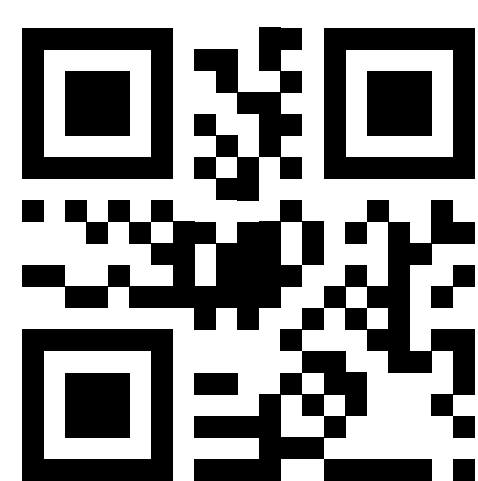
10 x 660g

11005

30 Beef Kofta
Cevapcici

8 x 750g

11006

30 Mini Beef Kofta
Akcaabat

10 x 750g

11011

4 Gourmet Beef
Burgers

10 x 452g

11009

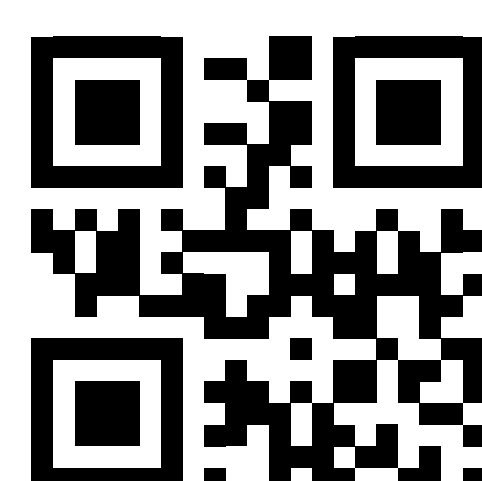


8 Beef Burgers



10 x 457g

11010

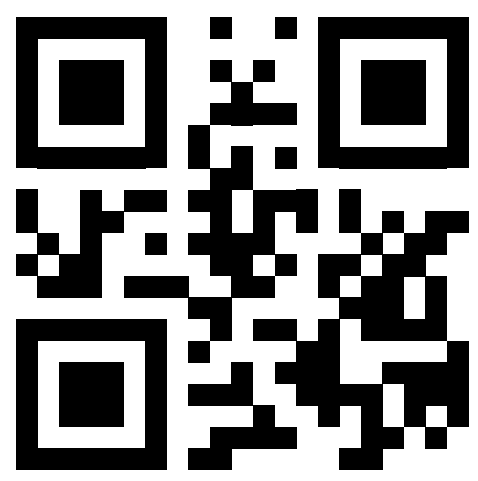
6 Beef
Quarter Pounders

8 x 660g

11020



8 Lamb Burgers

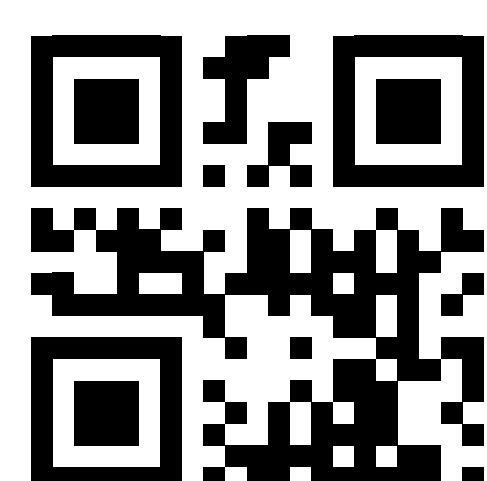


10 x 560g

11004



12 Chicken Burgers

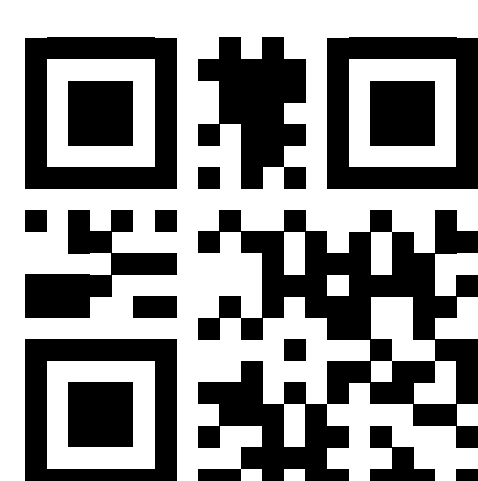


8 x 780g

11001



36 Chicken Burgers



6 x 2160g

11007



20 Chicken Sausages

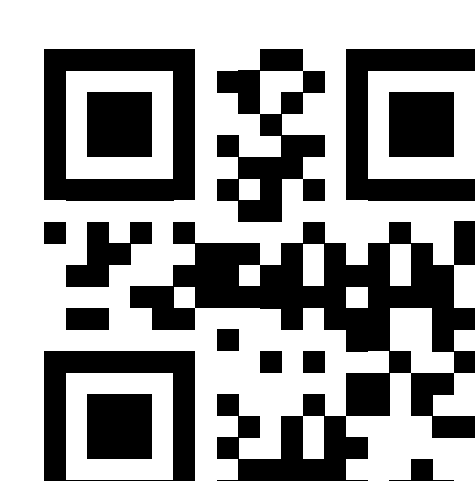


8 x 1200g

11013



40 Chicken Sausages

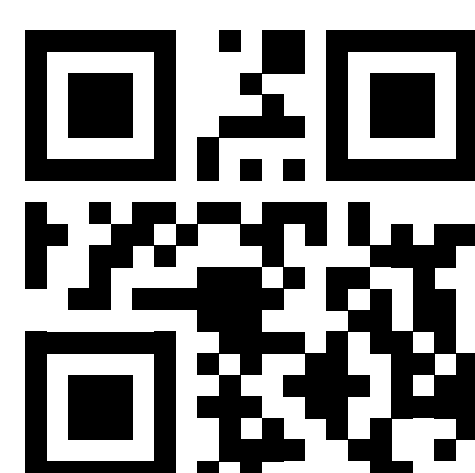


6 x 2600g

11008



Chicken Doner Kebab



9 x 450g

11017



24 Chicken Nuggets

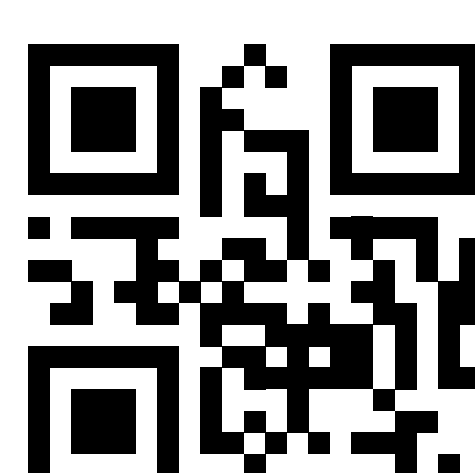


10 x 480g

12011



35 Chicken Meat Balls

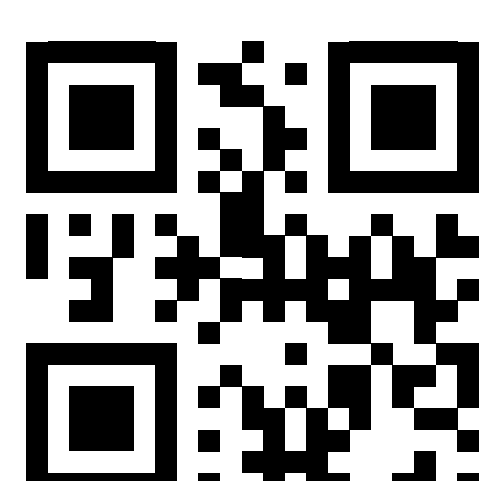


8 x 700g

12017



6 Chicken Quarter Pounders

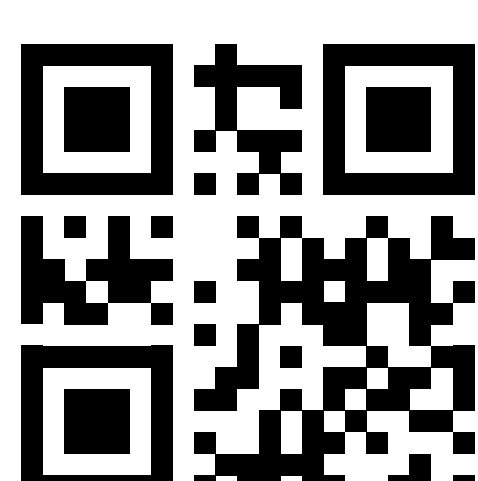


8 x 660g

11018



12 Chicken Grills

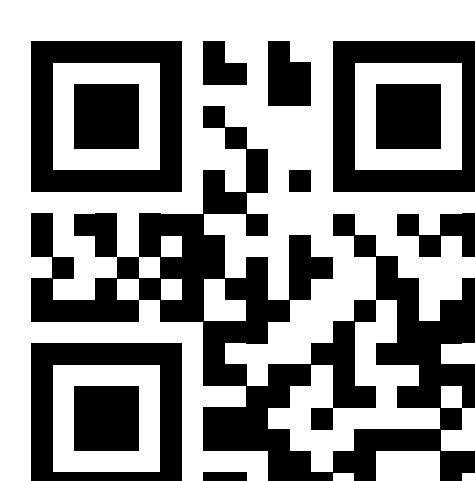


10 x 660g

11019



12 Peri Peri Chicken Burgers



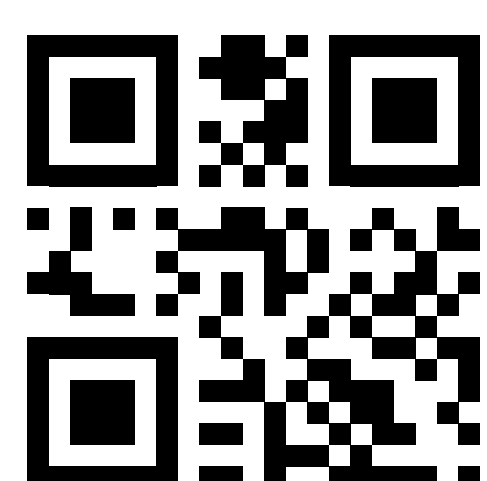
12 x 660g

11014



£2.99

Breaded Chicken Sks



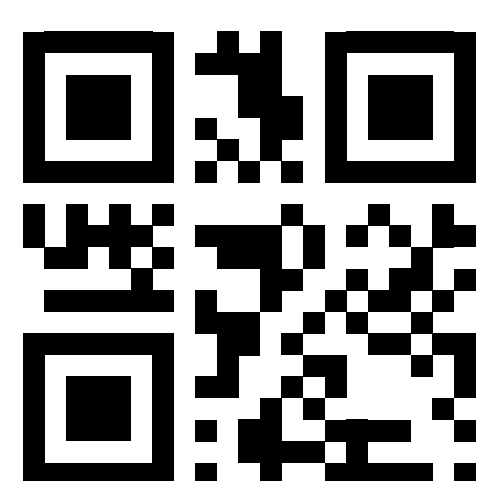
12 x 595g

12021



£2.99

Breaded Chicken Nuggets



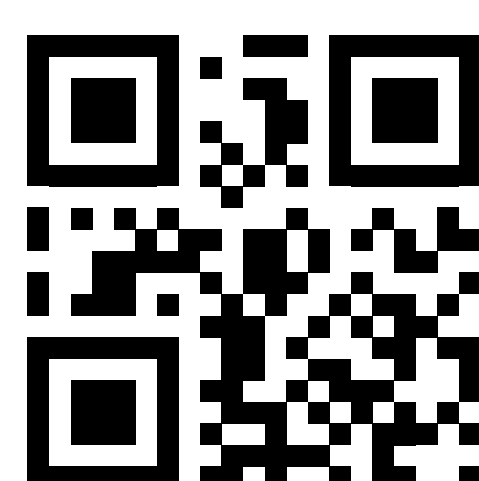
12 x 600g

12001



£3

Peri Peri Chicken Goujons



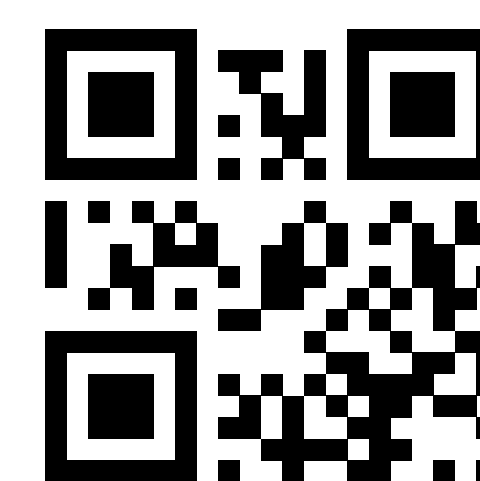
17 x 500g

12003



£3.50

Spicy Chicken Burger



11 x 595g

12022



Breaded Chicken Steaks

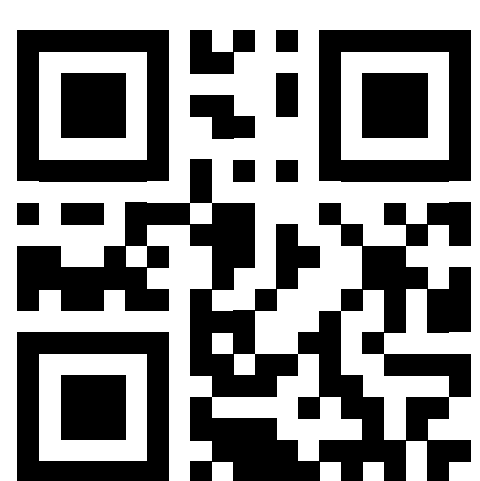


10 x 1kg

12023



Breaded Chicken Nuggets

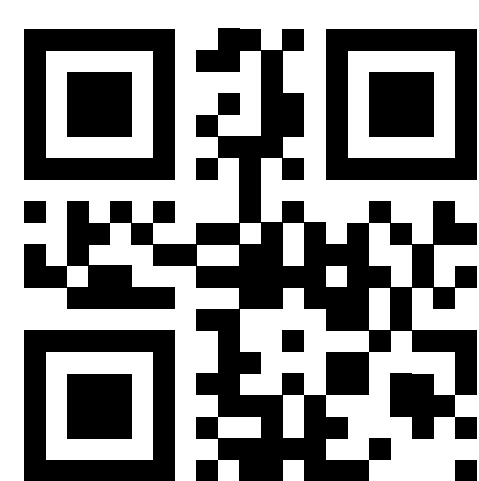


10 x 1kg

12013



Chicken Frites



10 x 1kg

12012



£3

Chicken Popcorn



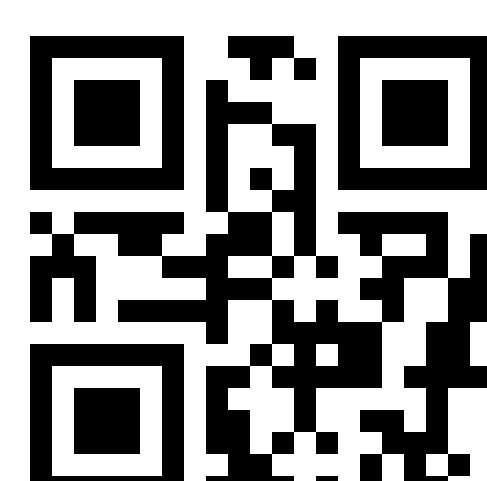
12 x 500g

12004



£6.49

Sizzler Hot & Spicy Chicken Breast Fillet



12x 540g

12081



£6.49

Sizzler Hot & Spicy Tender Chicken Strips



12x 500g

12083



£6.49

Sizzler Tender Chicken Strips

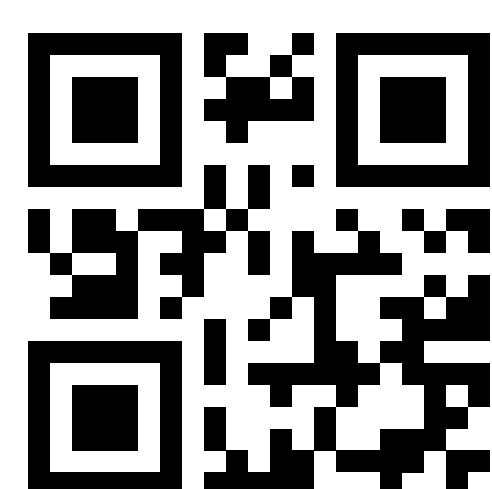


12x 500g

12084



Hot & Spicy Chicken Breast Fillet

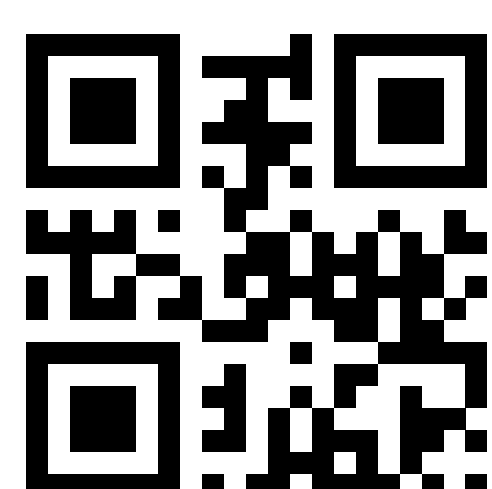


12x 500g

12051



Hot & Spicy Chicken Fillet Strips



12x 500g

12052



Peri Peri Chicken Breast Fillet



12x 500g

12053



Peri Peri Chicken Fillet Strips

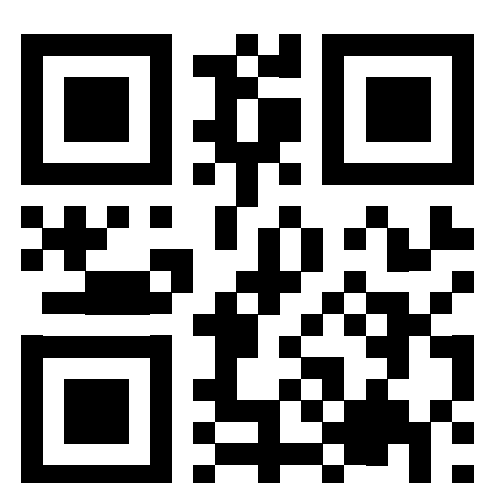


12x 500g

12054



BBQ Chicken Wings



11 x 650g

12007



Crispy Chicken Wings

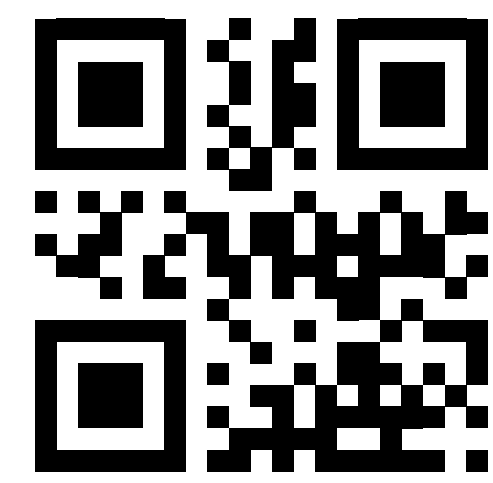


11 x 650g

12006



Hot & Spicy Chicken Tenders

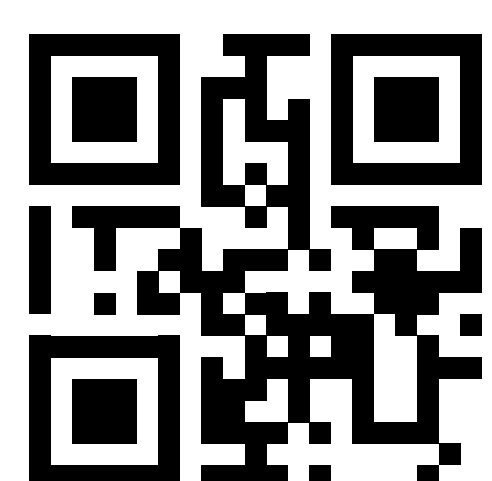


16 x 500g

12044



Chicken Franks

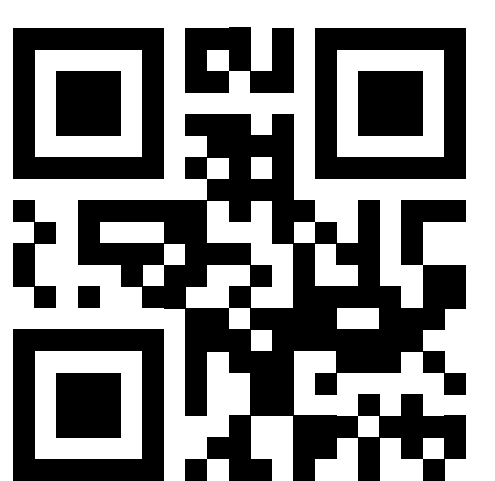


32 x 340g

12015



Hot Chicken Franks



32 x 340g

12016



£3.29

Mini Meat Mosul Kibbeh



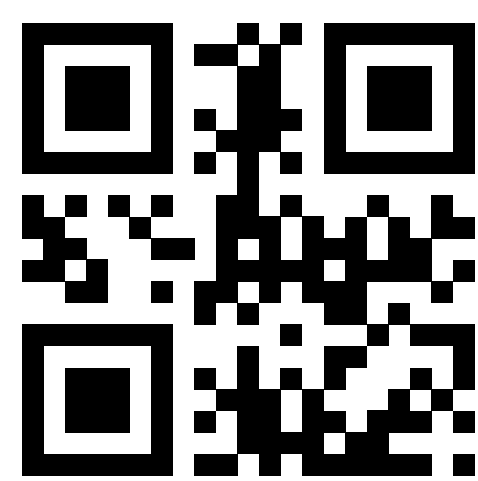
12 x 360g

16012



£3.29

Mini Chicken Mosul Kibbeh



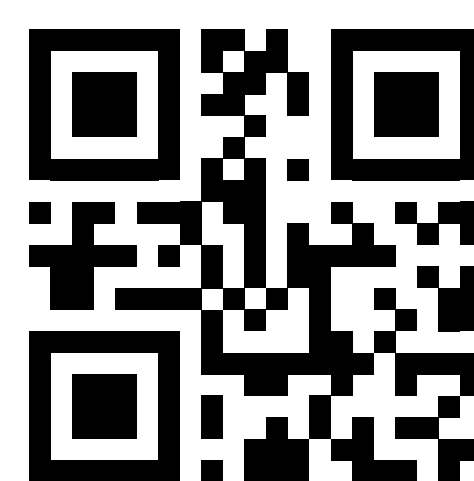
12 x 360g

16001



£3.29

Chicken Mosul Kibbeh



12 x 350g

16000



£3.29

Kibbeh Mosul Lamb 350g

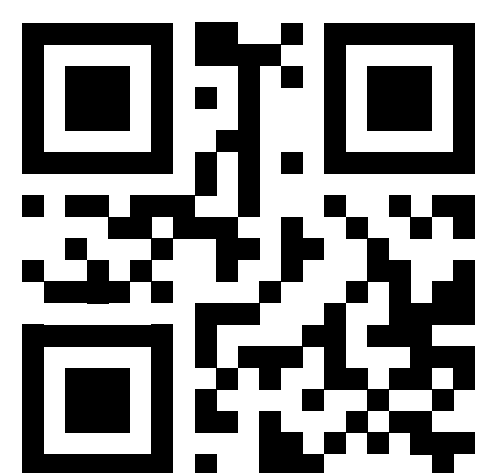


12 x 350g

16013

RRP
£6.99

10 Mosul Chicken Kibbeh

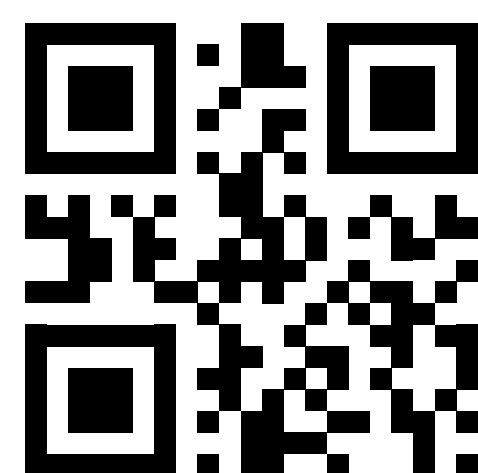


6 x 720g

16006

RRP
£6.99

10 Mosul Meat Kibbeh

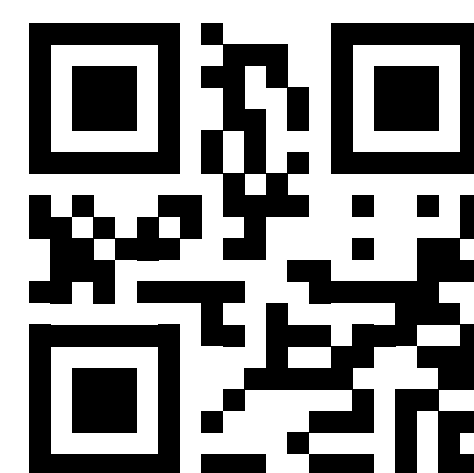


6 x 720g

16007

RRP
£6.99

Kibbeh Saniyeh



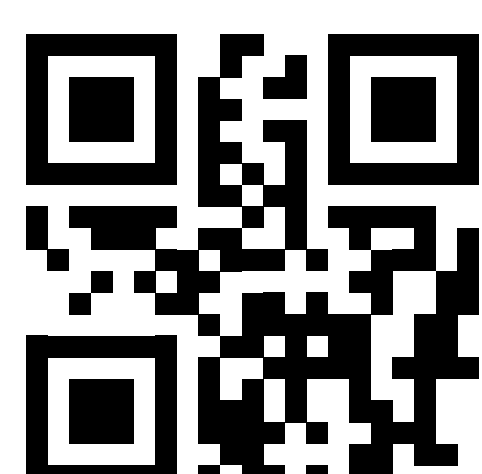
6 x 600g

16008



£4.99

Tarabulsia Kibbeh



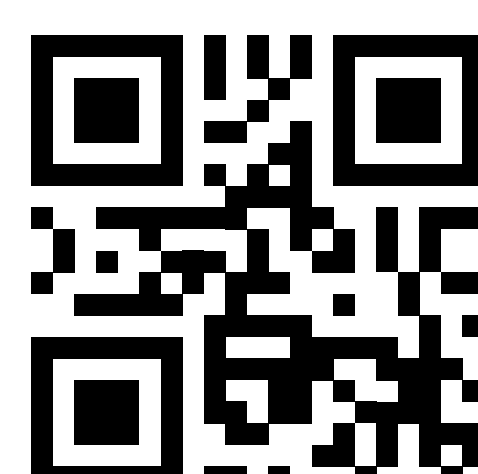
10 x 350g

16014



£4.99

Halab Kibbeh

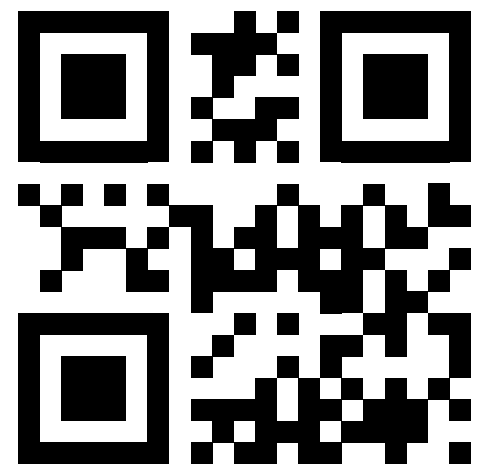


10 x 350g

16003



8 Turkish Kibbeh
(Icli Kofte)

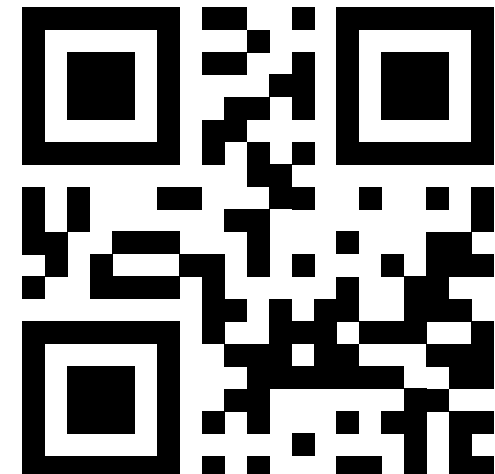


12 x 330g

16009



8 Lebanese
Kibbeh

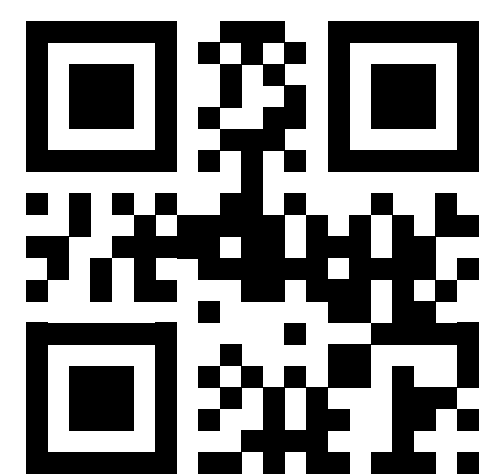


12 x 350g

16002



8 Potato Kibbeh

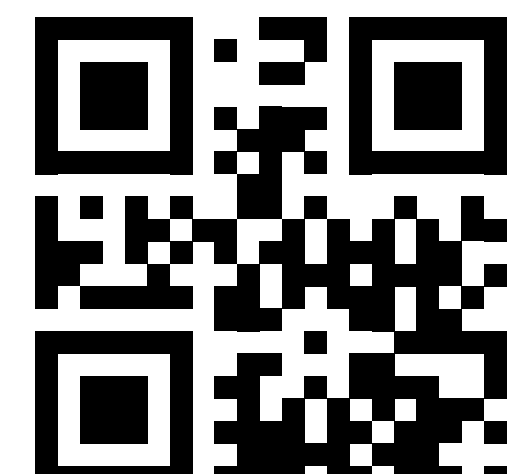


12 x 350g

16017



8 Rice Kibbeh
(Halab Kibbeh)

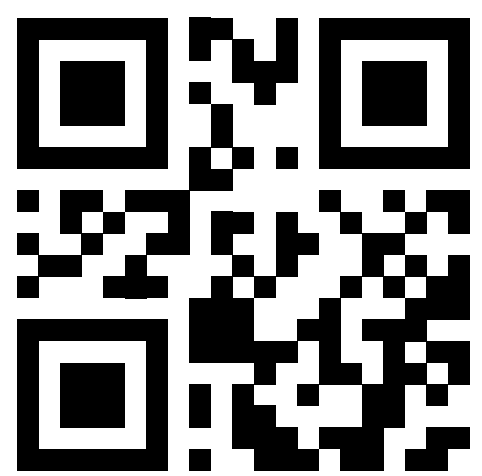


12 x 350g

16016



6 Grilled
Chicken Kebabs

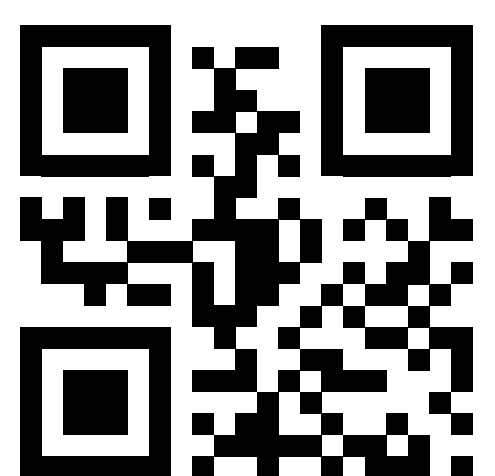


15 x 300g

11002



6 Grilled
Meat Kebabs

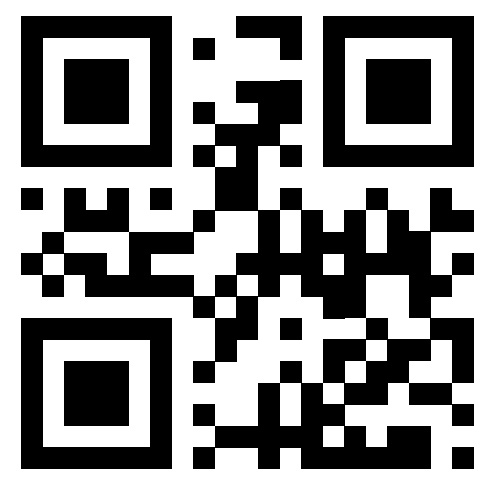


15 x 300g

11003



3 Turkish Pizza
(Lahmacun)

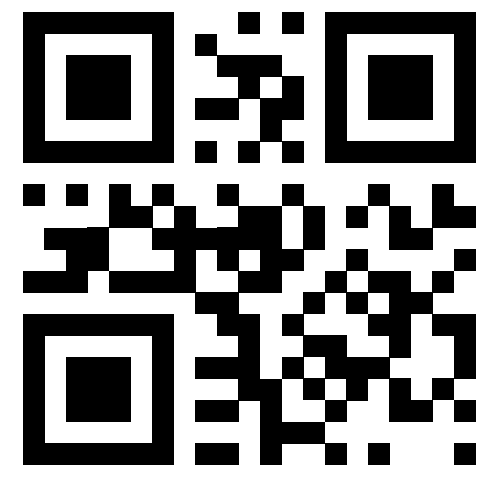


10x(3x170g)

15612



Cheese & Spinach
Fillo Pastry Spiral

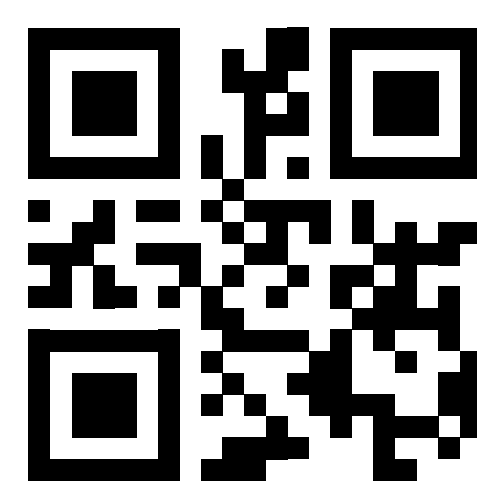


12 x 800g

15611



Cheese
Fillo Pastry Spiral



12 x 800g

15610



Spring Roll Pastry
8x8 40 Sheets

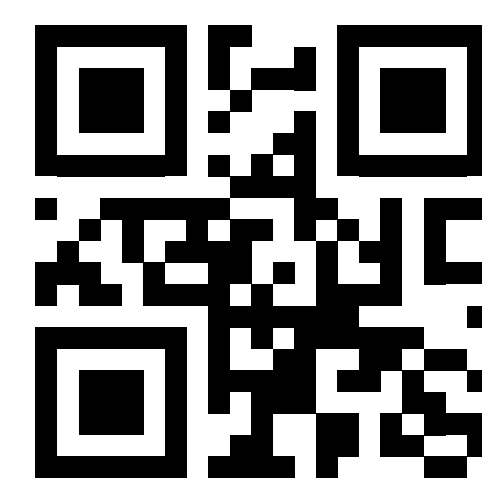


20 x 550g

15202



Spring Roll Pastry
10x10 30 Sheets

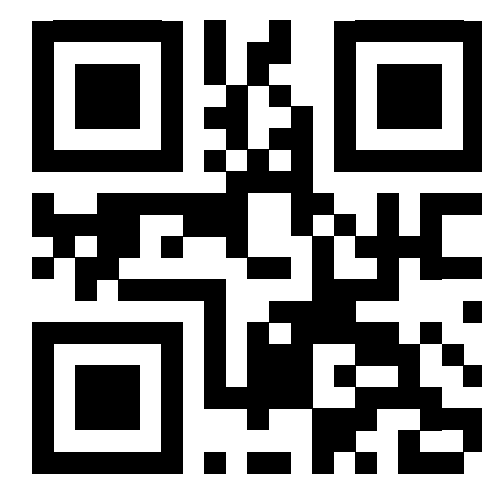


30 x 550g

15201



Filo Pastry

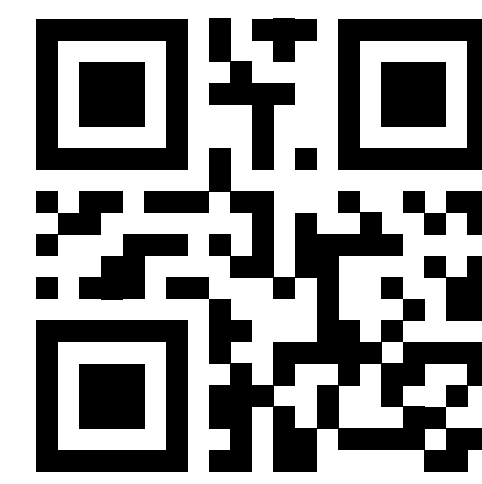


20 x 470g

15321



Filo Pastry



12 x 400g

15713



Whole Wheat
Paratha

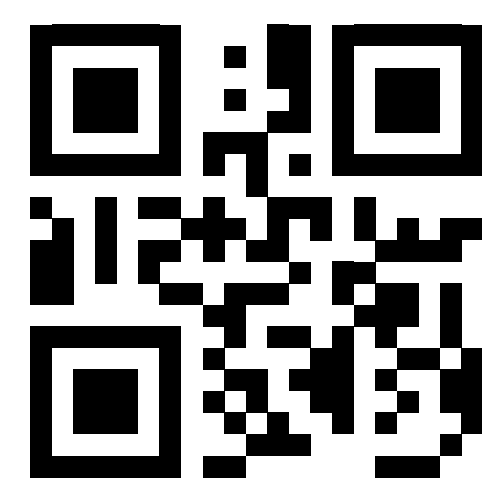


24 x 400g

15502



Plain
Paratha

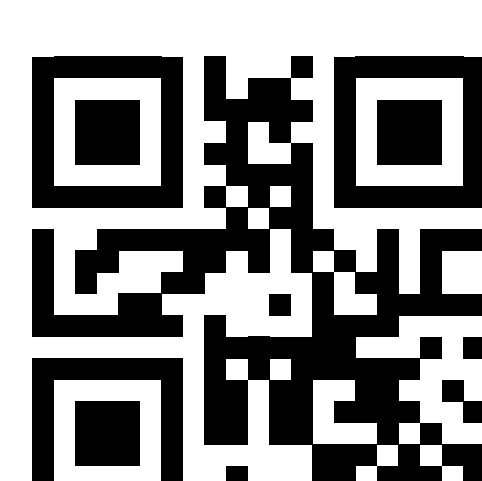


24 x 400g

15501



20 Plain
Paratha



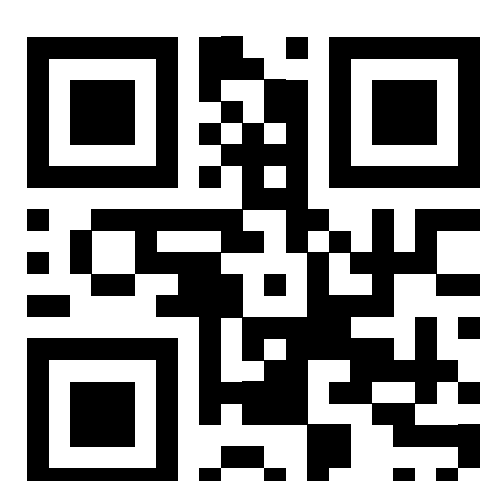
6 x 1600g

15500



£4.99

20 Vegetable Spring Rolls



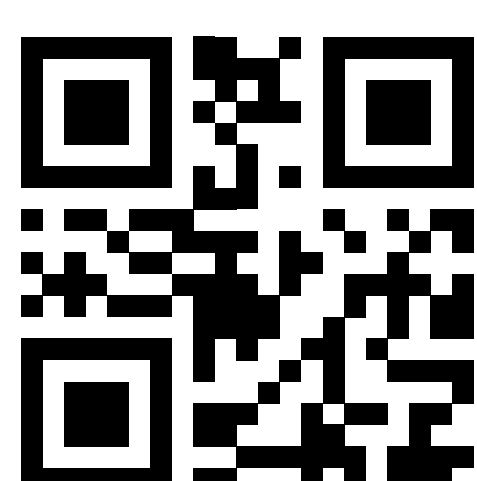
8 x 600g

15308



£4.99

20 Chicken Spring Rolls



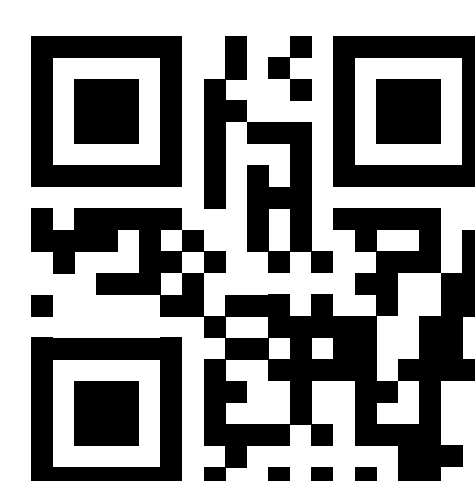
8 x 600g

15310



£4.99

20 Meat Spring Rolls



8 x 600g

15306



£5.49

20 Cheese Spring Roll



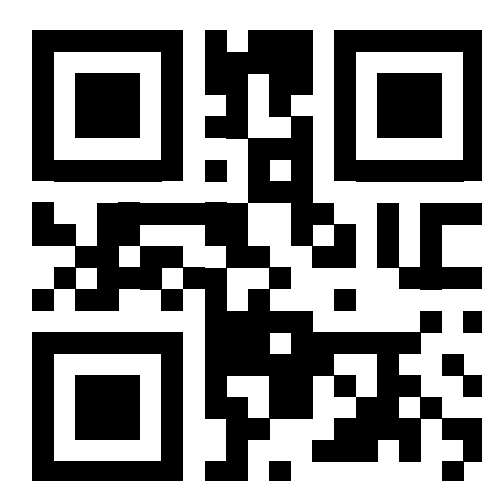
8 x 600g

15304



£4.99

20 Vegetable Samosas



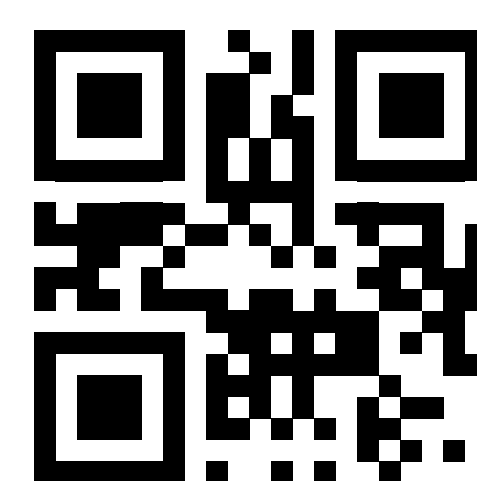
8 x 600g

15309



£4.99

20 Chicken Samosas



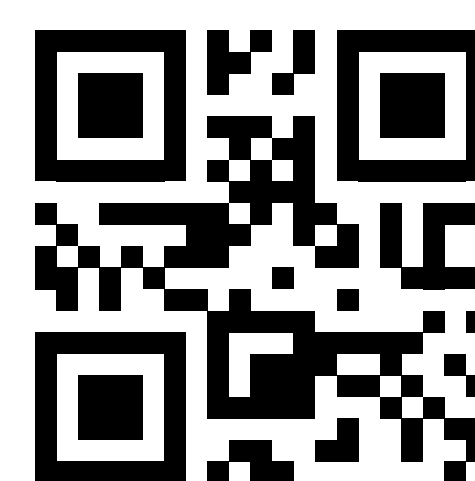
8 x 600g

15305



£4.99

20 Meat Samosas



8 x 600g

15307



£5.99

20 Cheese Samosas with Jalapeno



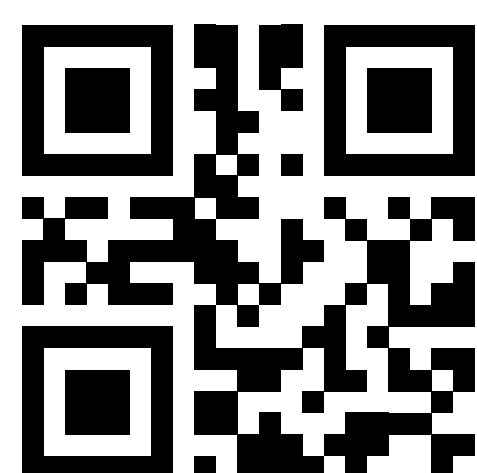
8 x 600g

15331

£2.99



10 Vegetable
Samosas



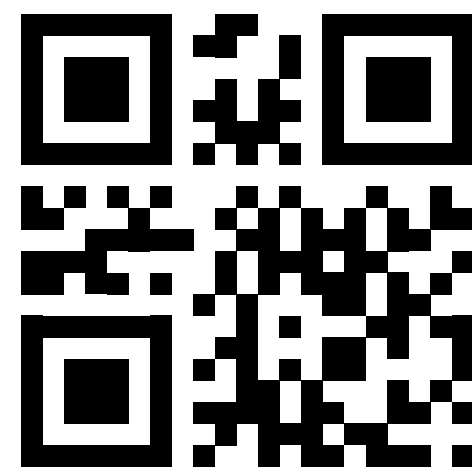
12 x 400g

15303

£2.99



10 Chicken
Samosas



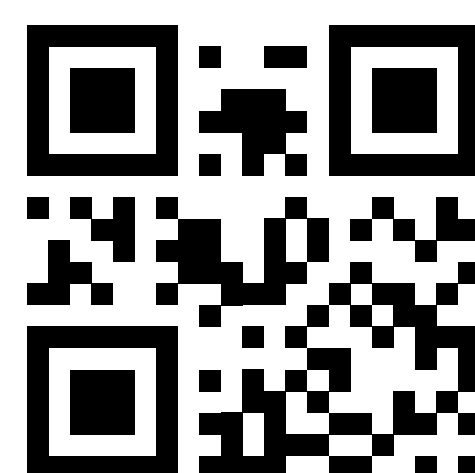
12 x 400g

15301

£2.99



10 Meat
Samosas



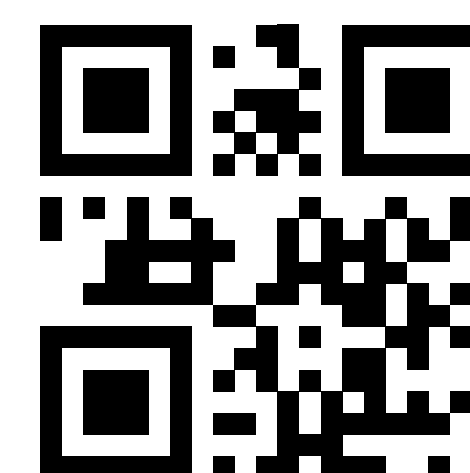
12 x 400g

15302

£2.99



10 Cheese Rolls
(Borek)



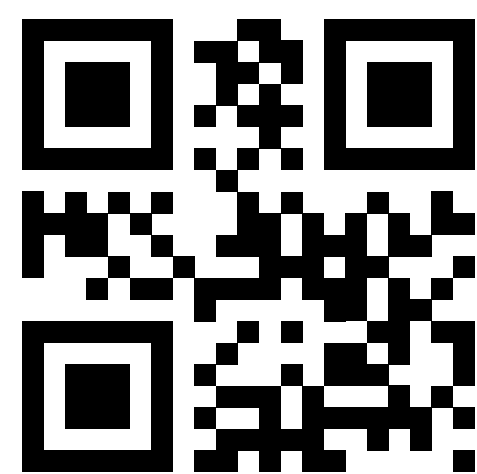
12 x 400g

15300

£3.95



18 Falafel
Palestinian



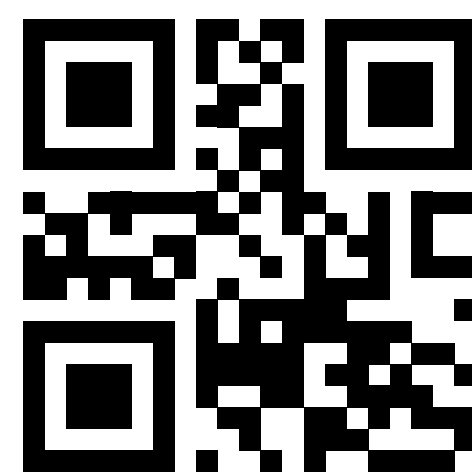
12 x 400g

15601

£3.95



18 Falafel
Shamiah



12 x 350g

15703

£3.95



18 Falafel
Lebanese



12 x 350g

15600



Kanafeh
2 Pcs

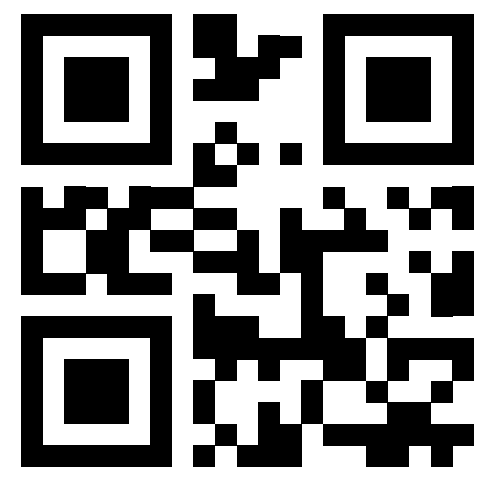


12 x 145g

15704



Turkish Kunafa

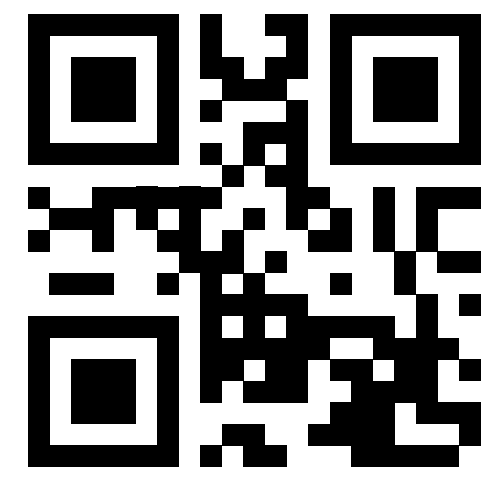


12 x 160g

15422



Arabic Kunafa

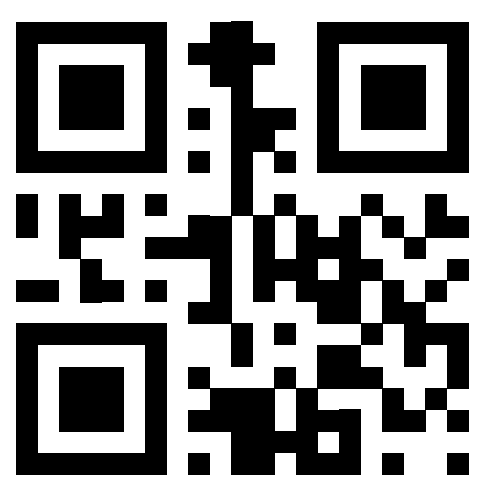


12 x 160g

15421



Kataifi Konafa

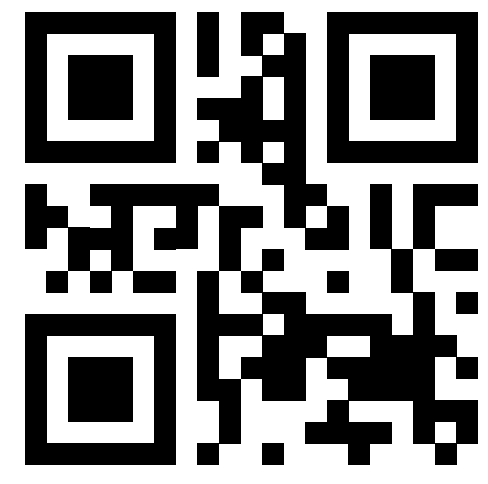


12 x 400g

15702



Chopped Kataifi

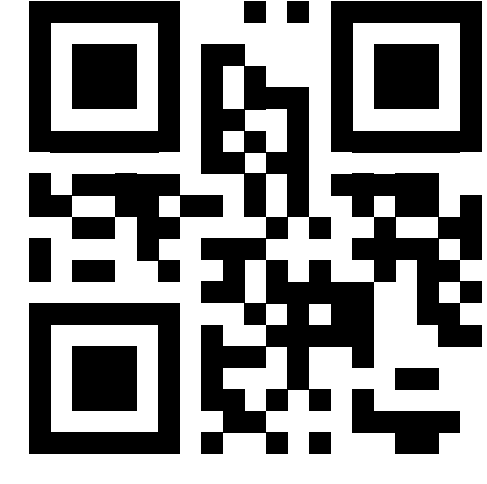


12 x 500g

15706



Kunafa
For Nabulsia

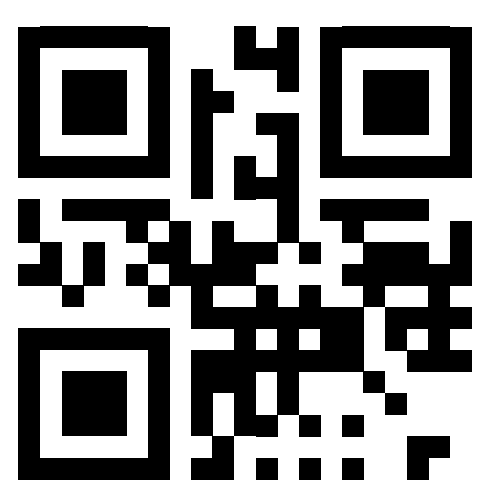


6 x 2kg

15712



Switz Samosa
Sheets

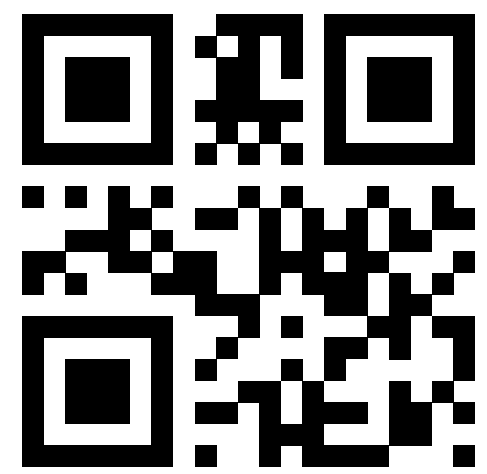


30 x 500g

15011

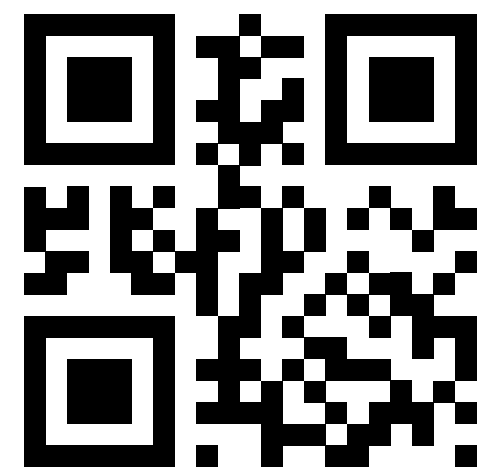


£1.49

Okra
(No. 1)

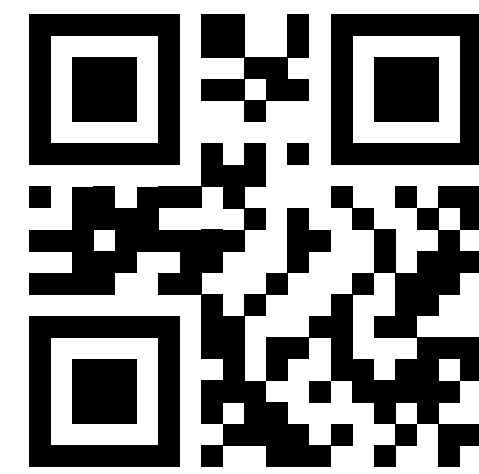
20 x 400g

14204

Okra
(Zero)

20 x 400g

14205

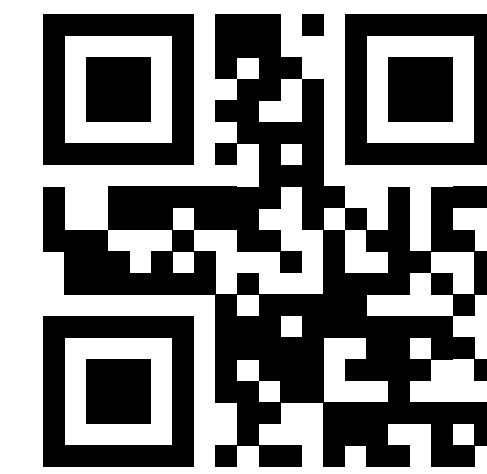
Okra
(Zero)

20 x 400g

14104

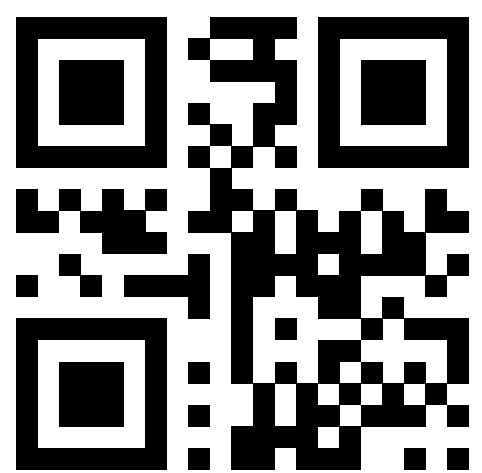


£1.20

Okra
(No. 1)

20 x 400g

14103

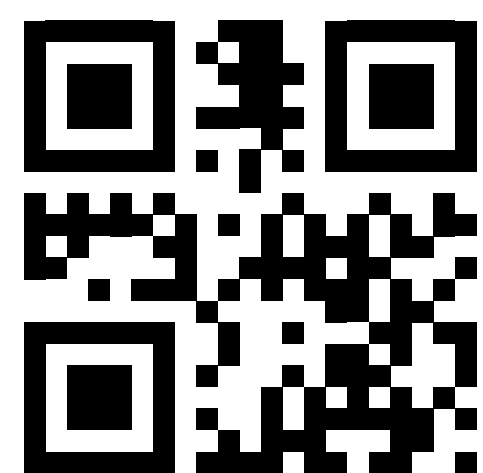
Okra
Extra Fine (zero)

20 x 400g

14208



£1.69

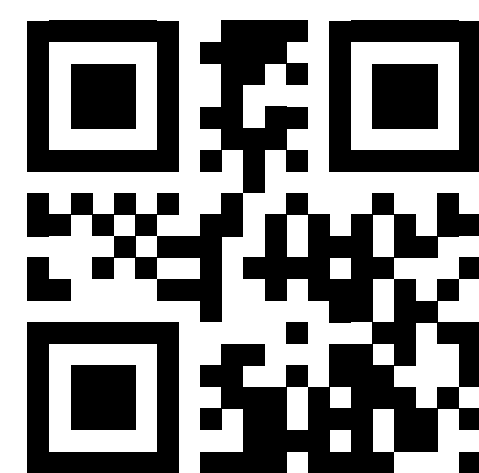
Molokhia
(Whole Leaf)

20 x 400g

14202



£1.19

Molokhia
(Chopped)

20 x 400g

14201



Molokhia

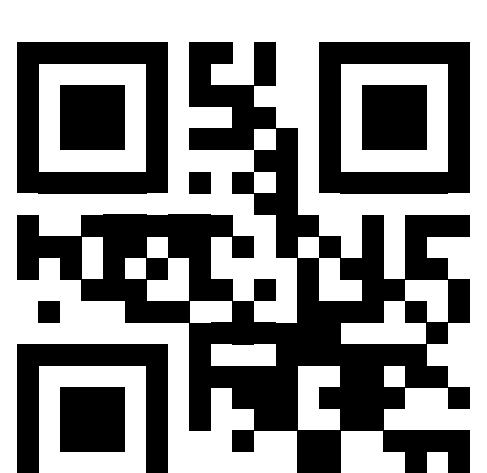


20 x 400g

14102



Colcasia

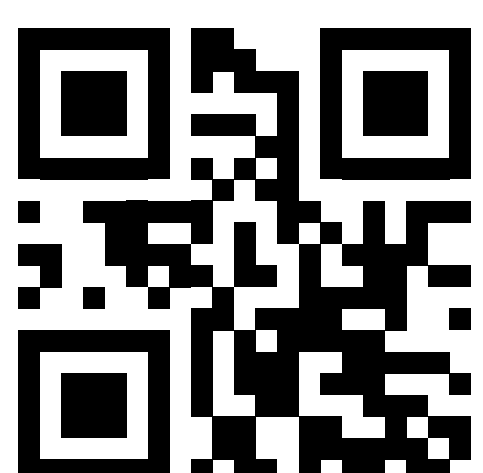


20 x 400g

14101

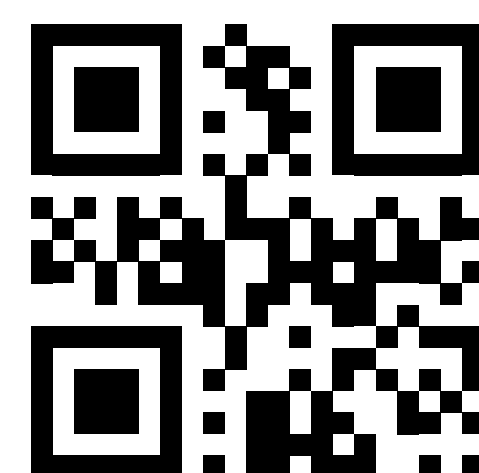


Artichoke



20 x 400g

14206

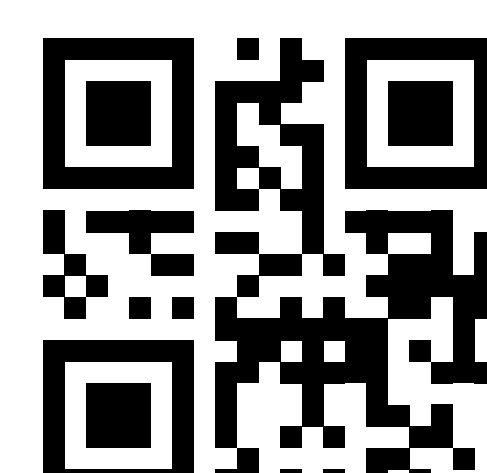
WHOLE BROAD
BEANS

20 x 400g

14207



£1.69

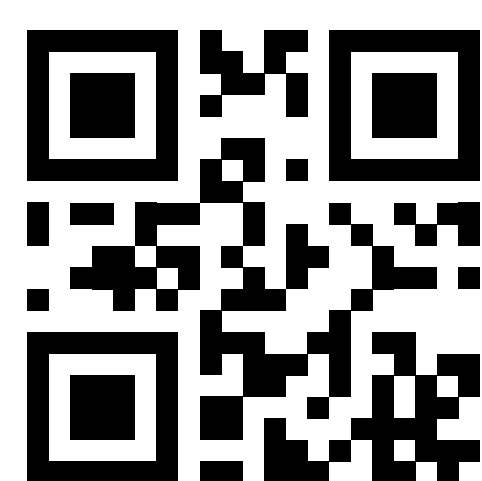
Peeled
Broad Beans

20 x 400g

14203



Chopped
Spinach



24 x 450g

14003

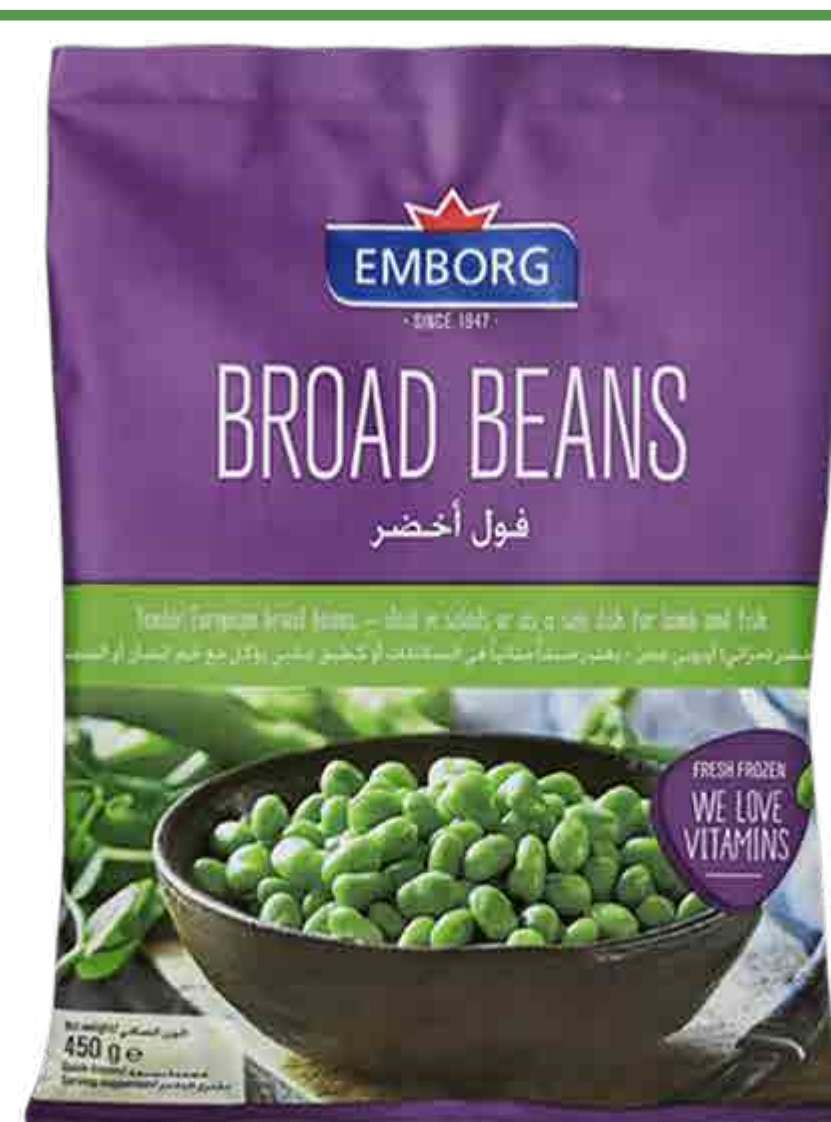


Whole Leaf
Spinach

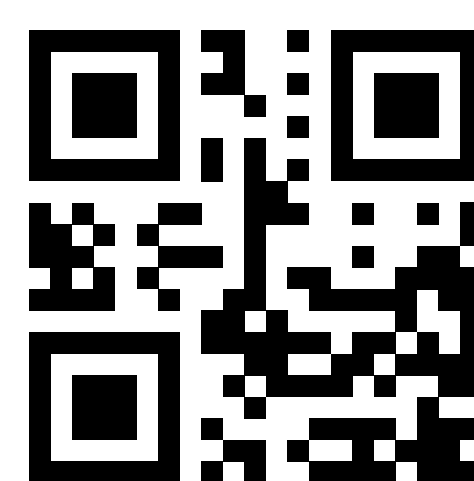


24 x 450g

14014



Broad Beans



24 x 450g

14002



French Fries

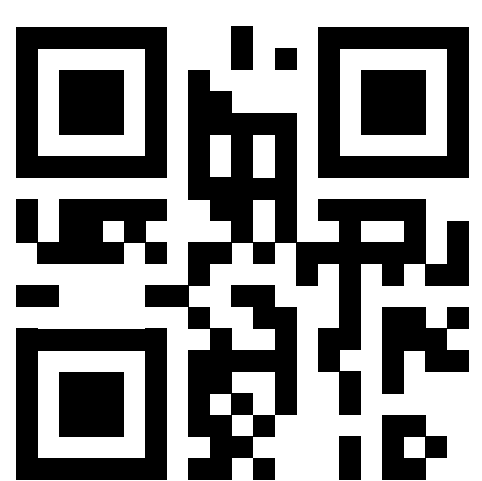


10 x 1kg

14006



Garden Peas

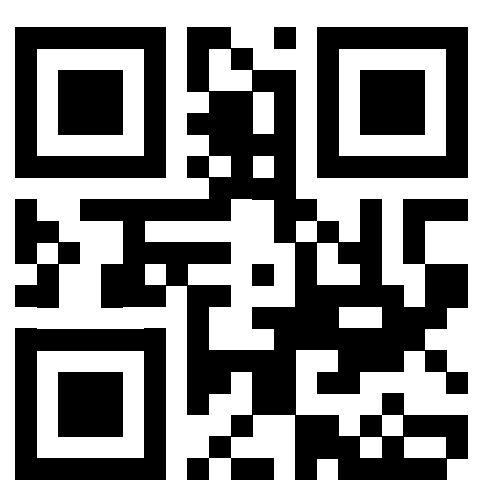


24 x 450g

14008



Cut
Green Beans



24 x 450g

14004



Mixed
Vegetables

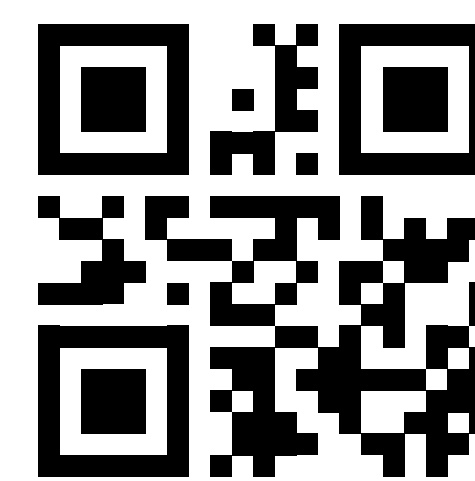


24 x 450g

14015



Peas & Carrots

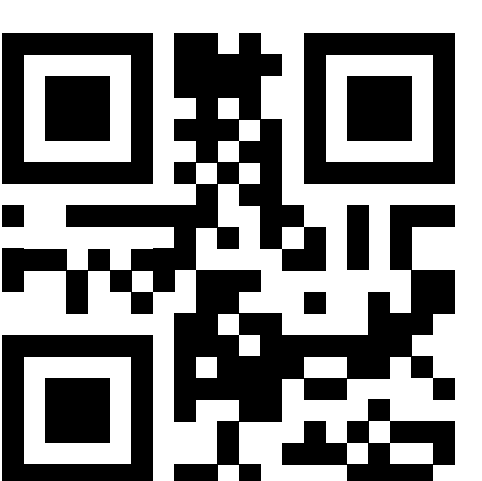


24 x 450g

14011



Garden Peas

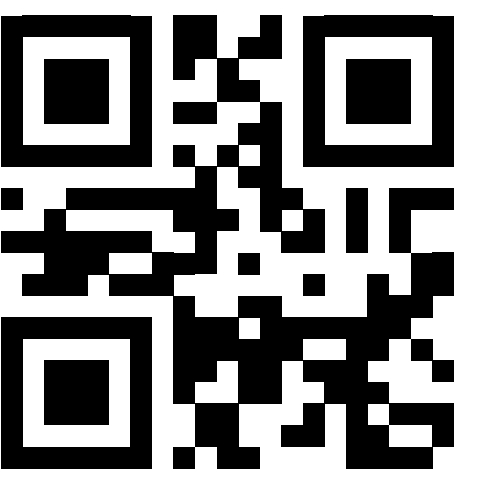


12 x 900g

14009



Cut
Green Beans

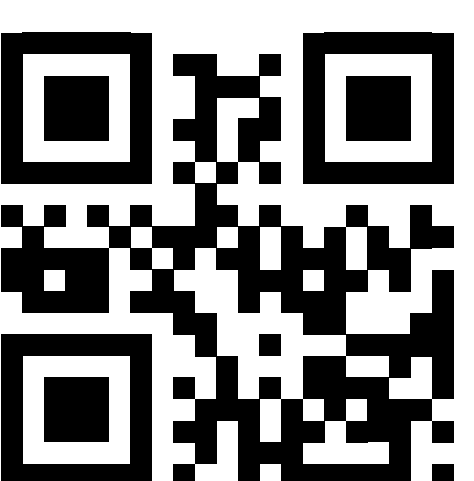


12 x 900g

14005



Mixed
Vegetables



12 x 900g

14010



Peas & Carrots



12 x 900g

14012



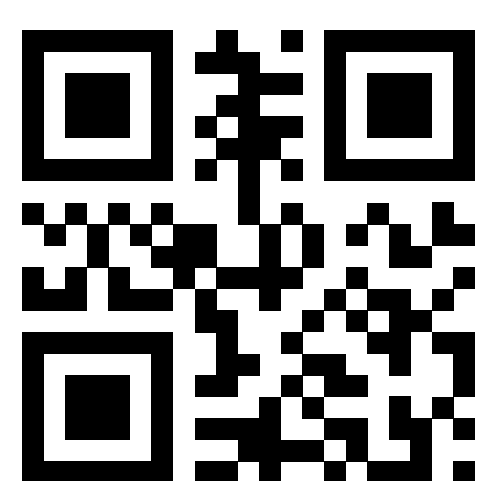
Britain's First Mediterranean Food Supplier

Chilled



£2

Casablanca
(Garlic & Chilli)



6 x 140g

25925



£2

Baladi
(Cheese & Herbs)



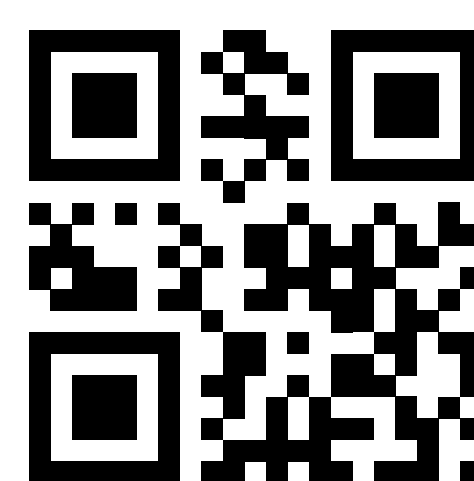
6 x 140g

25926



£2

Salqini
(Carrot & Gherkins)



6 x 140g

25921



£2

Afrini
(Jalapeno & Fennel)



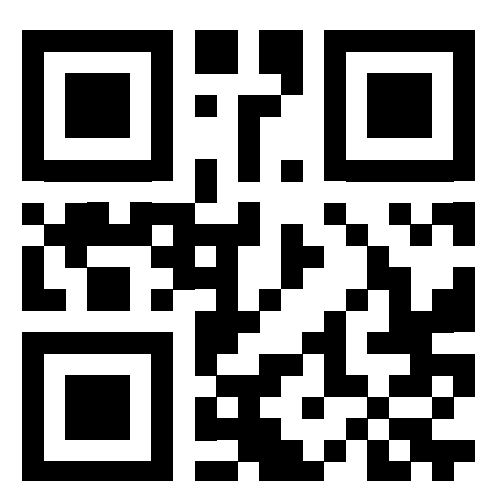
6 x 140g

25927



£2

Tangier
(Pepper & Onion)



6 x 140g

25920



£2

Fes
(Lemon & Herbs)



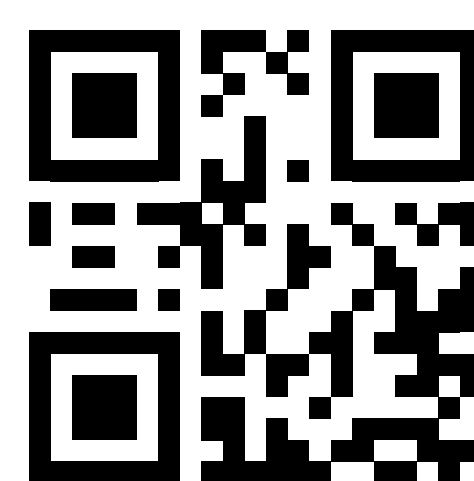
6 x 140g

25924



£2

Meknes
(Tomatoes & Herbs)



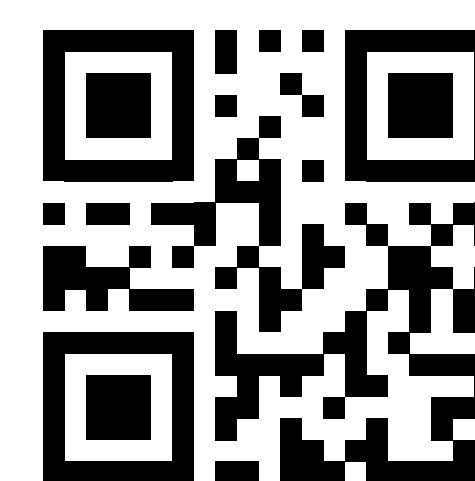
6 x 140g

25922



£2

Marrakech
(Lemon & Oil)



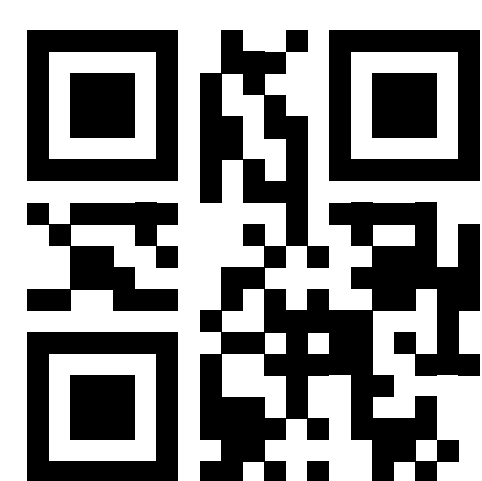
6 x 140g

25923



£2

Hounous

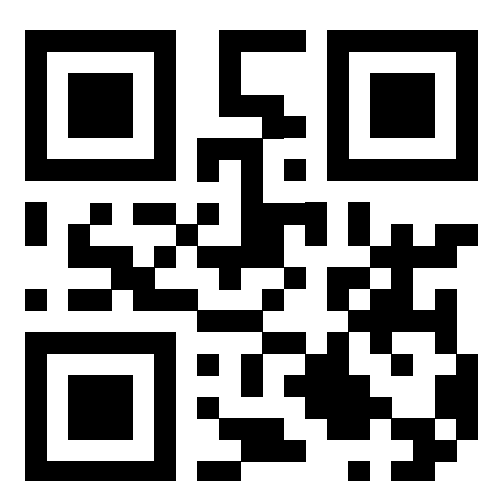


6 x 200g

25933



£2

Lemon & Parsley
Hounous

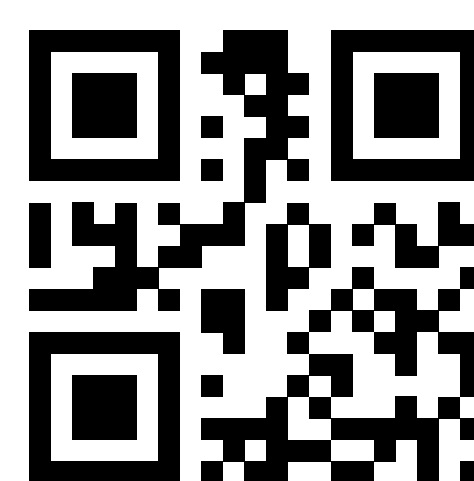
6 x 200g

25932



£2

Garlic



6 x 200g

25934



£2

Mutabel



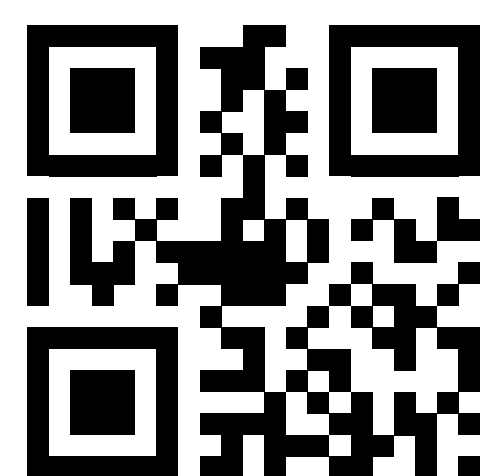
6 x 200g

25937



£2

Baba Ghanoge



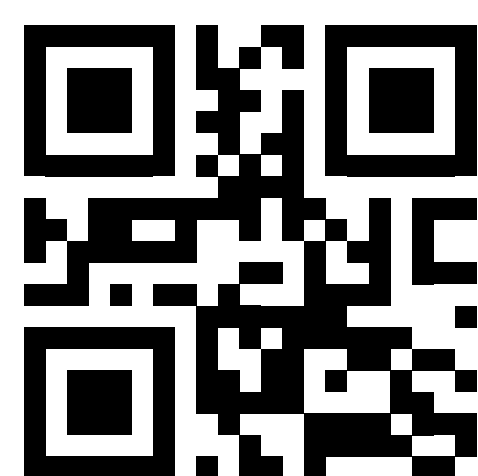
6 x 200g

25936



£2

Garlic & Mint



6 x 200g

25935



Homous Doy pack

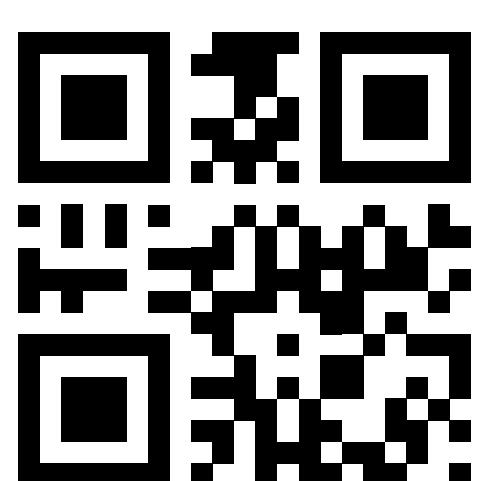


12 x 500g

40302



Homous Doy pack

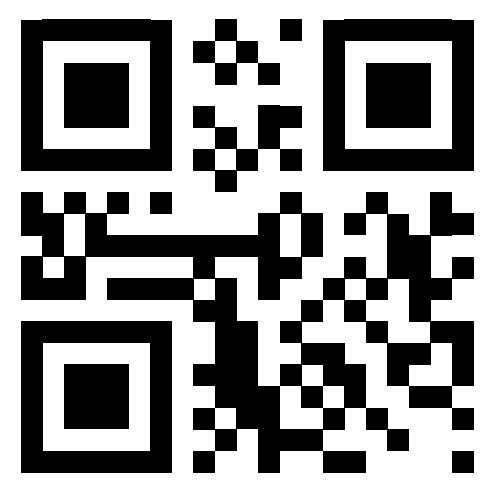


6 x 1kg

40301



Caramelised Onion
Houmous

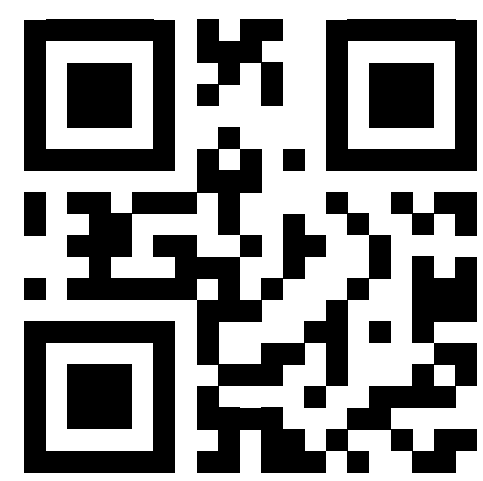


6 x 240g

40059



Moroccan Style
Houmous

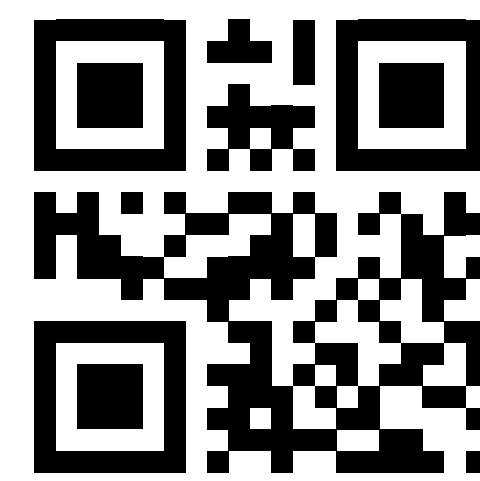


6 x 240g

40057



Peri Peri
Houmous

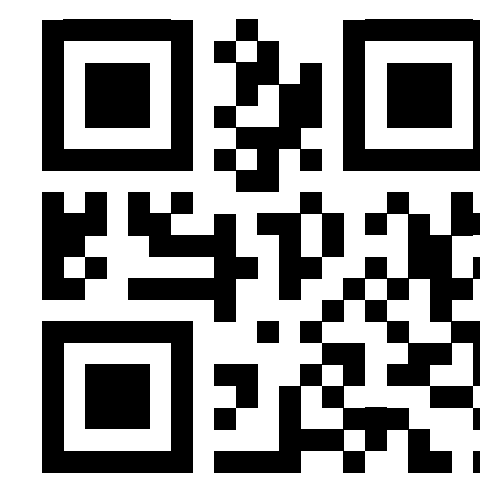


6 x 240g

40058



Houmous
(Green Jalapeno)

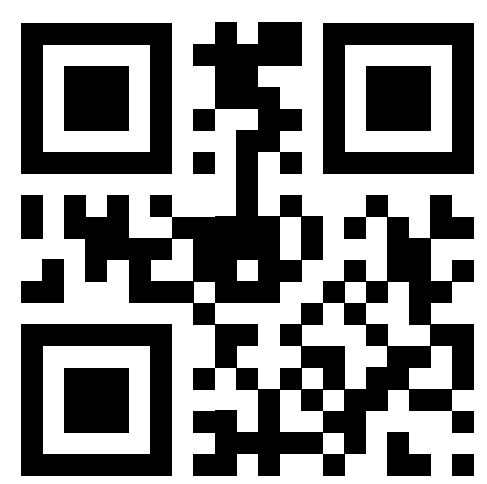


6 x 240g

40060



Red Pepper
Houmous

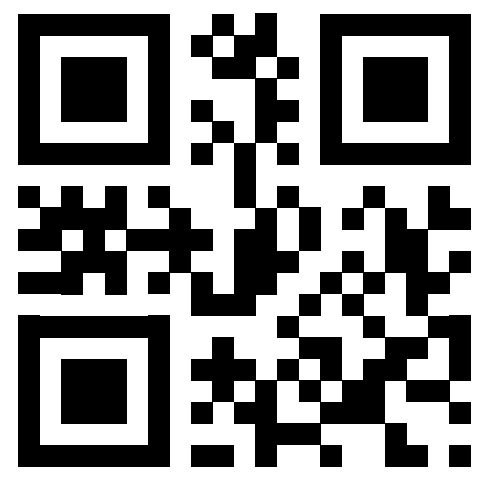


6 x 240g

40061



Sundried Tomatoes
Houmous

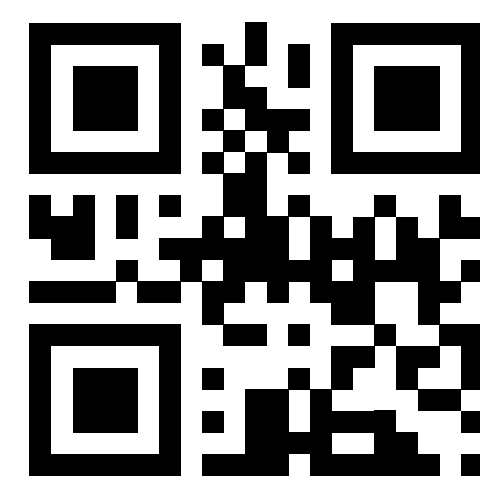


6 x 240g

40062



Harissa Dip

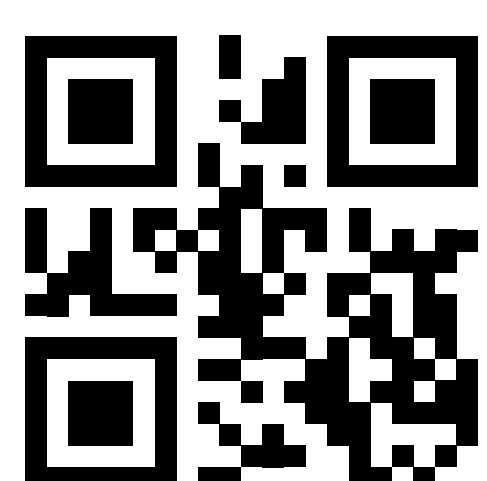


6 x 220g

40056



Baba Ganoush

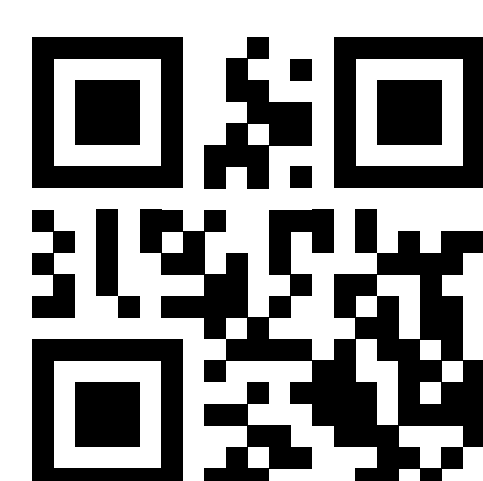


6 x 220g

40055



Moutabel
Classic

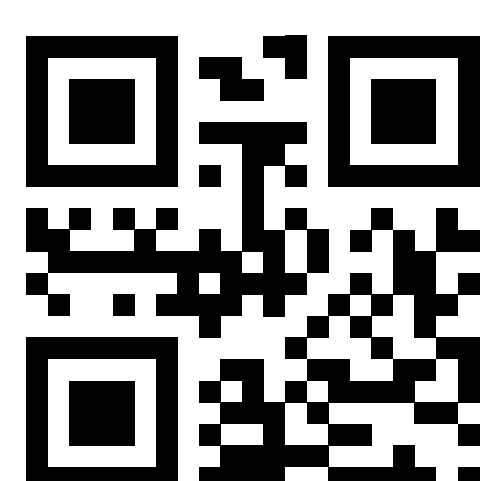


6 x 220g

40051



Aubergine
with Paprika

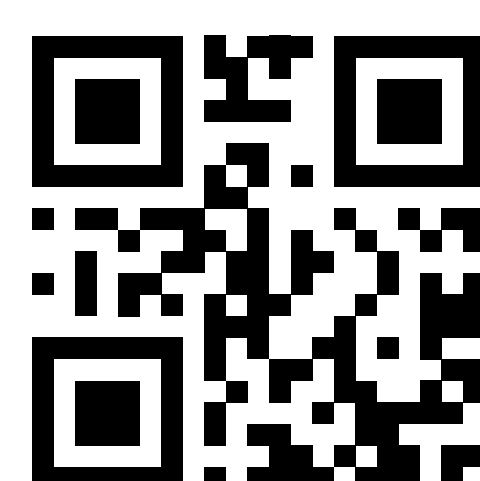


6 x 220g

40053



Aubergine
with Jalapeno



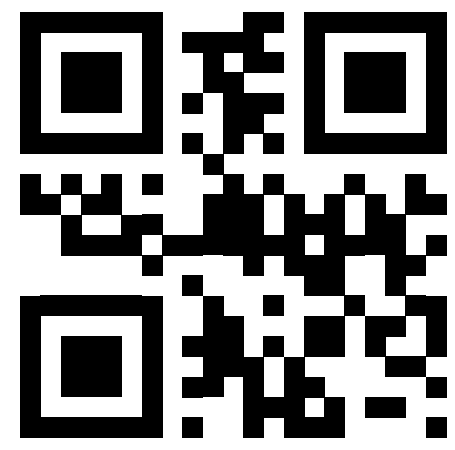
6 x 220g

40054



£1

Sliced Chicken

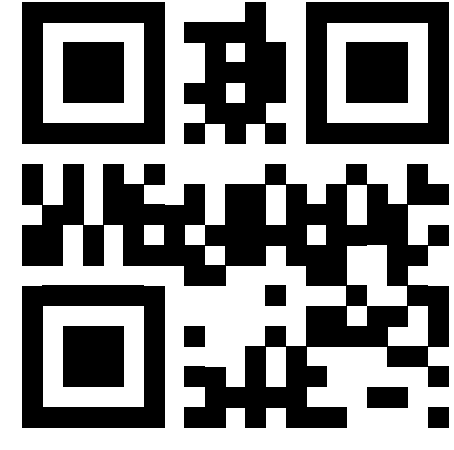


12 x 200g

21308

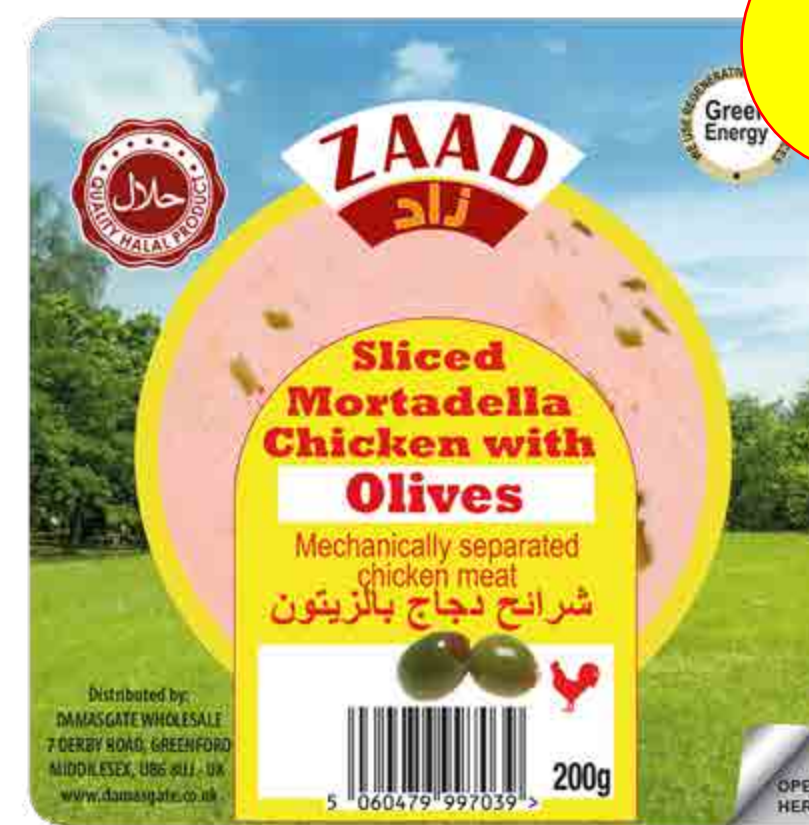


£1

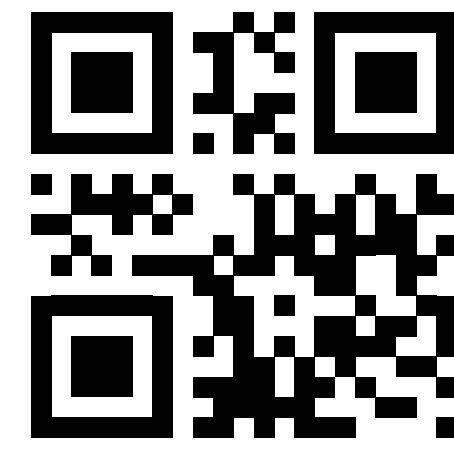
Sliced Chicken
with Paprika

12 X 200g

21305



£1

Sliced Chicken
with Olives

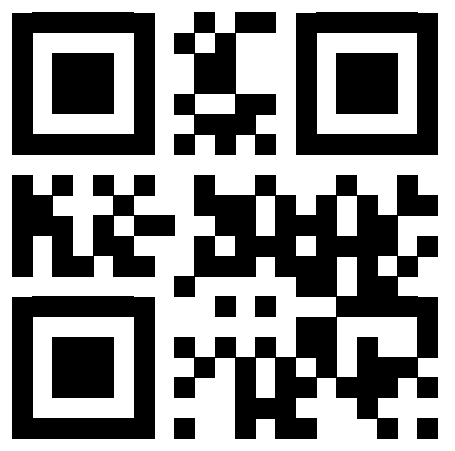
12 x 200g

21304



£1.10

Sliced Beef

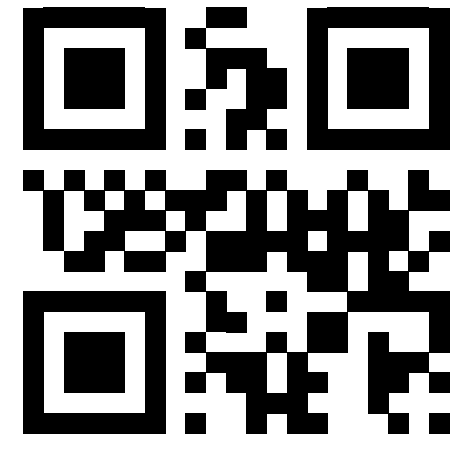


12 X 200g

21303



£1.10

Sliced Beef
with Paprika

12 x 200g

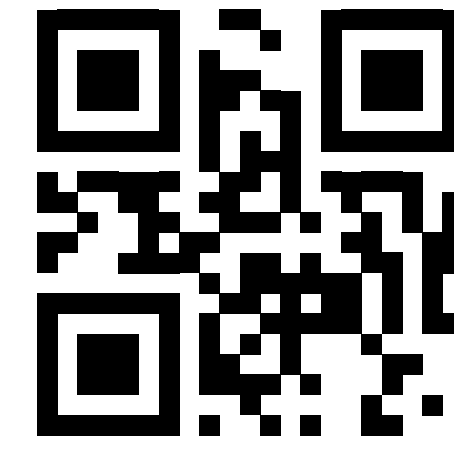
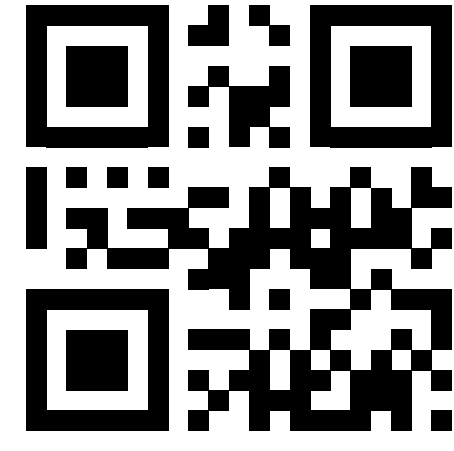
22012



£2.49

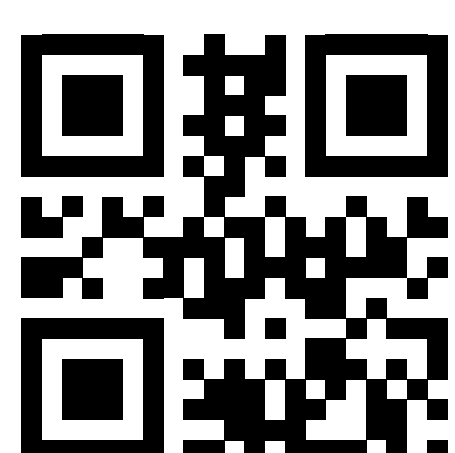
Dry Salami
12 x 200g

21300



£1.59

Turkey Chorizo



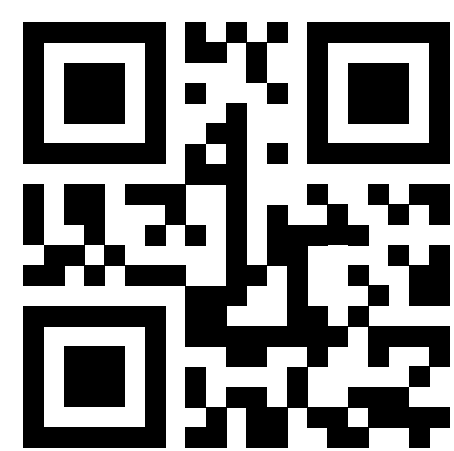
10 x 80g

21351



£1.59

Turkey Salami



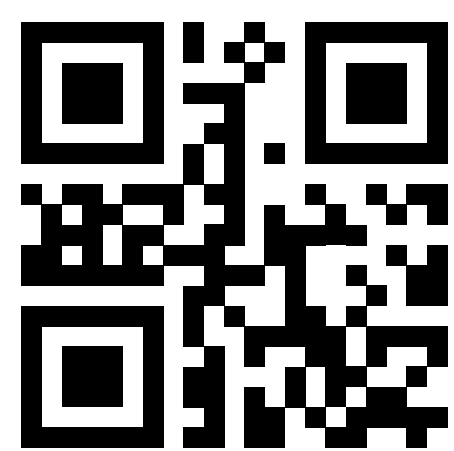
10 x 80g

21352



£1.59

Turkey Salchichon



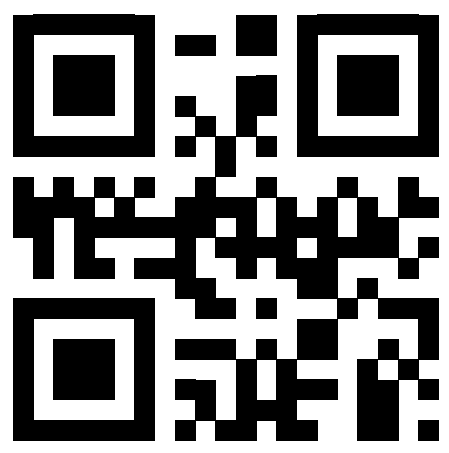
10 x 80g

21353



£2.99

Smoked Turkey Rashers



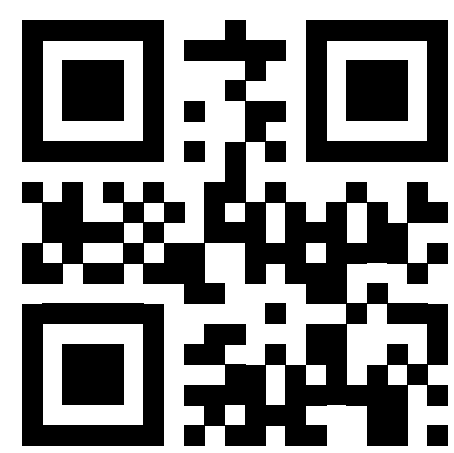
10 x 130g

22006



£2.99

Sliced Turkey



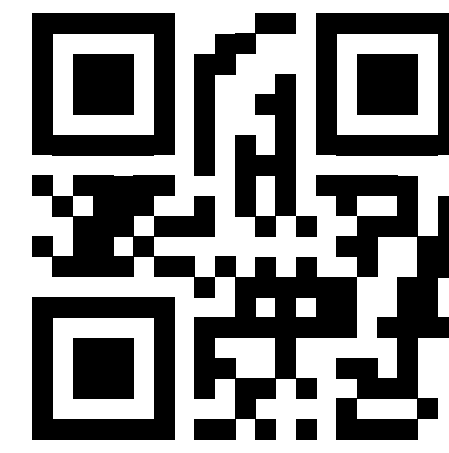
10 x 130g

22005



£2.79

Sliced Chicken Breast



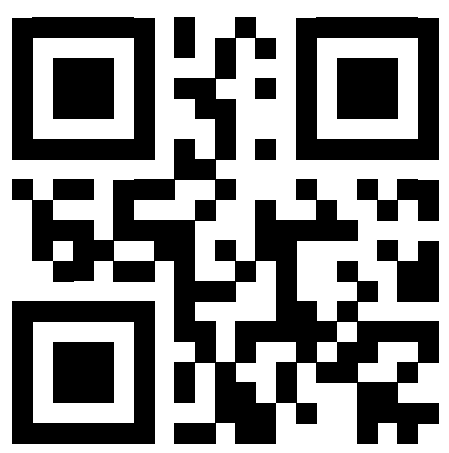
10 x 130g

22004



£2.79

Sliced Beef



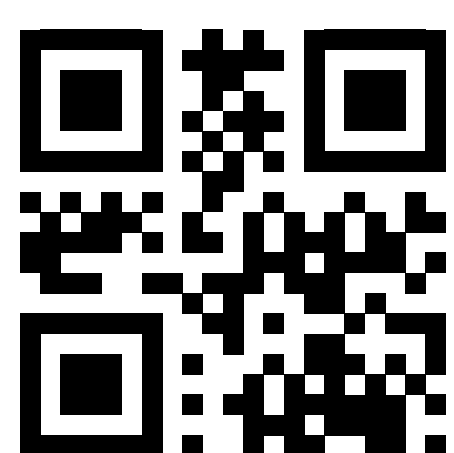
10 x 100g

21200



£3.49

Smoked Beef Pastrami



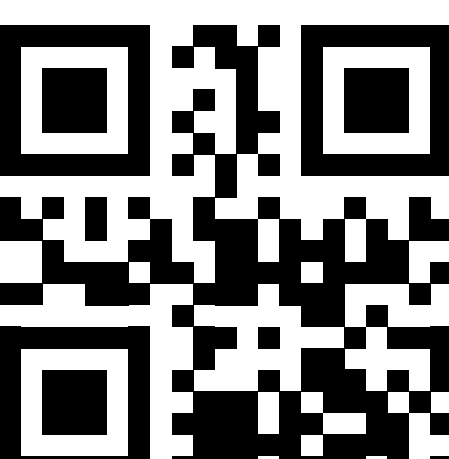
10 x 100g

21202



£2.39

Smoked Dried Salami



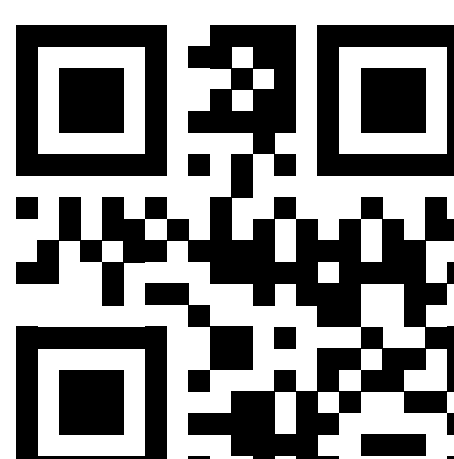
10 x 200g

21301



£2.79

Smoked Pizza Salami



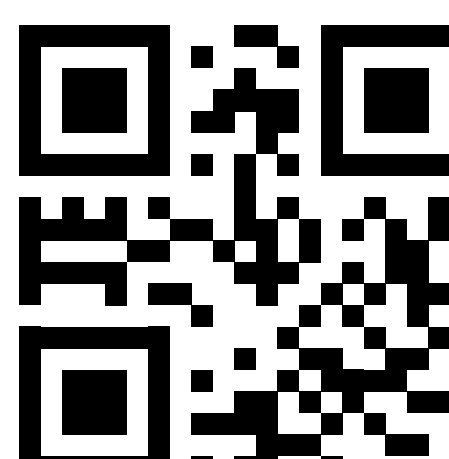
12 x 200g

21302



£1.39

Smoked Pizza Salami

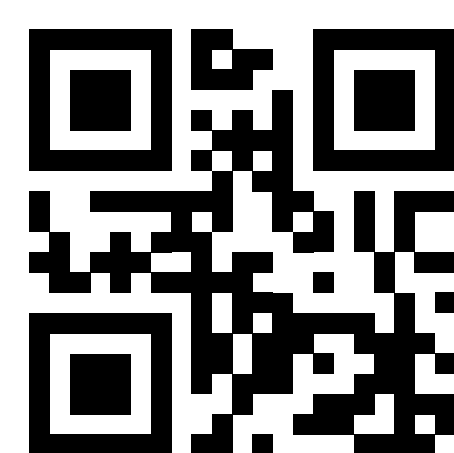


18 x 100g

21201



Chicken
Mortadella

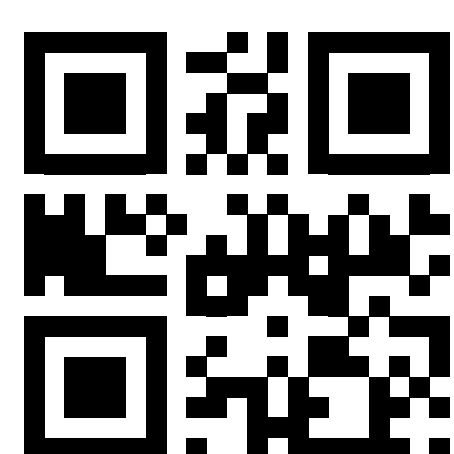


12 X 500g

21004



Chicken Mortadella
with Olives

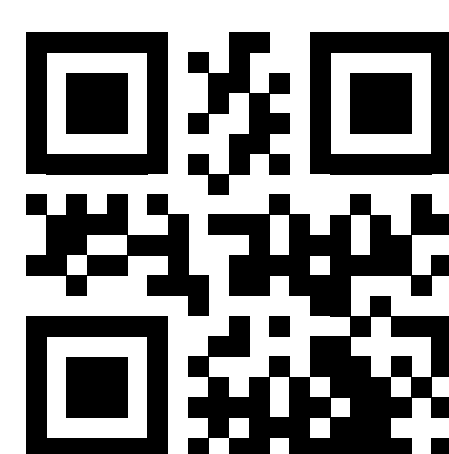


12 X 500g

21005



Chicken Mortadella
(Spicy)

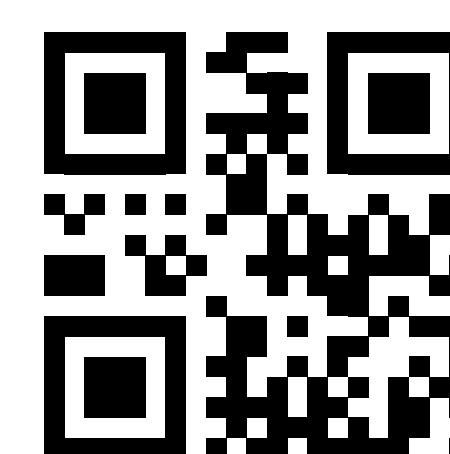


12 x 500g

21006



Chicken Mortadella
With Garlic

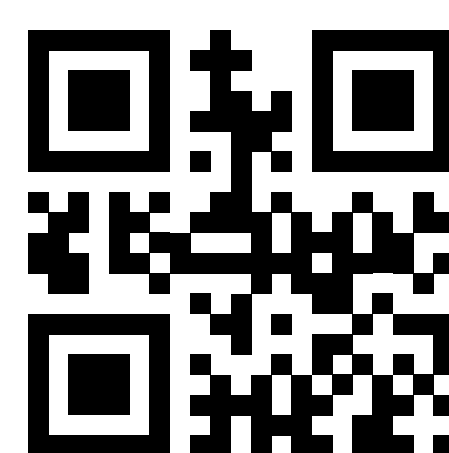


12 x 500g

21108



Beef
Mortadella



12 x 500g

21001



Beef Mortadella
with Olives

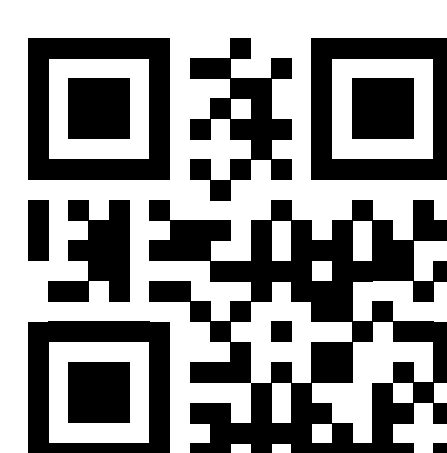


12 x 500g

21002



Beef Mortadella
(Spicy)

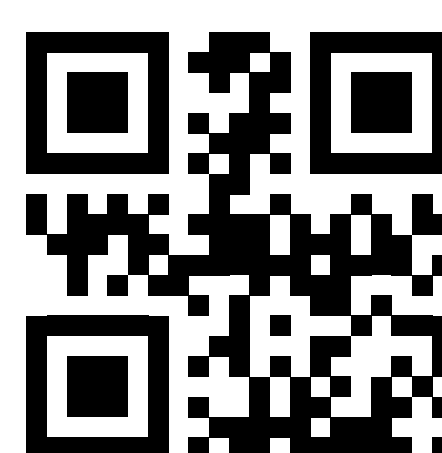


12 x 500g

21003



Beef
Mortadella



10 x 900g

21009



Bee Mortadella
with Olives



10 x 900g

21010



Chicken
Mortadella



10 x 900g

21011

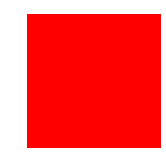


Chicken Mortadella
with Olives



10 x 900g

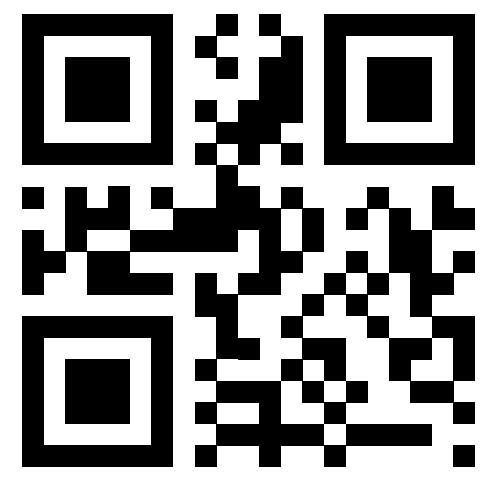
21012



£2.19



Beef Frankfurtes



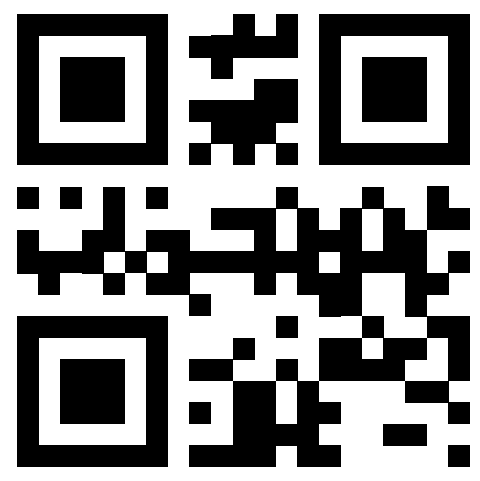
12 x 400g

21106

£1.99



Chicken Frankfurtes



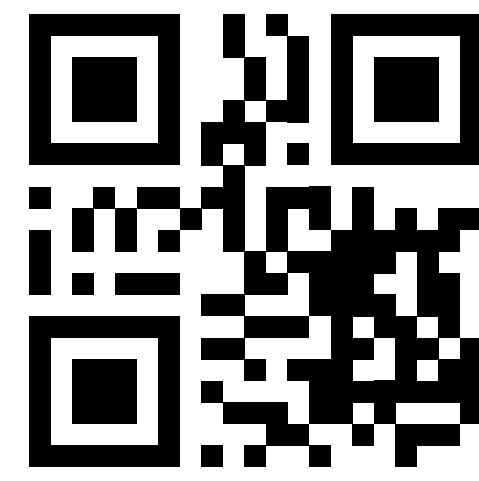
12 x 400g

21007

£1.99



Spicy Chicken Frankfurters



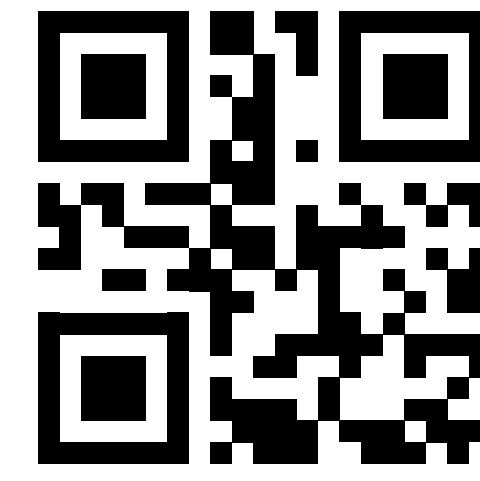
12 x 400g

21008

£1.79



Chicken Hot Dog



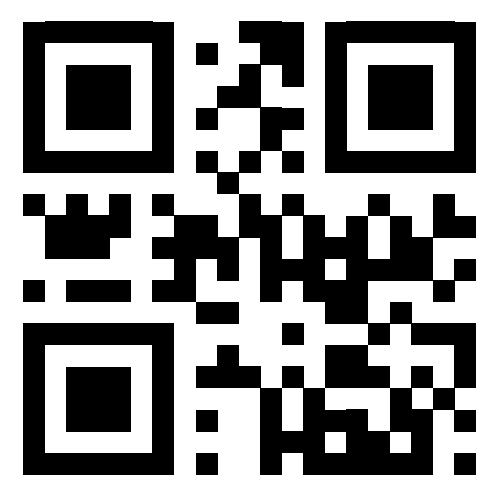
12 x 330g

21031

£1.99



Beef Hot Dog



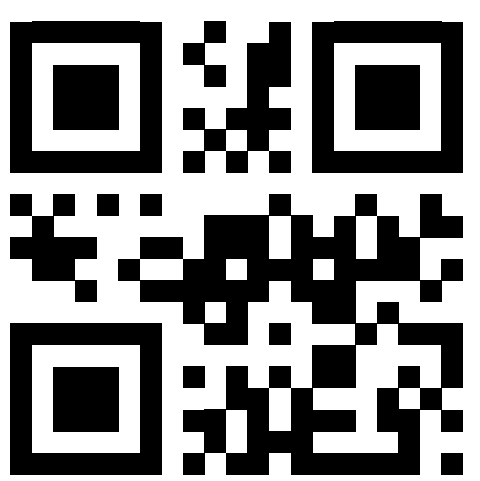
12 x 330g

21032

£1.99



Chicken Cocktail

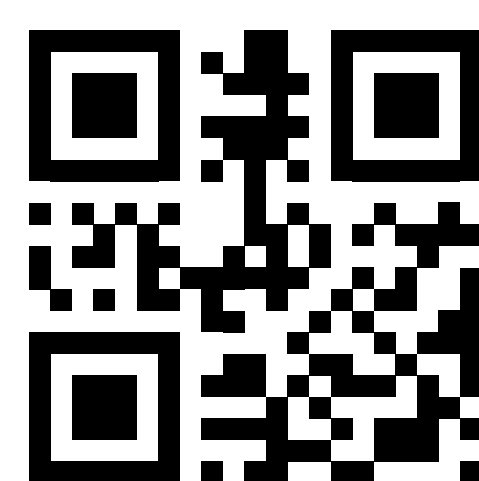


12 x 300g

21041



Chilli Chicken Sausages

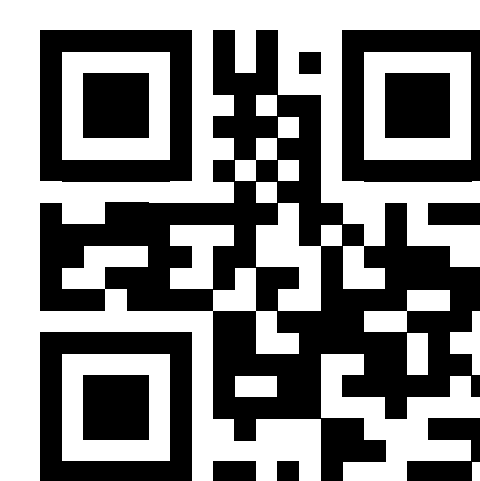


12 x 300g

21022



Mini Sausages

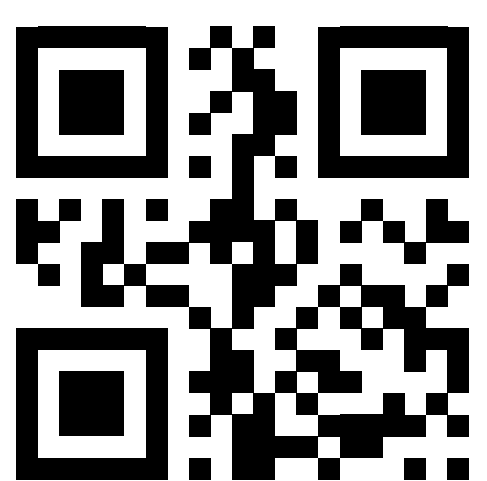


12 x 300g

21021



Skin Sausage 5 Hanks



5 HANKS

21024



Grill
Cheese

36 x 225g **23802**

12 x 225g **23807**



White Cheese
(Less Salt)

12 x 225g

23806



Halloumi
Cheese

10 x 225g

23801



Anari Cheese

£1.49

8 x 250g

23721



Ricotta Cheese

£1.49

10 x 200g

23722



Anari
Cheese

£1.49

10 x 225g

23600



Ricotta
Cheese

£1.49

10 x 225g

23610



Akkawi
Cheese

£5.50

6 x 400g

23103



Tresse
Cheese

£5.50

6 x 400g

23105



Naboulsieh
Cheese

£5.50

6 x 400g

23106



Chilal
Cheese

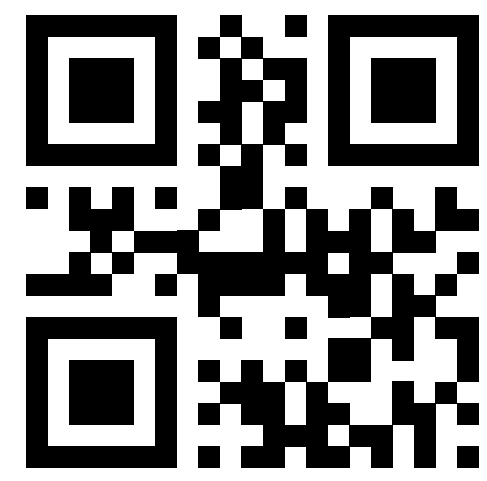
£5.50

6 x 400g

23104



Cow's White Cheese

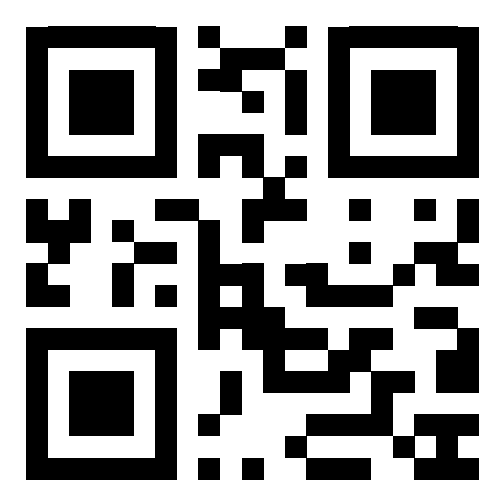


9 x 400g

23100



Goat's White Cheese

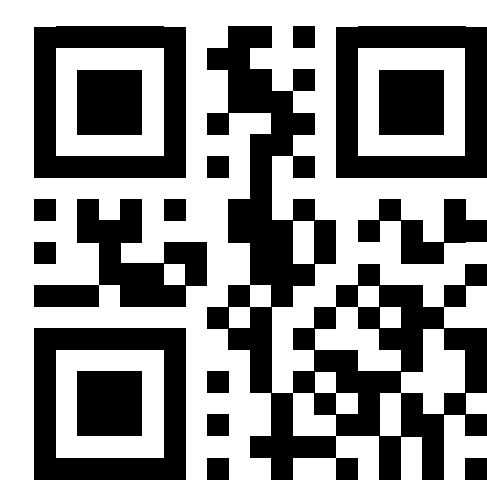


9 x 400g

23101



Sheep's White Cheese



9 x 400g

23102



£2.99

Nikzas Greek Fetta

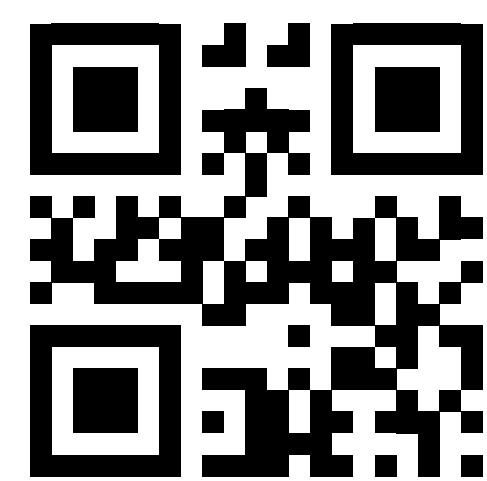


12 x 200g

23301

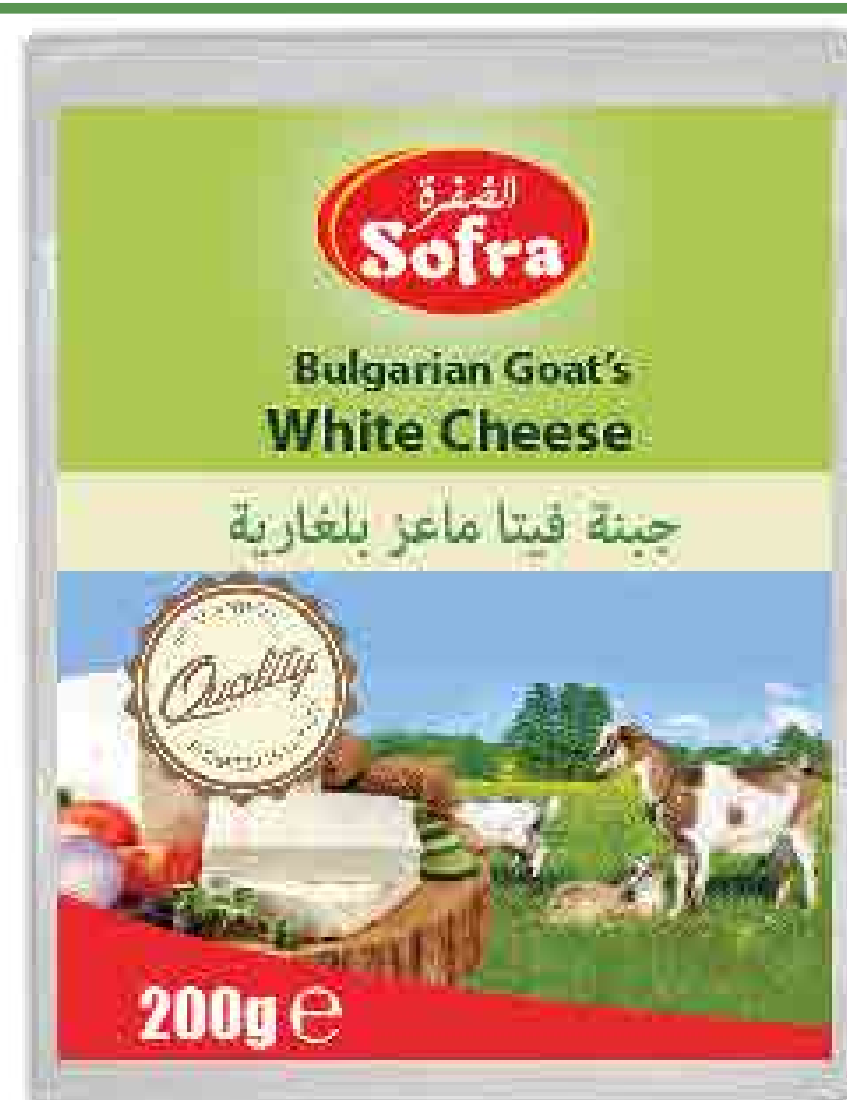


Cow's Cheese

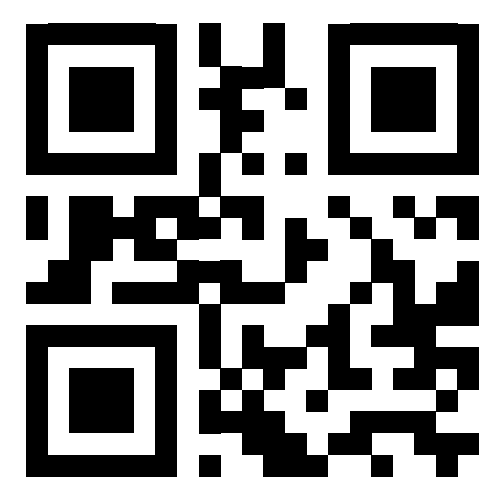


8 x 200g

23304



Goat's Cheese

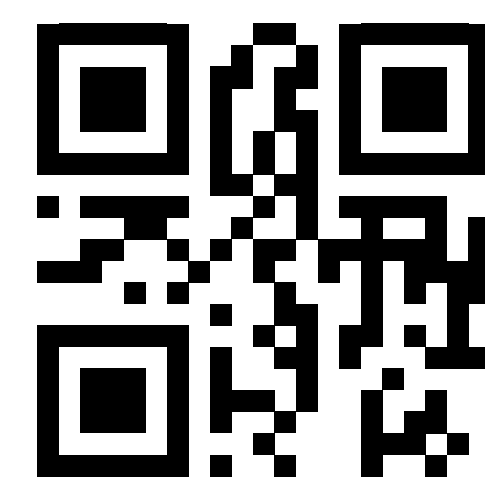


8 x 200g

23616



Sheep's Cheese



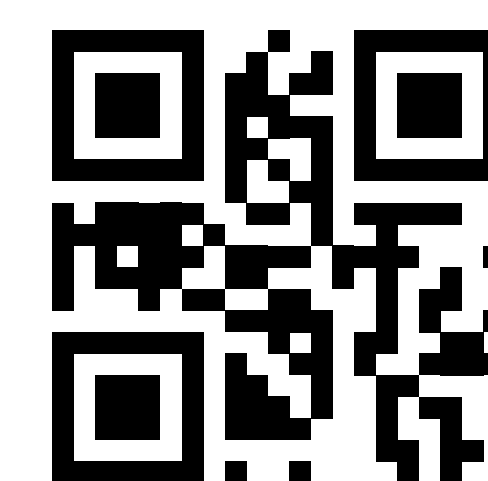
8 x 200g

23617



£2.99

Aegean Greek Fetta

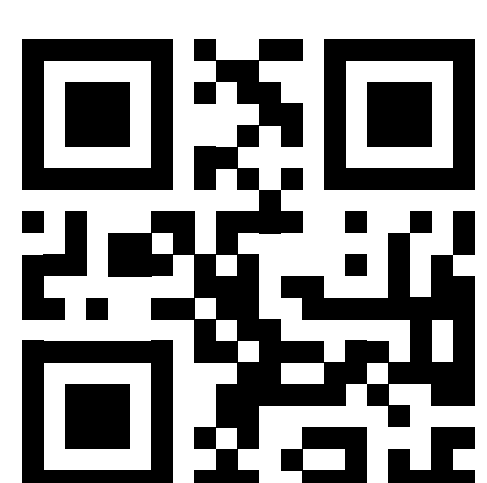


12 x 200g

23300



Danish White Combi



3 x 4kg

23808



Danish White Combi

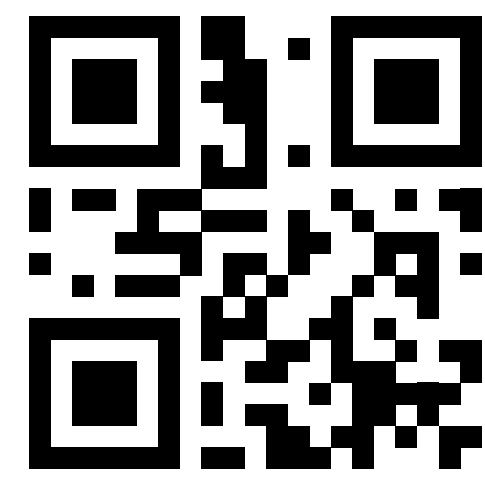


6 x 800g

23707



Combi White



6 x 800g

23708



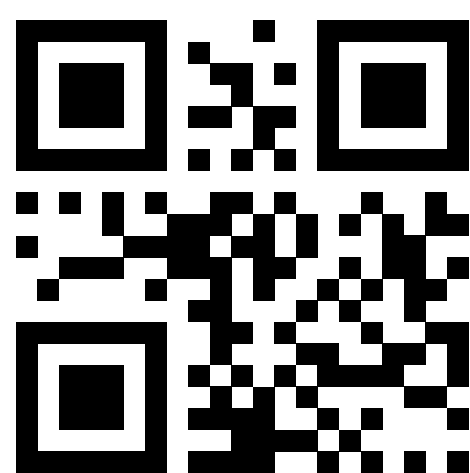
£1.49

**Guda
Cheese**

12 x 150g

23001

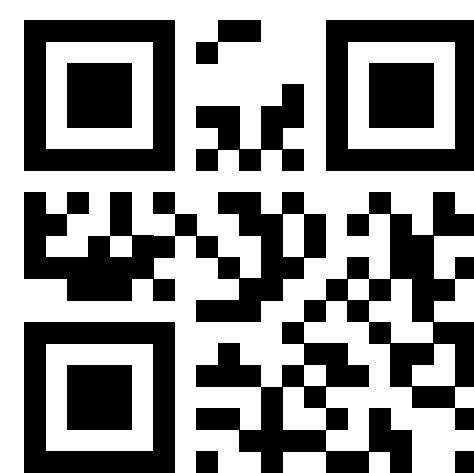
£1.49

**Mozzarella
Cheese**

12 x 150g

23004

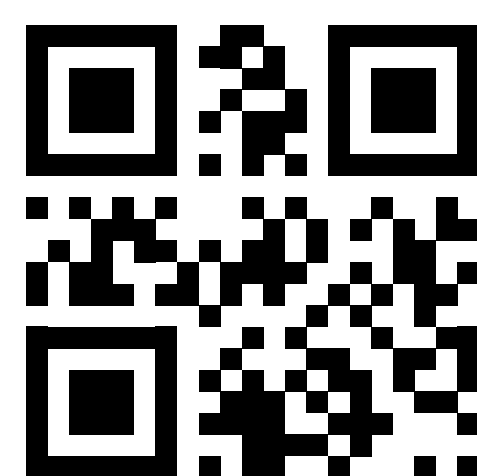
£1.49

**Cheddar
Cheese**

12 x 150g

23002

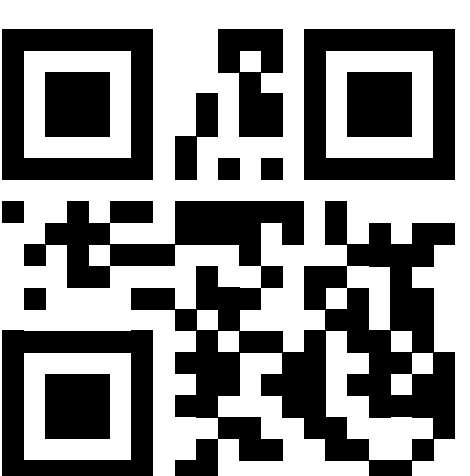
£1.75

**Grated Mild Cheddar
Cheese**

10 x 170g

23900

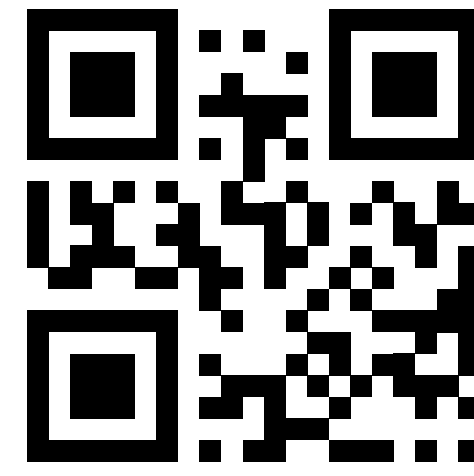
£1.80

**Grated Mozzarella
Cheese**

10 x 170g

23901

£2.79

Mozzarella

16 x 200g

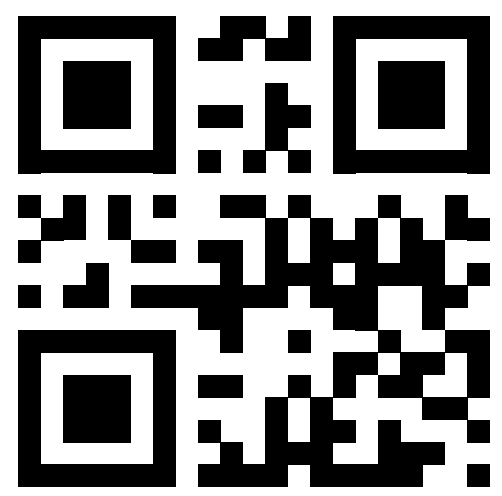
23400**Kashkaval
Cheese**

8 x 350g

23618



Cream
Cheese

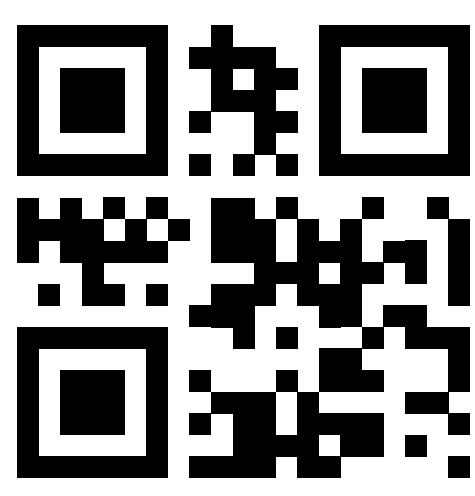


24 x 100g

23005



Kiri
Cheese

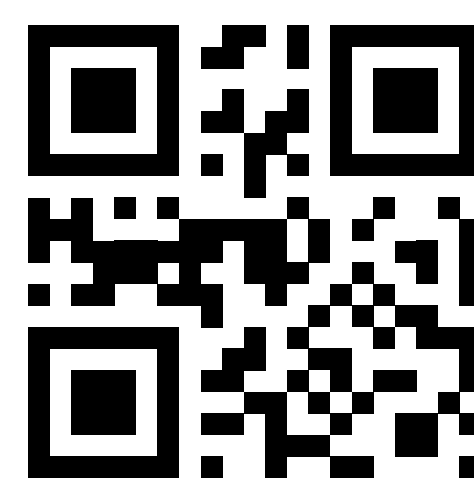


40 x Portion of 6
10 x Portion of 6

24100(40x6)
24101(10x6)



Kiri
Cheese

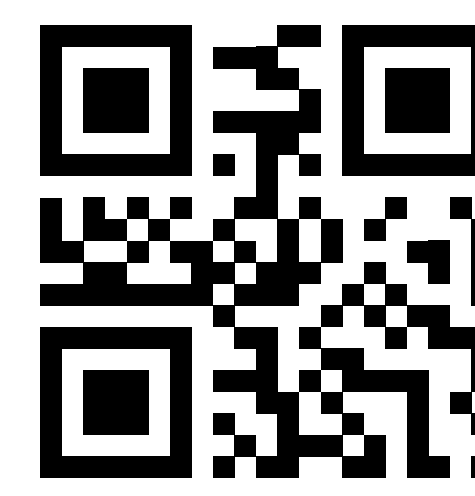


8 x 500g

24103



Creamy
Labneh

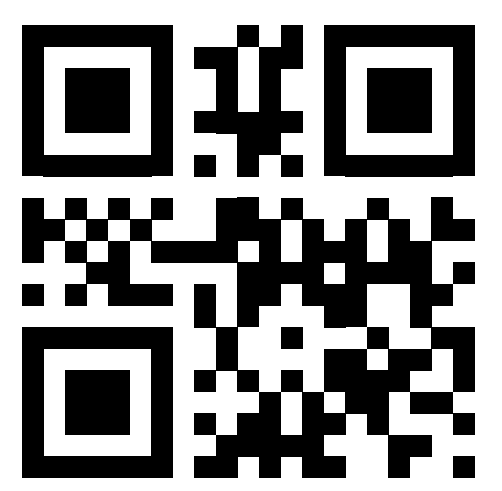


9 x 200g

24102



Triangles
Cheese

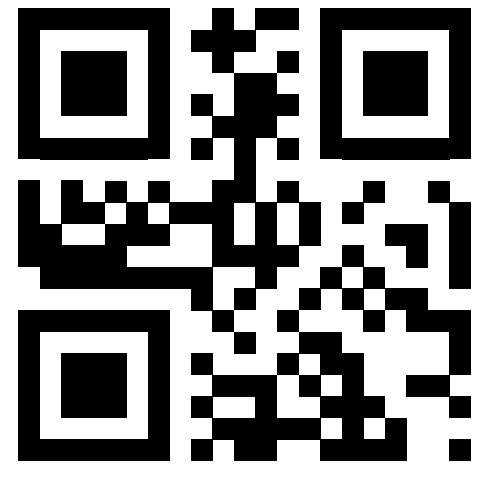


36 x 120g

23603



Laughing Cow
Cheese

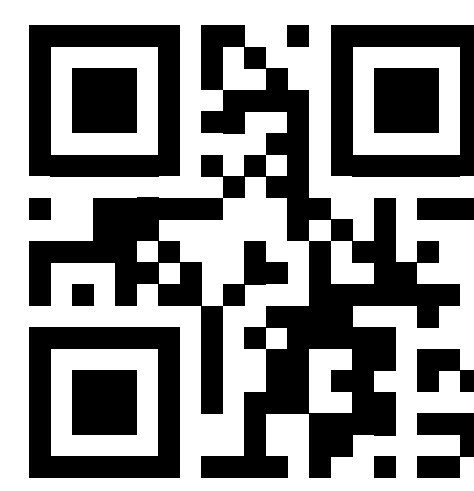


16 x 120g
48 x 120g

23702(16x120g)
23704(48x120g)



Happy Cow
Cheese

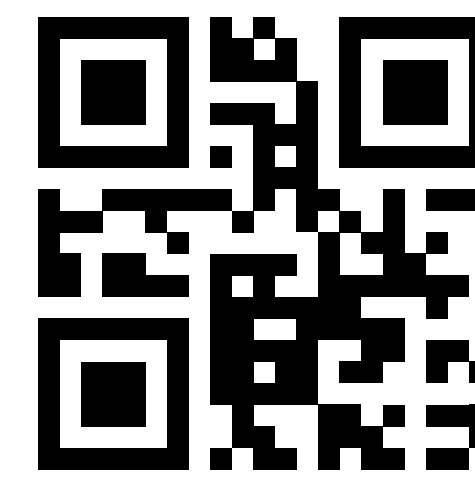


16 x 120g
48 x 120g

23701(16x120g)
23703(48x120g)



Happy Cow

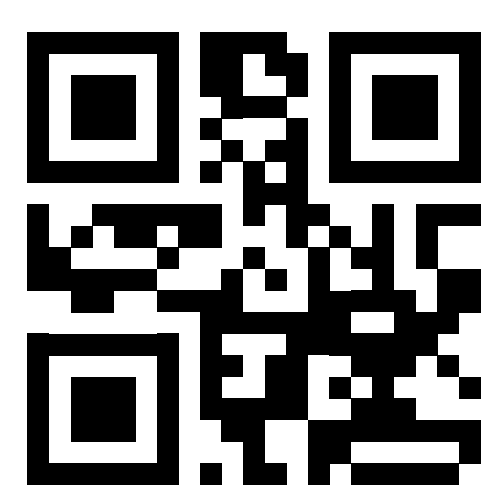


24 x 340g

23700



Butter
(Unsalted)

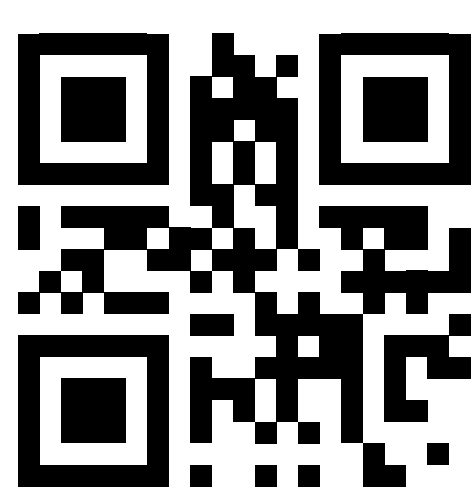


20 x 200g

13001



Cook & Bake
Butter

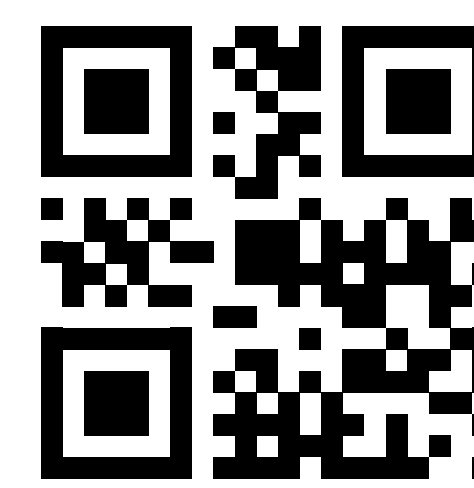


20 x 200g

13002



Kaymak
Cheese

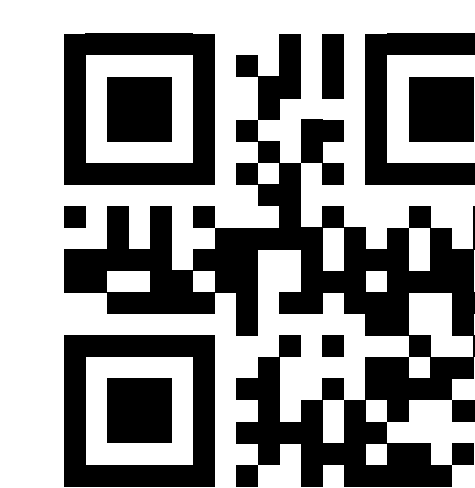


24 x 200g

24213



Mascarpone
Cheese

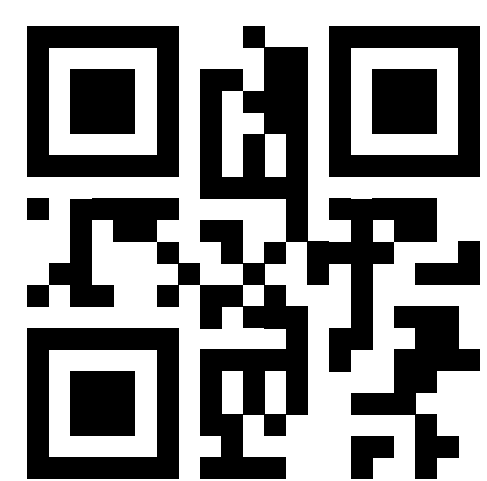


24 x 200g

24214



Gouda Cheese
Slices

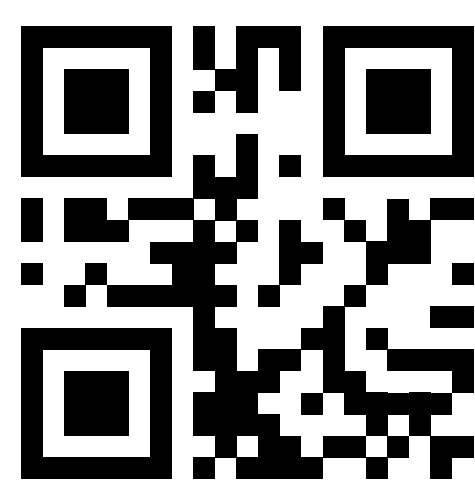


22 x 200g

23308



Emmental Cheese
Slices

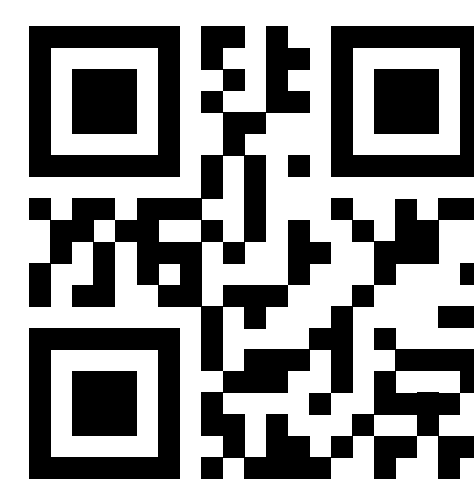


22 x 200g

23307



Cheddar Cheese
Slices



22 x 200g

23306



Cheddar
Cheese Slices

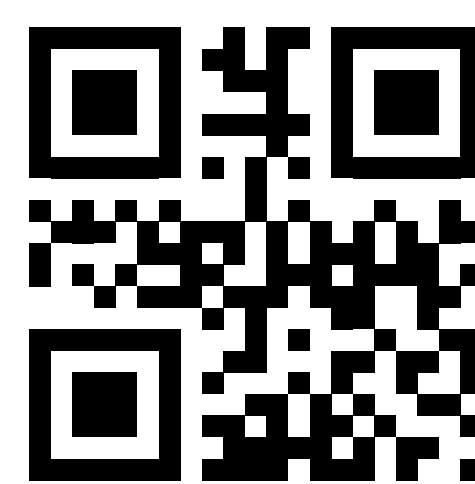


24 x 150g

23604



Toast
Cheese Slices

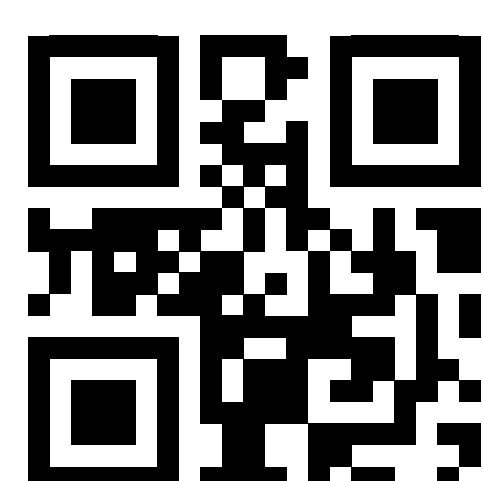


24 x 150g

23605



French Combi
Cheese

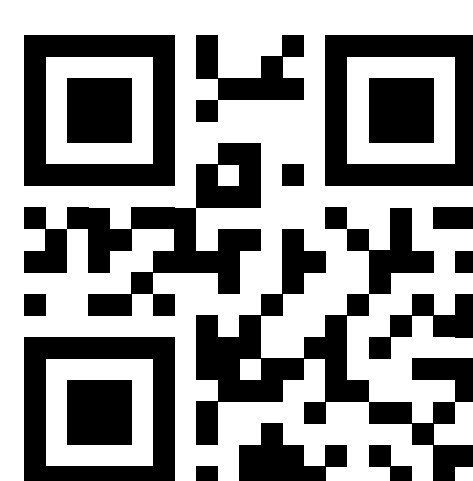


12 x 500g

23502



German
White Combi



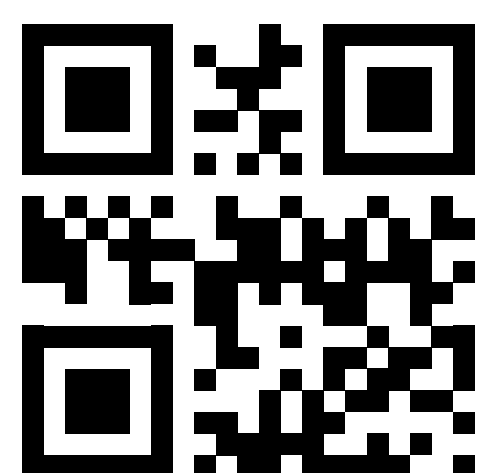
12 x 500g

23503



£1.29 Each
2 For £2

Simply Spread
Cheese



24 x 200g

24210

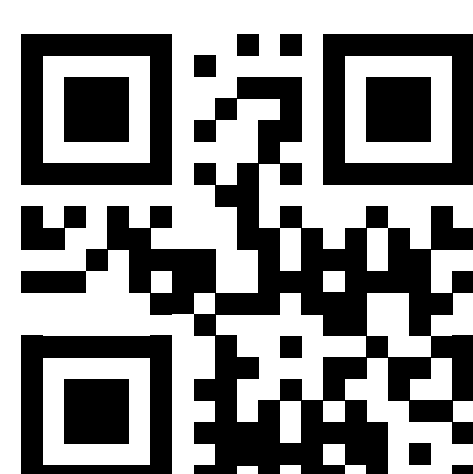


5 BOXES FOR £10.5

2 BOXES FOR £11.5

£2.99

Simply Spread
Cheese

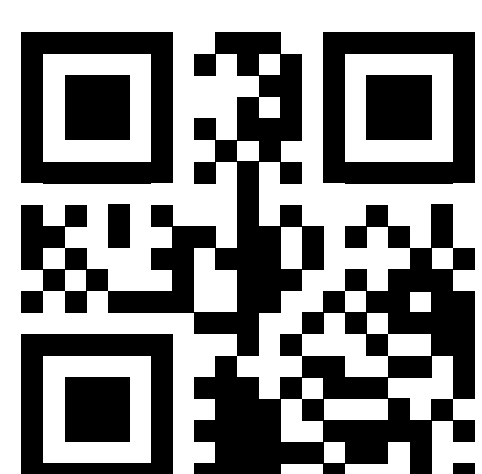


6 x 500g

23506



Spread
Cheese



24 x 240g

23611



Spread
Cheese

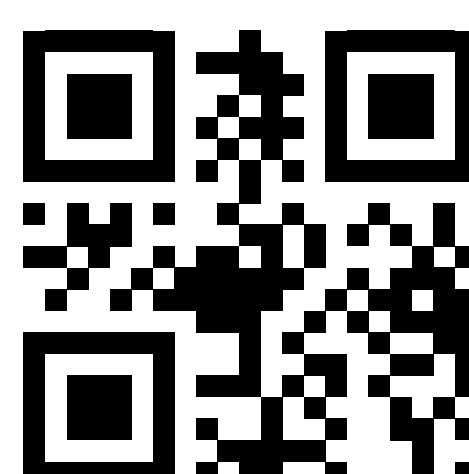


6 x 500g

23612



Spread
Cheese

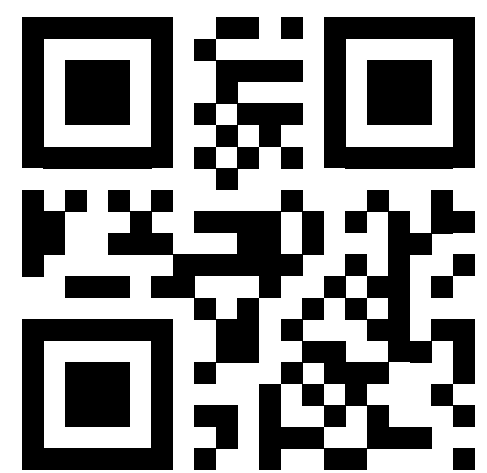


6 x 910g

23613



Creamy Labneh

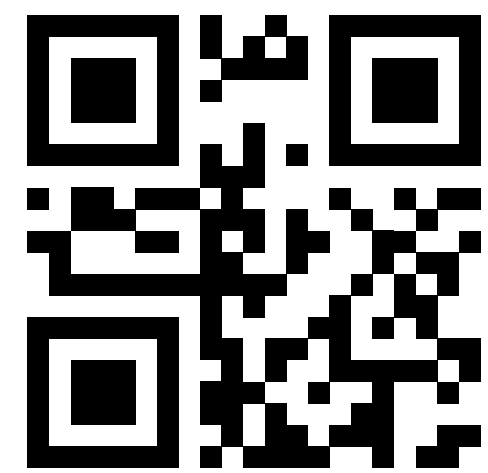


16 x 200g

24211

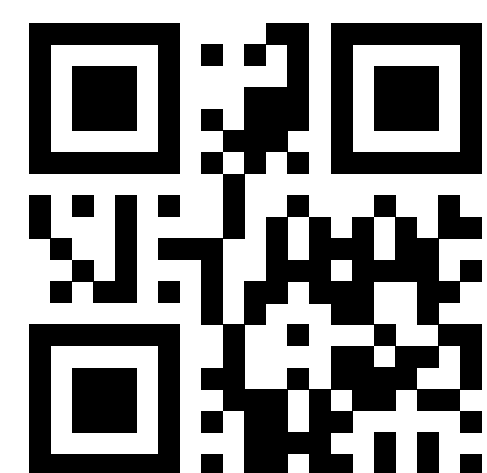


Labneh



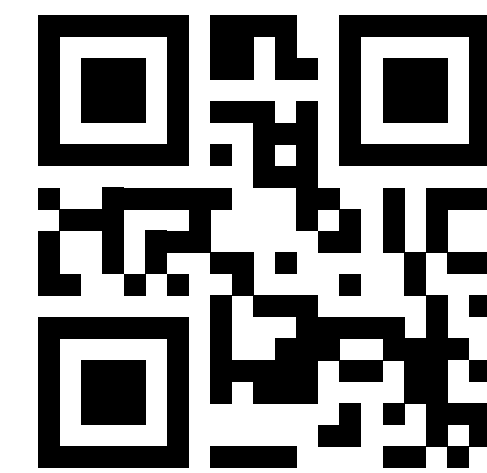
20 x 200g

24212

Labneh
Lebanese Style

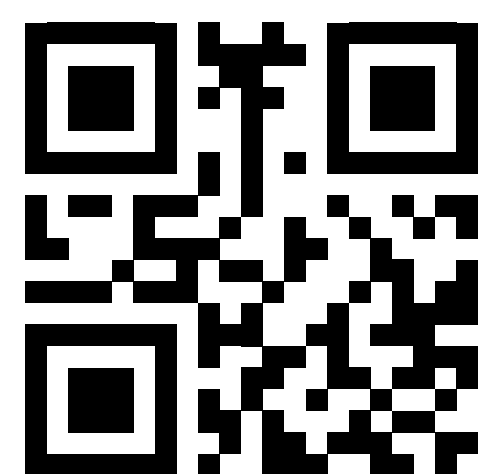
6 x 600g

24215

Labneh Strained
Yogurt

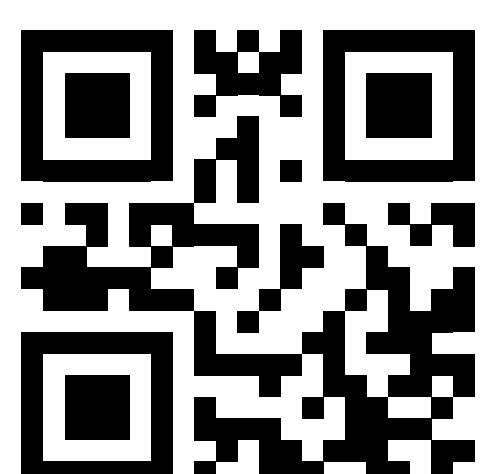
6 x 400g

24217

Labneh
(Cow's Milk)

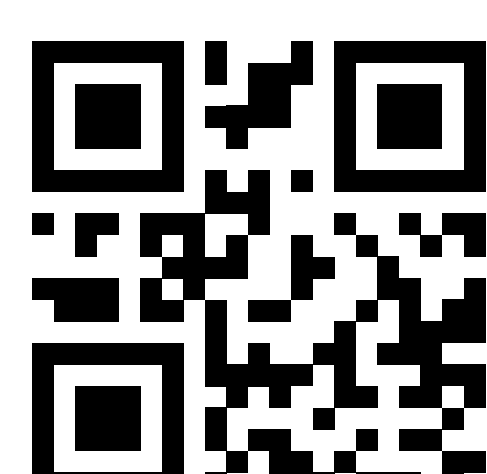
6 X 225g

23803

Labneh With Mint
(Cow's Milk)

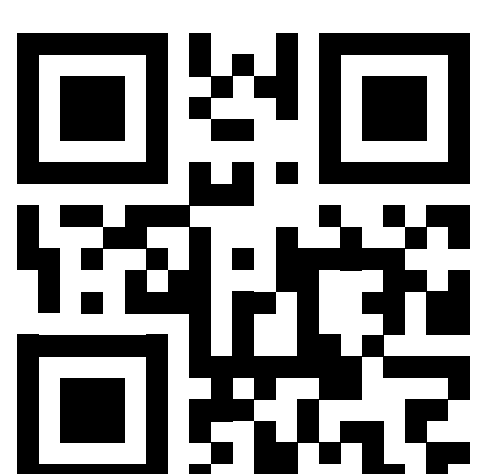
6 X 225g

23804

Labneh
(Goat's Milk)

6 X 225g

23805

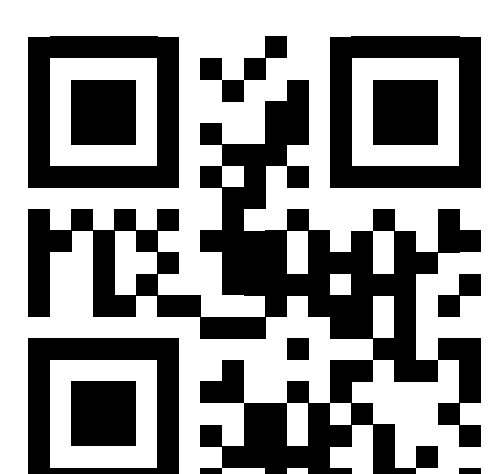
Sofra Greek
Yogurt

6 x 500g

24200



Yogurt 3.5%

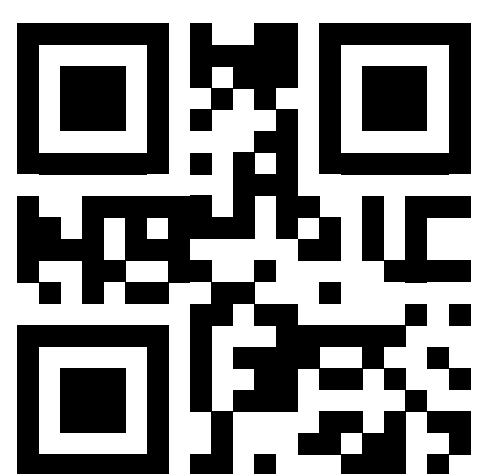


6 x 1kg

24201



Yogurt 10%

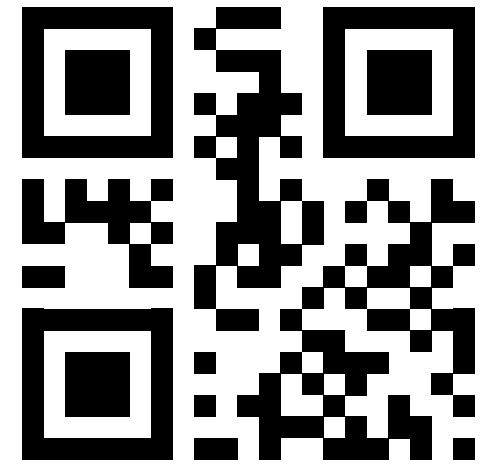


6 x 1kg

24202



Ayrar

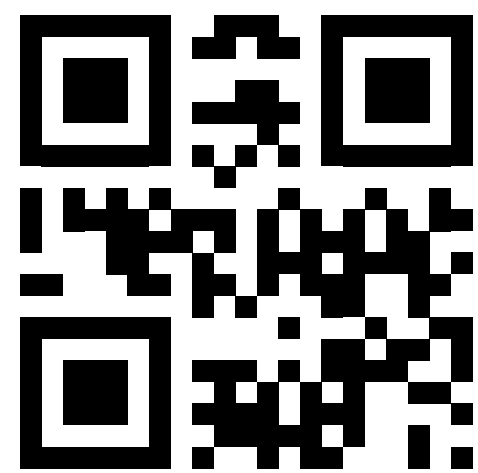


20 x 250ml

24204



Ayrar



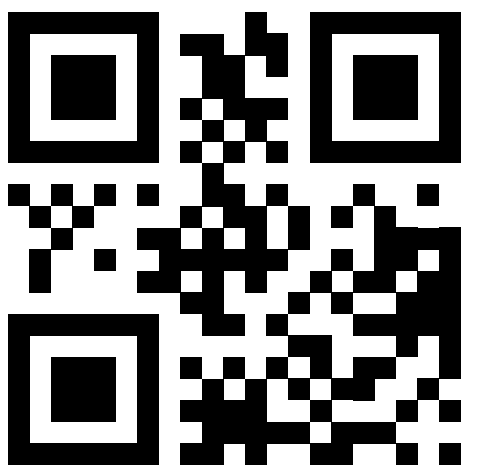
12 x 1L

24216

£1.79



Whole Camel Milk

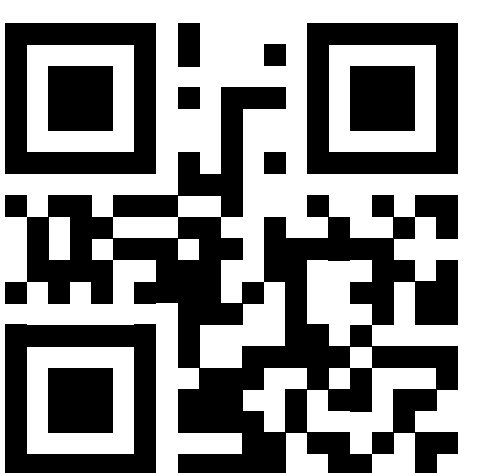


12 x 235ml

24004



Kataifi



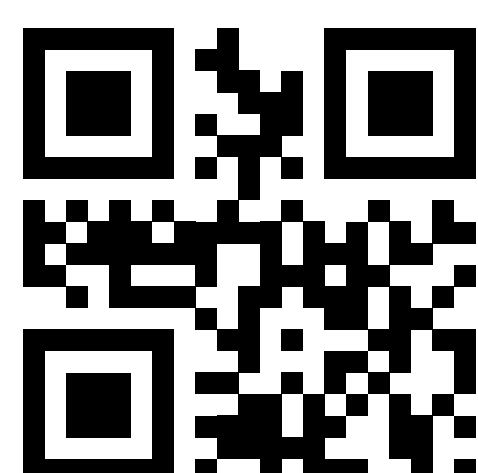
12 x 400g

25930

£2.99



Filo Pastry



18 x 400g

25931

RRP
£1.49



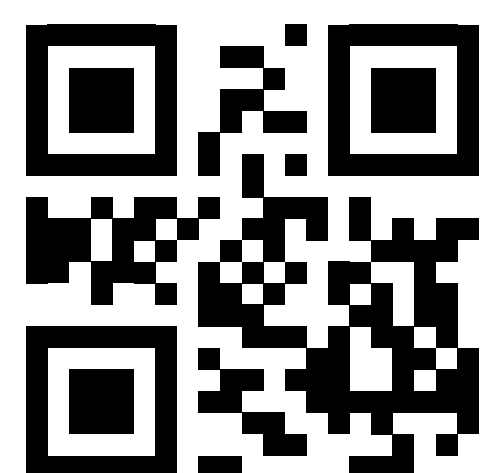
Britain's First Mediterranean Food Supplier

Ambient



£1.99

Sun Dried
Tomatoes



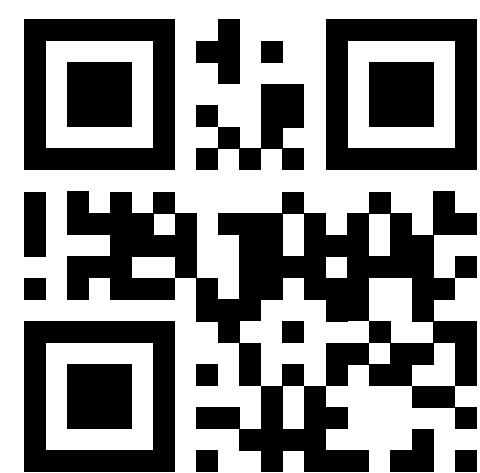
6 x 300g

43087



£1.49

Baby Pickled Gherkins
with Hot Peppers



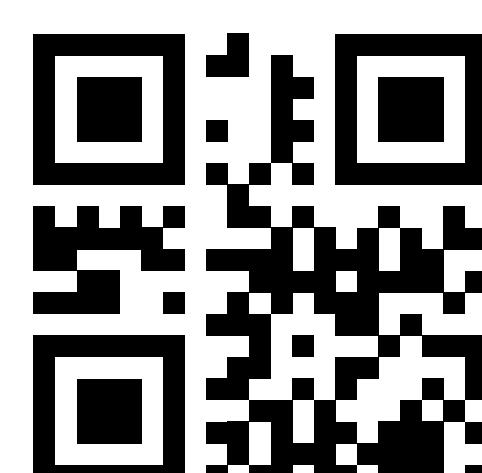
12 x 300g

43079



£3.50

Capers



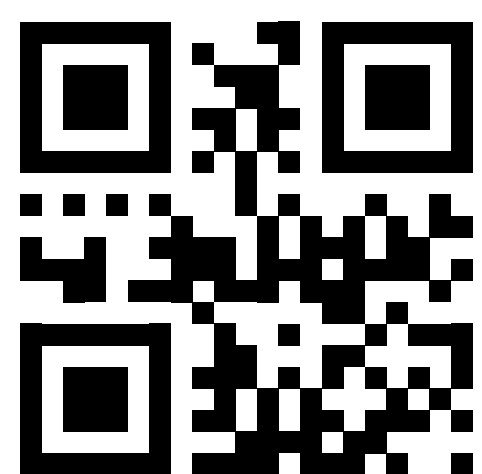
12 x 300g

43100



£2.20

Pickled Garlic



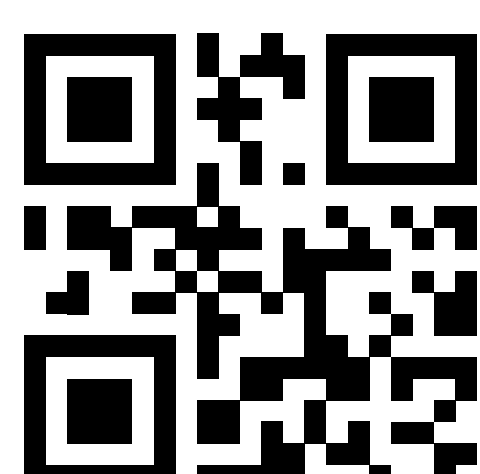
12 x 370g

43099



£3.75

Pickled Garlic



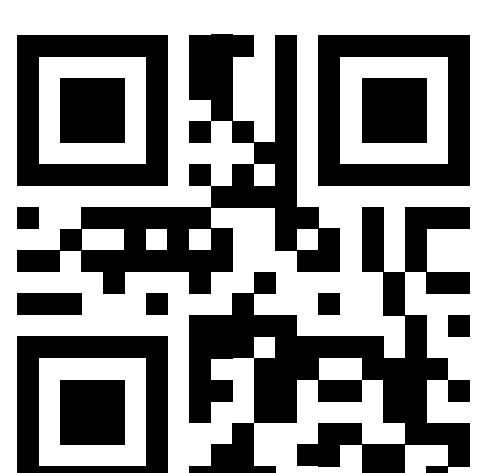
6 x 600g

43097



£2.20

Garlic Salad



12 x 370g

41361



£1.19

Pickled
Green Pepper



12 x 370g

41402



£1.39

Sliced
Jalapeno Pepper



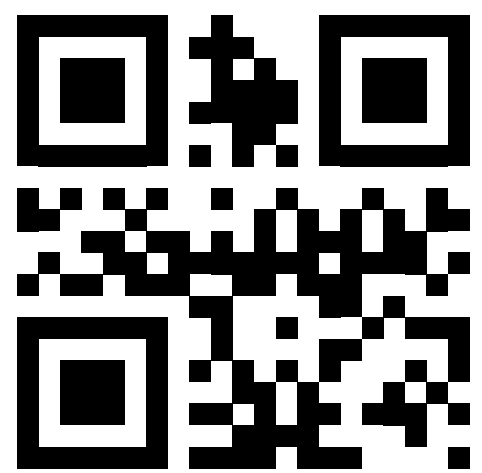
12 x 370g

41403



£1.69

Giradiniera
Mixed Pickles



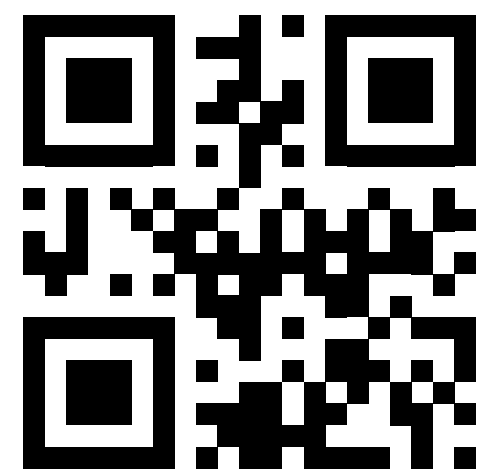
6 x 480g

43059



£1.49

Mix Vegetable
Pickle



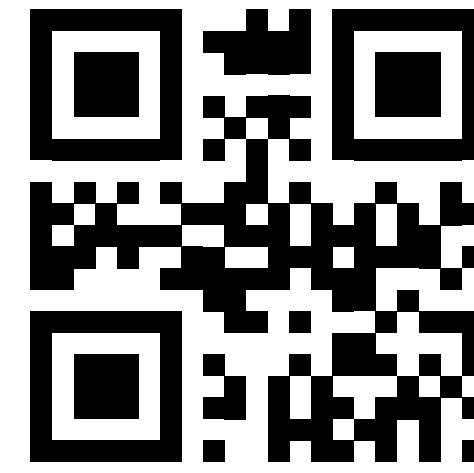
6 x 480g

43061



£1.49

Pickled Gherkins



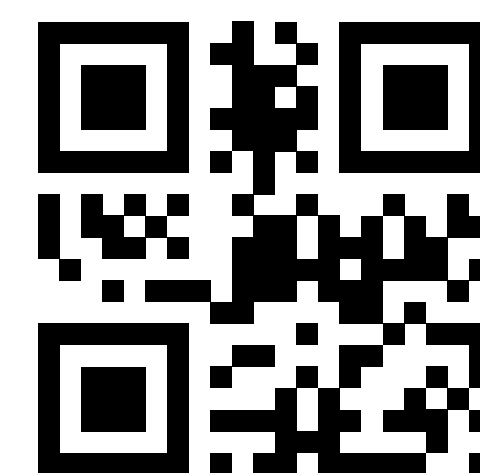
6 x 480g

43064



£2.59

Garlic Salad



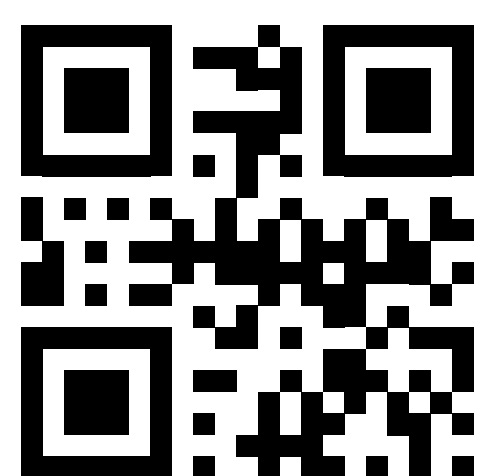
6 X 480g

43071



£1.79

Chilli Paste



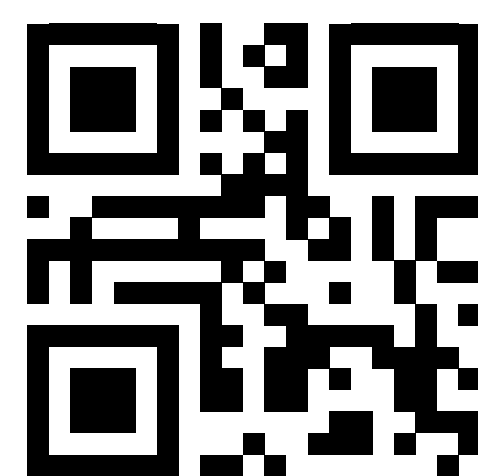
6 x 480g

53013



£1.99

Jalapeno & Olive
Salad



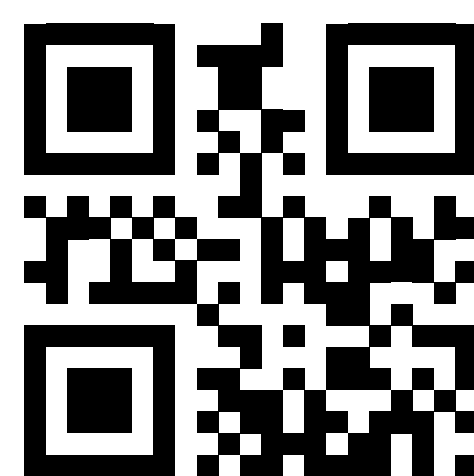
6 x 480g

43060



£1.49

Sliced
Red Jalapeno



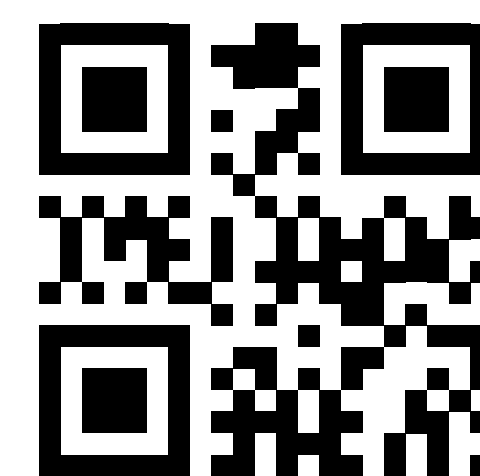
6 x 480g

43062



£1.49

Sliced
Green Jalapeno



6 x 480g

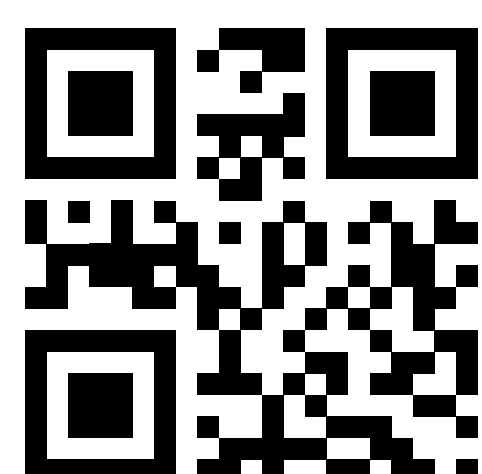
43066



£1.39

BUY
GET 1
FREE

Golden Green
Peppers



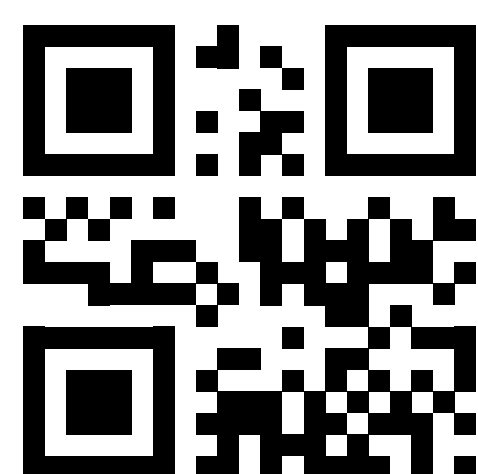
6 x 470g

43065



£1.49

Hot
Chilli Pickle



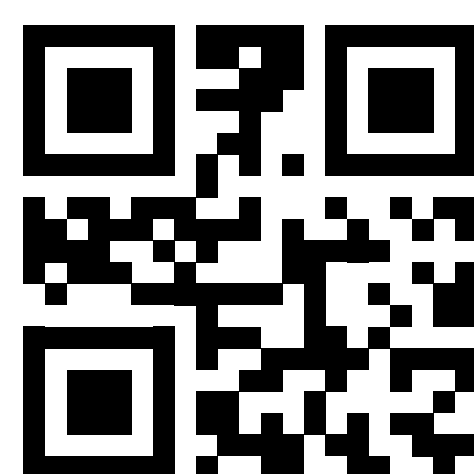
6 x 470g

43067



£1.49

Mild
Peppers Pickle



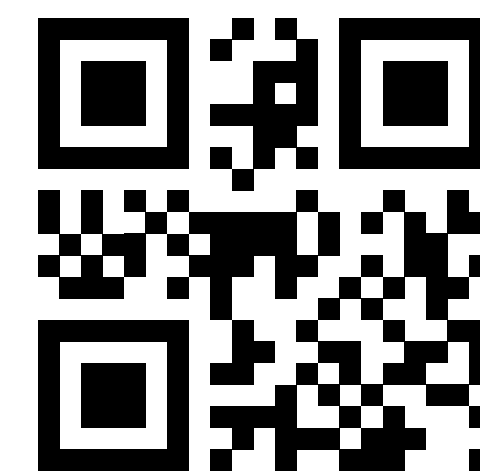
6 x 440g

43058



£1.99

Roasted
Red Peppers



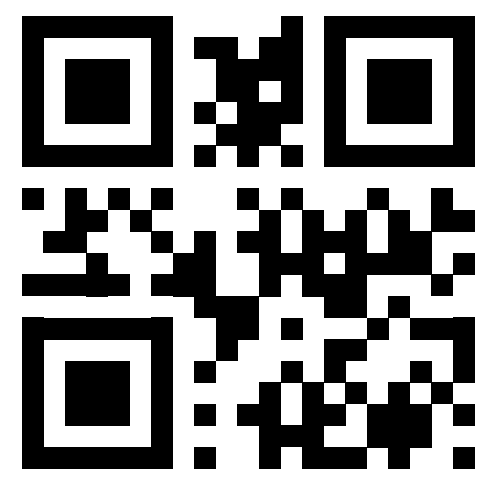
6 x 480g

43086



£2.99

Roasted
Red Peppers



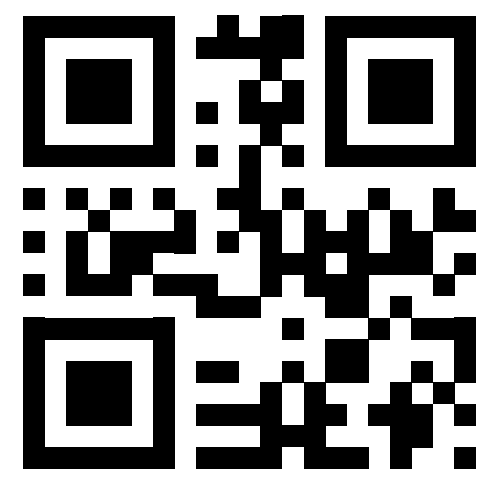
6 x 690g

43091



£1.89

Sliced
Green Jalapeno



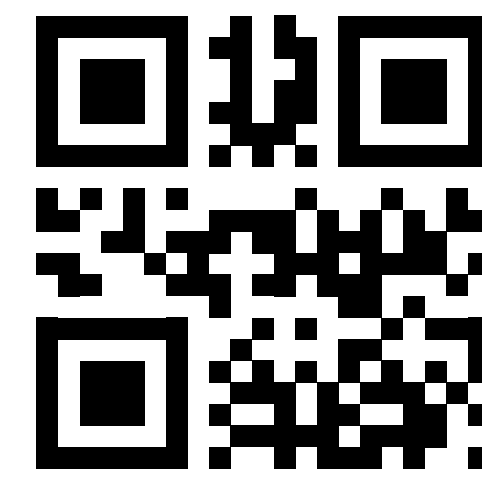
6 x 690g

43073



£1.89

Mixed
Vegetables



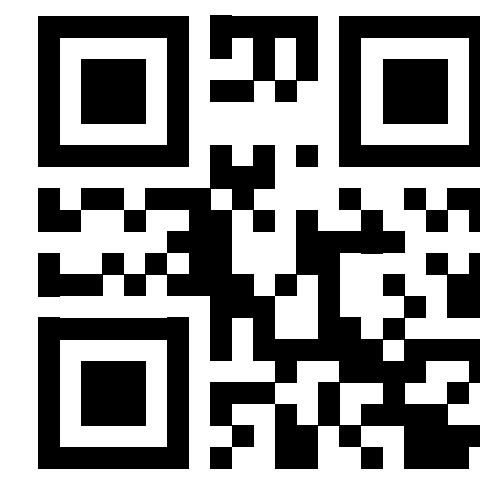
6 x 690g

43080



£1.89

Pickled
Gherkins



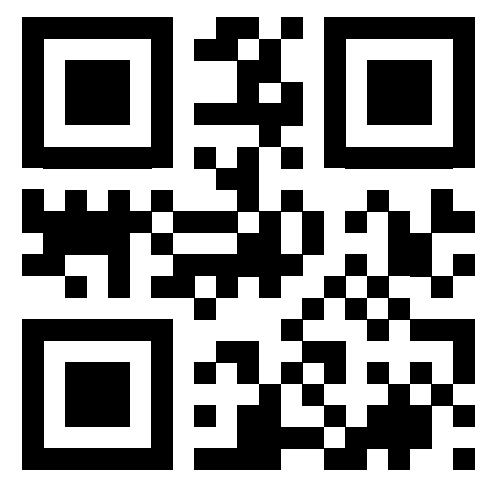
6 x 690g

43072



£1.89

Pickled
Peppers



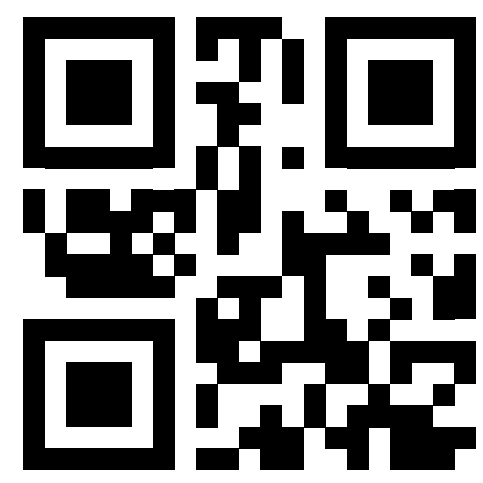
6 x 640g

43070



£1.89

Pickled Chilli
Pepper



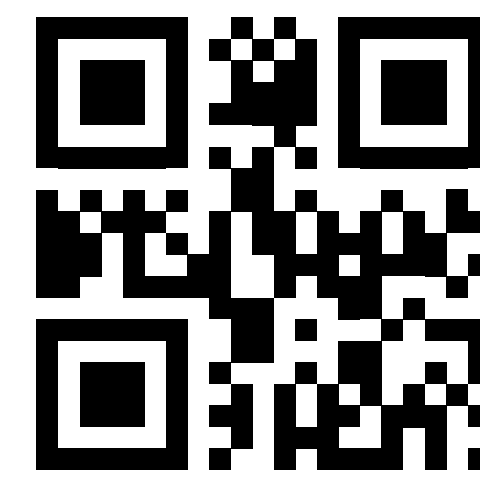
6 x 680g

43074



£2.29

Sliced
Jalapeno Pickle



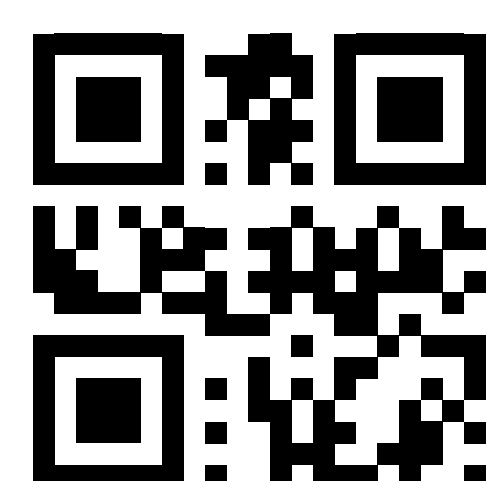
6 x 980g

43081



£2.29

Pickled
Gherkins



6 x 990g

43082



£2.29

Pickled
Peppers



6 x 880g

43084



£2.29

Pickled Chilli
Pepper



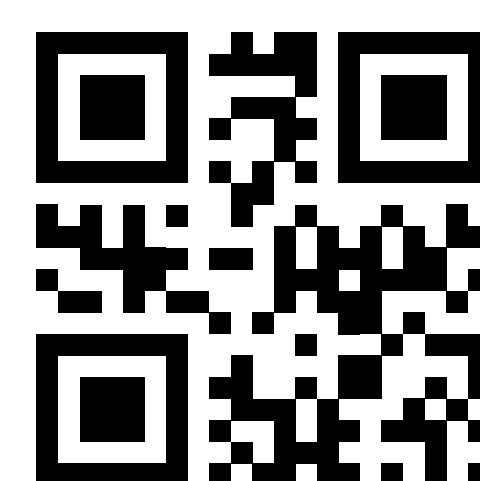
6 x 950g

43083



£2.29

Mixed
Vegetables

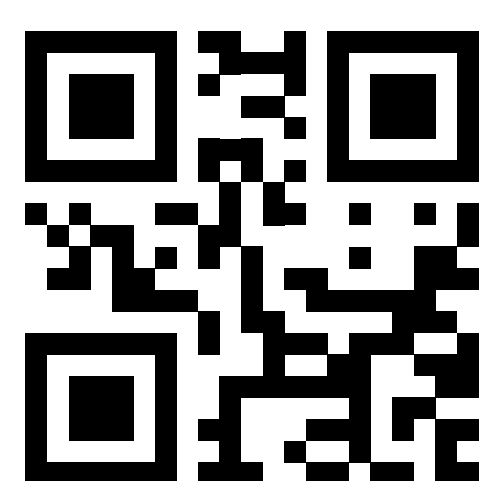


6 x 970g

43085



£2.49

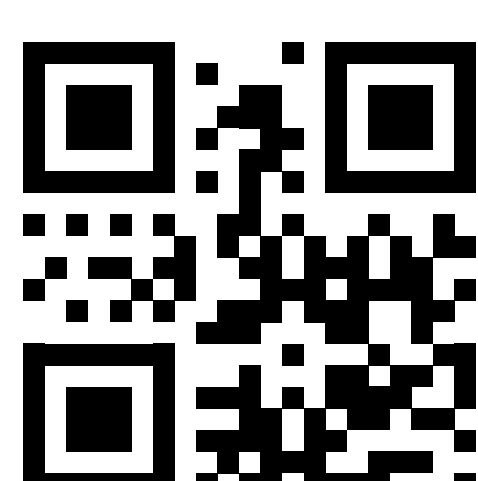
Roasted
Aubergine

6 x 660g

43090



£1.49

Roasted
Aubergine

6 x 500g

43094



£1.99

Roasted
Aubergine

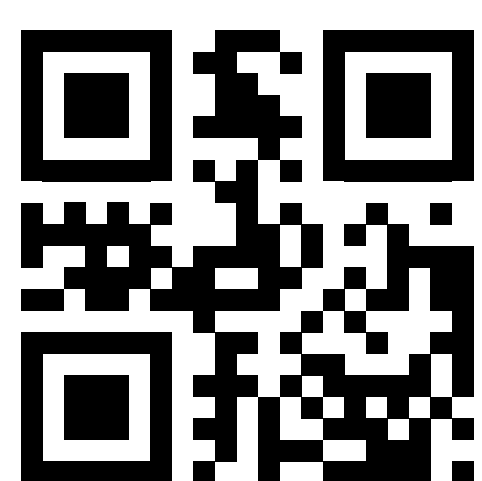
6 x 570g

43095

Roasted
Aubergine

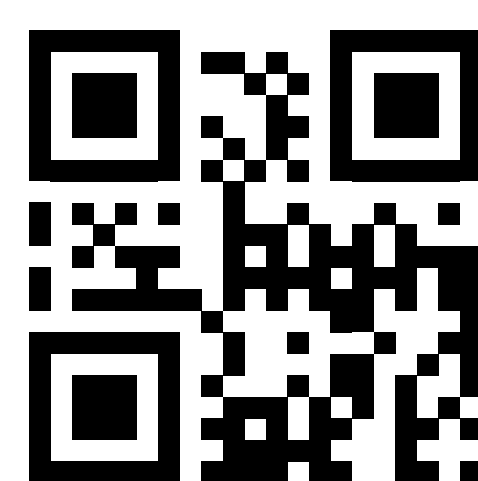
3 x 2.5kg

43096

Roasted
Eggplant

6 x 650g

41151

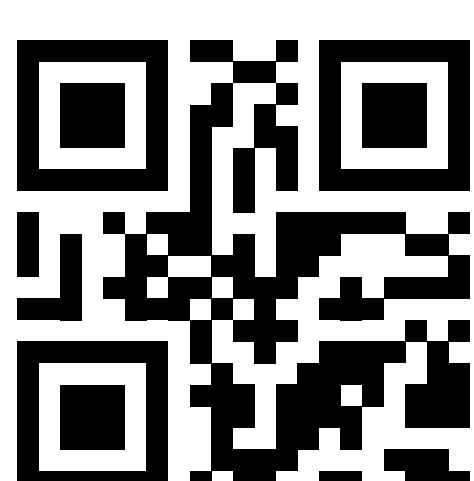
Roasted
Eggplant

6 x 2.8kg

41150



Truffles

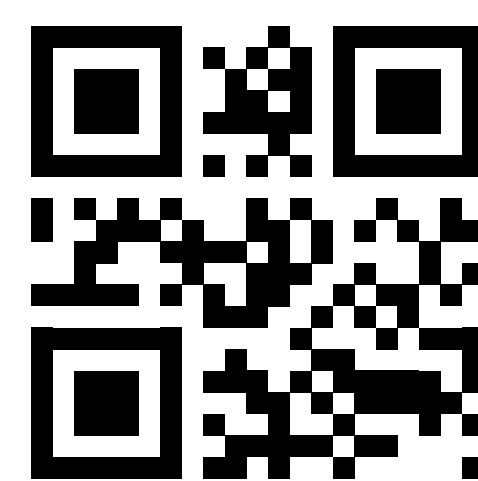


12 x 700g

41141



Truffles



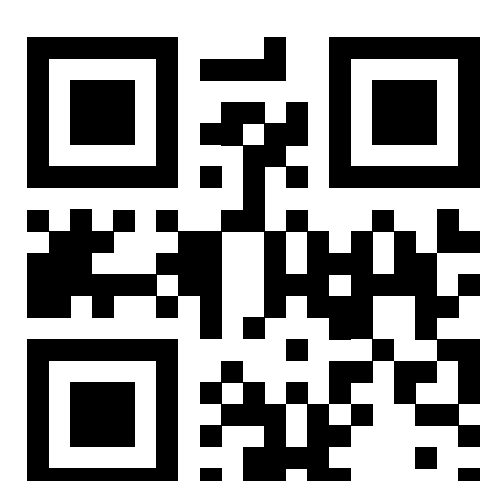
6 x 600g

41122



£1.90
2 for
£3

Mix Pickles



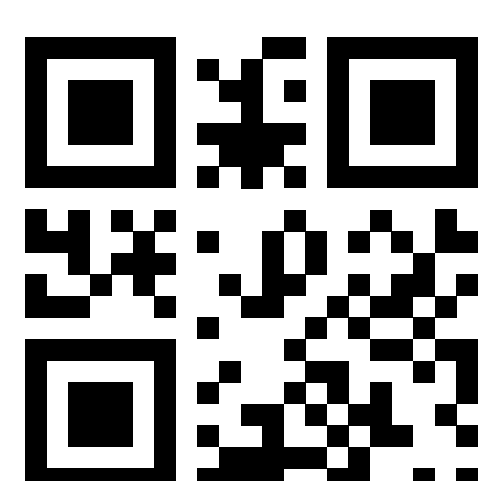
6 x 600g

41127



£2.19

Pickled Cucumbers



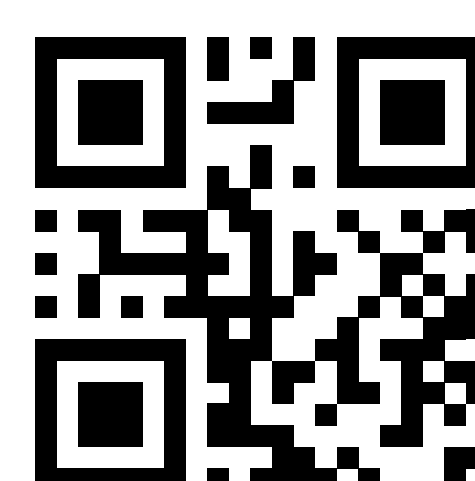
6 x 600g

41138



£2.19

Pickled Wild Cucumbers



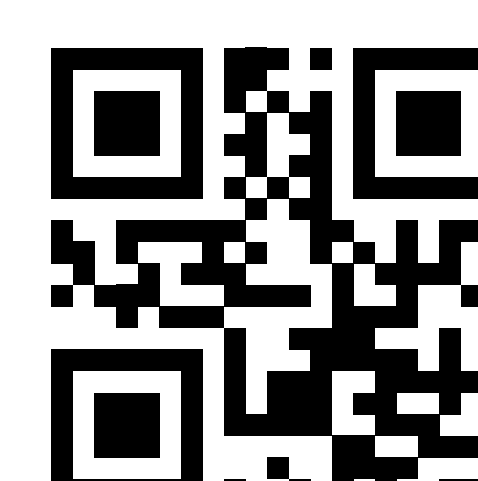
6 x 600g

41119



£3.75

Artichoke



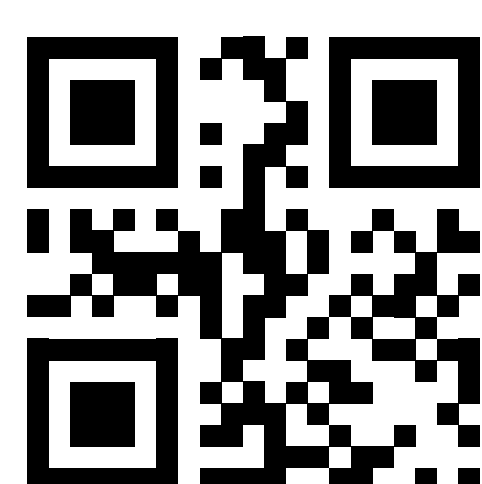
6 x 600g

41157



£3.25

Mix Pickles



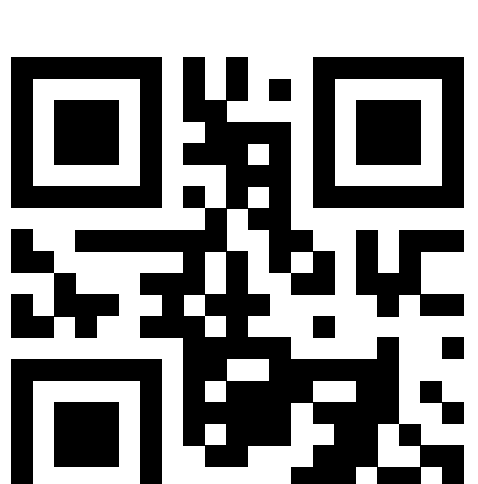
6 x 1300g

41129



£3.89

Pickled Cucumbers



6 x 1300g

41136



£3.25

Pickled Wild Cucumbers



6 x 1300g

41120



£5.50

Artichoke



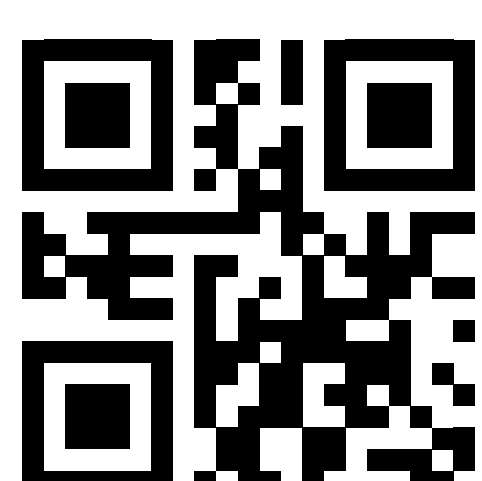
6 x 1250g

41144



£6.25

Mix Pickles



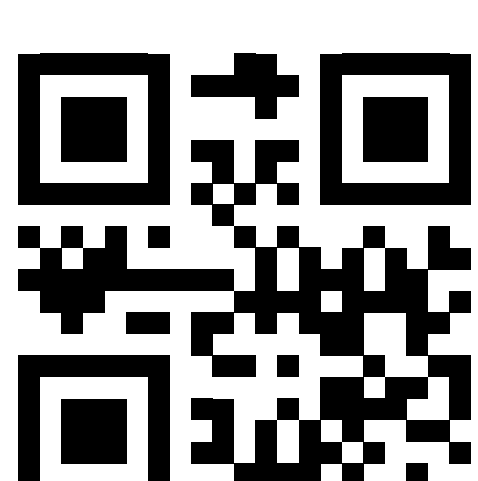
4 x 2800g

41128



£7

Pickled Cucumbers



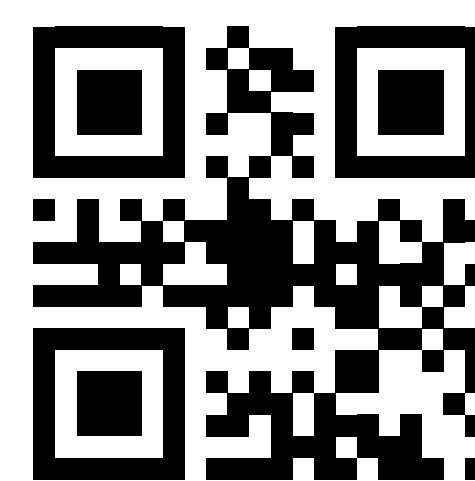
4 x 2800g

41135



£2.50

WILD CUCUMBER
FRESH



6 x 600g

41118



£2.50 Each
2 for
£4

Pickled Cucumber
(Fresh Pack)



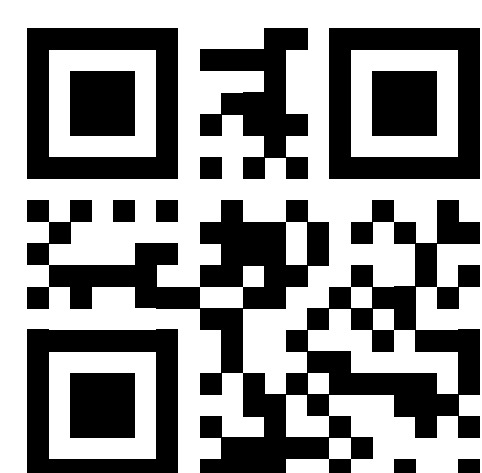
6 x 600g

41137



£2.60

Hot Amba
Pickles



6 x 600g

41140



£2.60

Mild Amba
Pickles



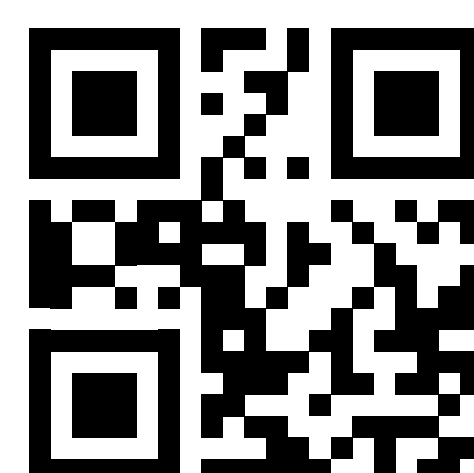
6 x 600g

41139



£2.60

Musel
Pickles



6 x 600g

41126



£2.60

Alnajaf
Pickles



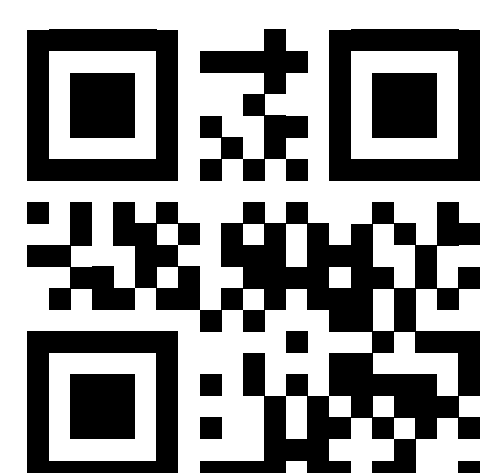
6 x 600g

41142



£2.60

Kurdistan
Pickles



6 x 600g

41131



£1.59

Pickled
Lemon



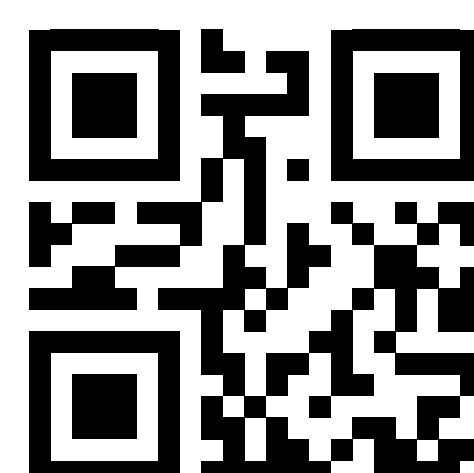
12 x 720g

41143



£1.59

Pickled
Hot Lemon



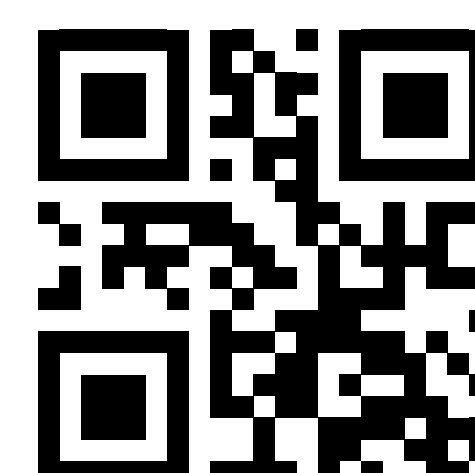
12 x 720g

41130



£1.90

Pickled
Peppers

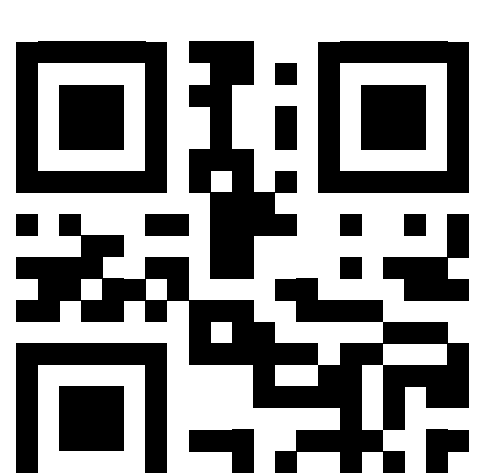


6 x 500g

41125



Pickled Turnips
(Fresh Pack)



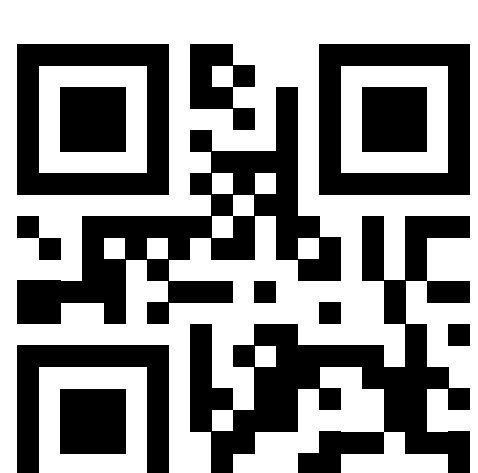
6 x 600g

41121



£2.59

Pickled Turnips
(slices)



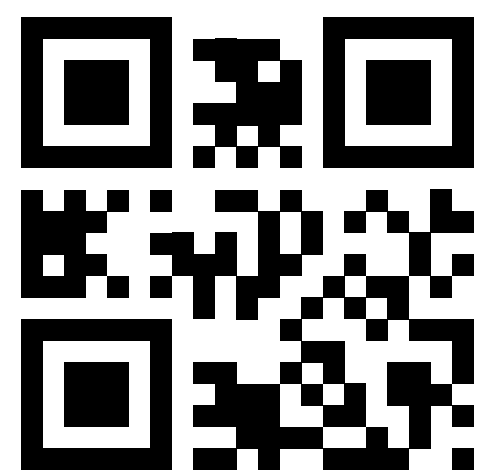
6 x 1kg

41401



£4.90

Stuffed Eggplant
(Makdous)



6 x 600g

41133



£3.95

Hot Stuffed Eggplant
without Oil (Makdous)



6 x 400g

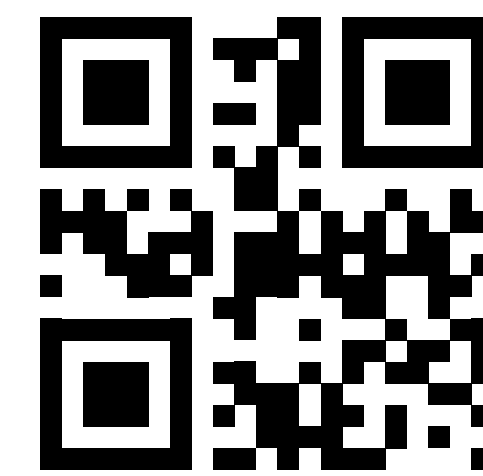
41173



£1.59

BUY 5 GET 1 FREE

Baby Pickled
Gherkins



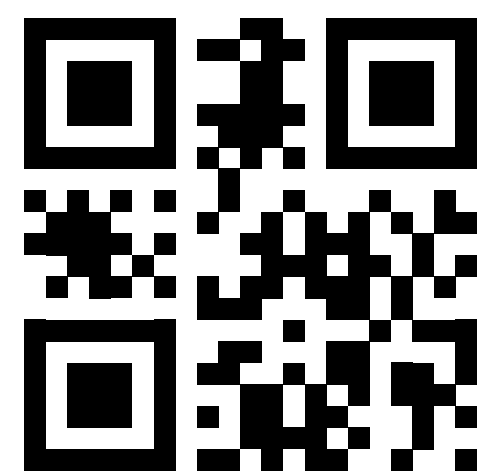
12 x 350g

43069



£8.90

Stuffed Eggplant
(Makdous)



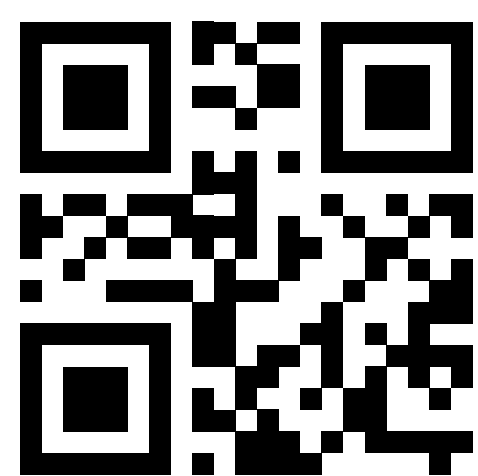
6 x 1250g

41134



£7.90

Stuffed Eggplant
(Makdous)



6 x 950g

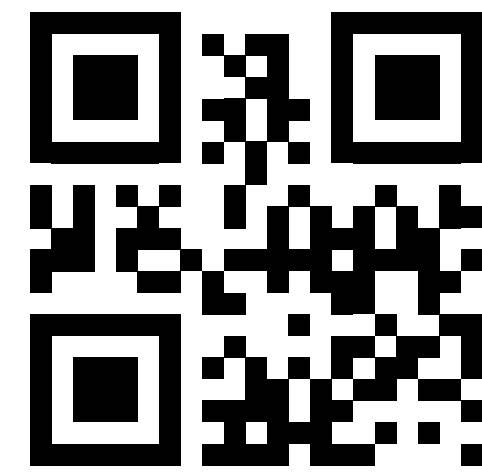
41132



£2.19

Pickled Gherkins

BUY 5 GET 1 FREE



12 x 680g

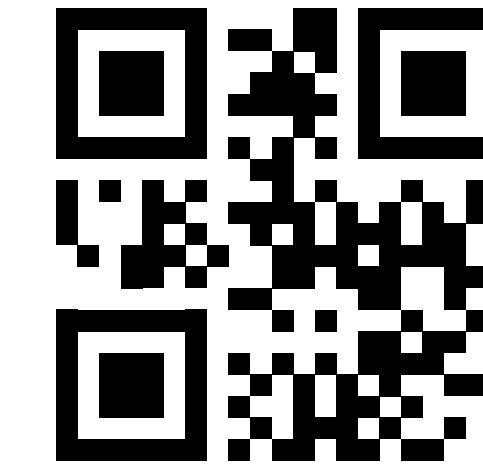
41152



£2.39

BUY 5 GET 1 FREE

Baby
Pickled Gherkins



12 x 680g

43088



£2.99

Pickled Gherkins

BUY 5 GET 1 FREE



12 x 980g

41153



£3.29

BUY 5 GET 1 FREE

Baby
Pickled Gherkins



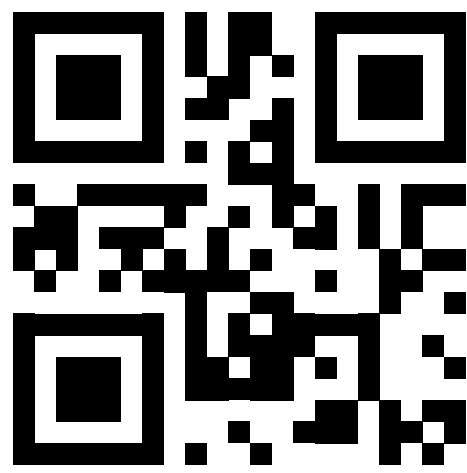
12 x 980g

43093



£3.99

Premium Vine Leaves



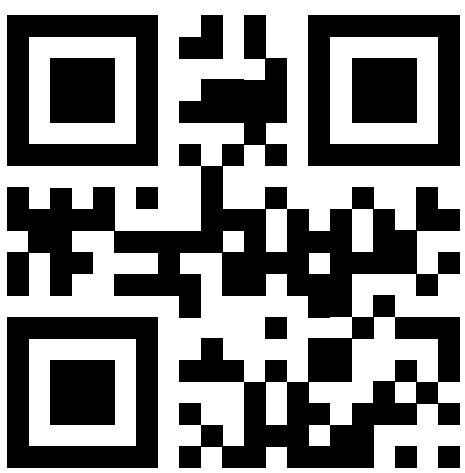
12 x 454g

41147



£3.49

Turkish Vine Leaves



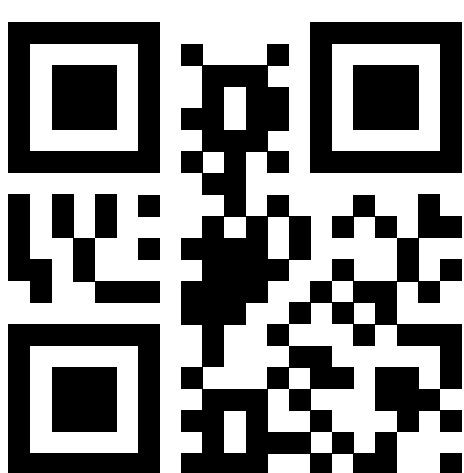
12 x 454g

41241



£2.50

Vine Leaves Vacuum Trays



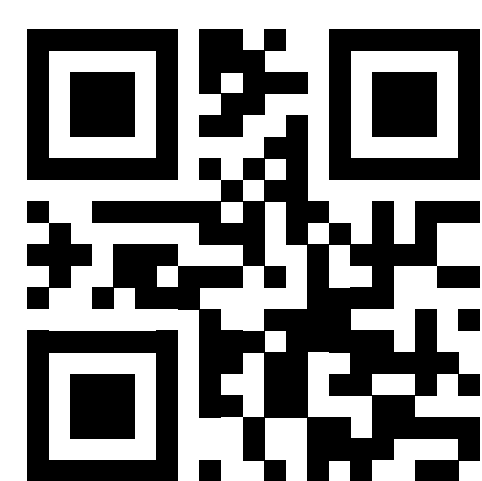
10 X 350g

41145



£3.30

Green Olives
(Baldi)



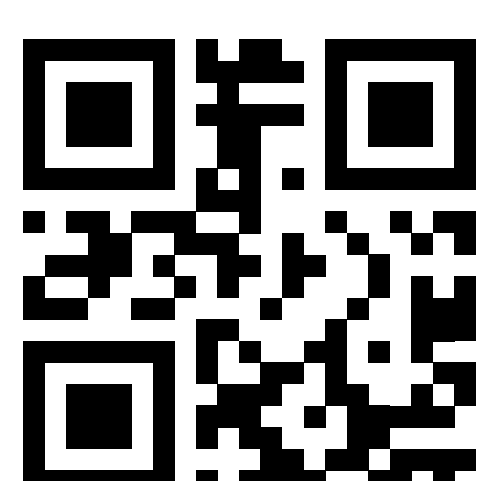
6 x 600g

45017



£2.89

Halabi
Green Olives



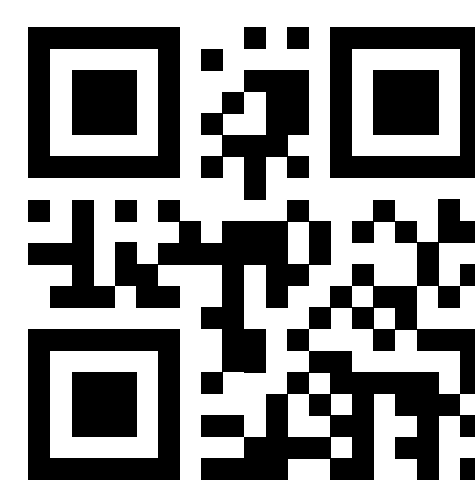
6 x 600g

41159



£3.75

Olives Salad



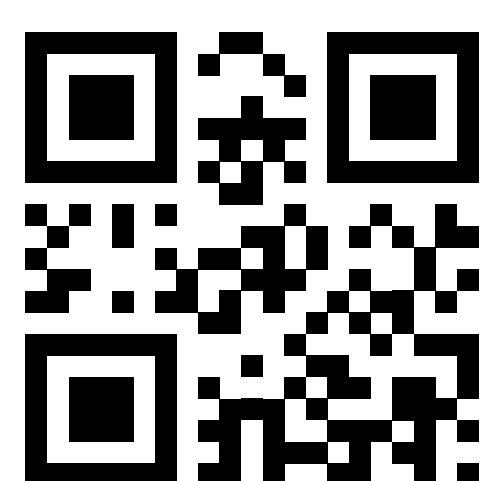
6 x 600g

45018



£5.99

Green Olives
(Baldi)



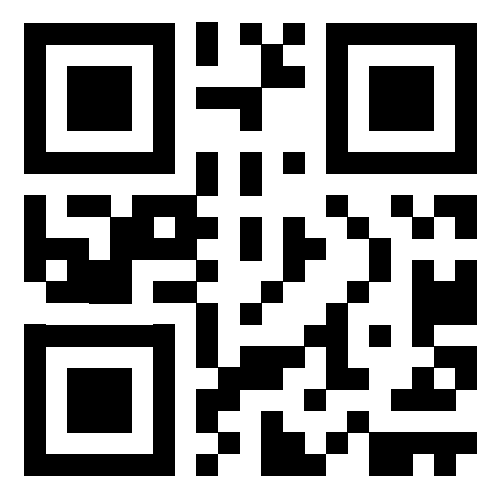
6 X 1250g

45014



£4.99

Halabi
Green Olives



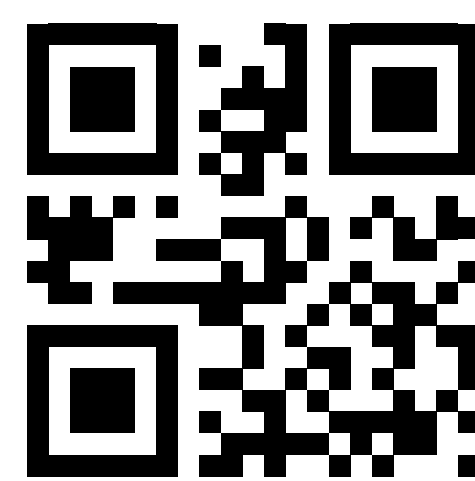
6 X 1250g

41158



£3.75

Sliced
Green Olives



6 x 600g

45019



£10.99

Salqini green olives
(baladi)

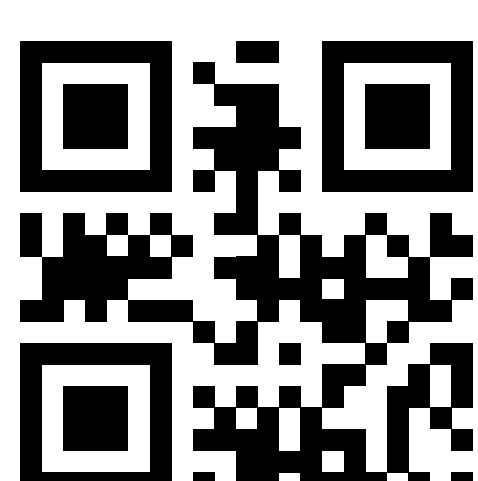


4 x 2800g

45093



Green Pitted
Olives



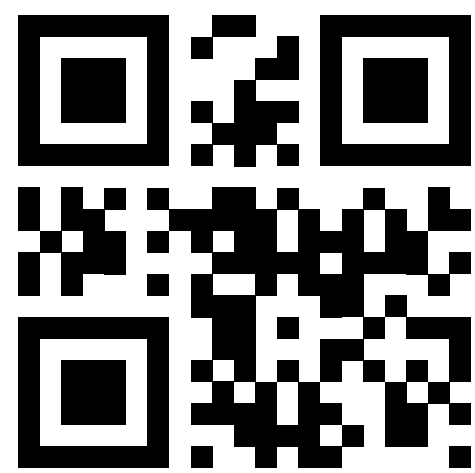
6kg

45001



£3.99

Mammoth
Olives



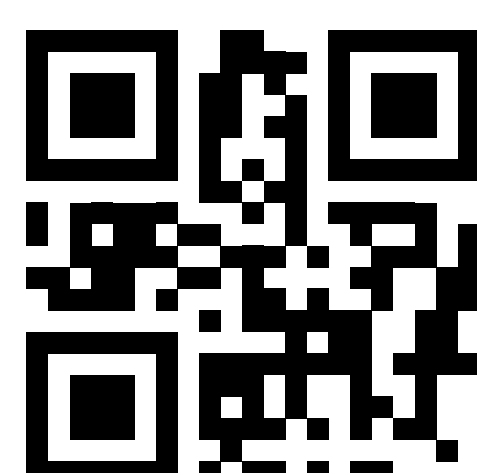
12 x 720g

45020



£3.99

Kalamata
Olives



12 x 720g

45010



Kalamata
Olives



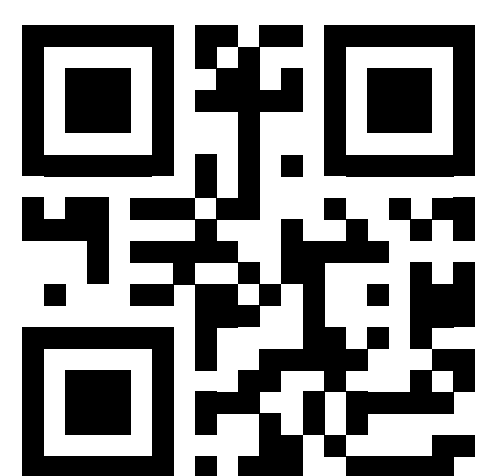
6 x 2kg

45012



£1.59

Pitted
Black Olives



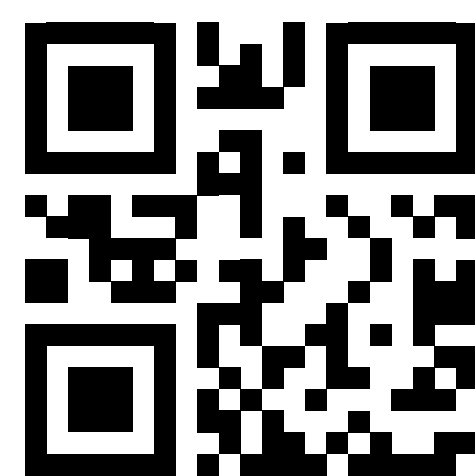
12 x 330g

43050



£1.59

Whole
Black Olives



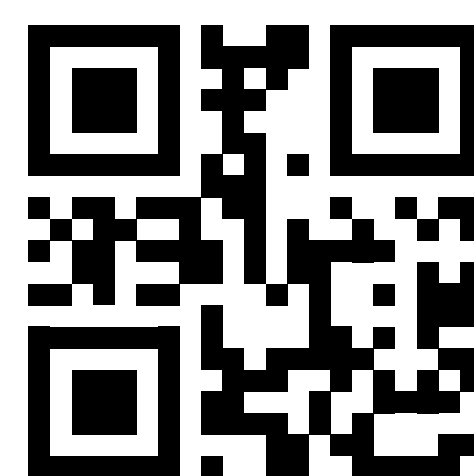
12 x 340g

43056



£1.59

Sliced
Black Olives



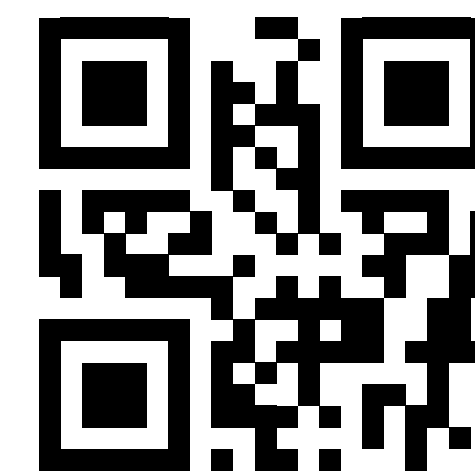
12 x 330g

43052



£1.79

Stuffed Olives
with Thyme



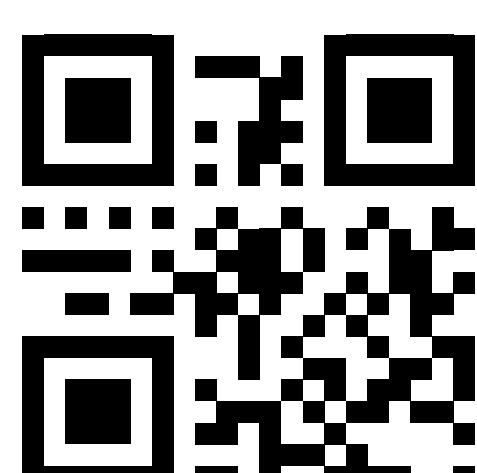
12 x 370g

45009



£1.59

Pitted
Green Olives



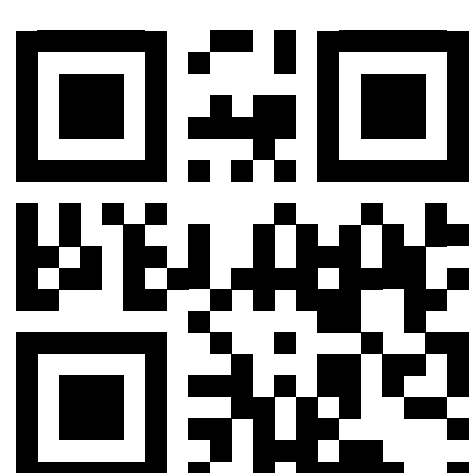
12 x 340g

43051



£1.59

Whole
Green Olives



12 x 340g

43054



£1.59

Sliced
Green Olives



12 x 340g

43055



£1.59

Stuffed
Green Olives



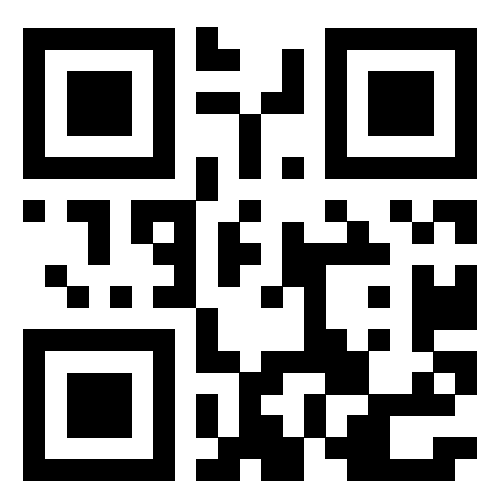
12 x 340g

43053



£3.49

Pitted
Green Olives



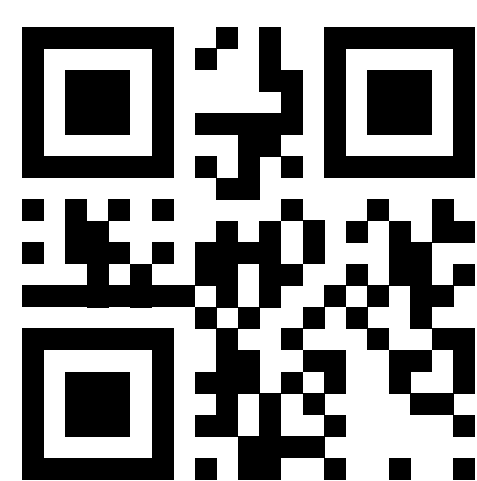
6 x 900g

43207



£3.49

Whole
Green Olives



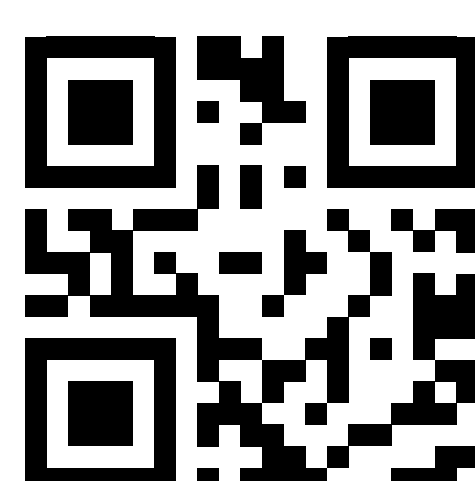
6 x 935g

43211



£3.49

Stuffed
Green Olives



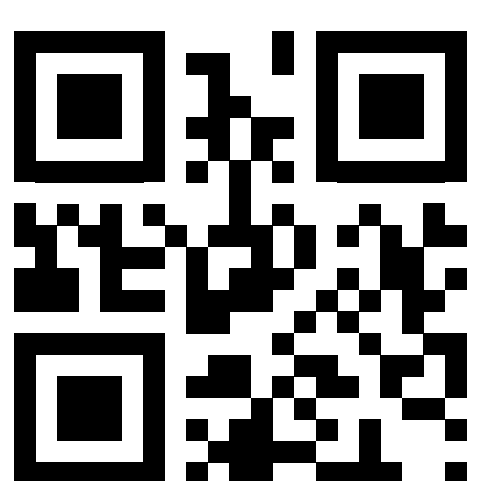
6 x 935g

43209



£3.49

Pitted
Black Olives



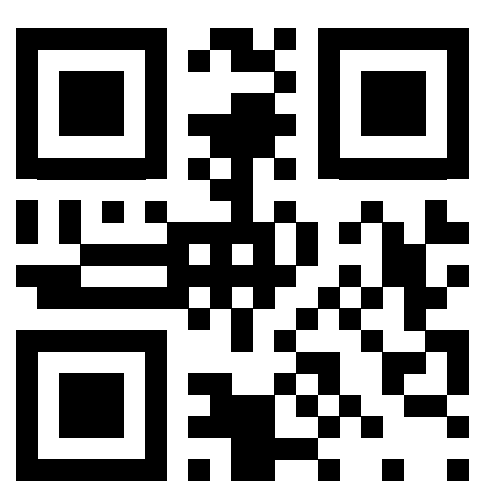
6 x 935g

43206



£3.49

Whole
Black Olives



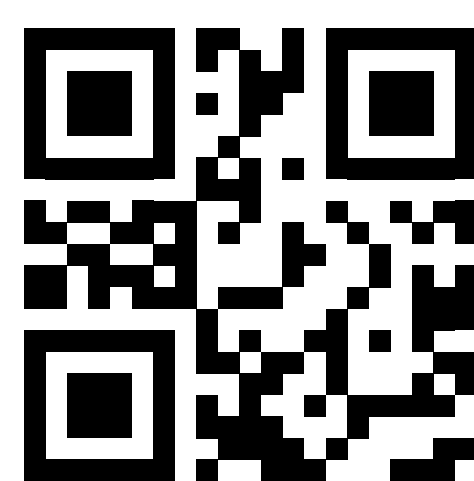
6 x 935g

43205



£3.49

Sliced
Black Olives



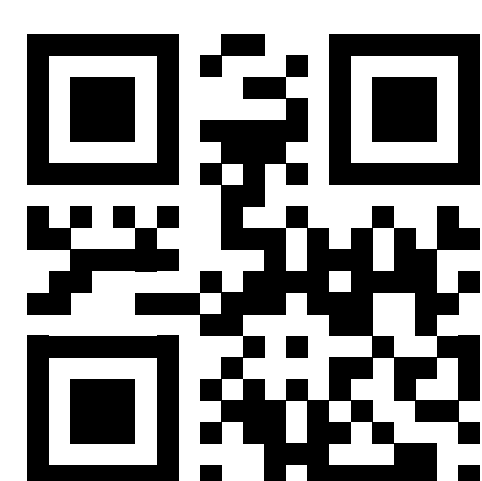
6 x 935g

43204

£1.99



Stuffed Vine Leaves
Lebanese Recipe



12 X 400g

41194

£1.89



Stuffed Vine Leaves
Mediterranean Recipe



12 X 400g

41191

£1.99



Stuffed Vine Leaves
Syrian Recipe



12 X 400g

41252

£1.99



Stuffed Vine Leaves
with Jalapeno

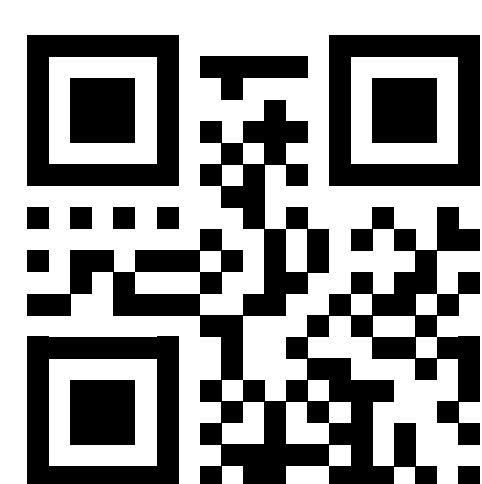


12 X 400g

41184



Stuffed Vine Leaves
Lebanese Recipe

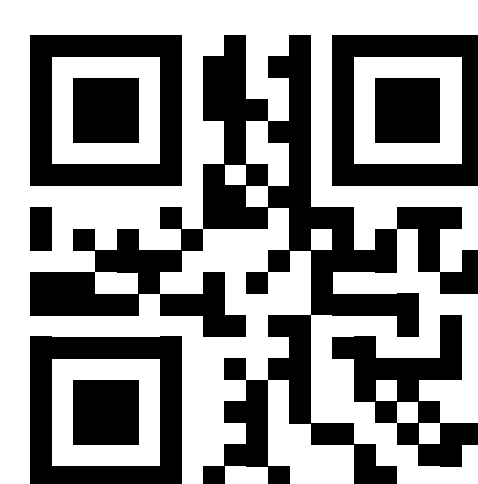


6 X 2kg

41185



Stuffed Vine Leaves
Mediterranean Recipe

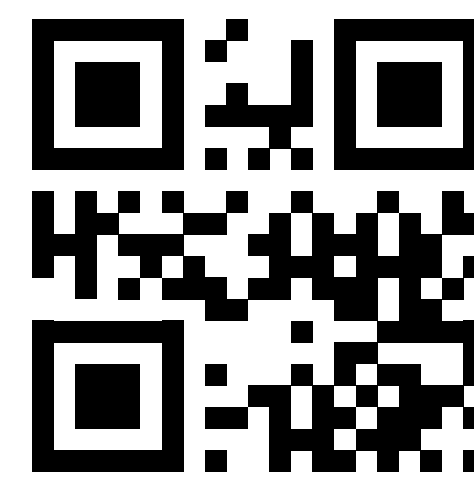


6 X 1900g

41186



Stuffed Vine Leaves
Syrian Recipe



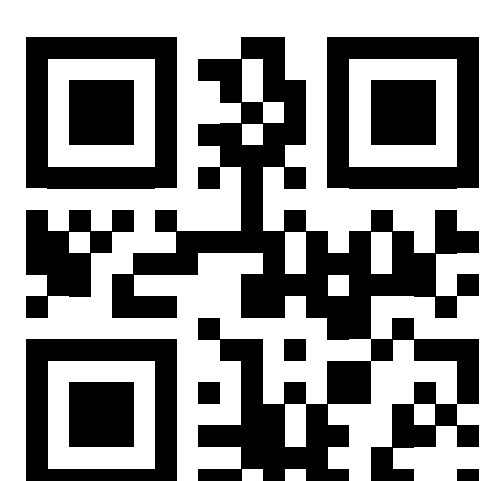
6 X 1900g

41253

£2.09



Eggplant Moussaka



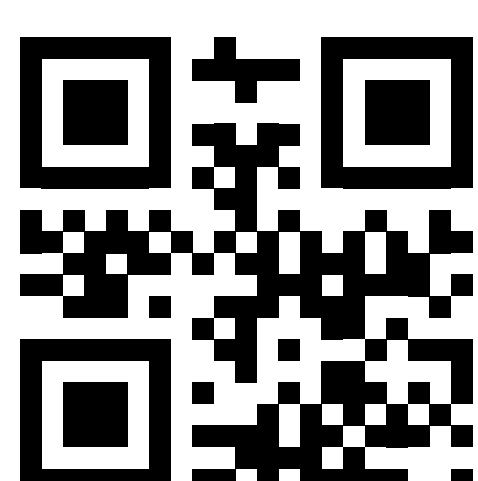
12 X 450g

41301

£2.09



Green Beans in Oil



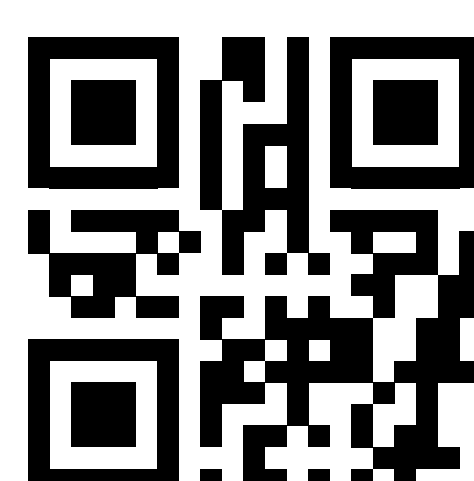
12 X 450g

41302

£2.50



Okra with Oil

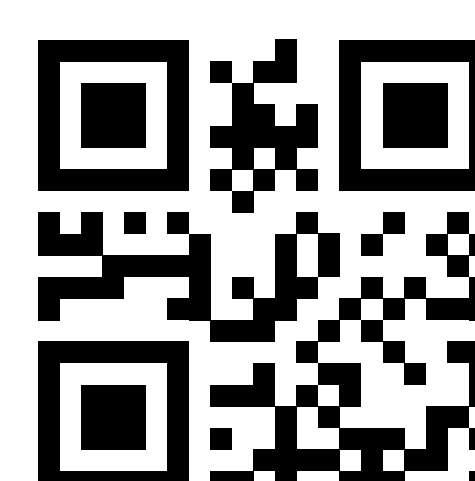


12 X 450g

41303



Argeta Chicken

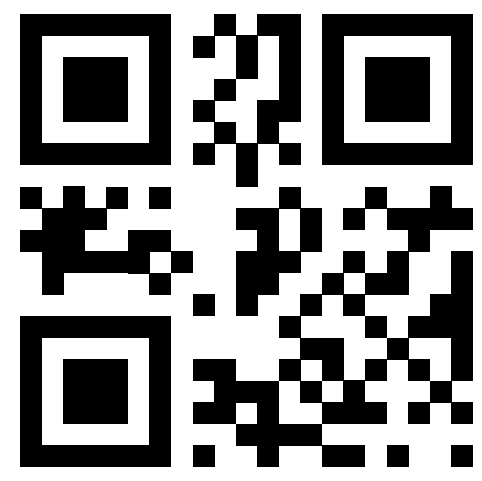


14 x 95g

51080



Chicken
Cocktail

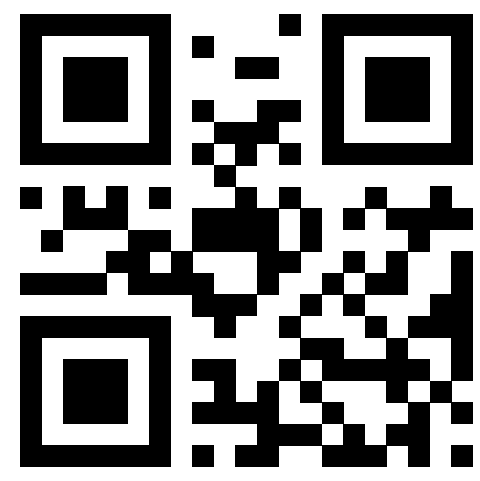


12 x 425g

42015



Beef
Frankfort

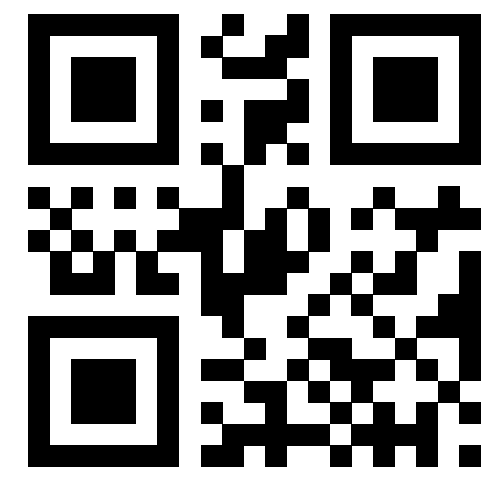


12 x 425g

42014



Chicken
Frankfort

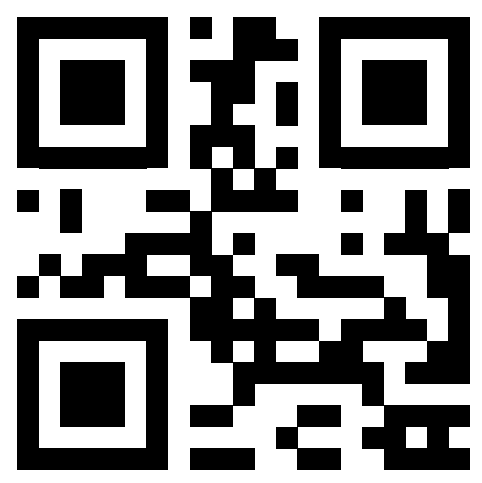


12 x 425g

42021



Beef
Luncheon

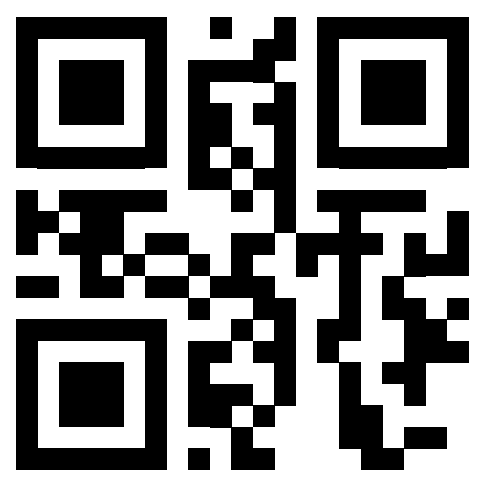


24 x 200g

42011



Chicken
Luncheon

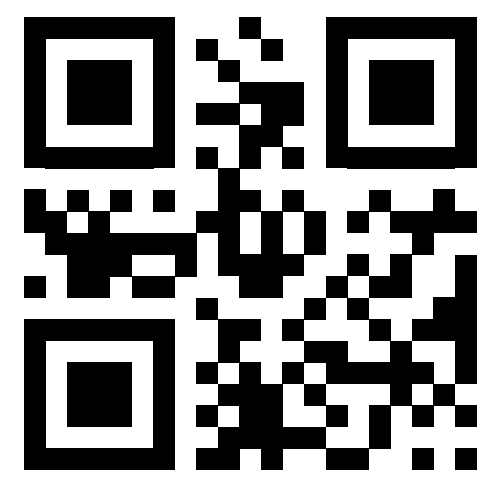


24 x 200g

42016



Beef
Luncheon

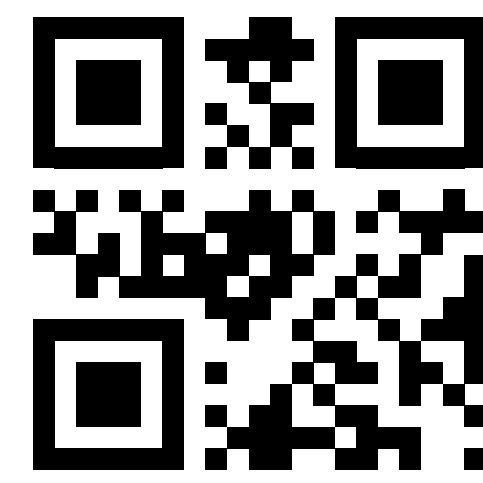


12 x 340g

42012



Chicken
Luncheon

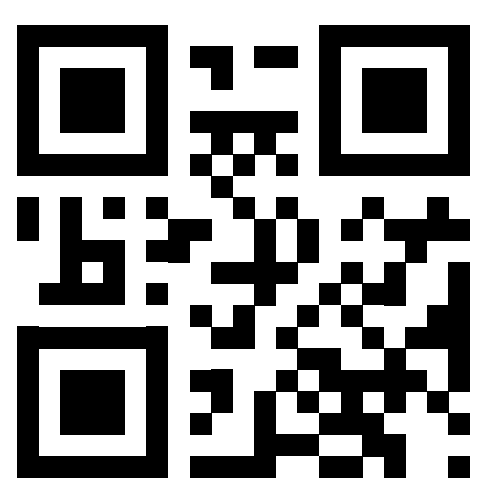


12 x 340g

42017



Spicy Chicken
Luncheon

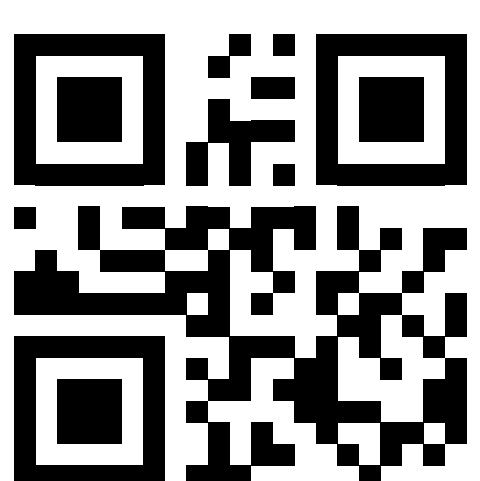


12 x 340g

42019



Chicken
Luncheon

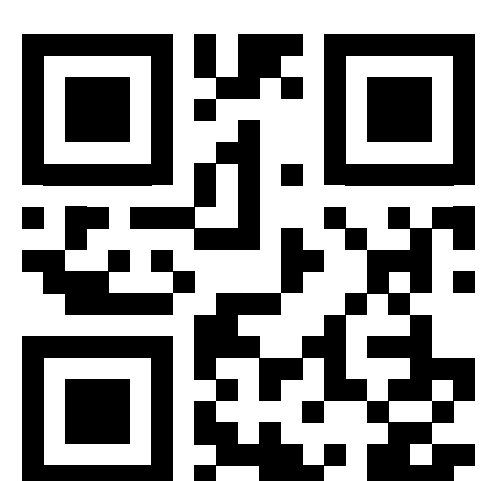


12 x 850g

42018



Spicy Chicken
Luncheon



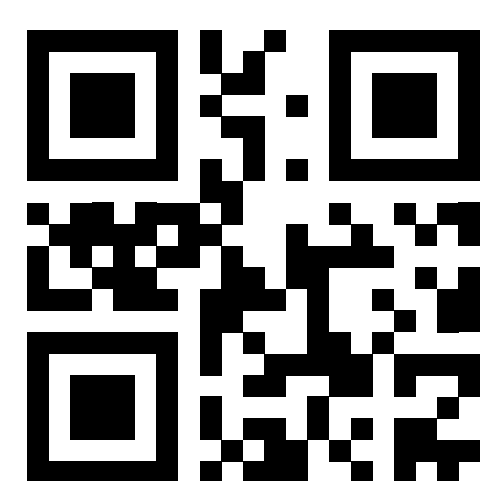
12 x 850g

42020



69P
2 for
£1.20

Peeled



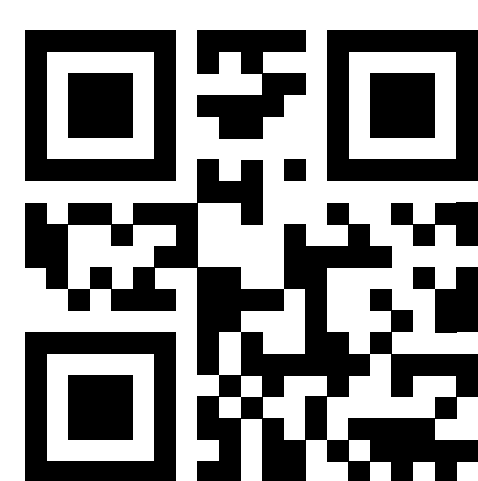
12 x 400g

41160



69P

Peeled
with Chilli



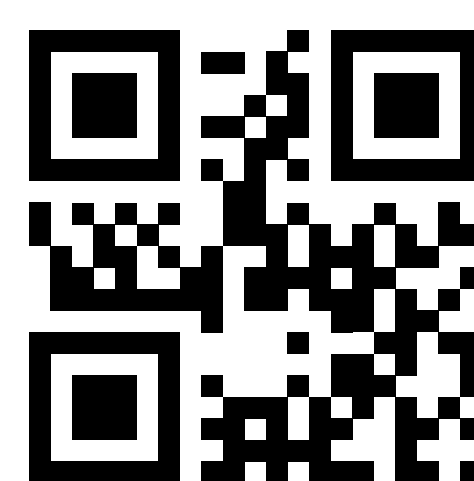
12 x 400g

41170



69P

Lebanese
Recipe



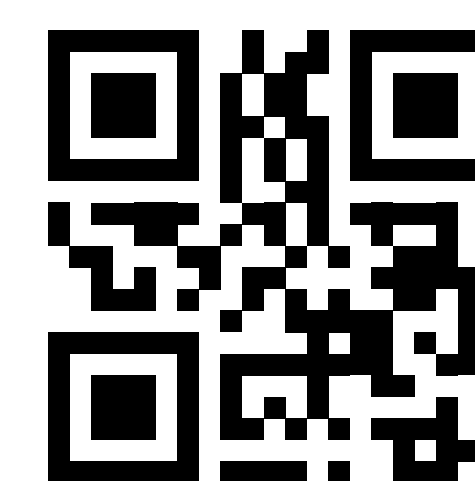
12 x 400g

41162



69P

Tahini
Recipe



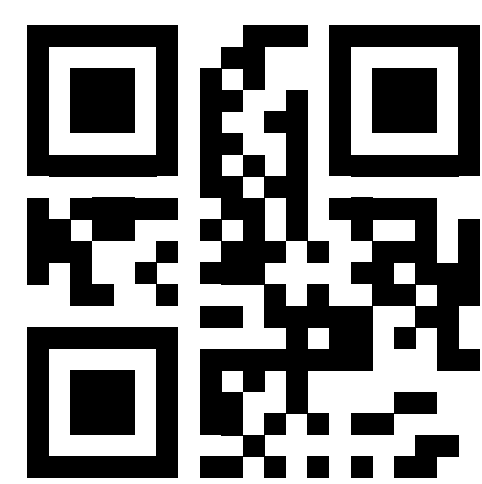
12 x 400g

40019



69P
2 for
£1.20

Shamiah
Recipe



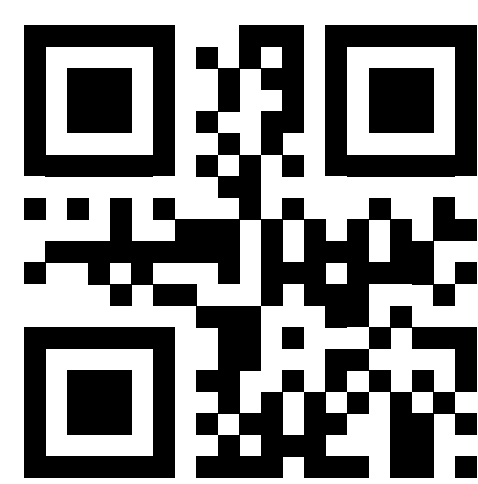
12 x 400g

40011



69P
2 for
£1.20

Libyan
Recipe



12 x 400g

40008



Non
price

Foul Egyptian



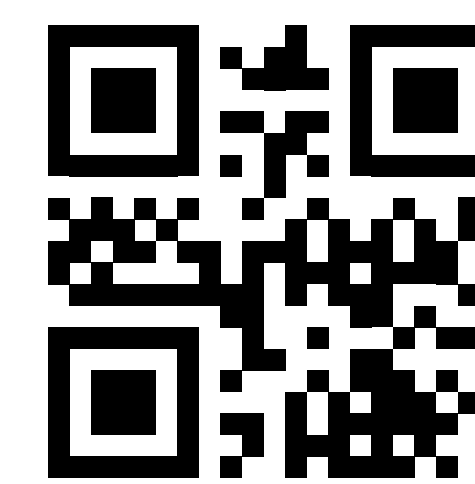
12 x 400g

41161



85P

Egyptian
Recipe



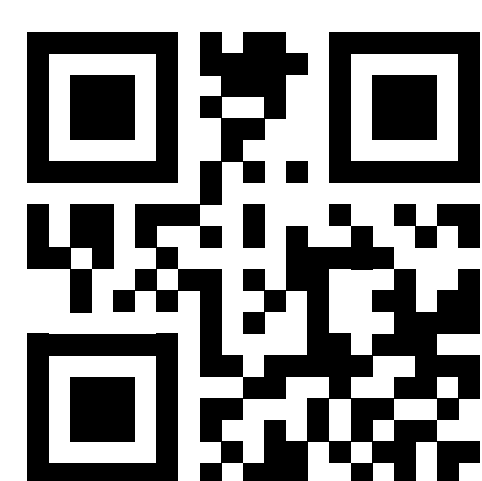
12 x 400g

40001



69P

Saudi
Recipe



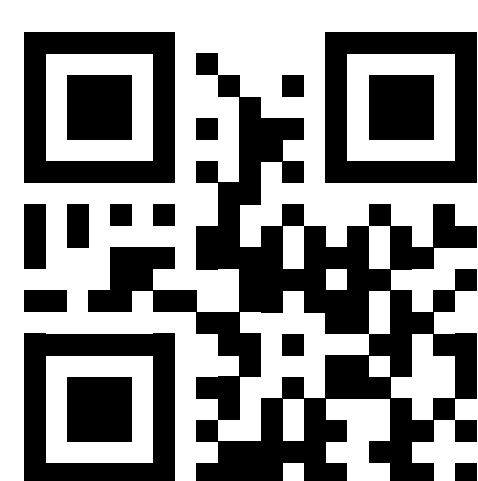
12 x 400g

41163



69P

Chilli
Recipe



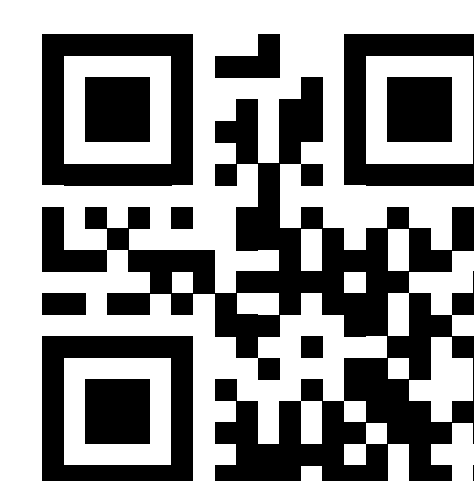
12 x 400g

40013



69P

Cumin
Recipe



12 x 400g

40012



59P

Premium
Fava Beans



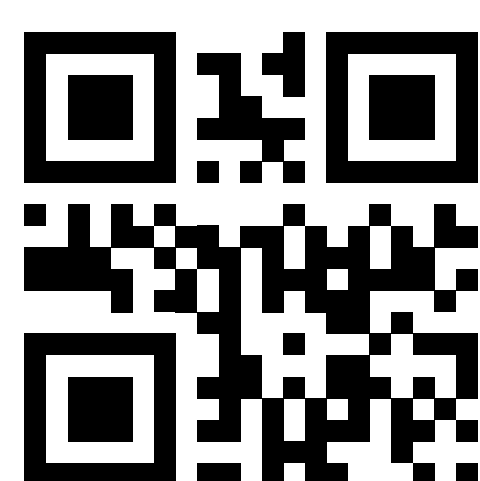
12 x 400g

40071



69P

Bajela



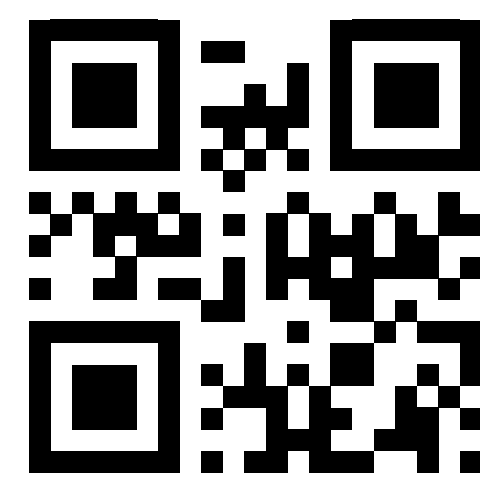
12 x 400g

40000



£1.39

Bajela
Jumbo



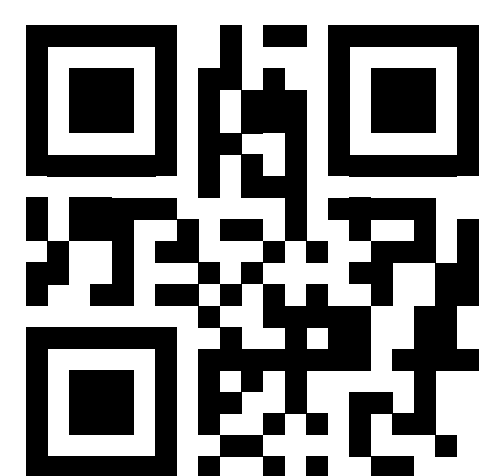
12 x 800g

40016



£1

Houmous
Tahini



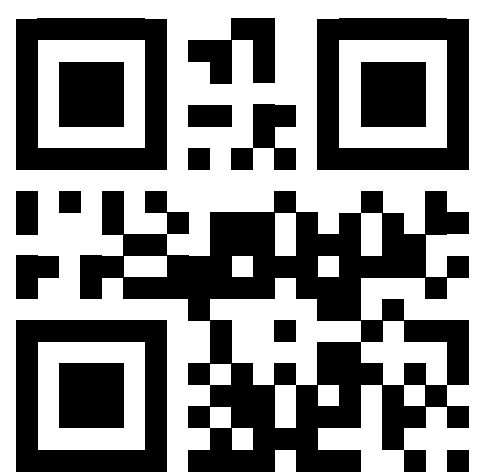
12 x 400g

40002



£1.75

Motabel



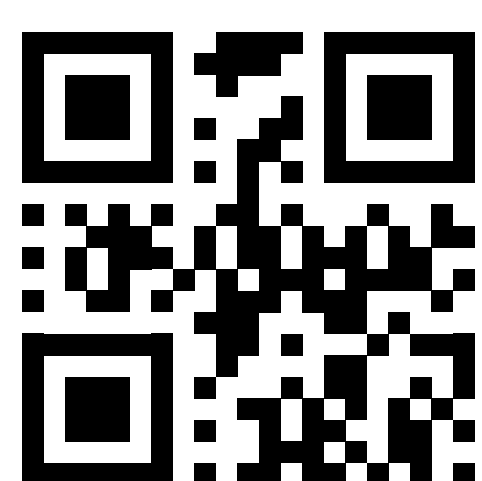
12 x 400g

40018



£1.99

Tuna
in Water



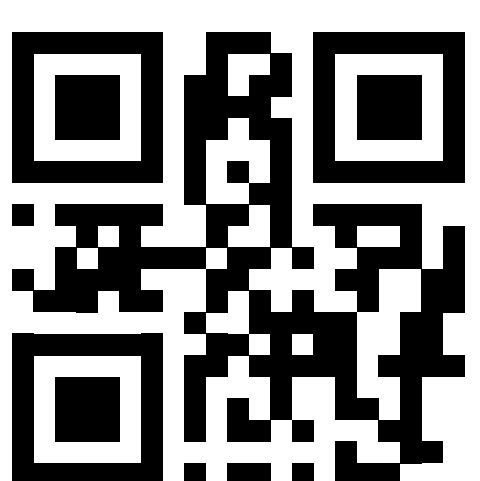
24 x 160g

47093



£2.19

Tuna
in Olive Oil



24 x 160g

47091



£1.99

Tuna
in Sunflower Oil



24 x 160g

47092



£1.99

Tuna
with Chilli

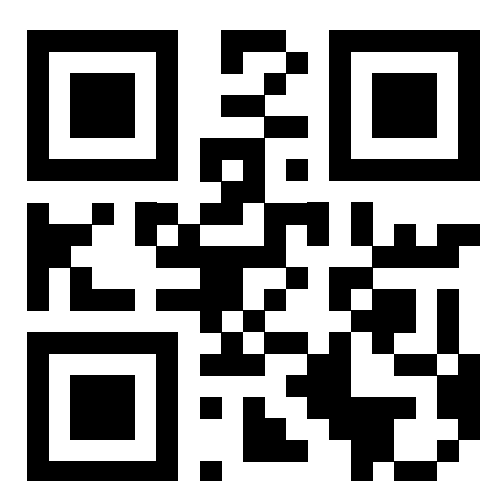


24 x 160g

47090



£1.90

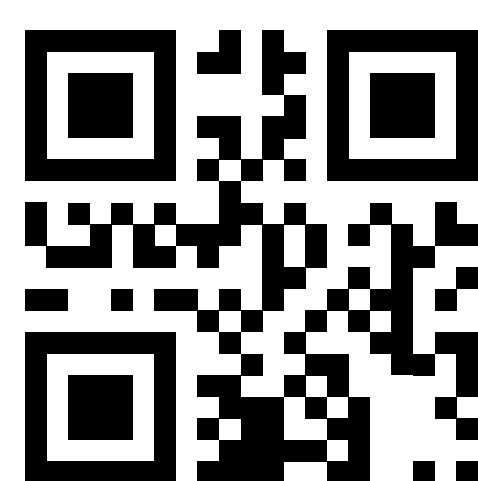
Mango Sauce
(Amba)

8 x 450g

41109



£1.90

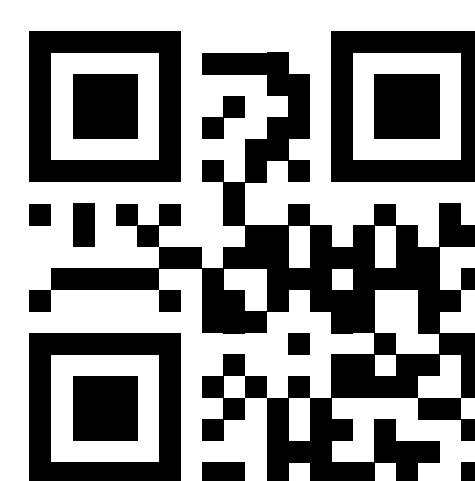
Mango Sauce
(Hot Amba)

8 x 450g

41108



£1.50

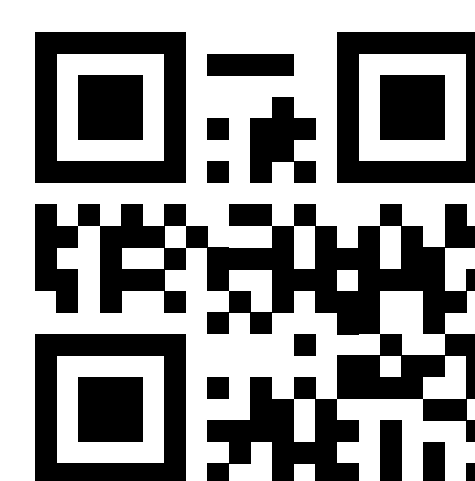
Hot Chilli
Sauce

8 x 500g

41102



£1.50

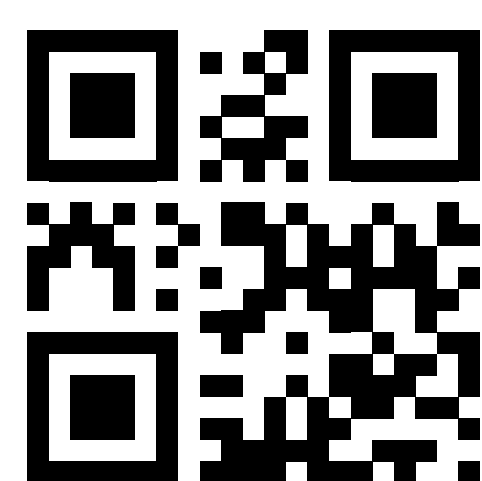
Sweet Chilli
Sauce

8 x 550g

41195



£1.50

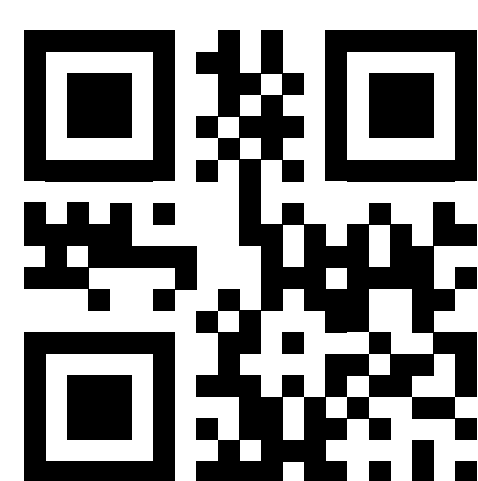
Hot Jalapeno
Sauce

8 x 530g

41112



£1.50

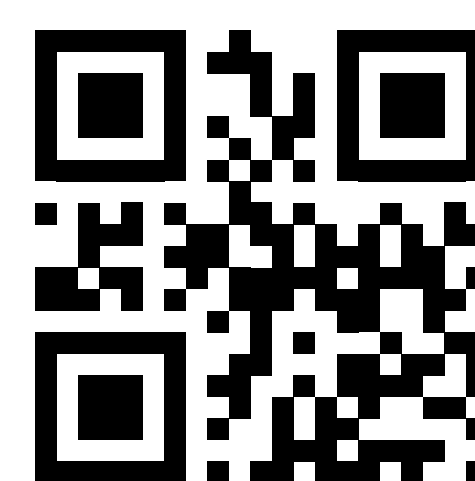
Mint
Sauce

8 x 510g

41104



£1.50

Barbecue
Sauce

8 x 530g

41101



£1.50

Tamarind
Sauce

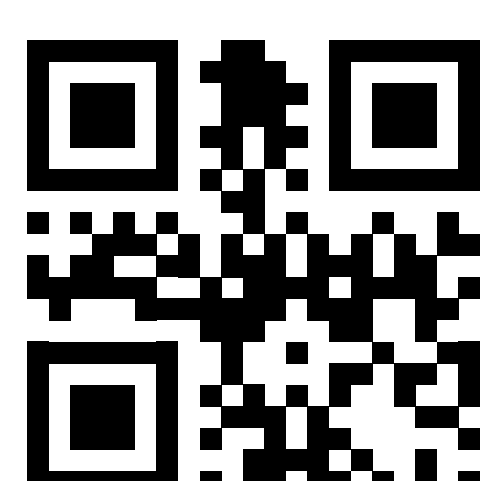
8 x 500g

41107



£1.50

Ketchup

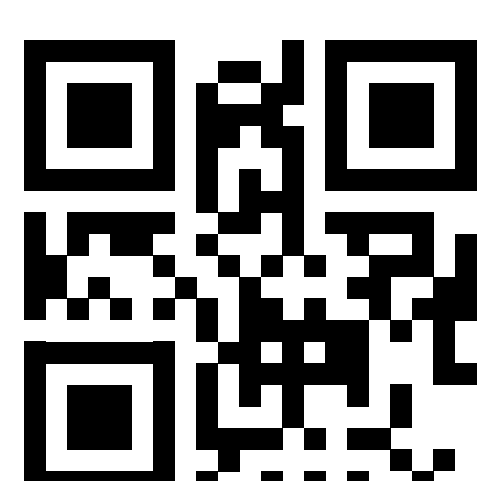


8 x 530g

41103



£1.50

Peri Peri
Hot Sauce

8 x 540g

41105



£1.50

Hot
Ketchup

8 x 530g

41113



£1.50

Sriracha
Chilli Sauce

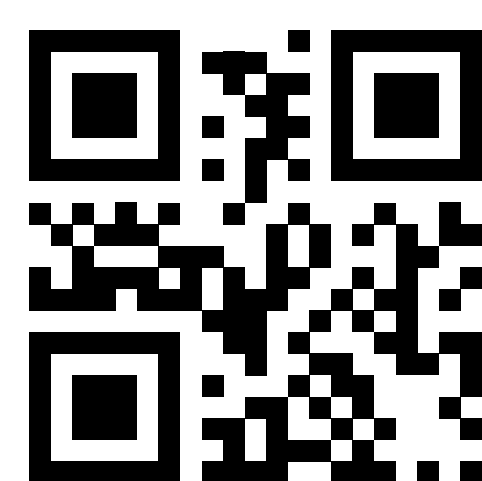
8 x 530g

41106



£1.99

Garlic
Mayonnaise



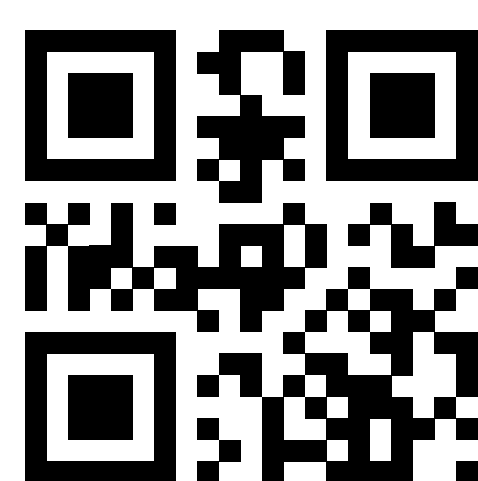
8 x 510g

41110



£1.99

Tahina Sauce



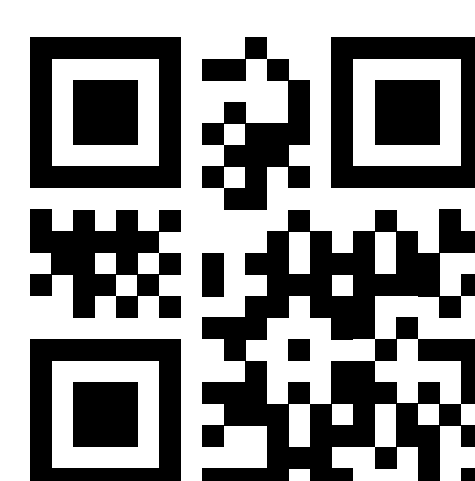
8 x 530g

41111



£2.49

Pita Sauce



12 x 500ml

41265



£2.49

Samourai Sauce



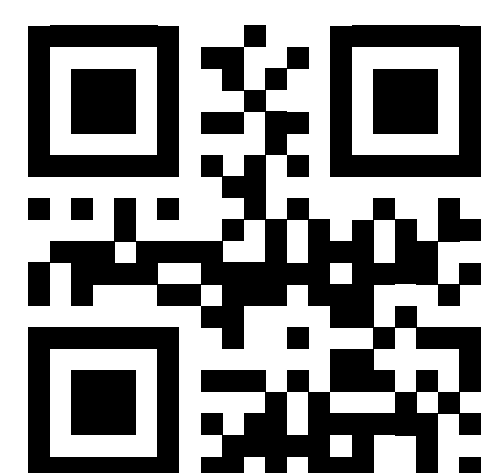
12 x 500ml

41266



£2.49

Algerienne Sauce



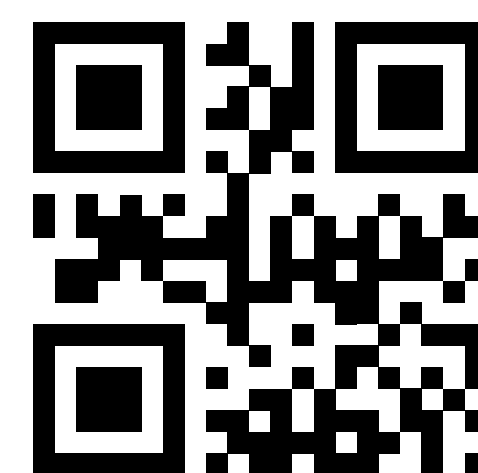
12 x 500ml

41261



£2.49

Andalouse Sauce



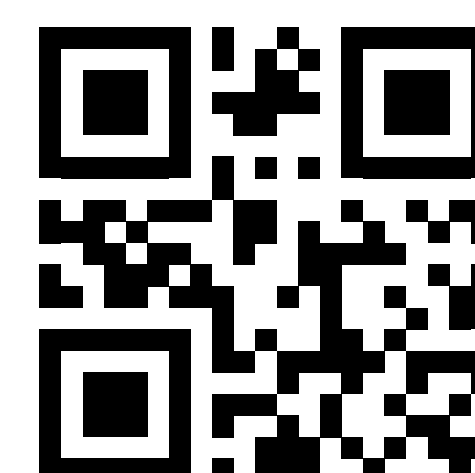
12 x 500ml

41262



£2.49

Burger Sauce



12 x 500ml

41263



£2.49

Curry Sauce

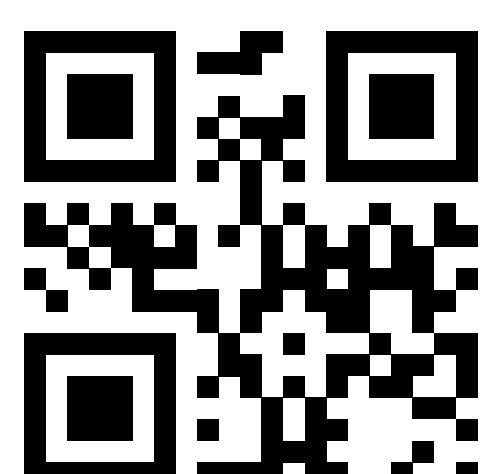


12 x 500ml

41264

RRP
£2.10

Tarator Tahina
Squeeze



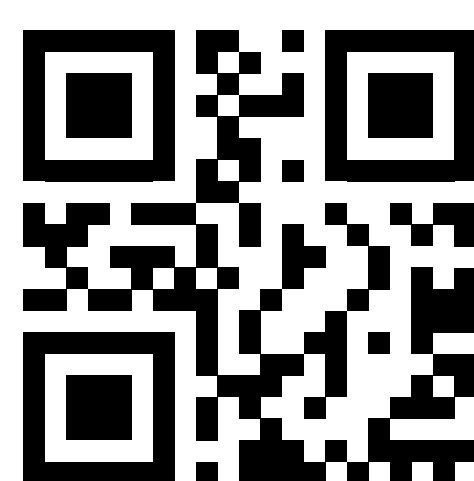
12 x 285g

40082



£1.49

Napoletana
Pasta Sauce



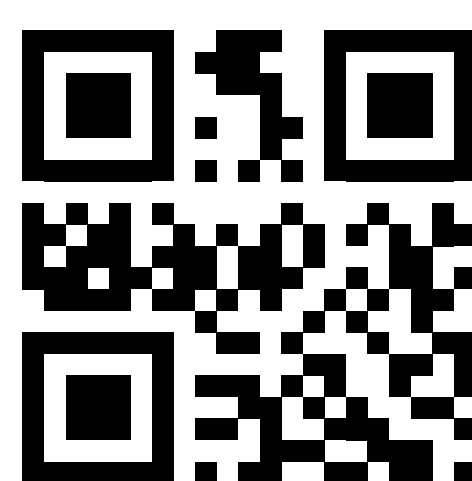
8 x 465g

41199



£1.49

Basilico
Pasta Sauce



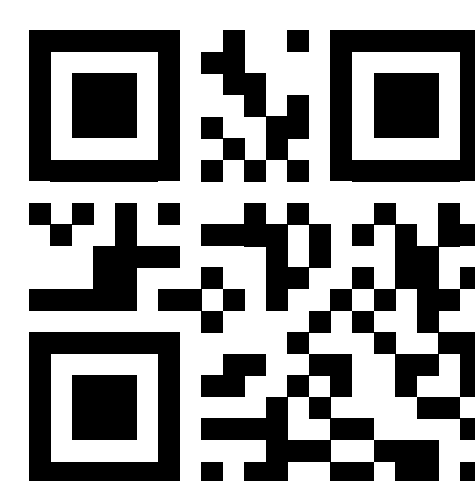
8 x 465g

41196



£1.49

Original
Pasta Sauce



8 x 465g

41198



£1.49

Roasted Garlic
Pasta Sauce



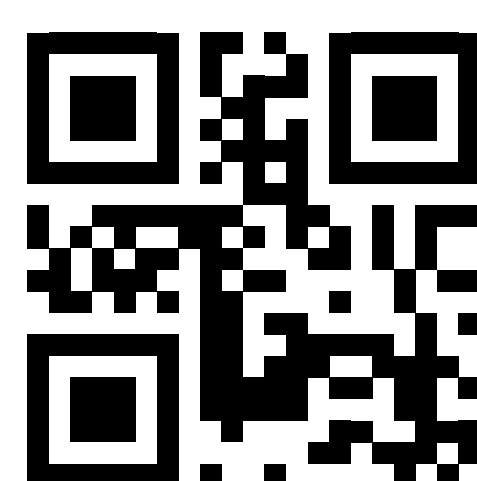
8 x 465g

41200



£2

Hot Pepper Paste



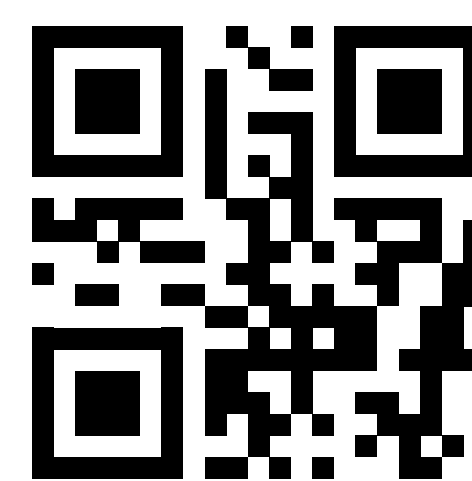
6 x 640g

53014



£1.69

Hot Pepper Paste



12 x 370g

53015



£1.79

Pizza Sauce



12 x 370g

41201



£1.49

Arrabbiata
Pasta Sauce



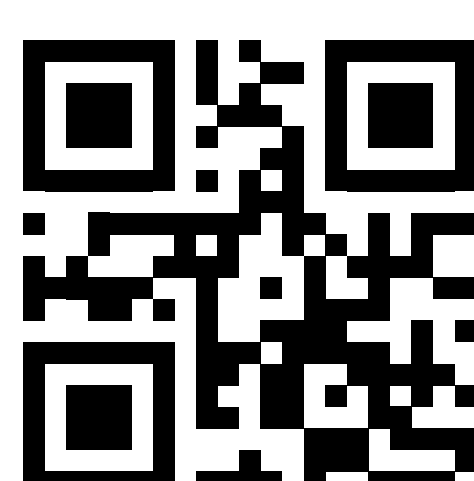
8 x 465g

41197



£2.20

Tomato Paste



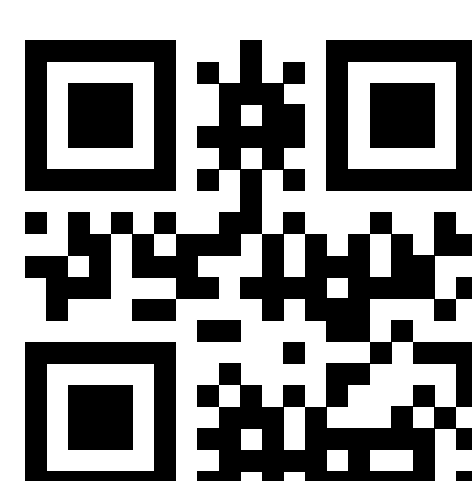
12 x 660g

53011



£1.39

Tomato Paste



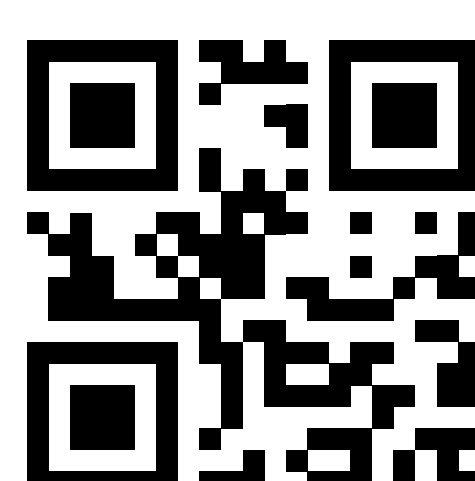
12 x 370g

53016



£1.40

Tomato Paste

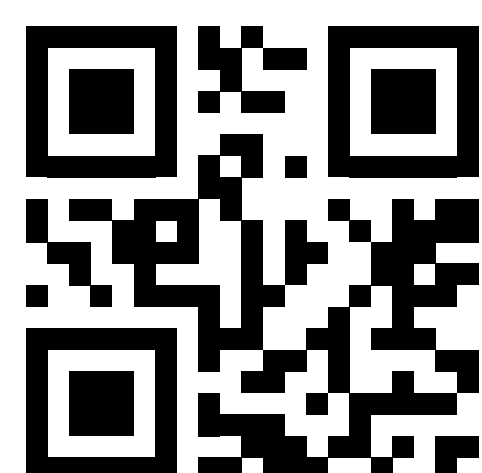


12 x 300g

53012



Harissa
Chilli Paste

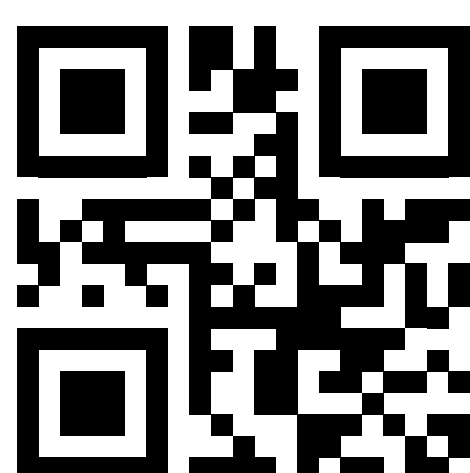


12 x 70g

53003



Harissa
Chilli Paste



24 x 380g

53001



Harissa
Chilli Paste



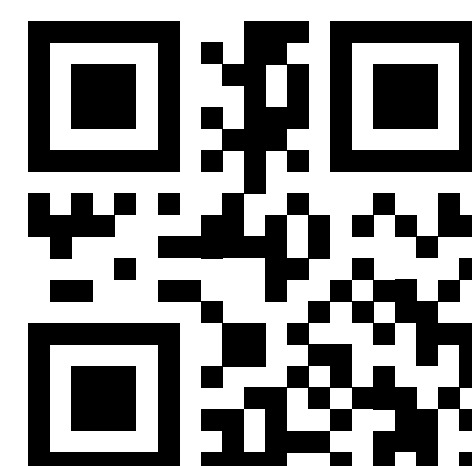
48 x 135g

53002



£1.49

Ginger
Paste



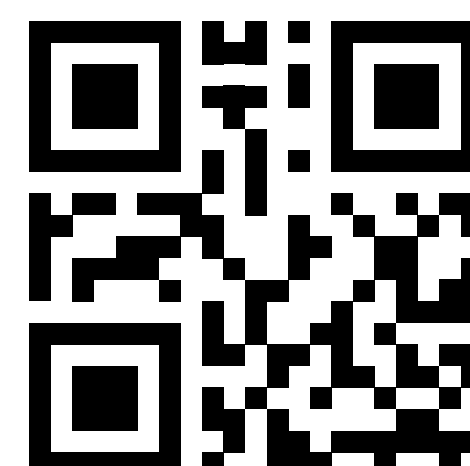
12 x 330g

53008



£1.49

Ginger & Garlic
Paste



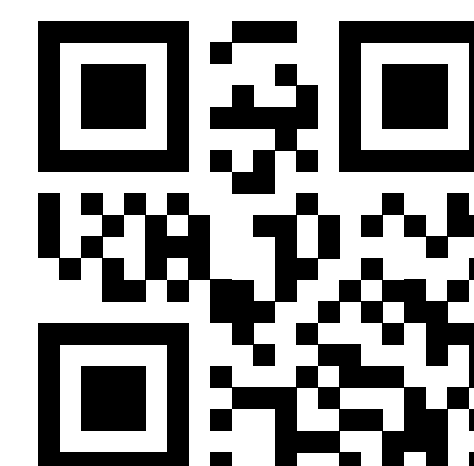
12 x 330g

53007



£1.49

Garlic
Paste



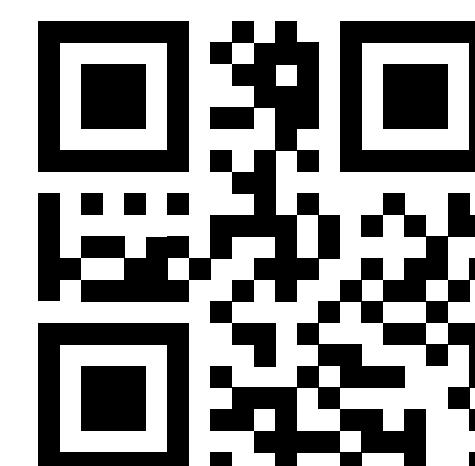
12 x 330g

53006



£1.49

Red Chilli
Paste



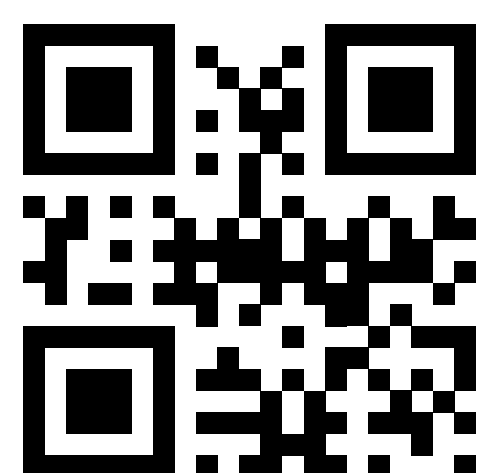
12 x 330g

53009



49p

Hot Sauce



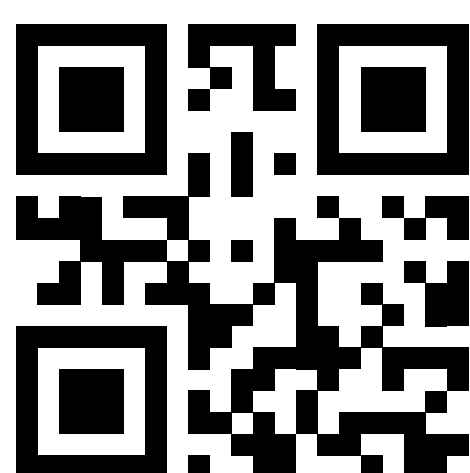
36 x 88ml

41231



99p

Hot Sauce



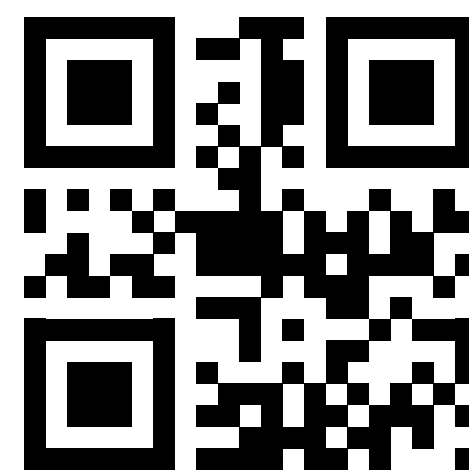
24 x 176ml

41232



£1.49

Hot Sauce



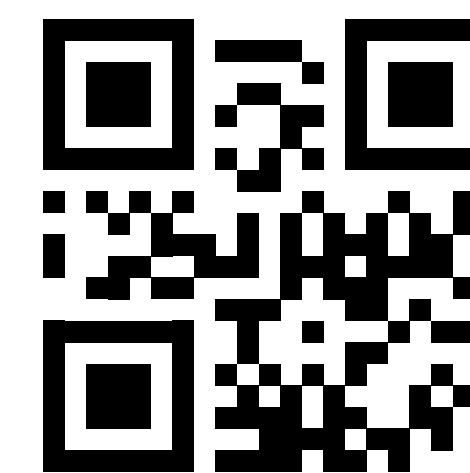
12 x 473ml

42233



99p

Jalapeno Sauce

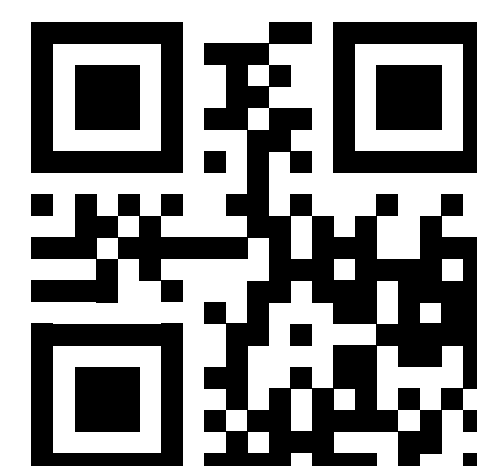


24 x 176ml

42234



Crystal Hot Sauce

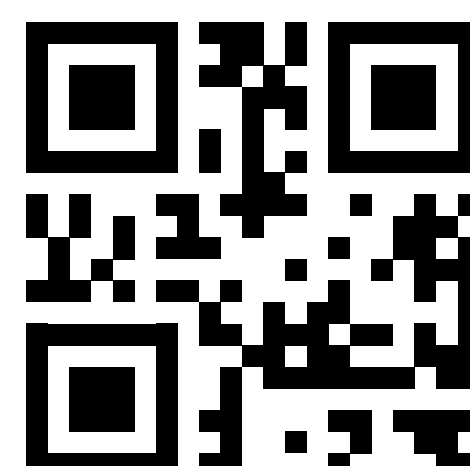


36 x 88ml

45053



Crystal Hot Sauce

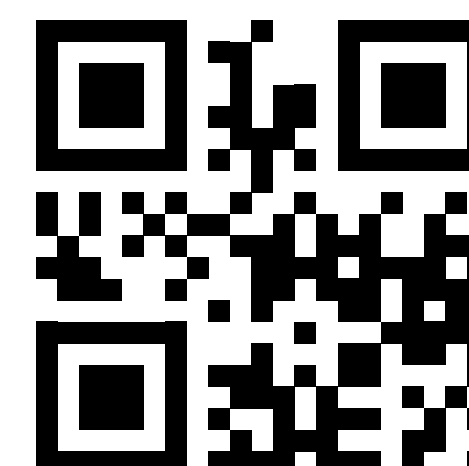


24 x 176ml

45050



Crystal Hot Sauce



12 x 474ml

45052



£1.39

Pickled Sliced
Mango

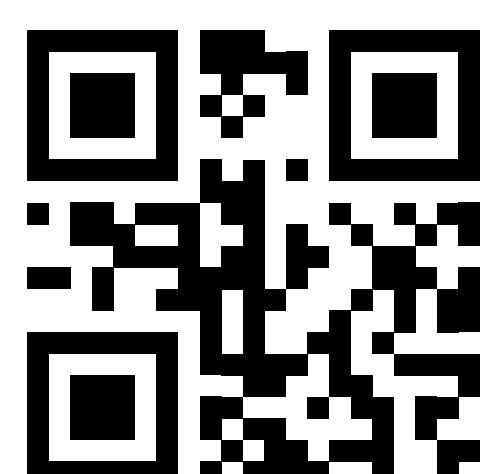
12 x 400g

43131



£1.50

Rose Water



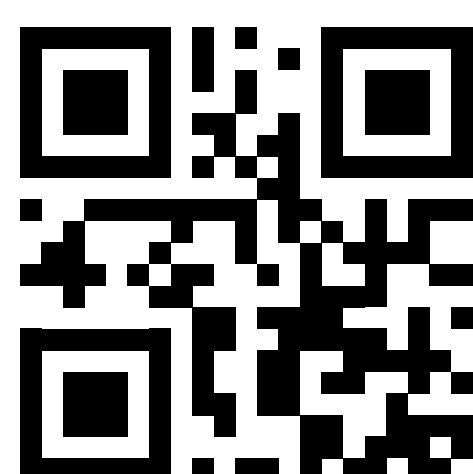
12 x 250ml

46038



£1.50

Orange Blossom



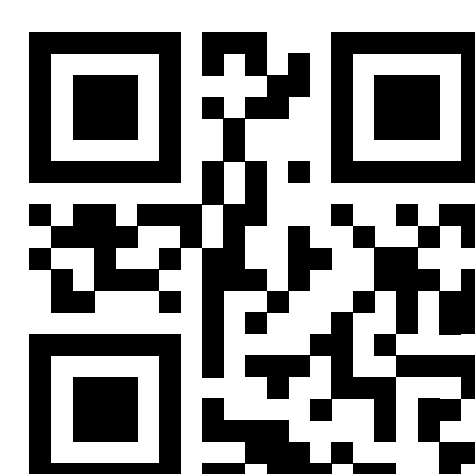
12 x 250ml

46033



£1.50

Apple Vinegar



12 x 250ml

46030



£2

Pomegranate Molasses



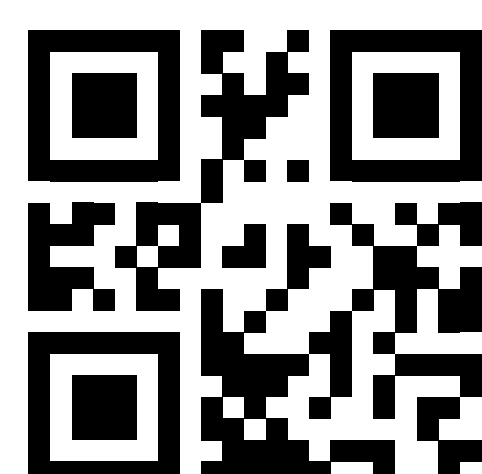
12 x 250ml

46035



£2

Rose Water



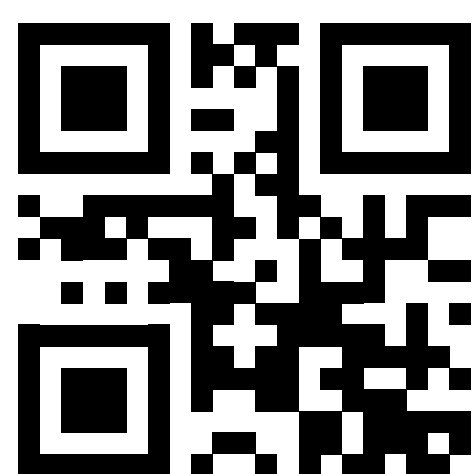
12 x 500ml

46039



£2

Orange Blossom



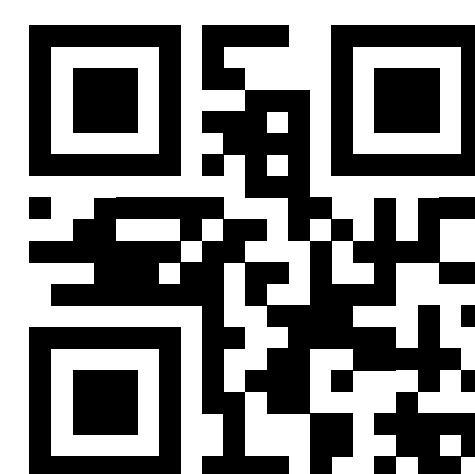
12 x 500ml

46034



£2

Apple Vinegar



12 x 500ml

46031



£3.50

Pomegranate Molasses



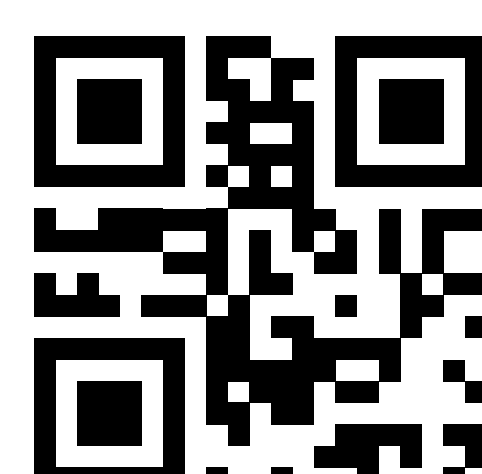
12 x 500ml

46036



£1.20

White Vinegar



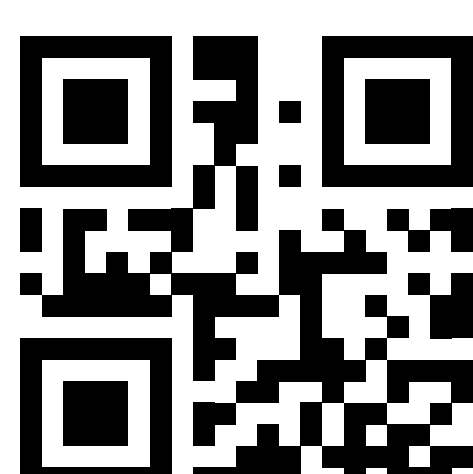
12 x 1L

46040



£1.20

Red Vinegar



15 x 1L

46037



£1.20

Lemon Dressing

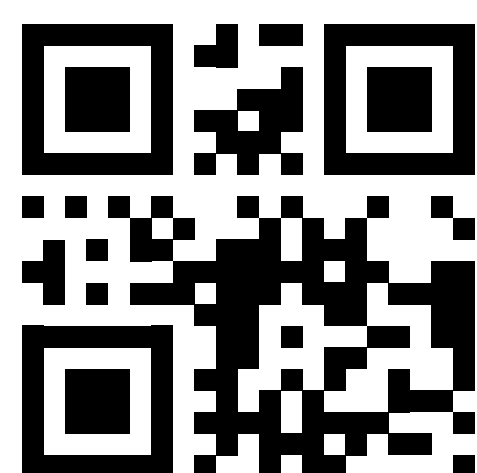


12 x 1L

46032



Tunisian Extra
Virgin Olive Oil

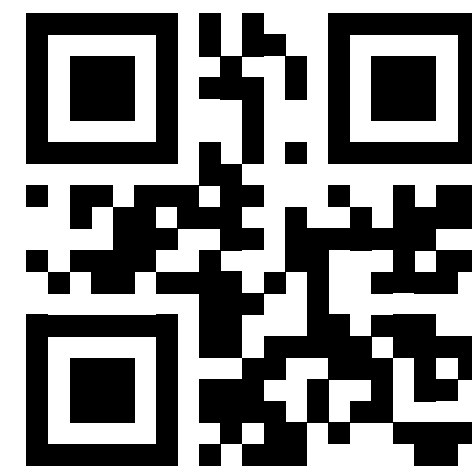


12 x 1L

43031



Tunisian Extra
Virgin Olive Oil

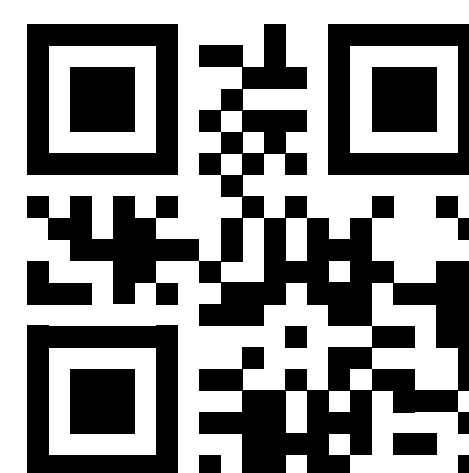


12 x 750ml

43032



Tunisian Extra
Virgin Olive Oil

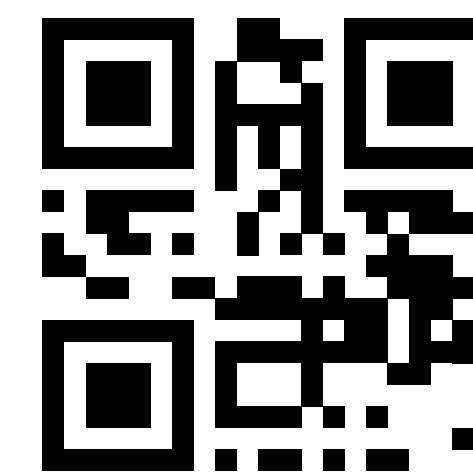


12 x 500ML

43033



Tunisian Extra
Virgin Olive Oil

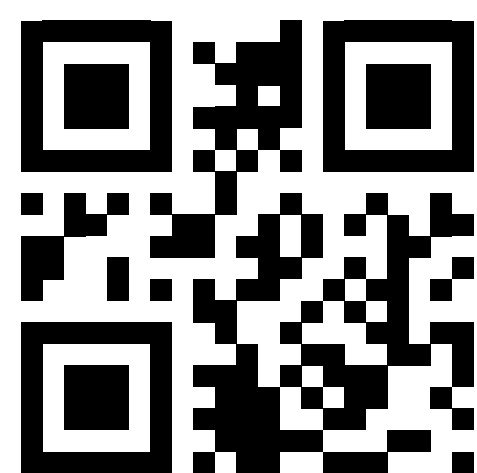


12 x 250ML

43034



Extra Virgin
Olive Oil (Glass)

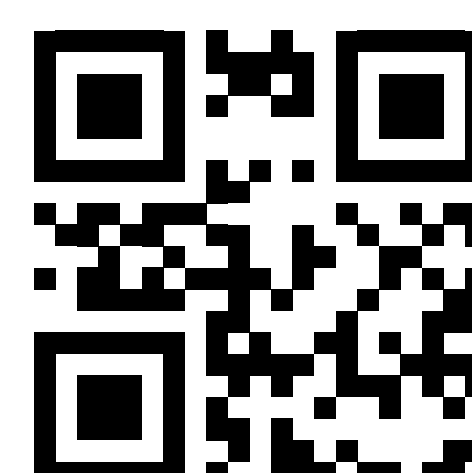


12 x 1L

43007



Extra Virgin
Olive Oil

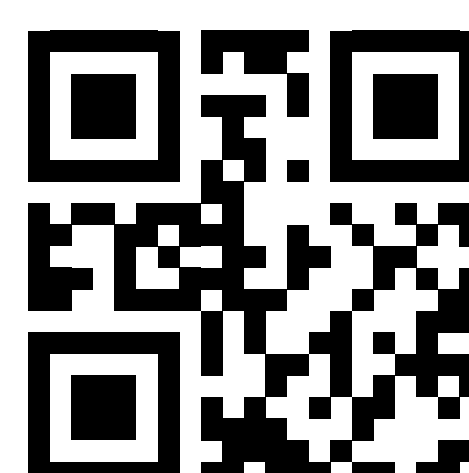


12 x 750ml

43012



Extra Virgin
Olive Oil



15 x 500ml

43010



Extra Virgin
Olive Oil

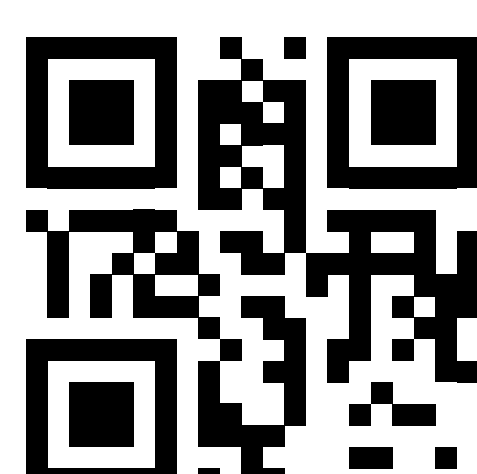


24 x 250ml

43008



Extra Virgin
Olive Oil (Plastic)



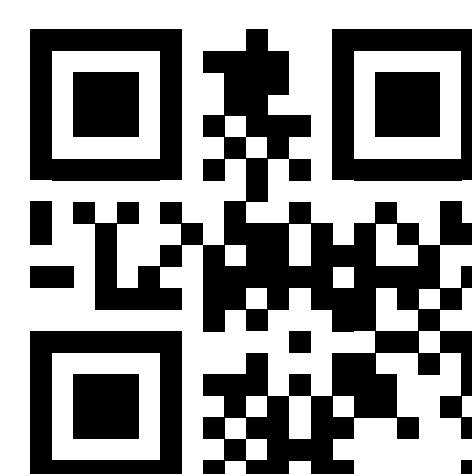
12 x 1L

43013

2 boxes £57.9 each



Extra Virgin
Olive Oil

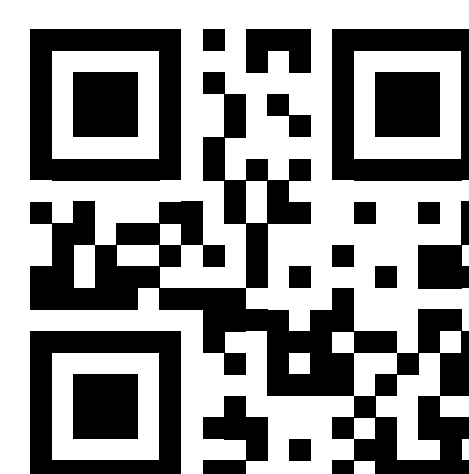


12 x 750ml

43022



GREEK
Extra Virgin Olive Oil



6 x 1L

43040



Syrian Extra Virgin
Olive Oil

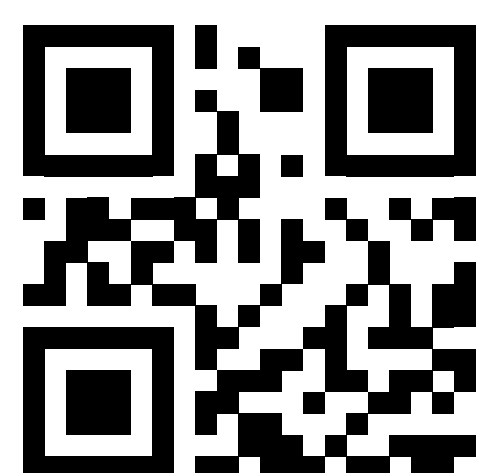


12 x 1L

43046



Pomace
Oil

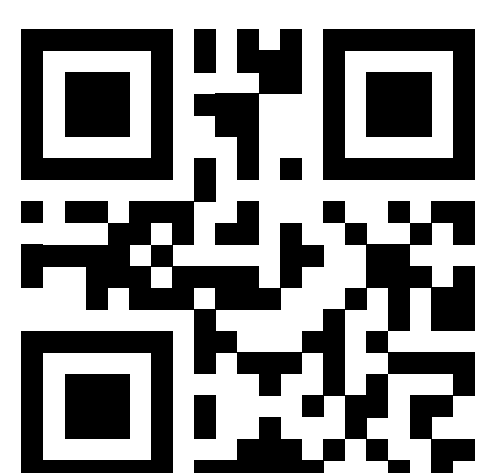


15 x 1L

43014



Olive
Blended Oil

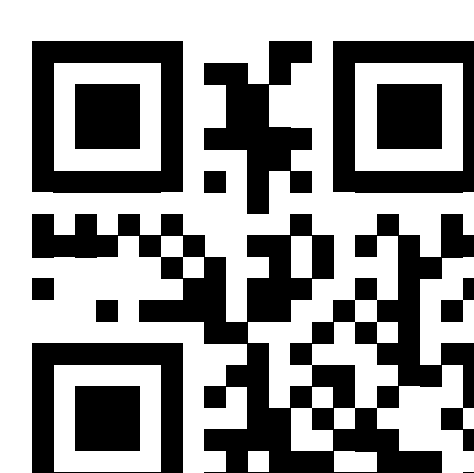


15 x 1L

43005



Vegetable Oil



15 x 1L

43021



Sunflower Oil

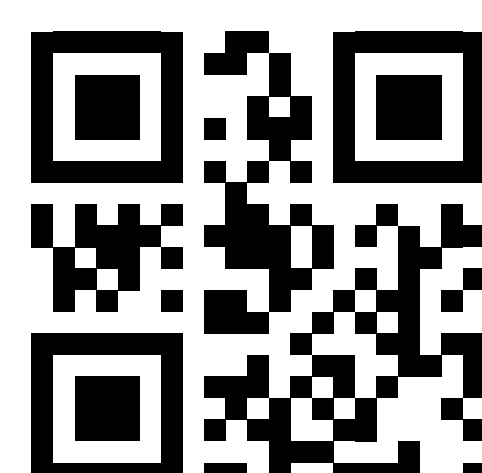


15 x 1L

43018



Pomace
Oil

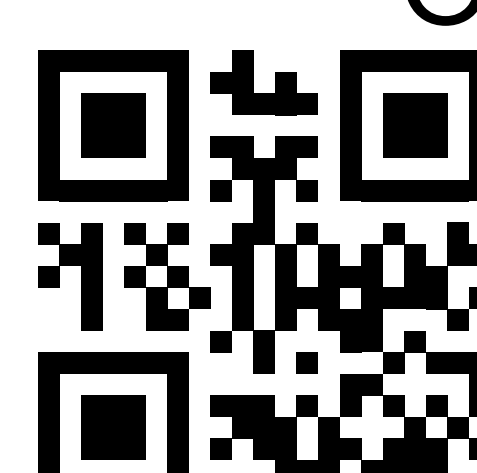


3 x 3L

43015



Lebanese Extra Virgin
Olive Oil



4 x 4L

43041



Extra Virgin
Olive Oil



3 x 3L

43009



Sunflower Oil

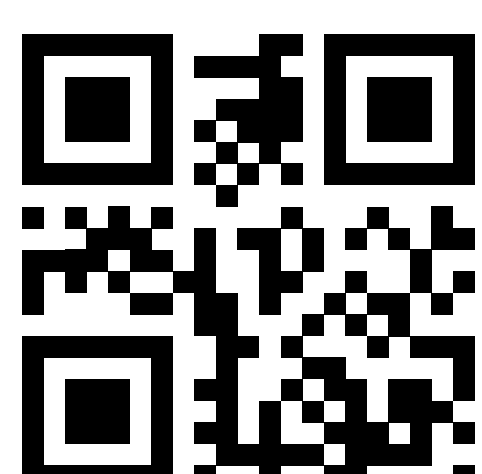


3 x 3L

43019



Pomace Oil



3 x 5L

43016



Olive Blended Oil

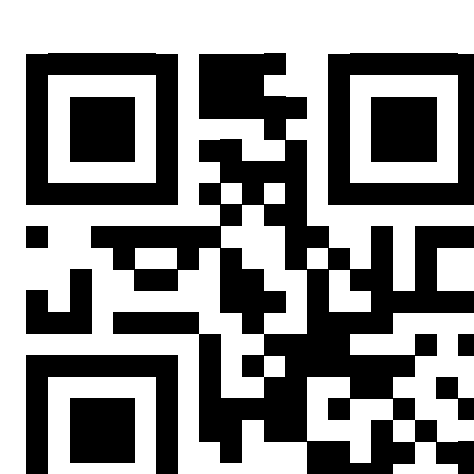


3 x 5L

43006



Extra Virgin Olive Oil



3 x 5L

43011



Sunflower Oil

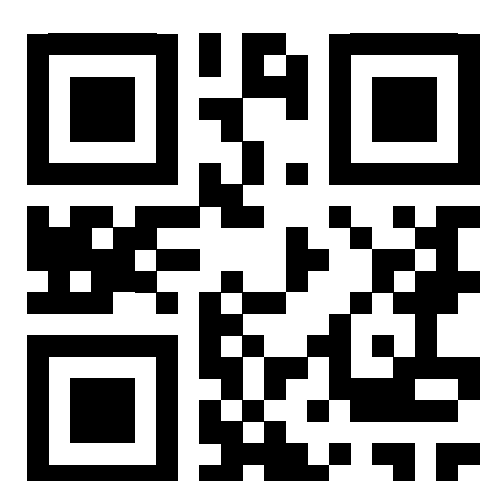


3 x 5L

43020



Black Seed
Oil



12 x 100ml

43001



Black Seed
Oil

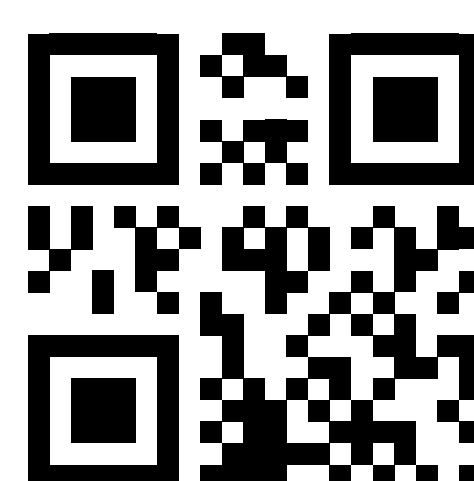


12 x 100ml

43002



Black Seed
Oil



12 x 100ml

43003



Sesame Oil

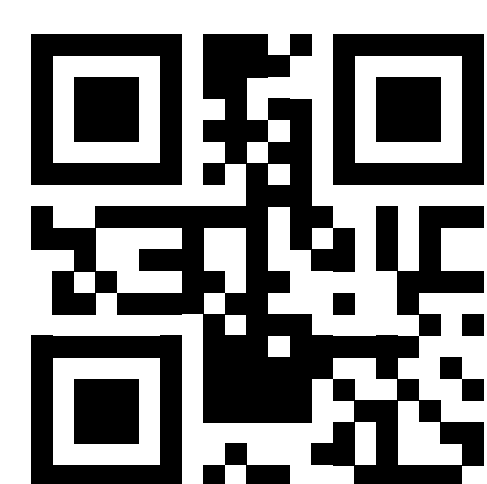


12 x 500ml

60080



Castor
Oil

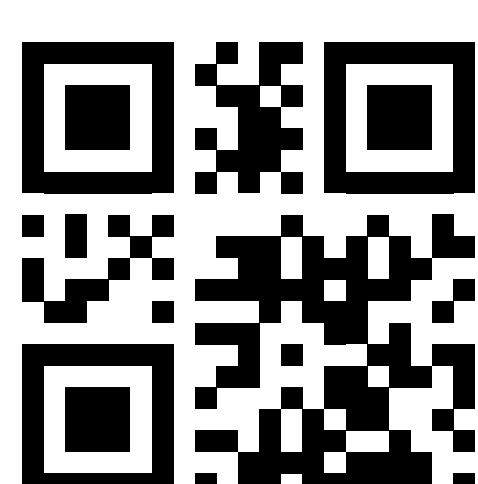


12 x 100ml

43023



Avocado Oil

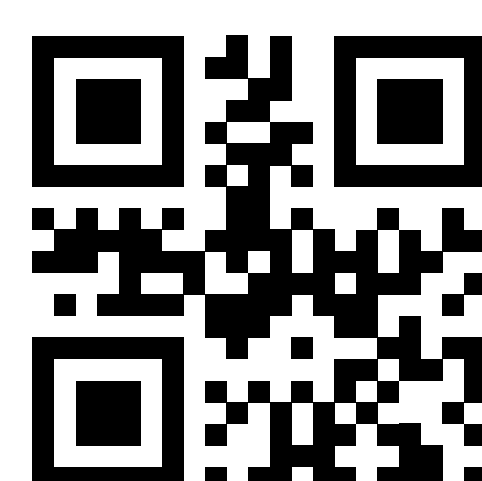


12 x 100ml

43027



Sweet Almond Oil



6 x 250ml

43029

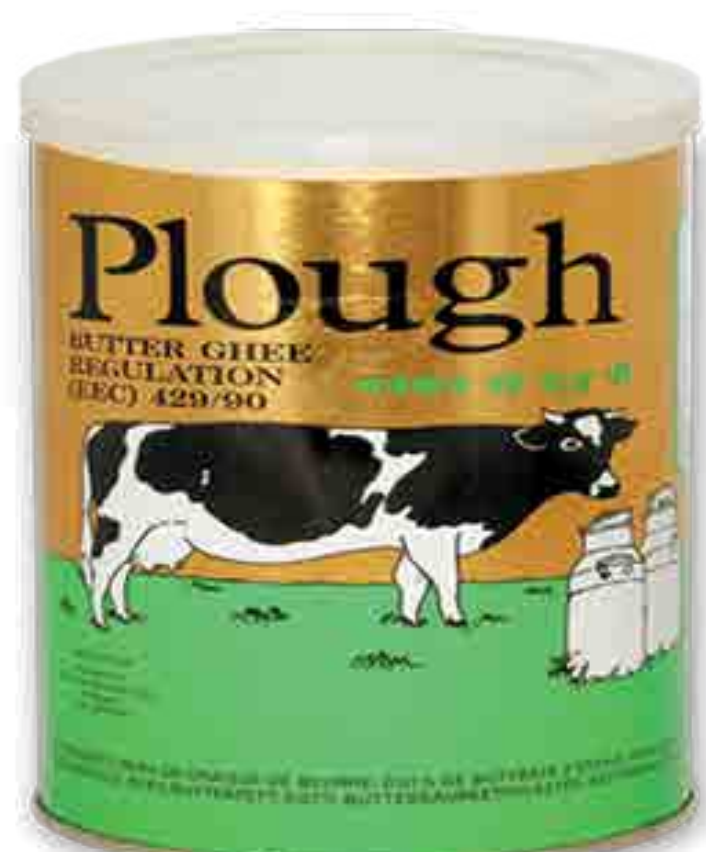


Avocado Oil

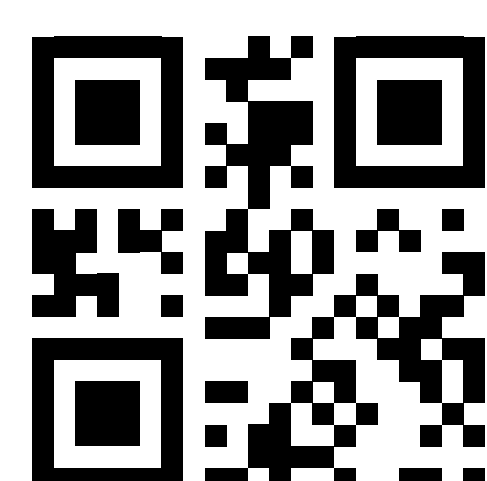


6 x 1L

43028

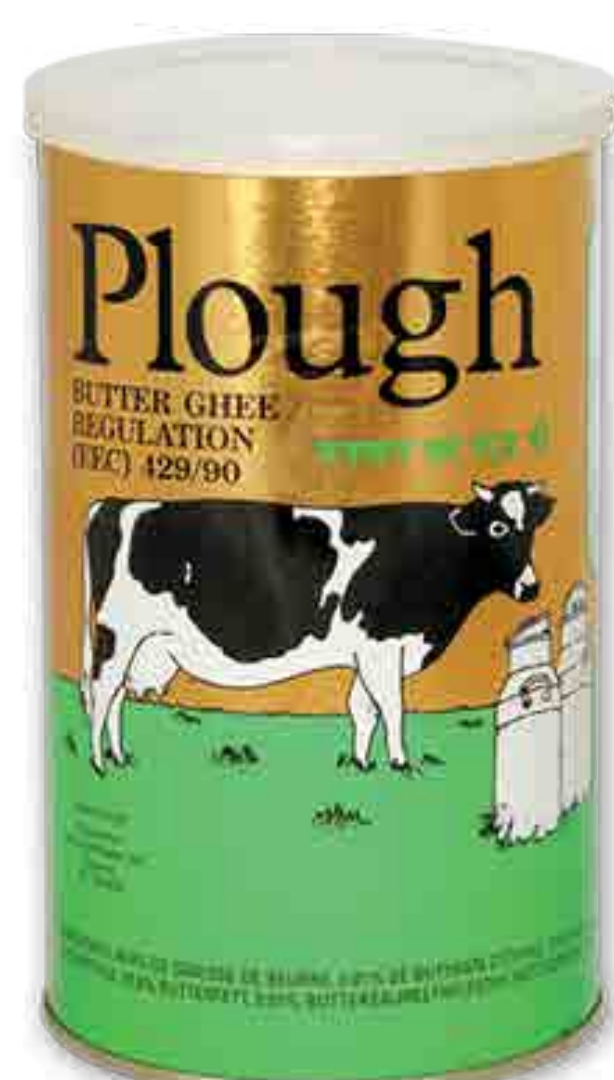


Butter Ghee

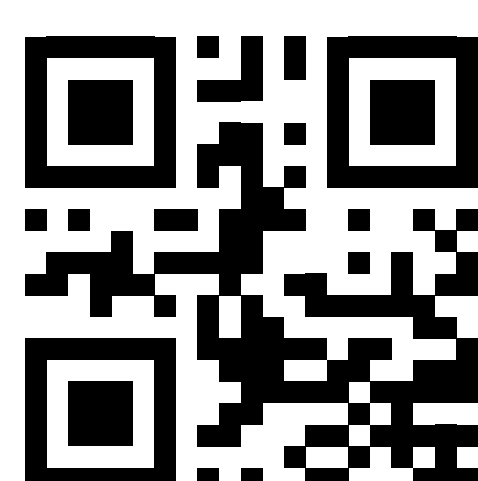


6 x 500g

54015

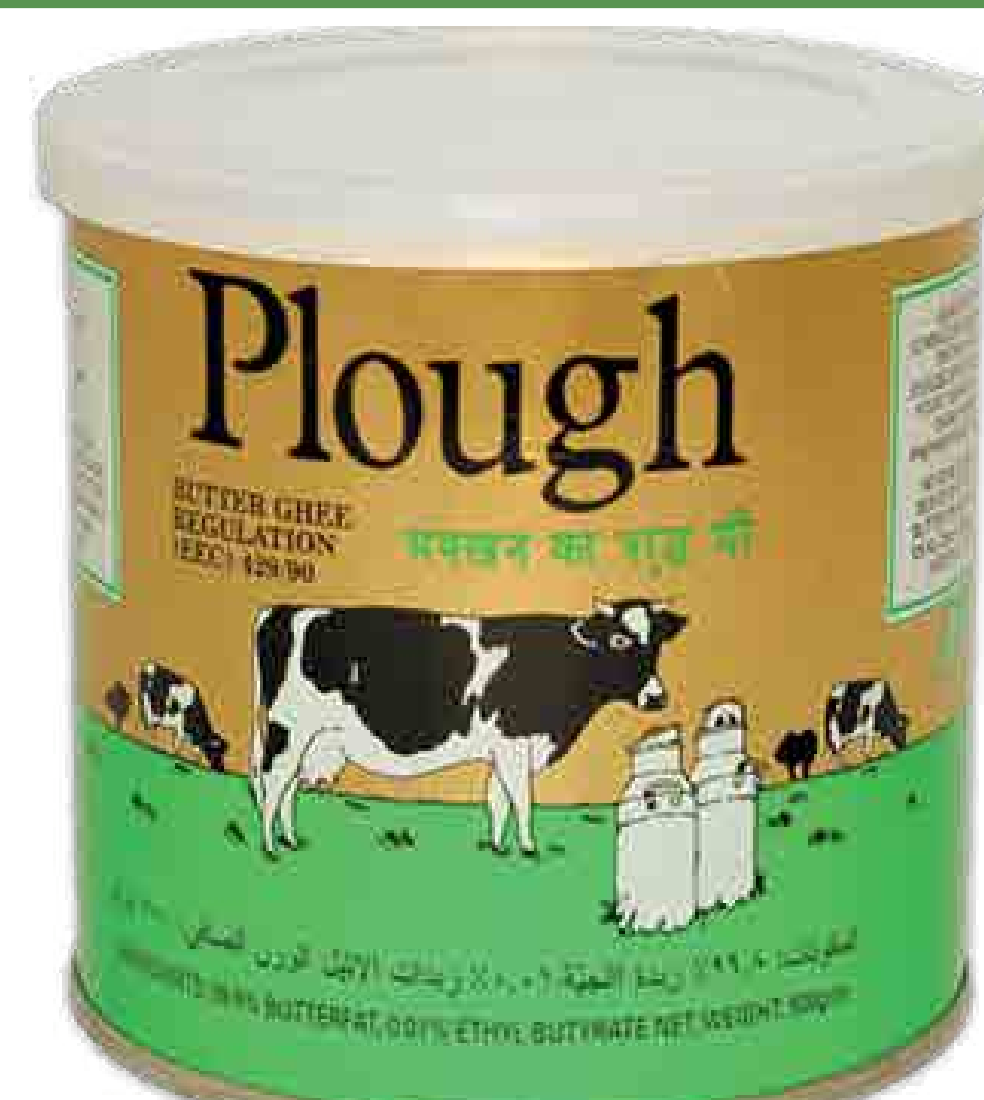


Butter Ghee



12 x 1kg

54013



Butter Ghee

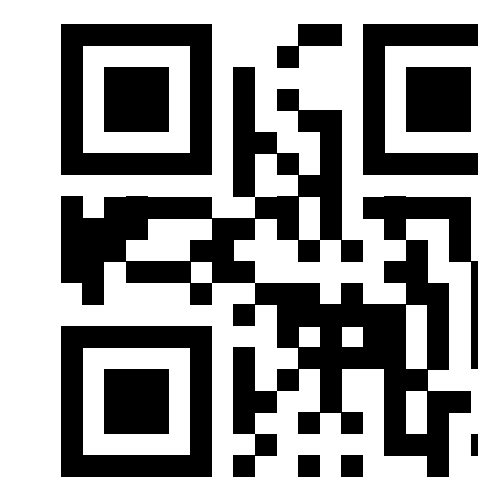


6 x 2kg

54014



Sesame Oil



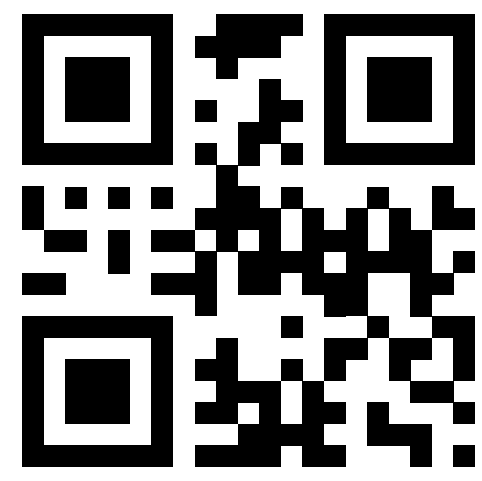
6 x 450ml

43017



£1.79

White
Fine Bulgur



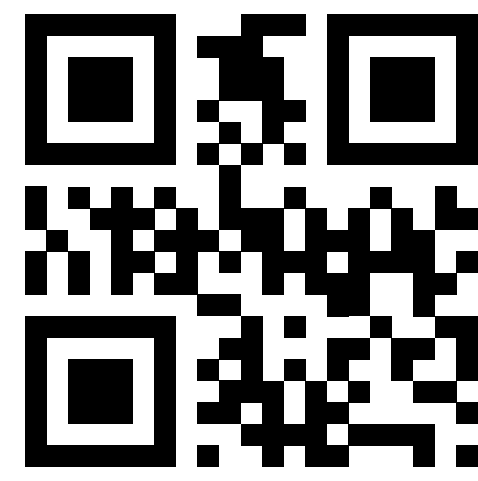
8 x 900g

42105



£1.79

White
Coarse Bulgur



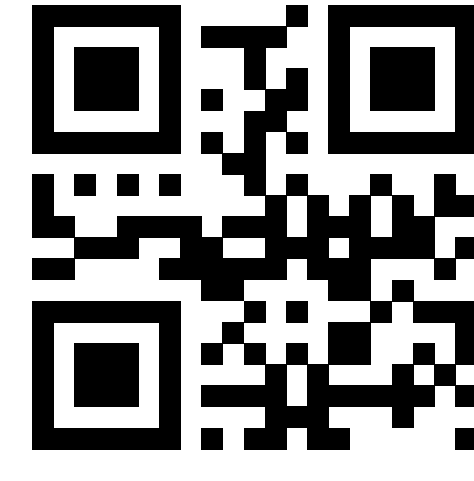
8 x 900g

42102



£1.79

White
Medium Bulgur

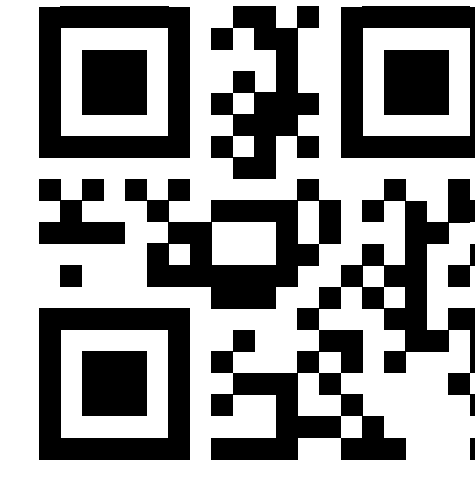


8 x 900g

42122



Bulgur
with Vermicelli



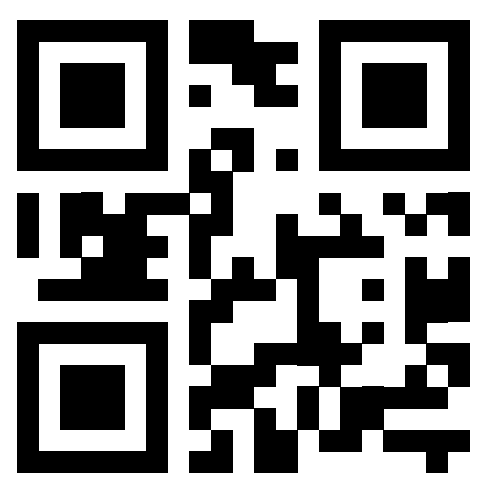
8 x 900g

42103



£1.79

Brown
Fine Bulgur



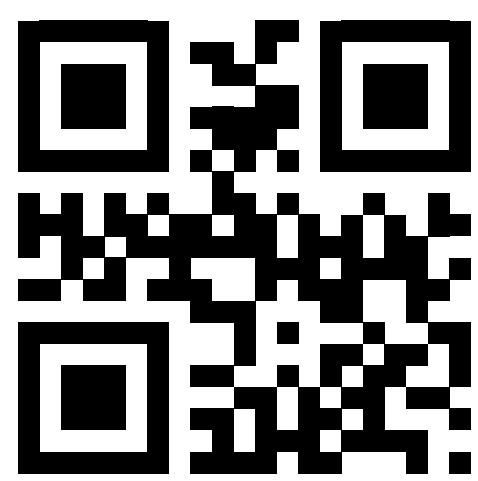
8 x 800g

42104



£1.79

Brown
Coarse Bulgur



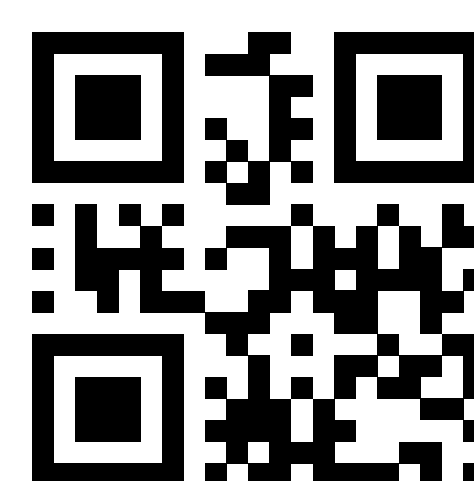
8 x 800g

42101



£2.29

Brown
Lentils



8 x 900g

54008



£2.69

Green
Lentils



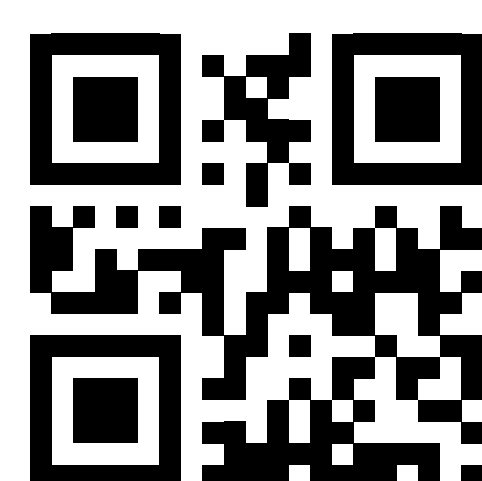
8 x 900g

42110



£2.29

Red
Split Lentils



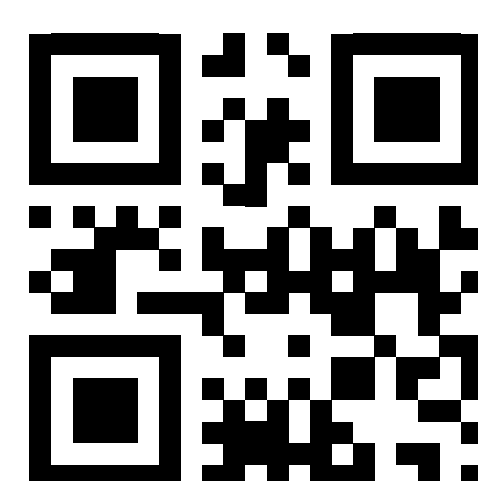
8 x 900g

42120



£4.49

Freekeh
(Lebanese)



8 x 800g

54005



£2.99

Maghrabieh



8 x 800g

42112



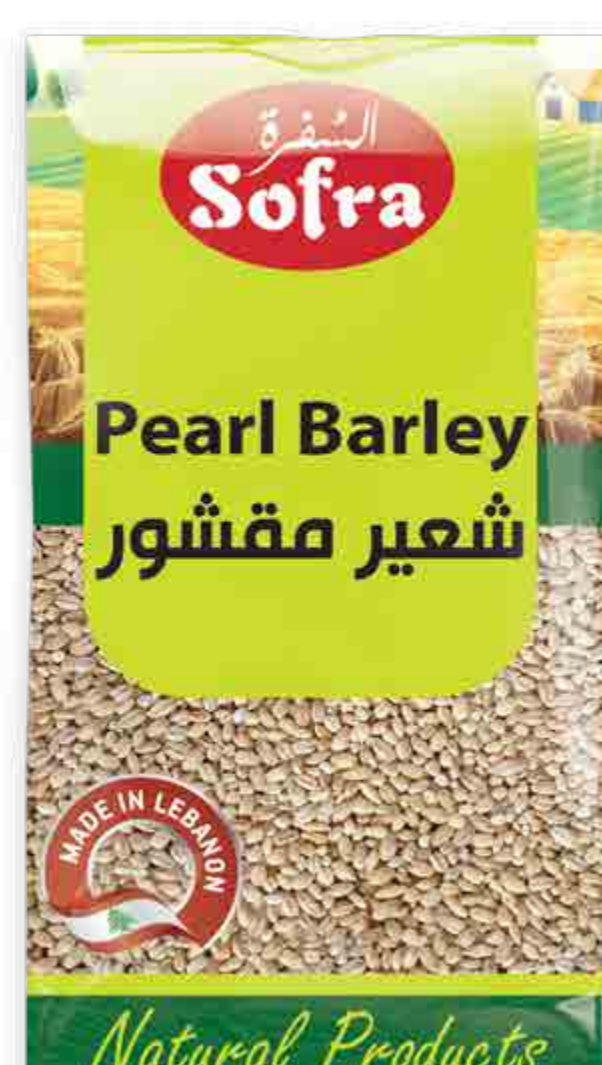
£1.99

Popcorn



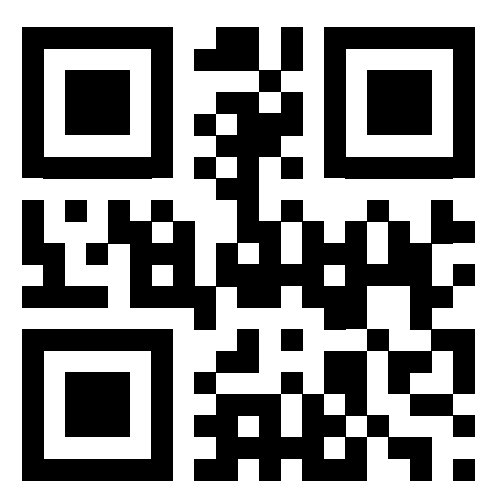
8 x 900g

42115



£1.99

Pearl Barley



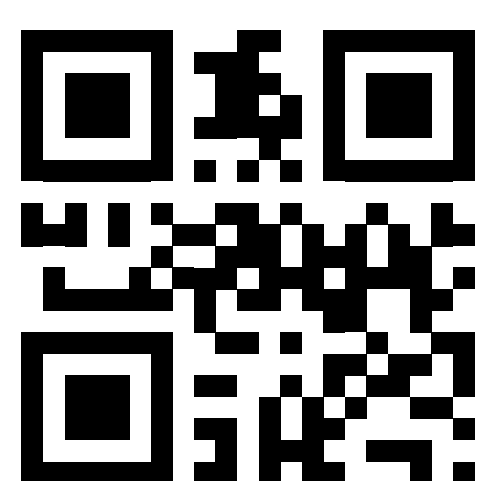
8 x 900g

42113



£1.79

Peeled Wheat



8 x 900g

42114



£1.99

Jarish



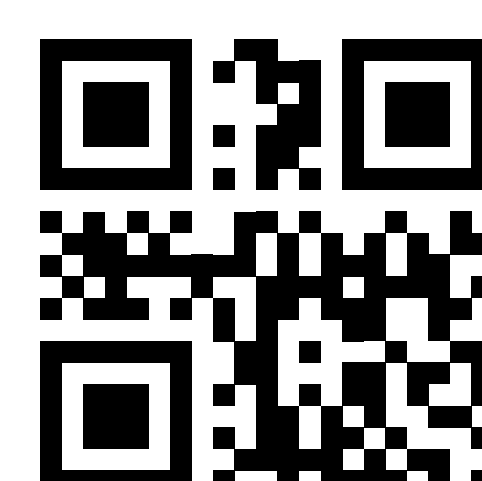
8 x 800g

54007



£2.99

Lupin Beans



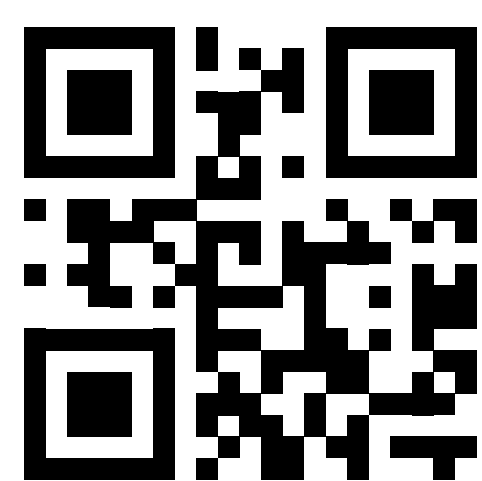
8 x 800g

42111



£1.99

Fine Semolina



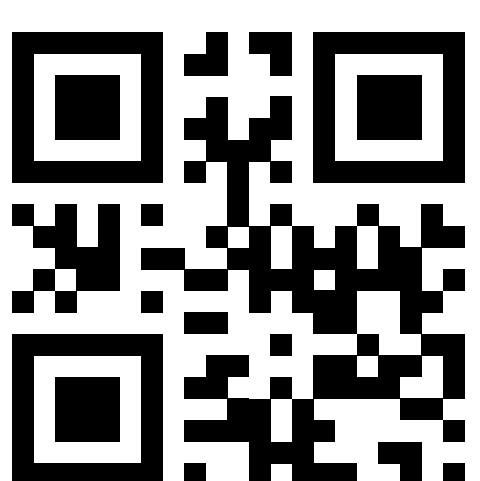
8 x 800g

42118



£1.99

Coarse Semolina



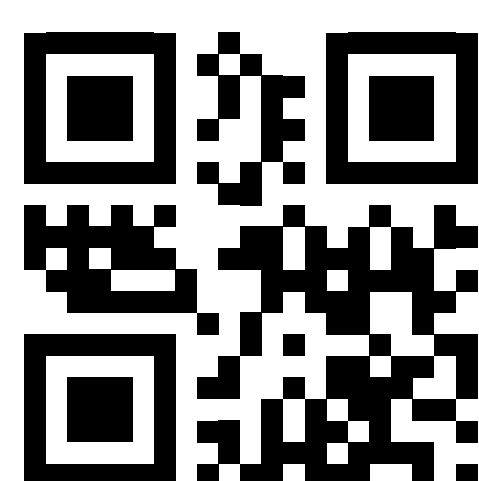
8 x 800g

42116



£1.99

Extra Fine Semolina



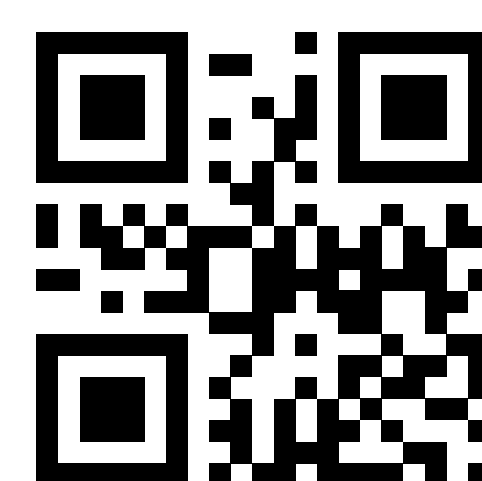
8 x 800g

42117



£3.99

Butter Beans



8 x 800g

42106



£2.99

Red Kidney Beans



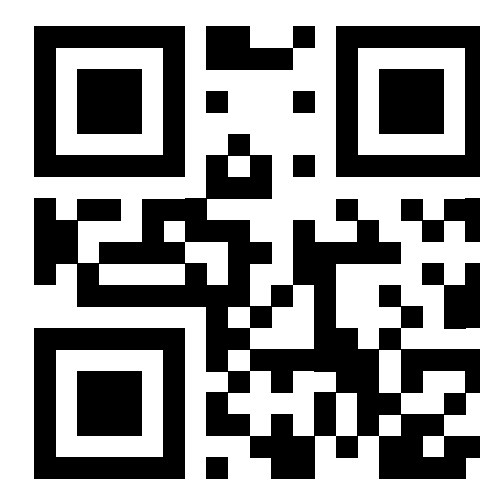
8 x 850g

42124



£2.99

Rosecoco Beans



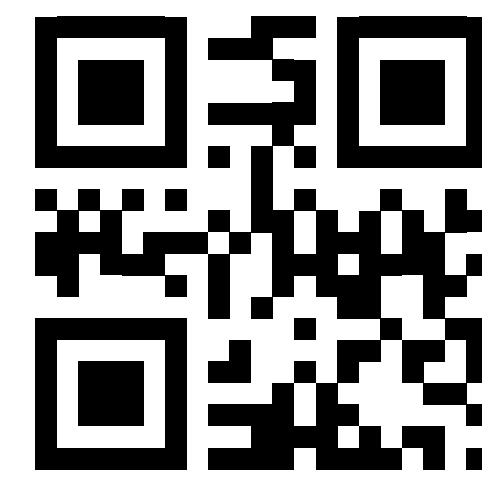
8 x 850g

42125



£2.99

White Beans



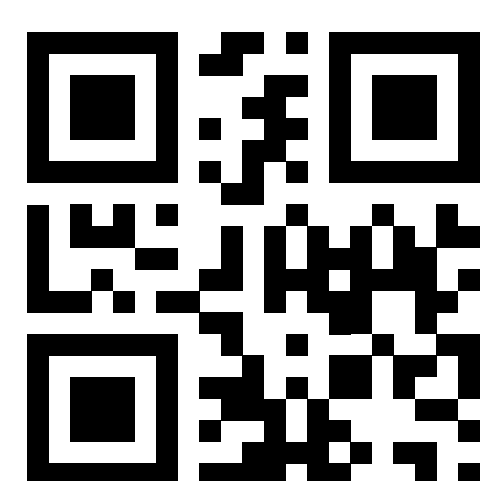
8 x 850g

42121



£1.99

Egyptian Fava
Beans



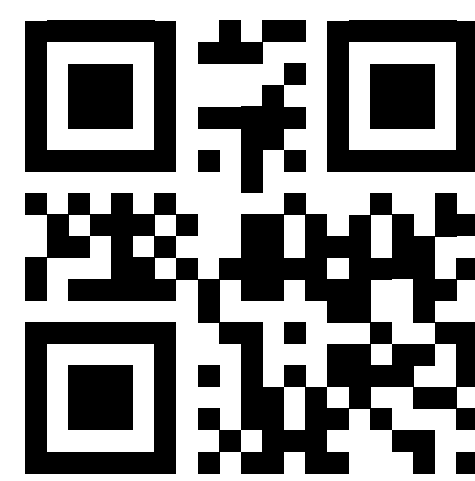
8 x 900g

42109



£2.89

Broad Beans



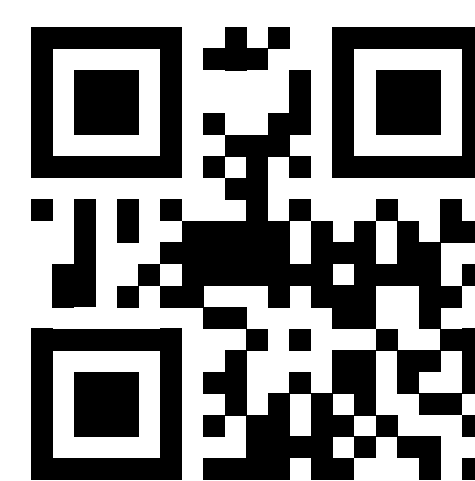
8 x 650g

42108



£2.29

Split
Broad Beans



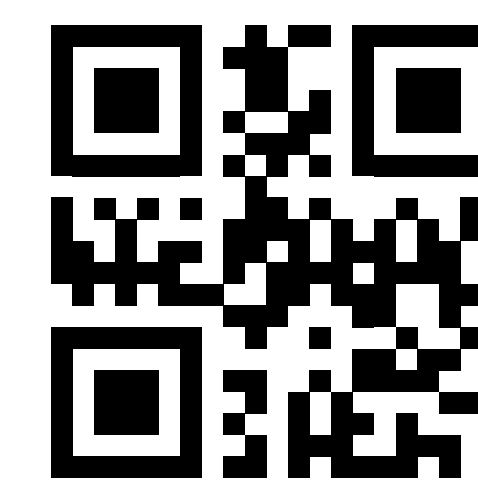
8 x 700g

42119



£2.79

Chickpeas



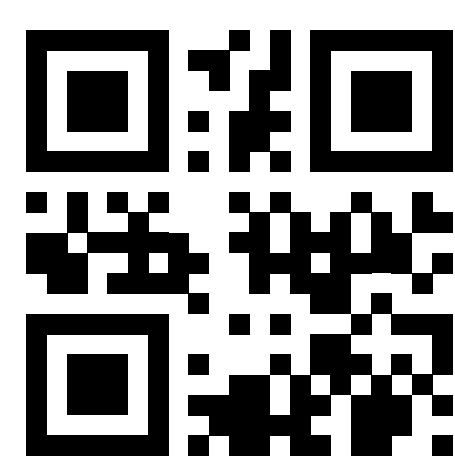
8 x 900g

42107



£2.29

Red Lentil Whole



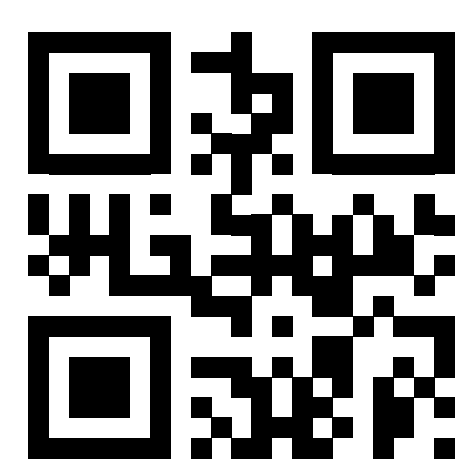
8 x 900g

42126



£1.99

Coarse Cornmeal



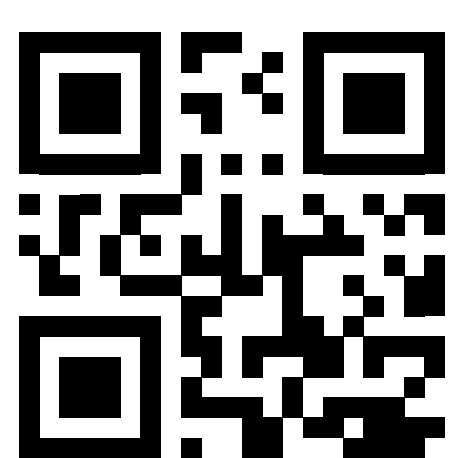
8 x 800g

54202



£2.99

Red Quinoa



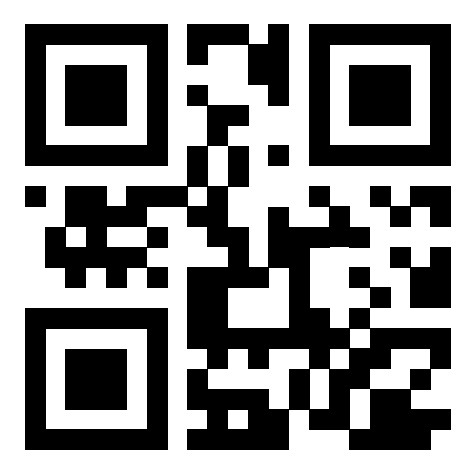
12 x 500g

54203



£2.99

White Quinoa



12 x 500g

54204



£2.99

Black Quinoa



12 x 500g

54205



£2.99

Mix Quinoa



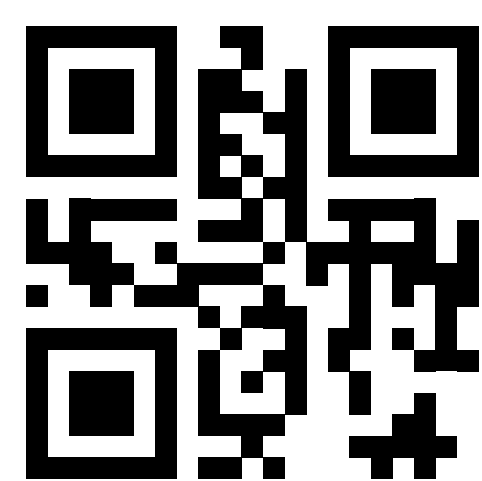
12 x 500g

54206



£1.39

Butter Beans



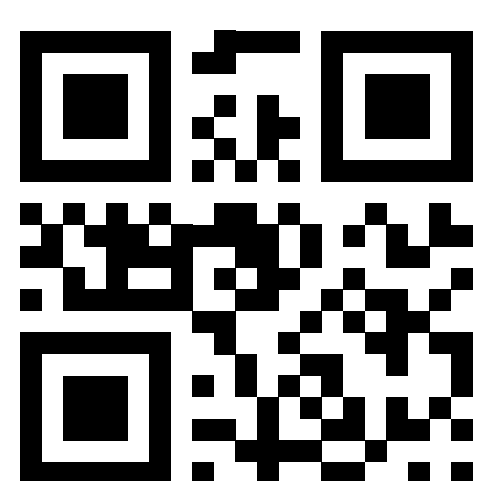
12 x 540g

42000



£1.39

Lupin Beans



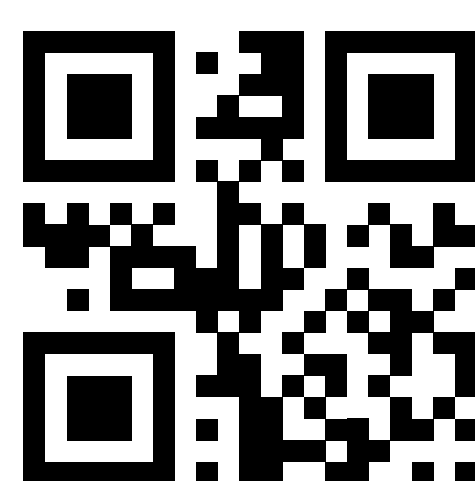
12 x 540g

42001



99P

Chickpeas

BUY 10 GET 1 FREE

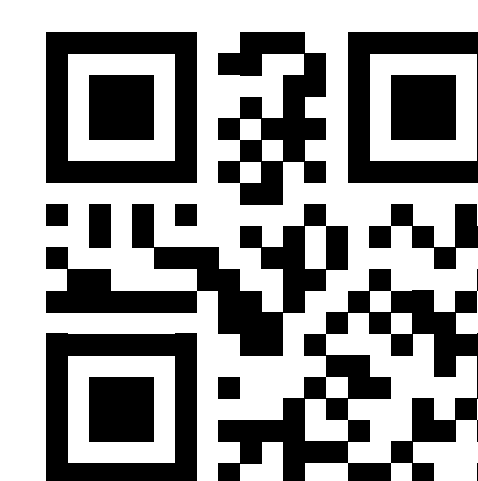
12 x 540g

42002



99P

Lentils



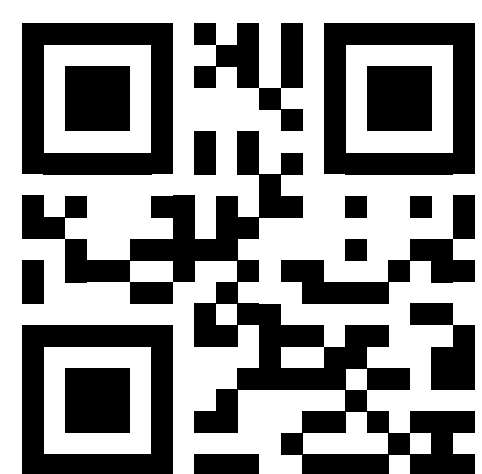
12 x 540g

42003



99P

Red Beans



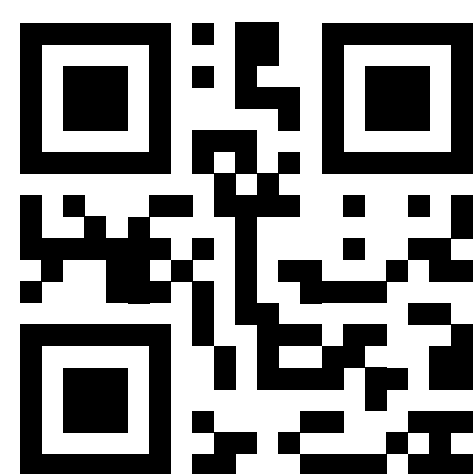
12 x 540g

42004



99P

White Beans

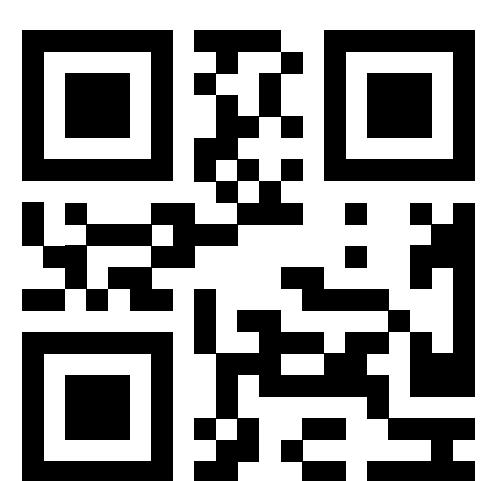
BUY 10 GET 1 FREE

12 x 540g

42005



Angel Hair
Pasta

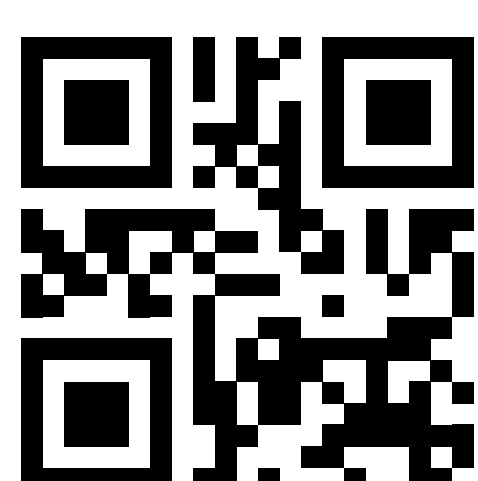


12 x 500g

47044



Barley Couscous

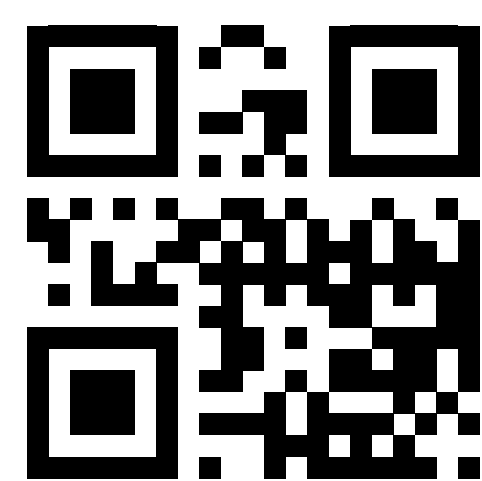


12 x 1kg

47049



Couscous
(Fine)



12 x 1kg

40031



Couscous
(Medium)

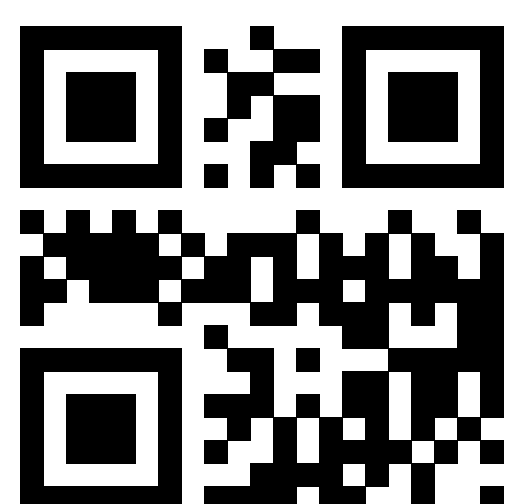


12 x 1kg

40032



Angel Hair Extra
Fine Pasta



10 x 500g

47047



Couscous
(Fine)

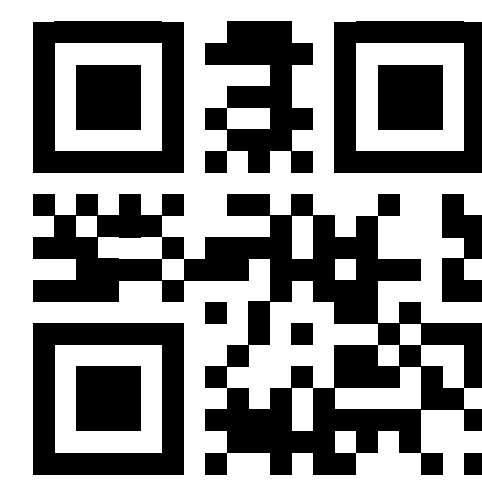


10 x 1kg

40037



Couscous
(Medium)

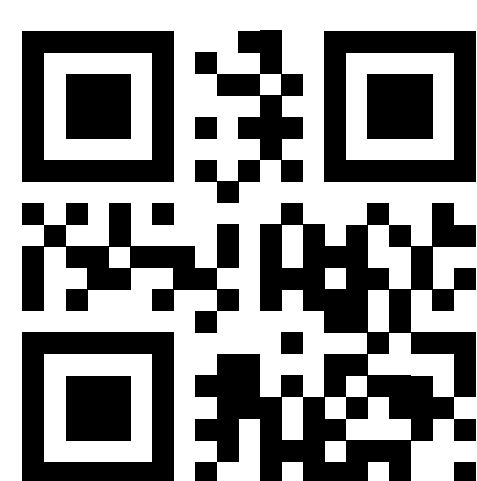


10 x 1kg

40038



Dried Molokhia
Leaves

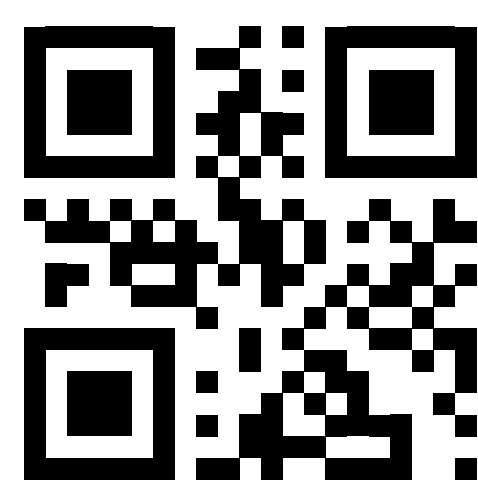


12 x 200g

54023



Freekeh

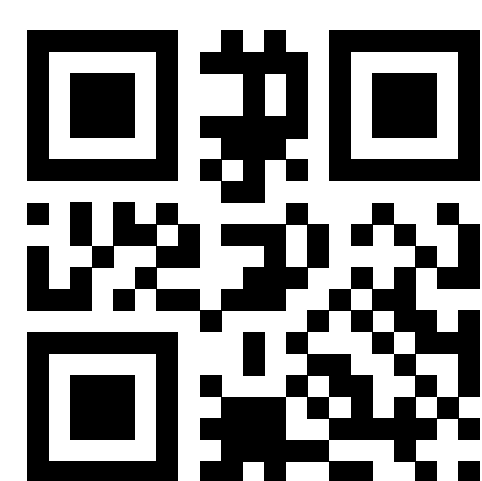


8 x 600g

54006



Sun White
(Calrose Rice)

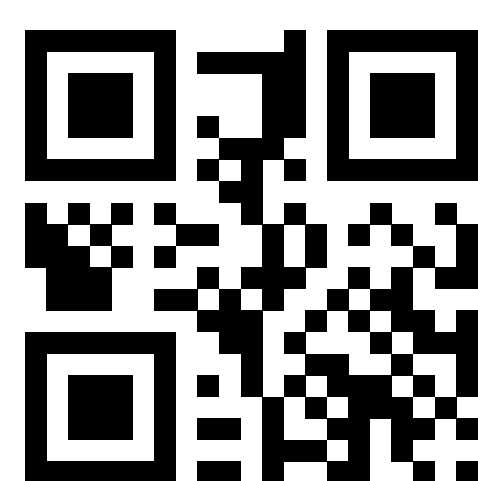


10 x 2kg

42142



Sun White
(Calrose Rice)

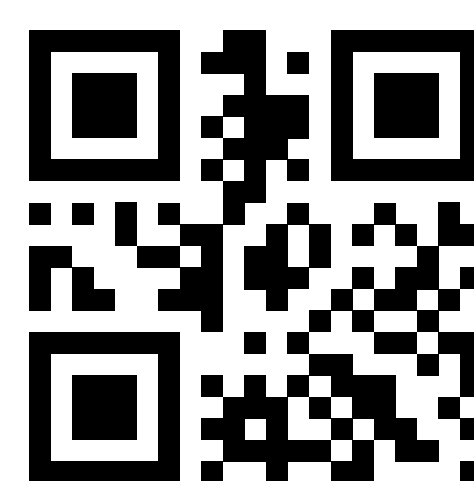


6 x 5kg

42143



Egyptian
Rice

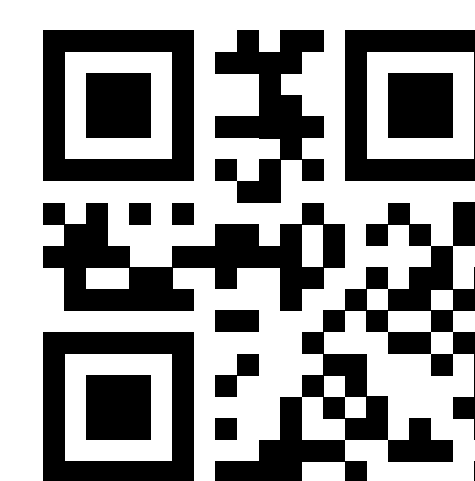


12 x 900g

42139



Egyptian
Rice



4 x 4 kg

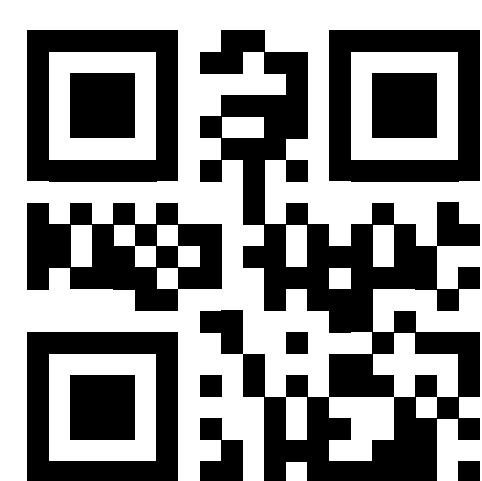
42138



£8.99

BUY 7 GET 1 FREE

Extra Long Sella
Rice



4 x 4kg

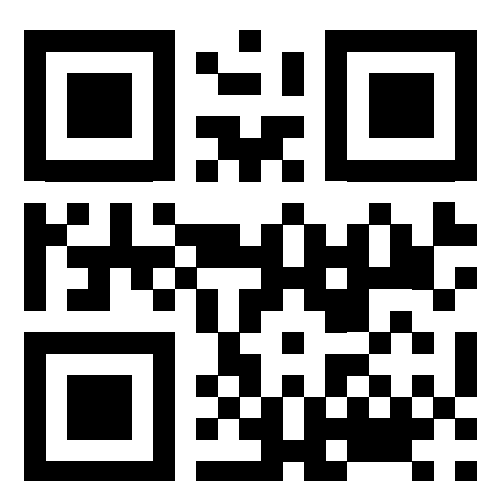
42141



£8.99

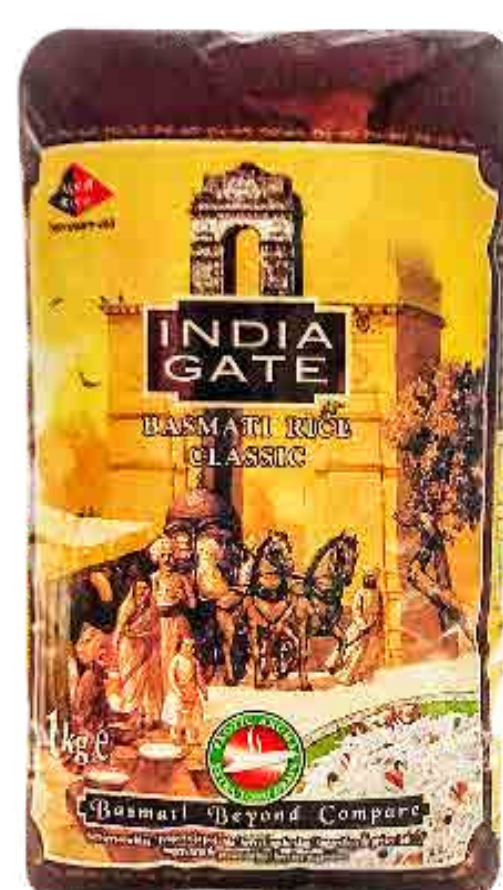
BUY 7 GET 1 FREE

Golden Sella
Rice

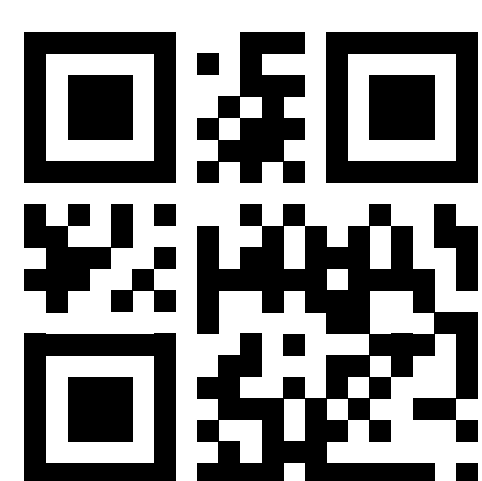


4 x 4kg

42140



Classic Extra
(Long Grain)

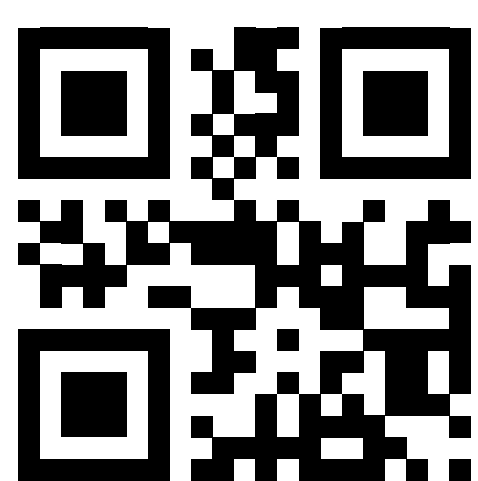


8 x 1kg

42131



Classic Extra
(Long Grain)

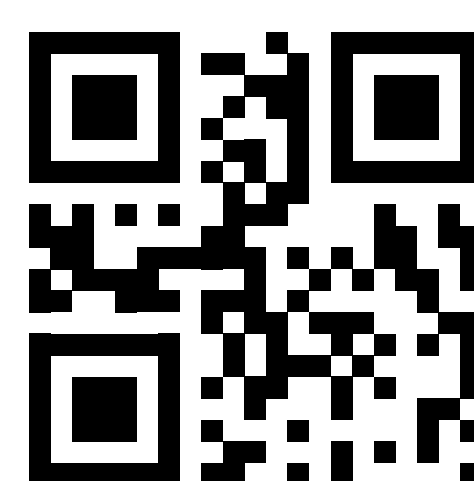


4 x 5kg

42132



Classic Extra
(Long Grain)

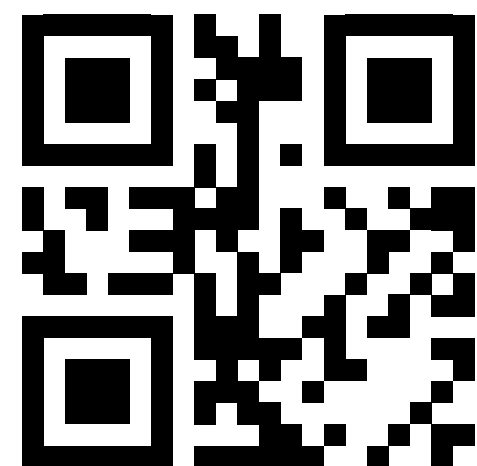


2 x 10kg

42130



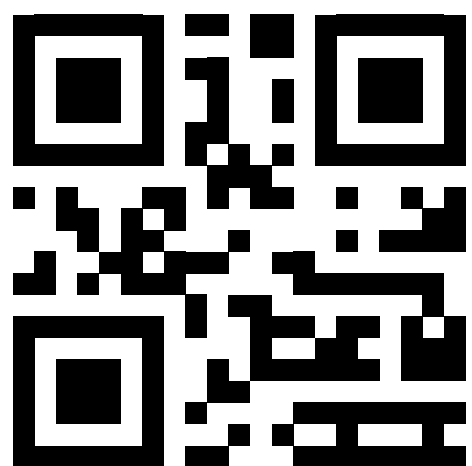
Wheat Flour
T400



10 x 1kg
54003



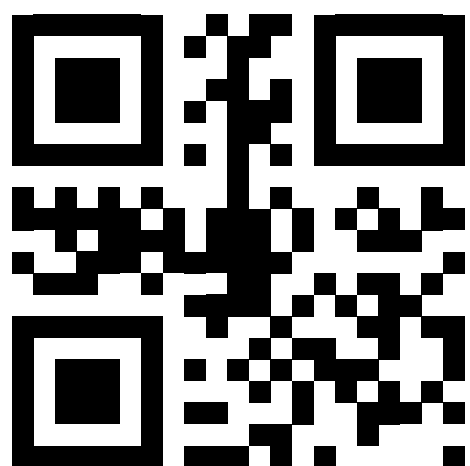
Wheat Flour
T400



8 x 2kg
54004



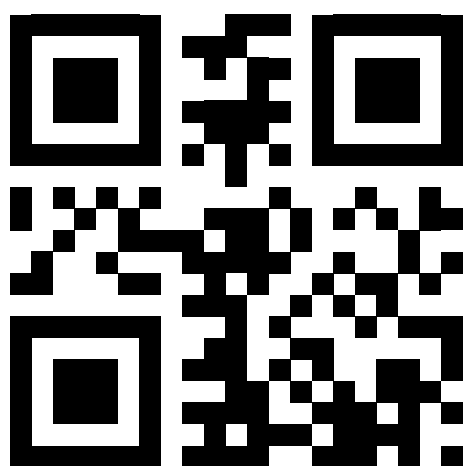
Corn Starch



12 x 200g
54002



Corn Flour



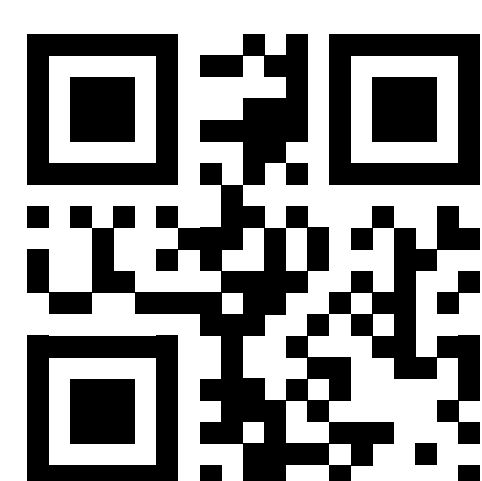
12 x 400g
54001



59P
2 for
£1

BUY 5 GET 1 FREE

Chicken Cream
Soup



12 x 71g

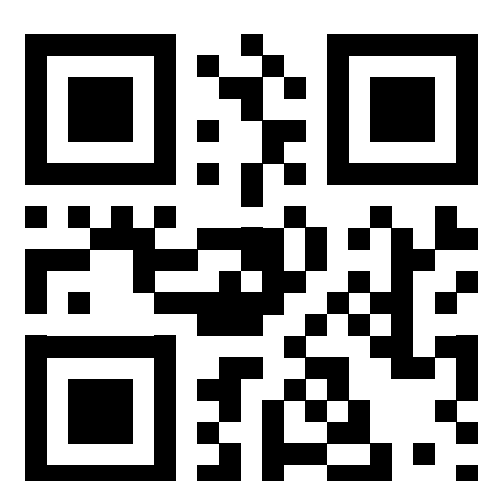
52054



59P
2 for
£1

BUY 5 GET 1 FREE

Lentil
Soup



12 x 84g

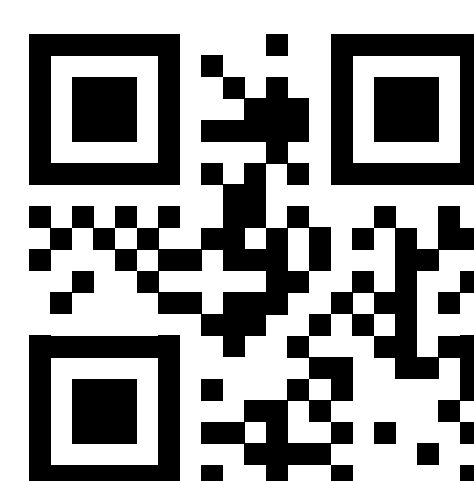
52056



59P
2 for
£1

BUY 5 GET 1 FREE

Vegetable
Soup



12 x 68g

52057



59P
2 for
£1

BUY 5 GET 1 FREE

Chicken Noodle
Soup

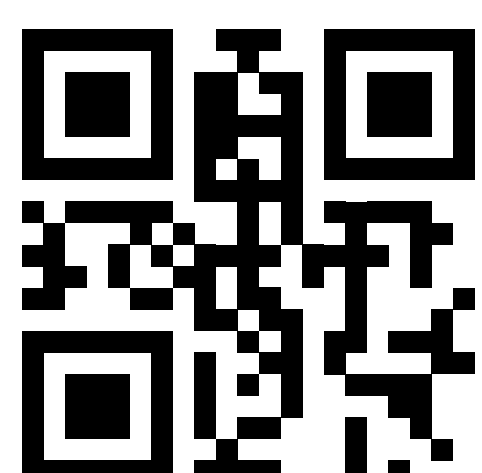


12 x 66g

52053



Vegeta



10 x 1kg

51083



Vegeta

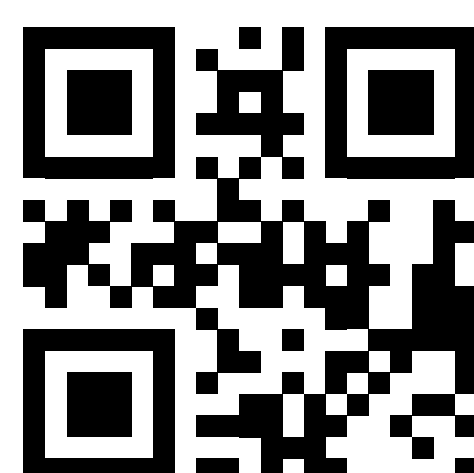


12 x 500g

51085



Vegeta



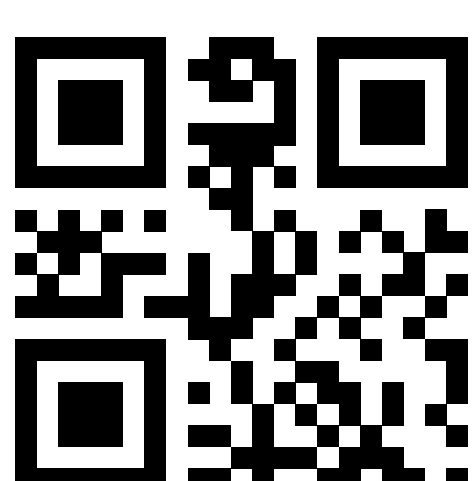
18 x 200g

51084



£1.49

Falafel



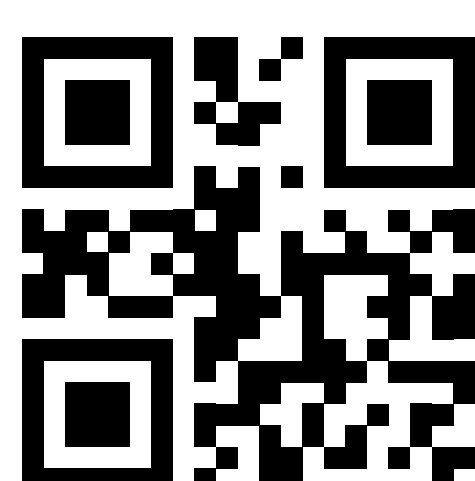
12 x 200g

50048



£3.60

Falafel



6 x 400g

51073



£4.99

Chicken Stock



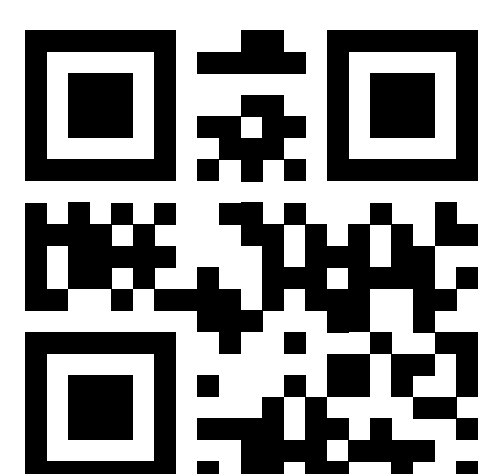
6 x 1kg

46086



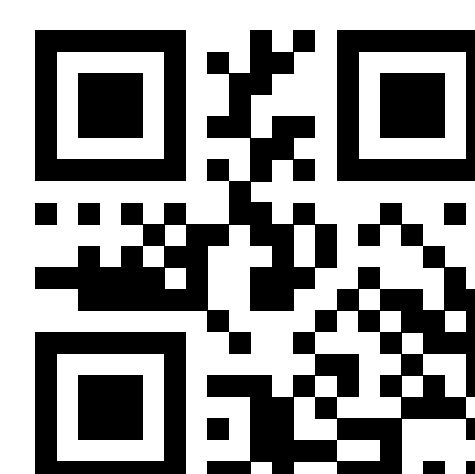
£4.99

Vegetable Stock



6 x 1kg

46087

Jumbo
Chicken Stock

10 x 1kg

46081



Maggi Seasoning



20 x (100 x 4g)

46084



£3.99

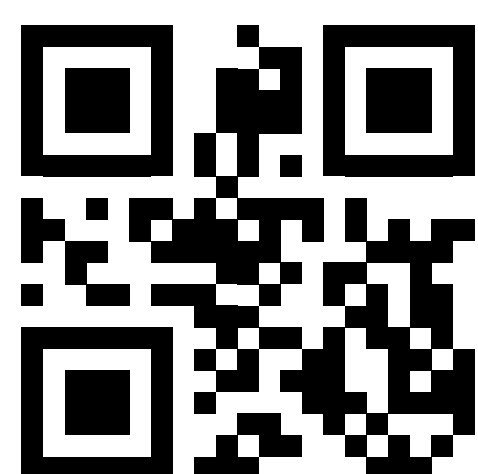
Chicken Stock
Cubes

24 x (24 x 20g)

46201



£3.49

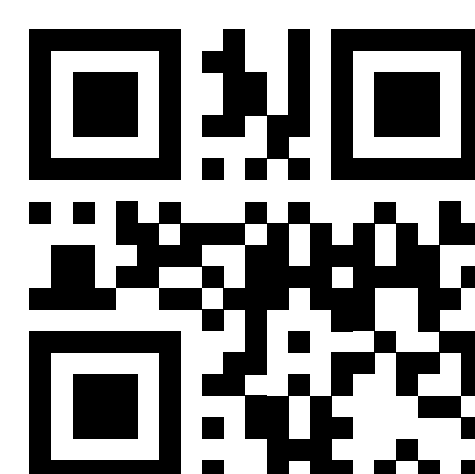
Chicken Stock
Cubes (Less Salt)

24 x (24 x 20g)

46088



£3.99

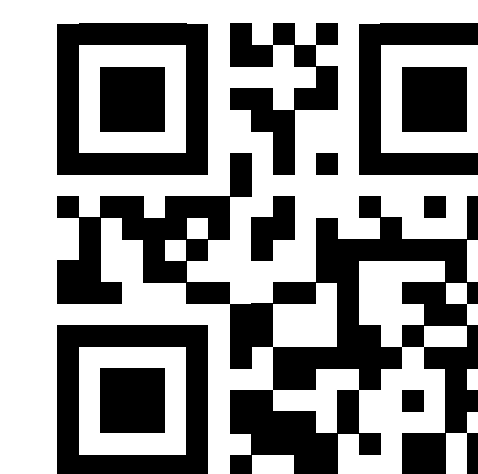
Vegetable Stock
Cubes

24 x (24 x 20g)

46202



Chicken



40

45091



Fried Noodles

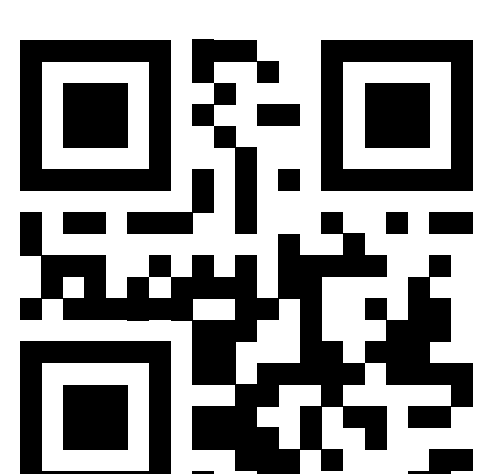


40

45083



Beef



40

45080



Vegetables



40

45085



Special Chicken

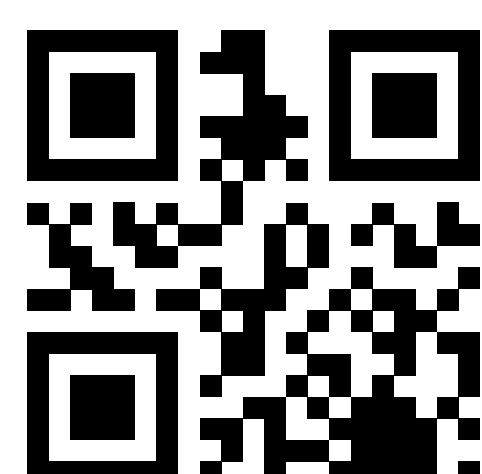


40

45084



Halawa
Pistachio

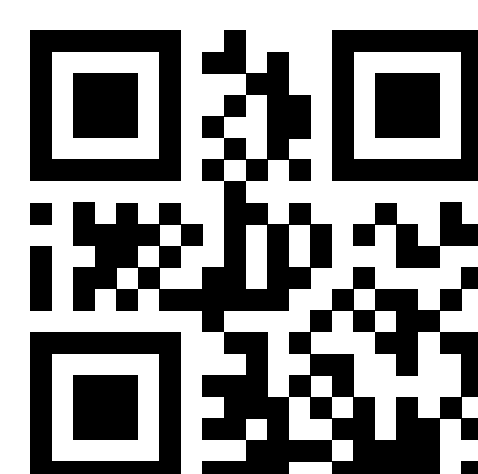


12 x 400g

47016



Halawa
Extra



12 x 400g

47017



Halawa
Cotton Candy



12 x 250g

40020



Halawa
Cotton Candy



12 x 500g

40021



Halawa
Plain

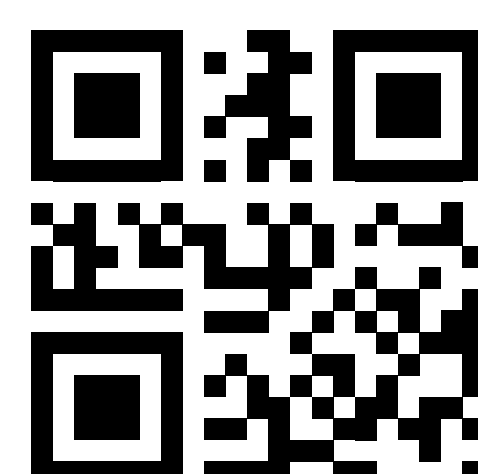


12 x 454g

40026



Halawa
Plain

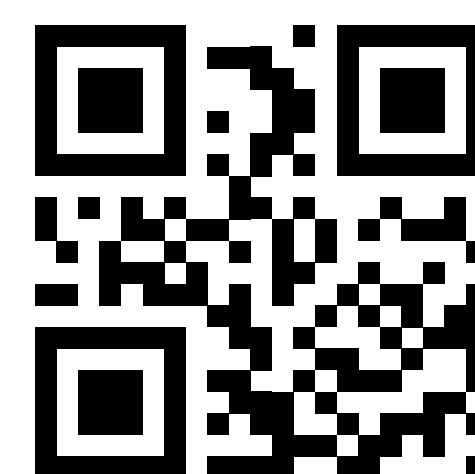


12 x 907g

40027



Halawa
Pistachio

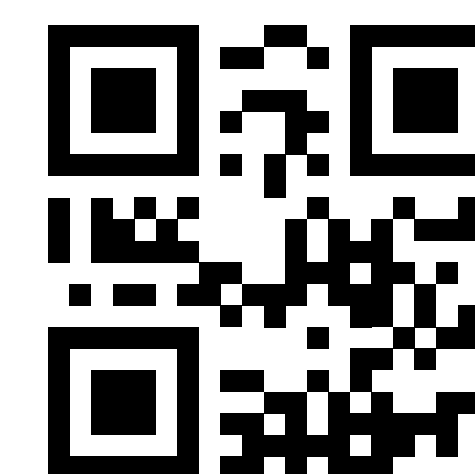


12 x 454g

40023



Halawa
Pistachio

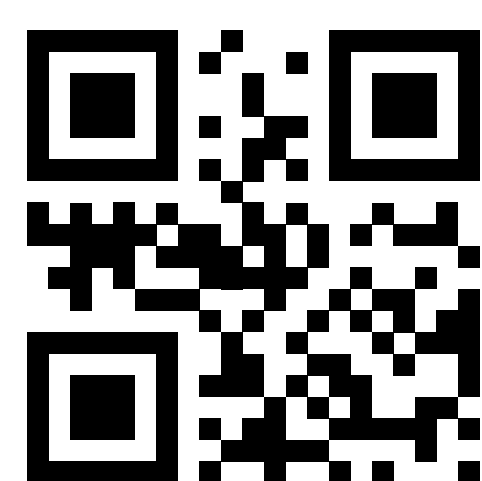


12 x 907g

40024



Tahina

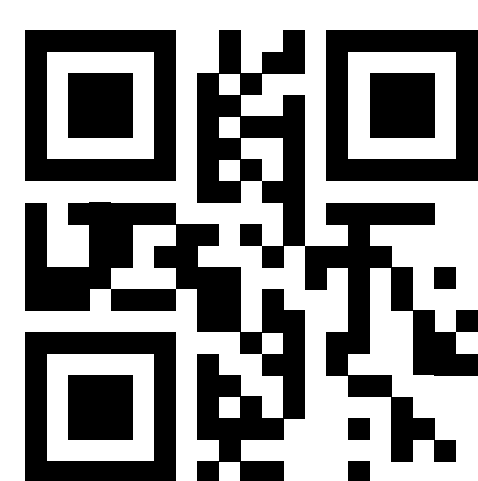


6 x 907g

40030



Tahina

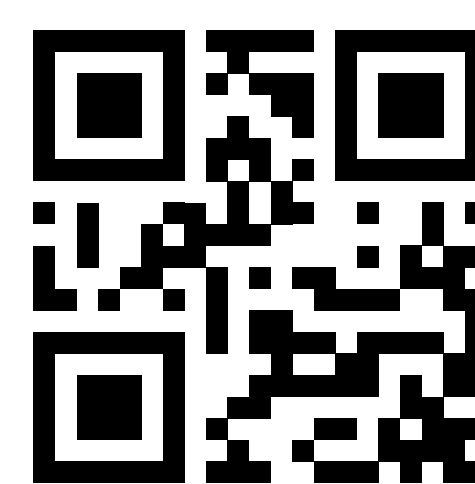


6 x 454g

40029



Tahina

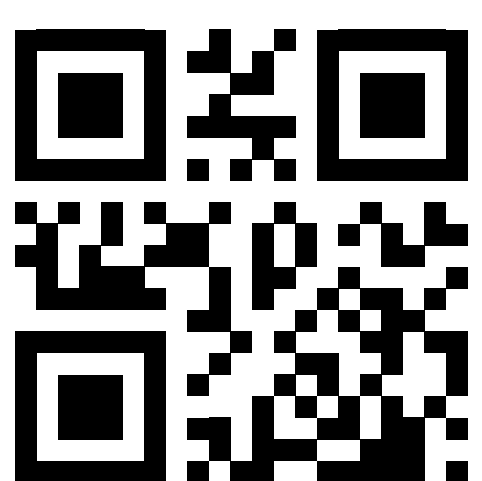


1 x 15kg

40028



Tahina



6 x 907g

41116

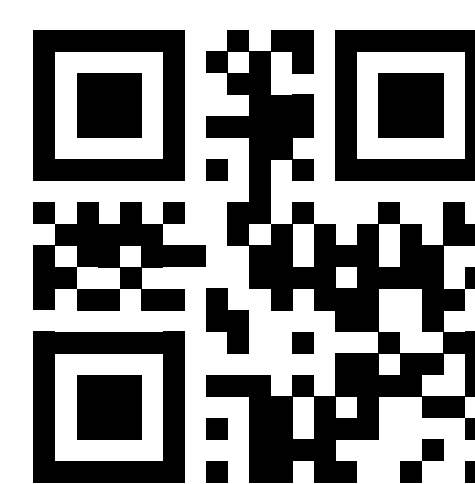


Tahina



6 x 454g

41117

Tahina Squeeze
(Sesame Paste)

12 x 285g

40081

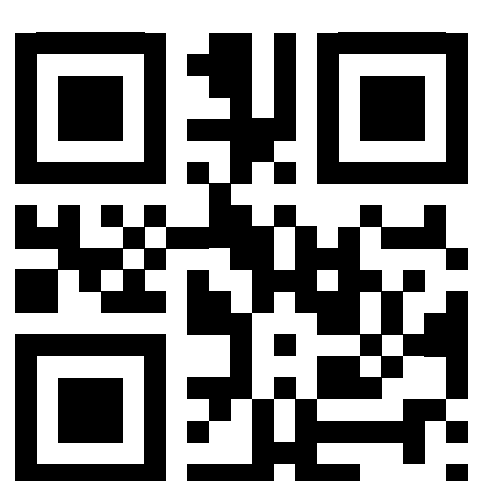
RRP
£2.20Tahina Squeeze
(Sesame Paste)

12 x 285g

41179

RRP
£2.20

Tahina Sachet



3 X 16 x 40g

40084



Date Syrup



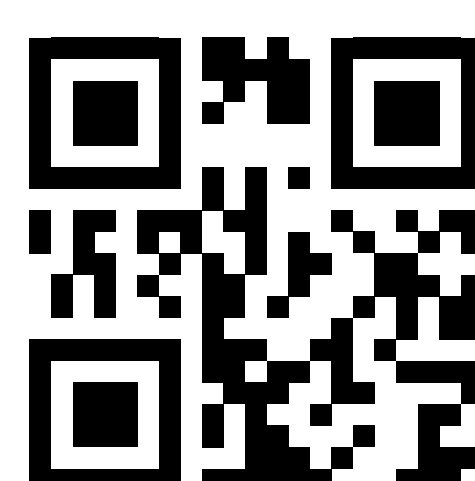
8 x 600g

40086

£2.70



Date Syrup



12 x 400g

54058

£1.95



Date Syrup

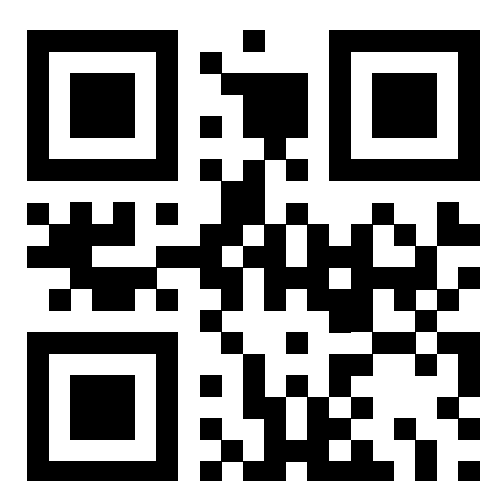


12 x 450g

40047



Cherry

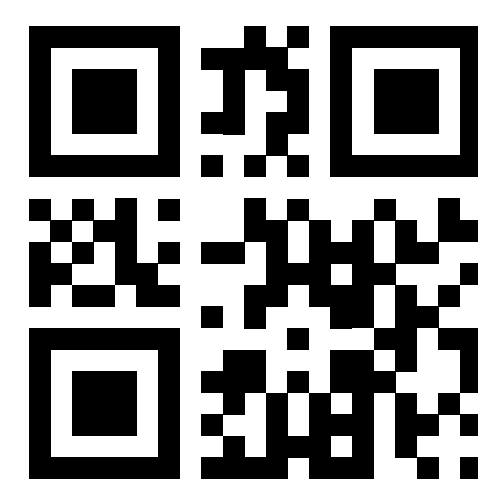


24 x 85g

46014



Raspberry

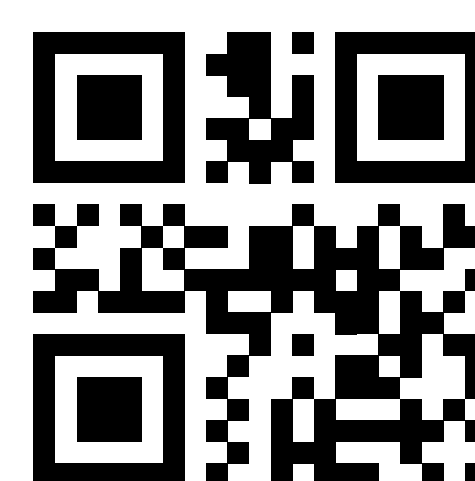


24 x 85g

46015



Strawberry

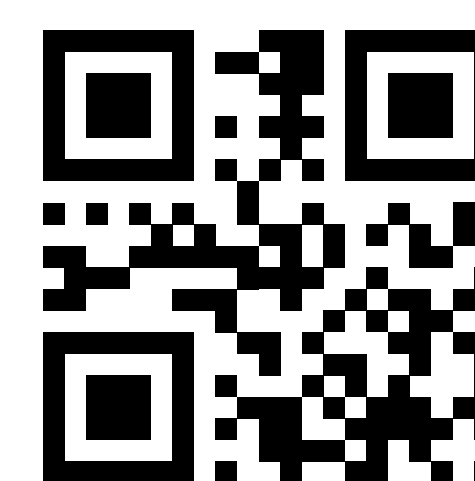


24 x 85g

46016



Mango

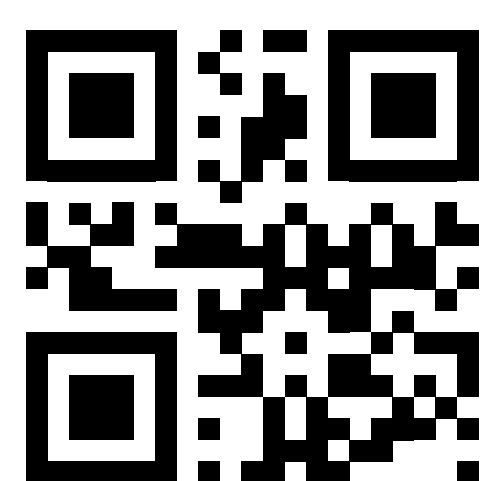


24 x 85g

46017



Watermelon



24 x 85g

46020



Pomegranate



24 x 85g

46021



Creme Caramel

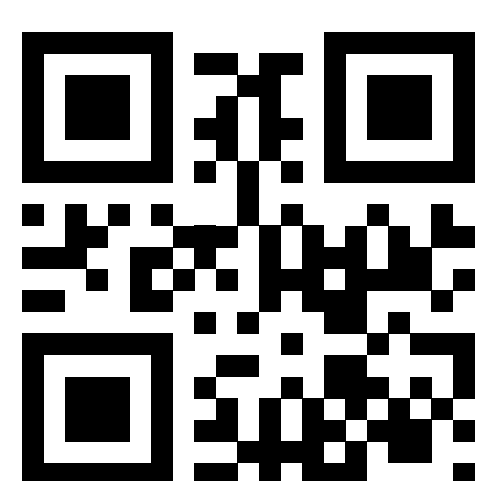


24 x 71g

46013



Pancake

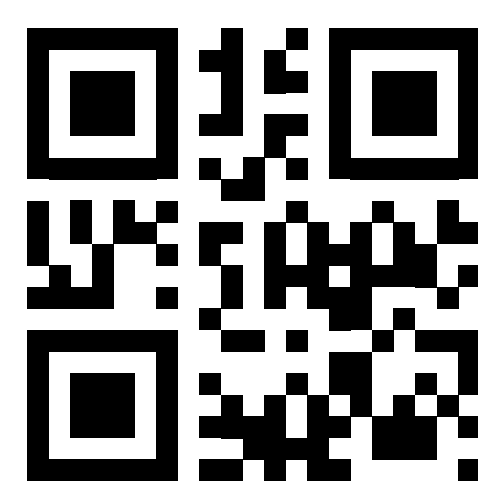


12 x 450g

46022



Trileche

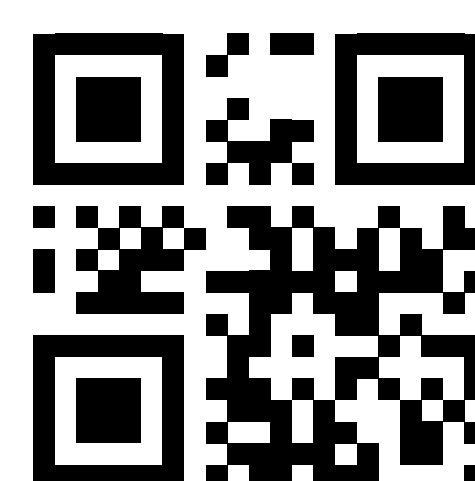


12 x 370g

46023



Brownie

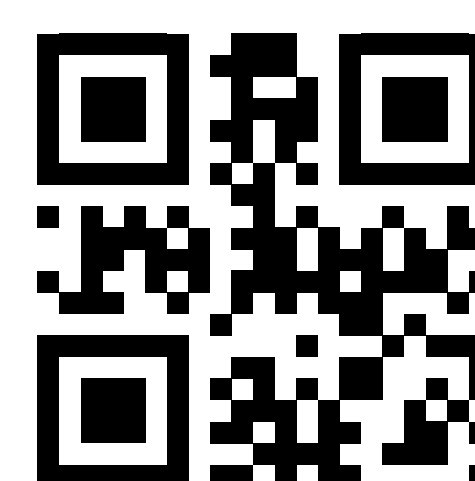


12 x 390g

46025



Chocolate Muffin Mix

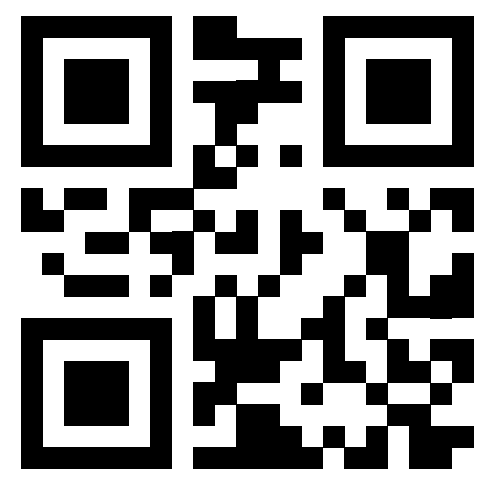


12 x 345g

46024



Mohalaia



12 x 200g

46006



Sahlab

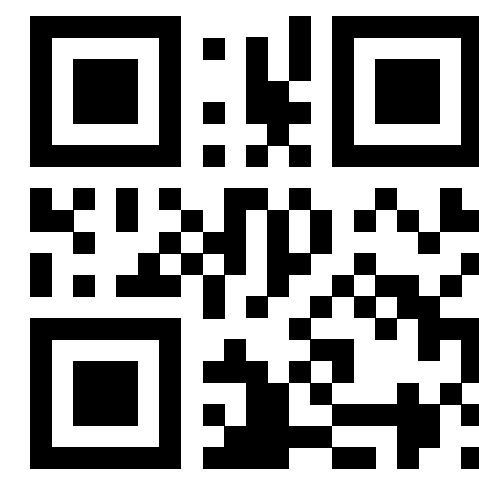


12 x 200g

46007



Carawya

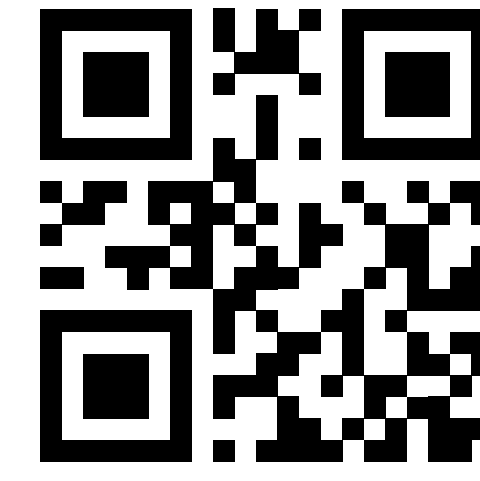


12 x 200g

46003



Mohalabia

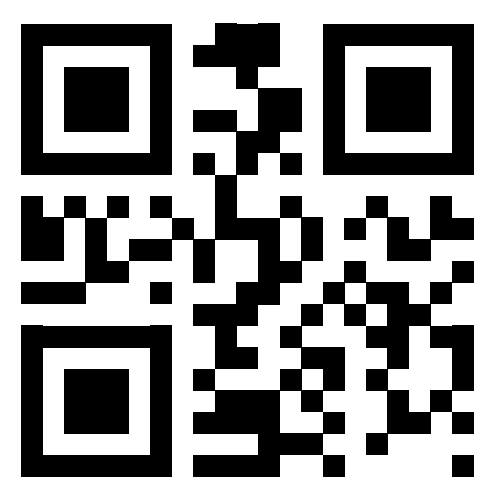


12 x 200g

46005



Custard Powder

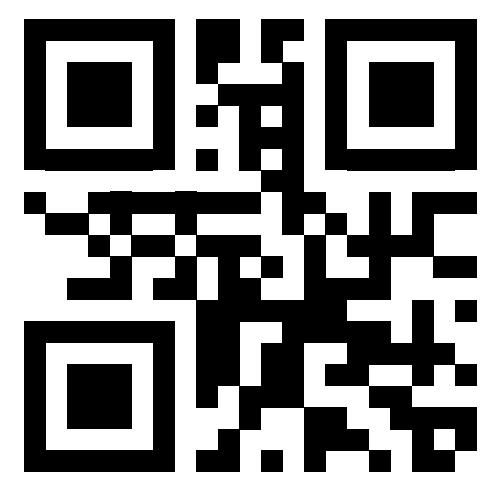


12 x 130g

46018



Dumpling Mix

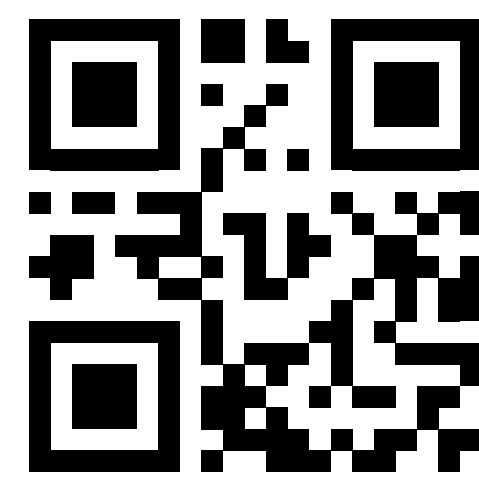


12 x 310g

46004



Basbousa Mix

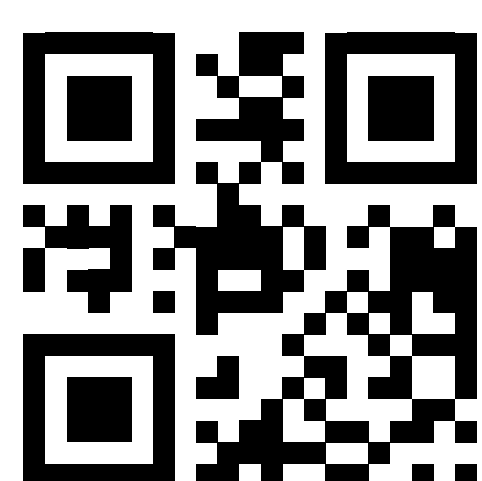


12 x 400g

46008



Original



24 x 410g

40070



Cardamom



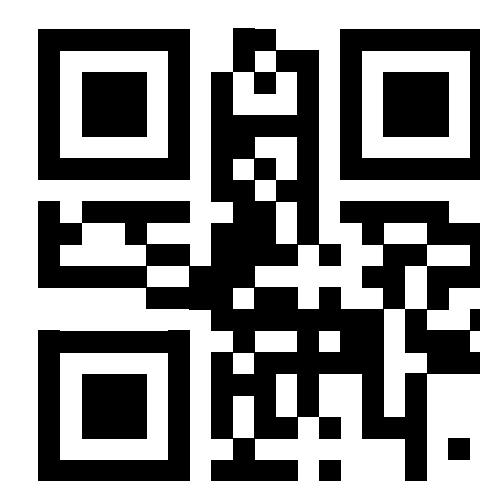
48 x 170g

40039

Sweetened Con-
densed Milk

24 x 397g

40087

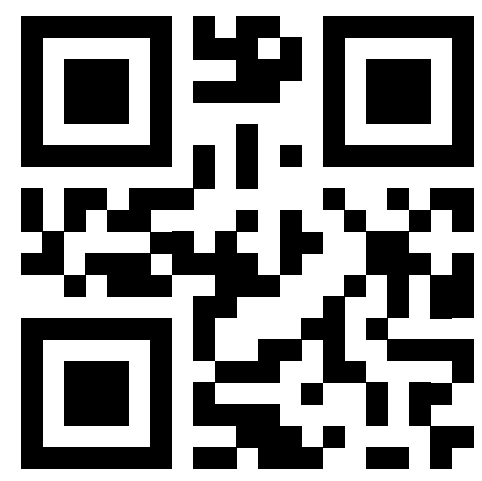
Sweetened Condensed
Milk

48 x 370g

60061



Whipped Cream
Cocoa

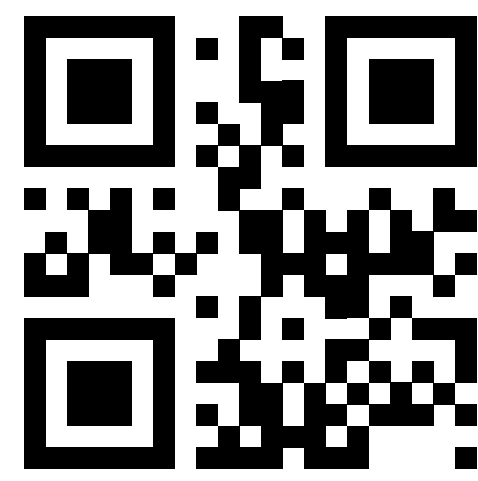


12 x 150g

46000



Whipped Cream

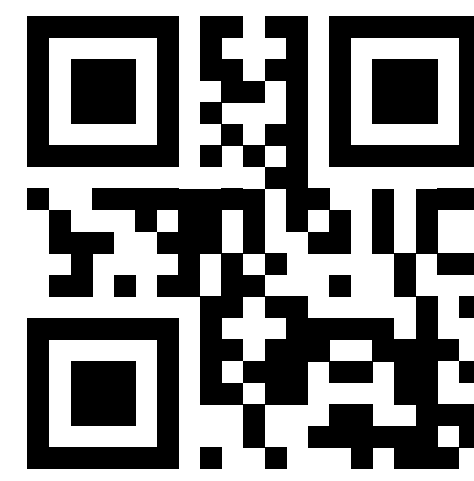


12 x 150g

46001



Whipped Cream

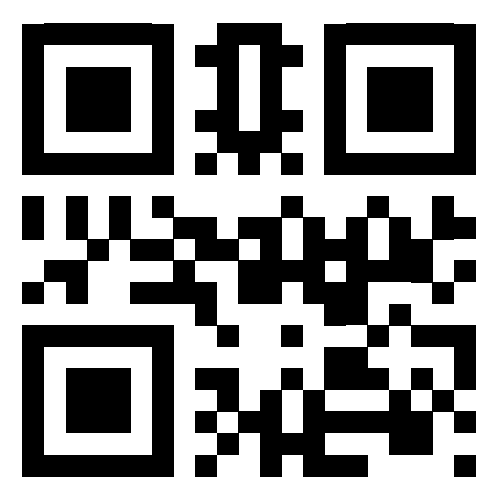


12 x 150g

46002



Caramel Topping
Sauce

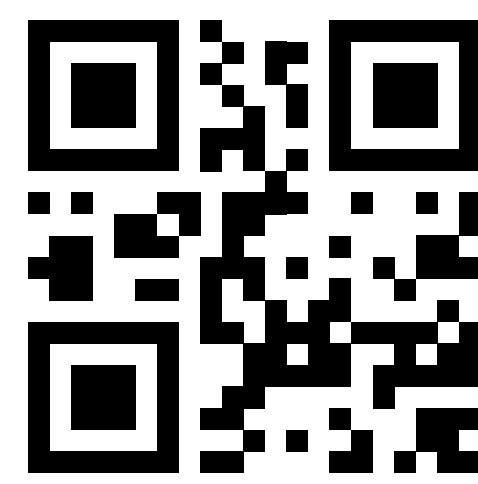


12 x 300g

41221



Chocolate Topping
Sauce

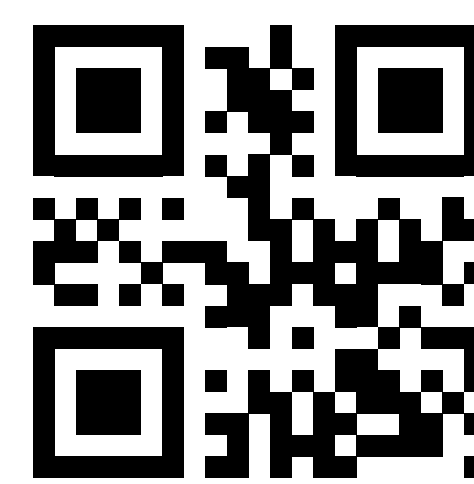


12 x 300g

41222



Strawberry Topping
Sauce

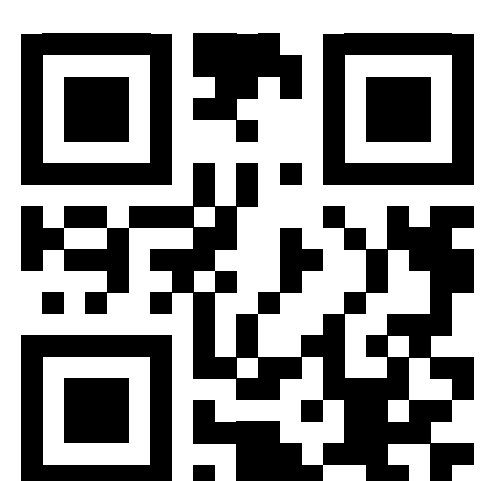


12 x 300g

41223



Vanilin
With Sugar

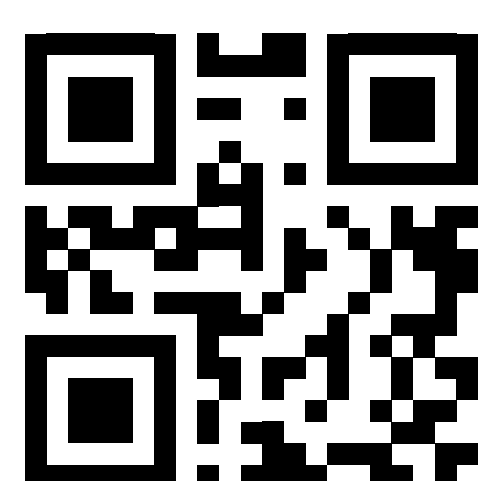


10x(10x5g)

51077



Baking Powder

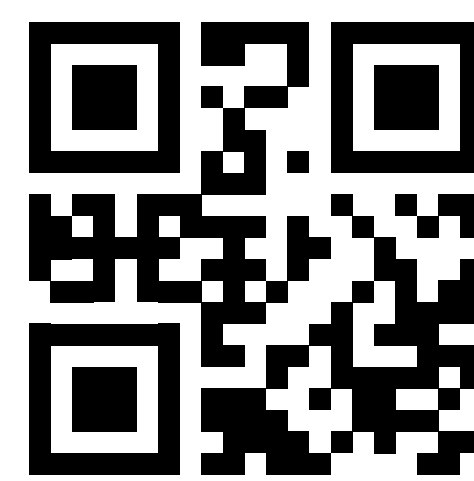


10x(10x10g)

51078



Hazelnut
Chocolate Spread

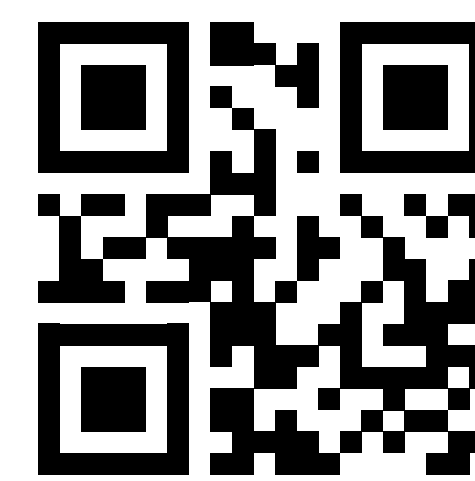


12 x 350g

54026



Hazelnut with Milk
Chocolate Spread



12 x 350g

54027



Nougat
with Caramel

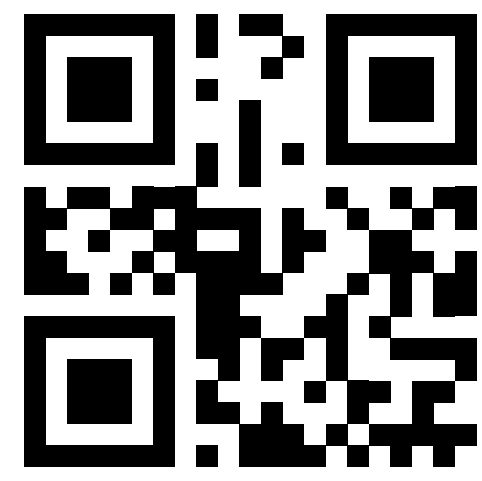


1 x 100pcs

47028



Mini Malban
Kashta

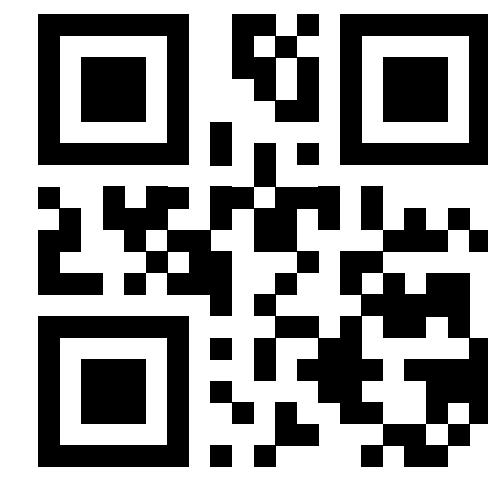


1 x 100pcs

47025



Malban
Pomegranate

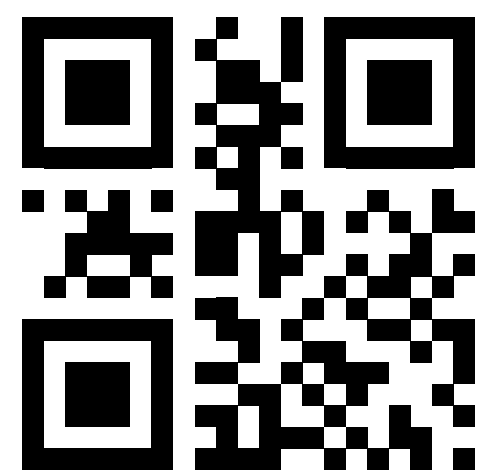


1 x 100pcs

47022



Araysseh Extra

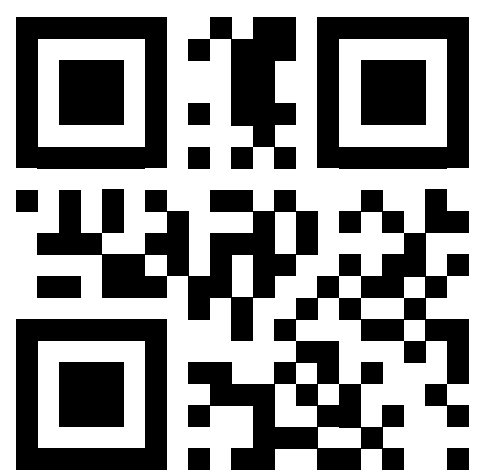


1 x 100pcs

47020



Mann Wa Salwa

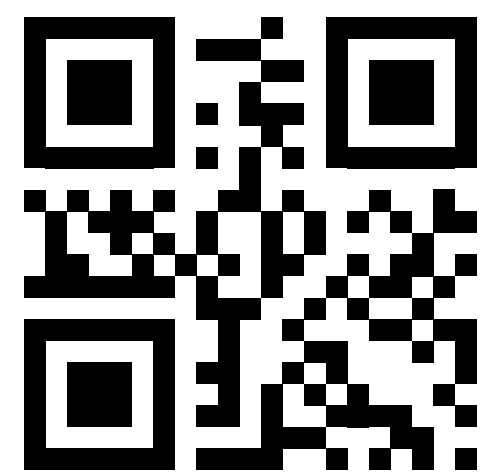


1 x 100pcs

47023



Mini Nougat Green

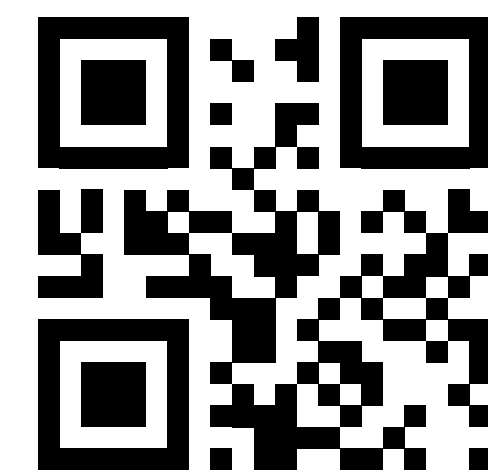


1 x 100pcs

47027



Mini Malban
Pistachio

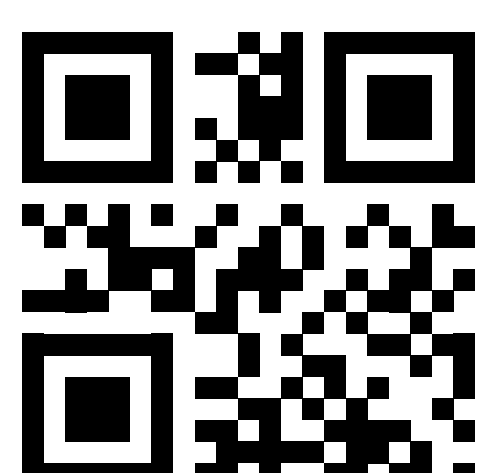


1 x 100pcs

47026



Green Grass

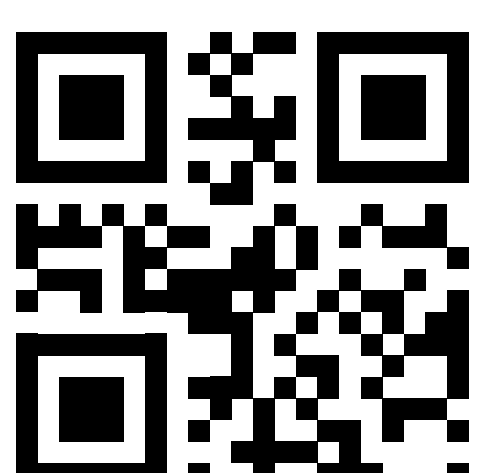


1 x 100pcs

47019



Nougat Royal Extra

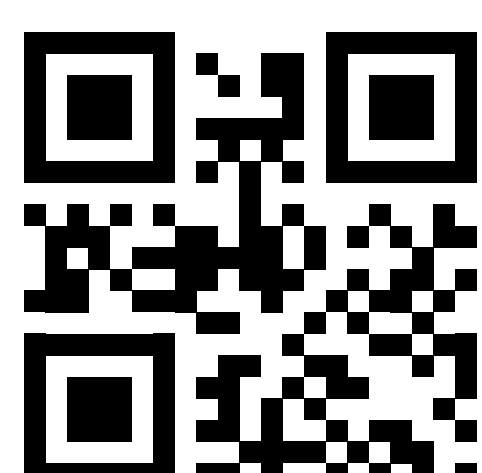


1 x 100pcs

47029



Nougat With
Pistachio

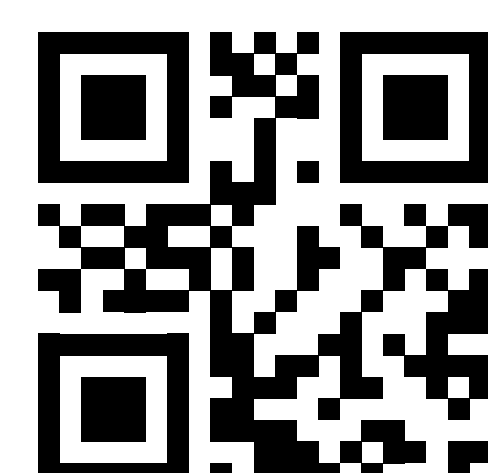


1 x 100pcs

47035



Malban Araysseh
Rose

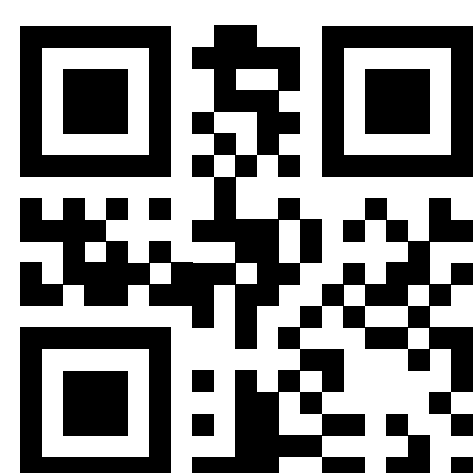


1 x 100pcs

47021

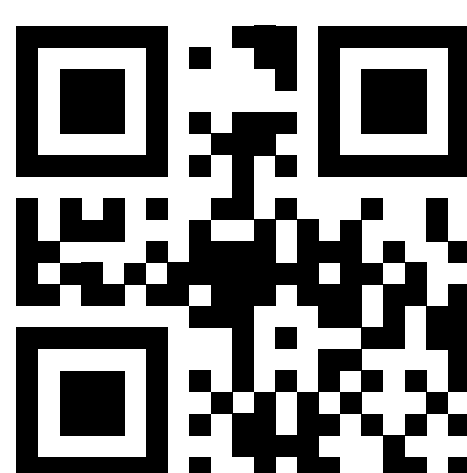


Nougat Apricot



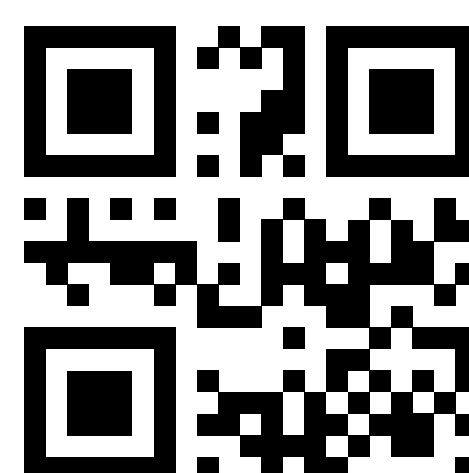
1 x 100pcs

47018

Nougat Malban
Araysseh Cocktail

1 x 100pcs

47070

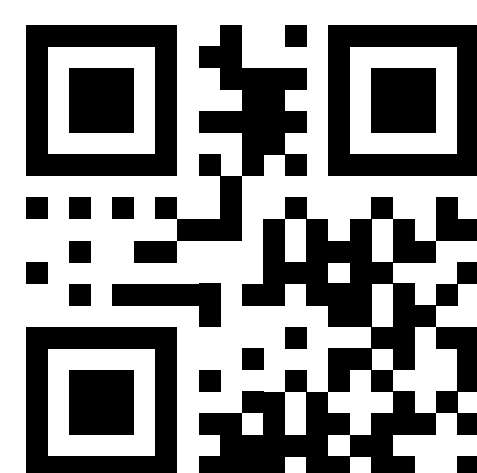
Nougat Finger
Green Grass

1 x 100pcs

47071

Vanilla Pistachio
& Strawberry

1 X (15 x 50g)

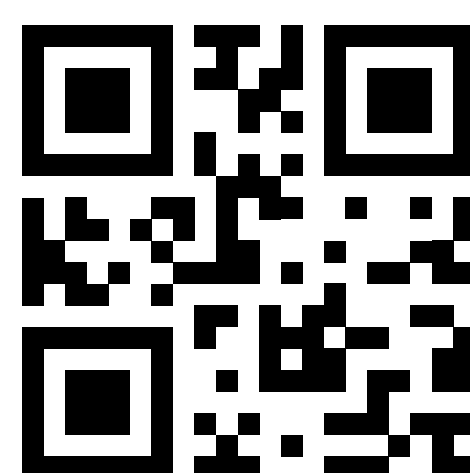


47066



Cranberry Pistachio

1 X (15 x 50g)

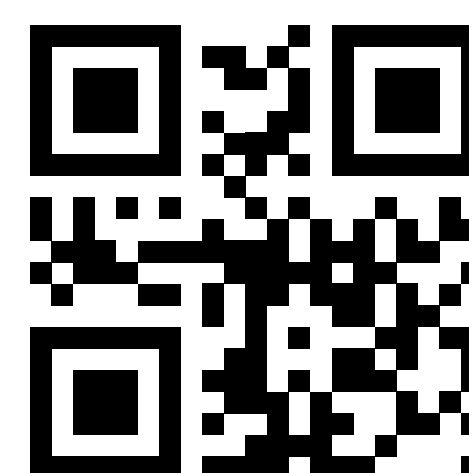


47067



Vanilla Pistachio

1 X (15 x 50g)



47069

Vanilla, Pistachio
& Rose Petal

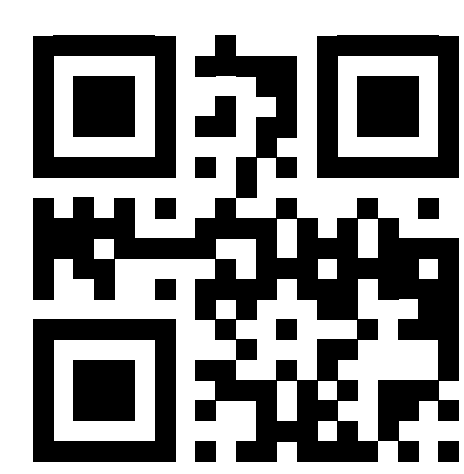
1 X (15 x 50g)



47068



Assorted Chocodate

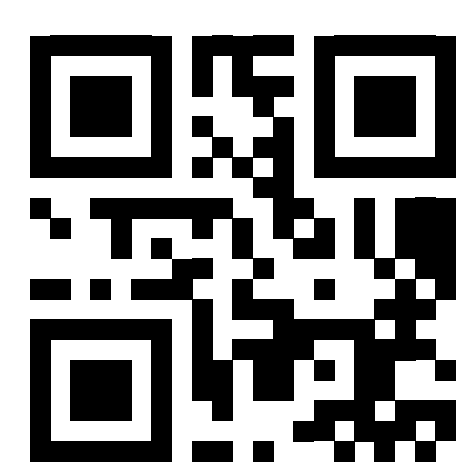


24 x 100g

25910



Coconut Chocodate

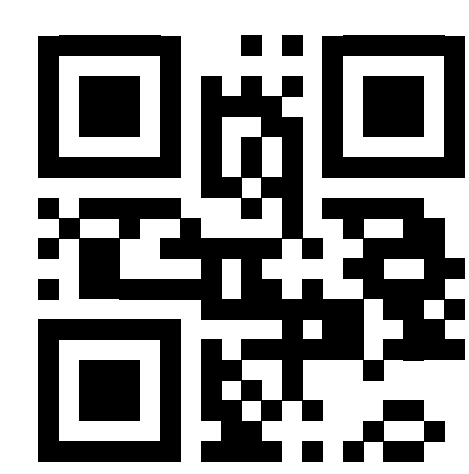


24 x 100g

25911



Dark Chocodate

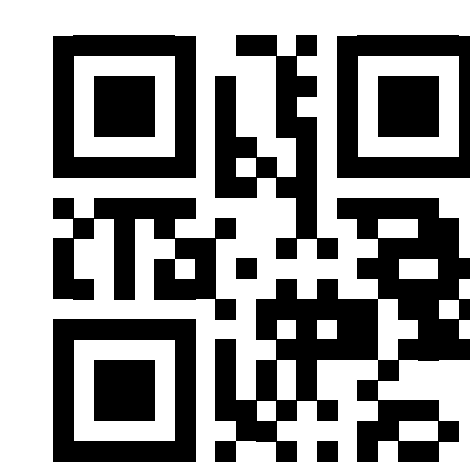


24 x 100g

25912



Milk Chocodate

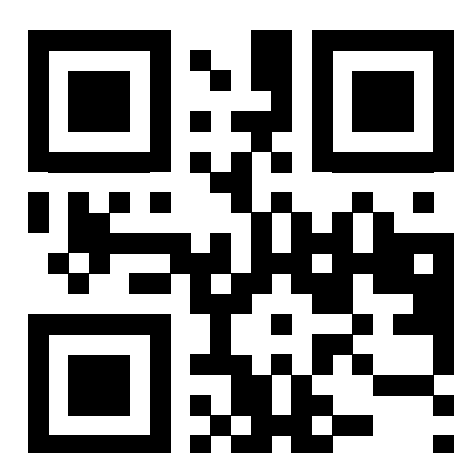


24 x 100g

25913



Pistachio Kunafa
Chocodate

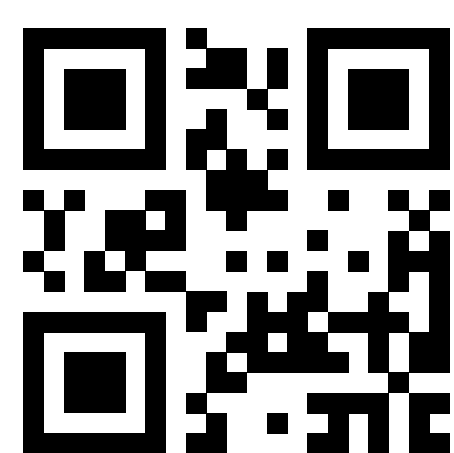


24 x 90g

25963



Kunafa Pistachio
Chocolate Bar

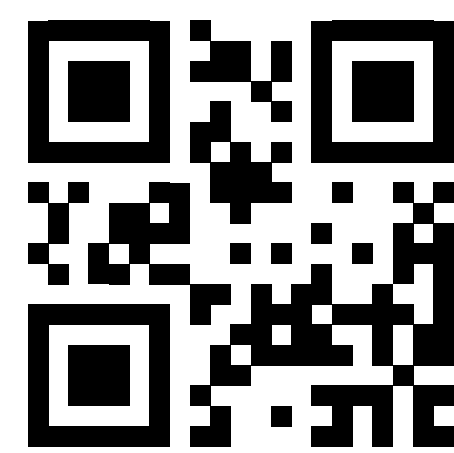


24 x 130g

25964



Kunafa Pistachio
Chocolate Bar



2x(24 x 130g)

25969



Kunafa Pistachio
Chocolate Bar

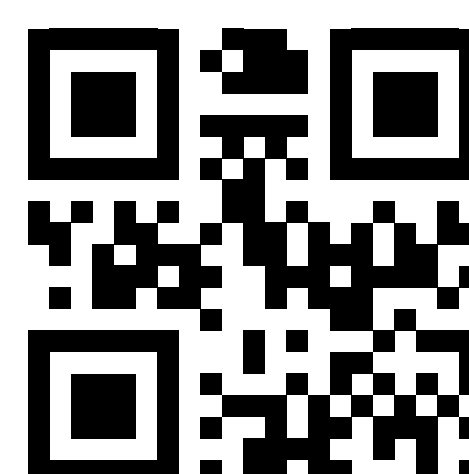


30 x 180g

25965



Dubai Chocolate



10 x 200g

47201



Dubai Chocolate
(Full Pack)

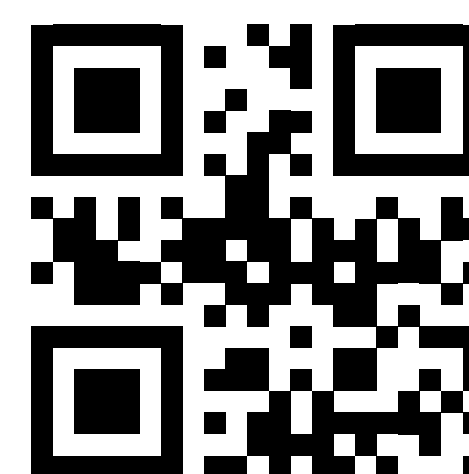


8 x
(10 x 200g)

47202



Dubai Choco

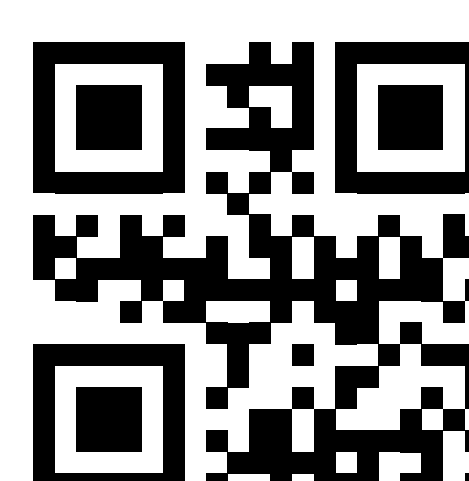


20 x 55g

47203



Dried & Roasted
Kataifi

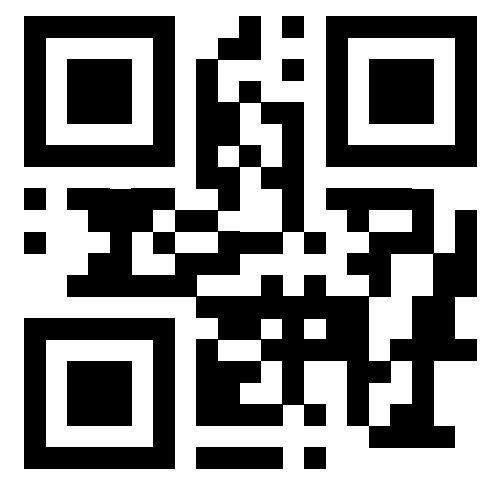


12 x 350g

15410



Assorted Baklawa



12 x 200g

47103

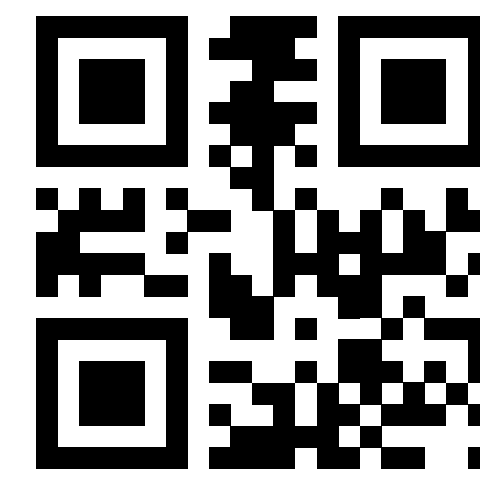


Assorted Baklawa



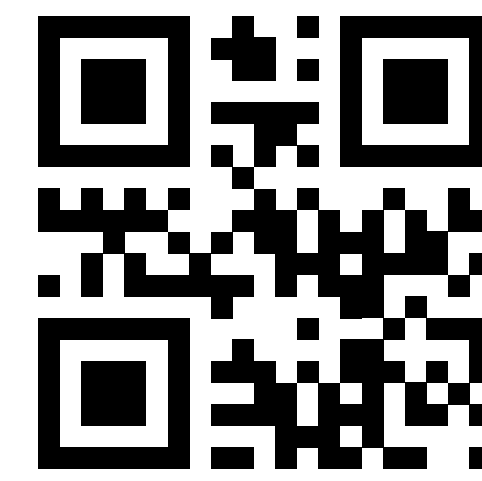
10 x 450g

47102

Premium
Assorted Baklawa

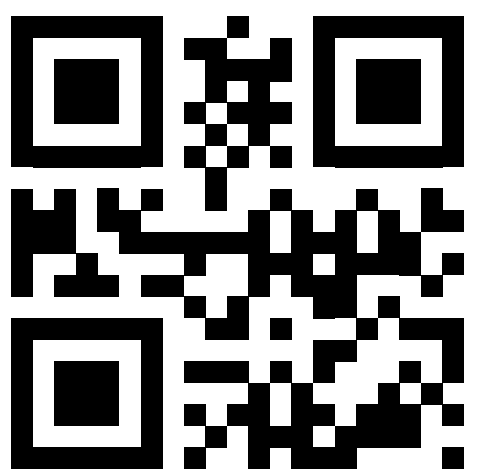
12 x 170g

47106

Premium
Assorted Baklawa

10 x 450g

47105

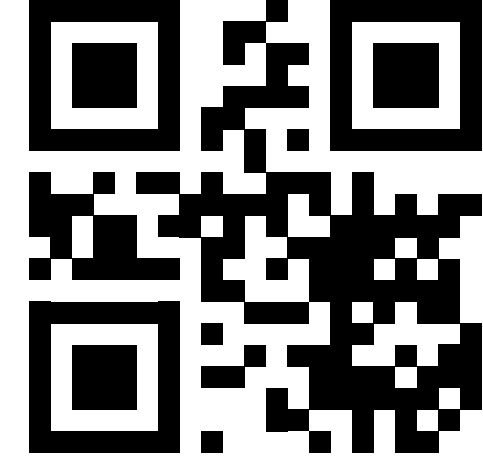
Premium
Assorted Baklawa

6 x 350g

47107



Kunafa With Nuts

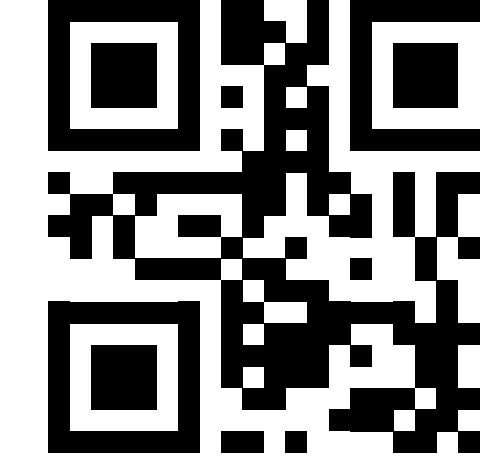


10 x 450g

47109



Bulbul Nest

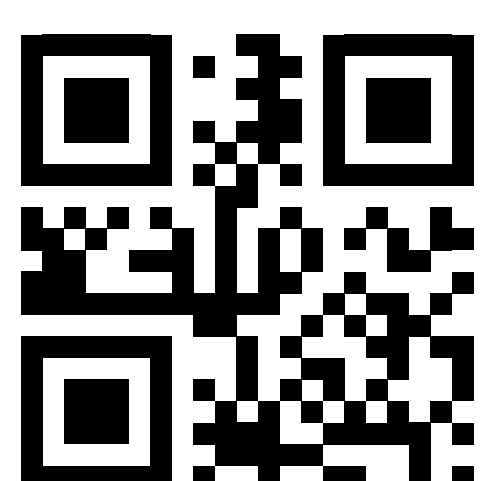


10 x 400g

47104

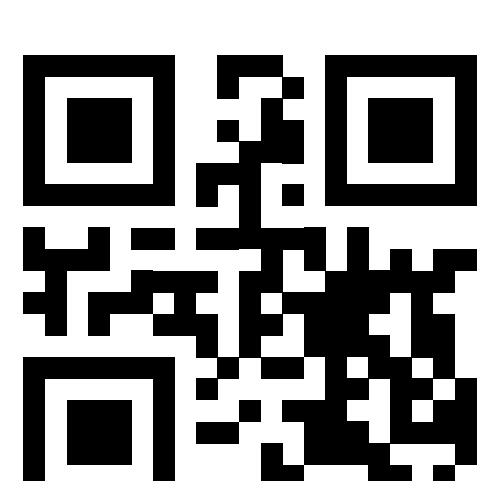


Assorted Baklawa



6 x 450g

47012

Tamria Dates
with Nuts

12 x 200g

47045



Assorted Baklawa



12 x 215g

47009

Bulbul Nest
Kunafa

170pcs

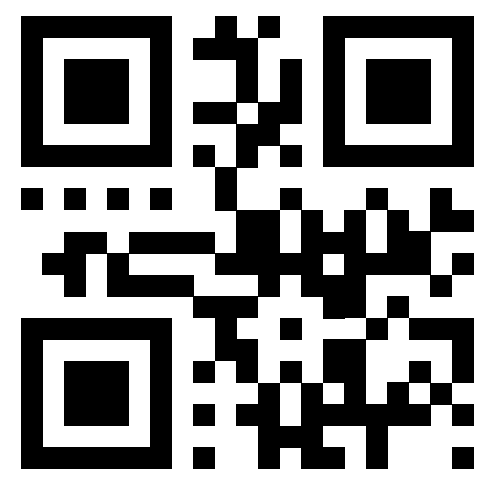
Per kg

5.5kg

15405



Barazek sesame
Cookies

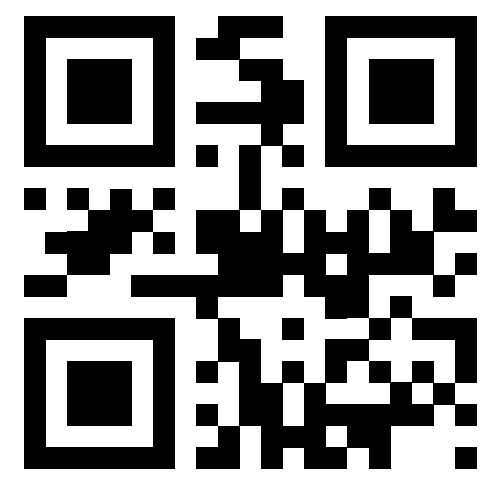


12 x 200g

47100



Maamoul with
Orange & Cocoa

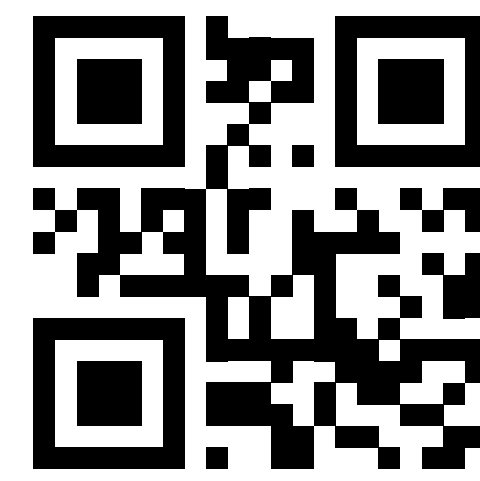


12 x 250g

46099



Maamoul with
Apricot & Almonds

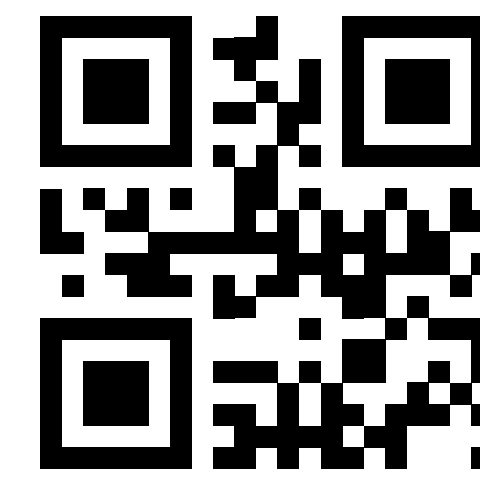


12 x 250g

46098



Maamoul
with Berries

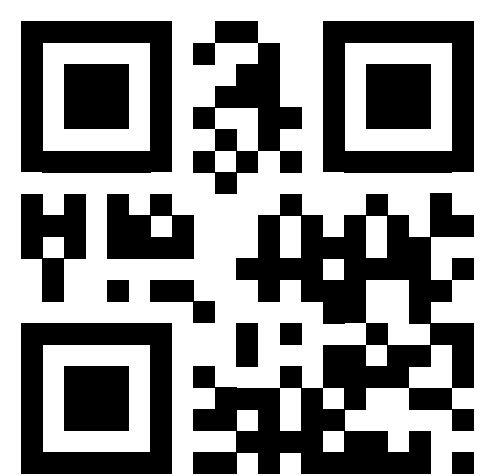


12 x 250g

46095



Maamoul
Plain

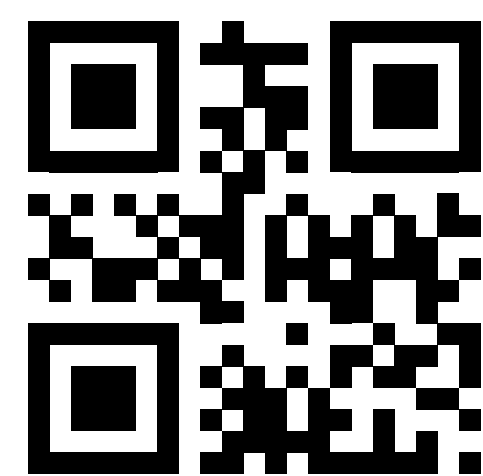


12 x 250g

46092



Maamoul
with Cinnamon

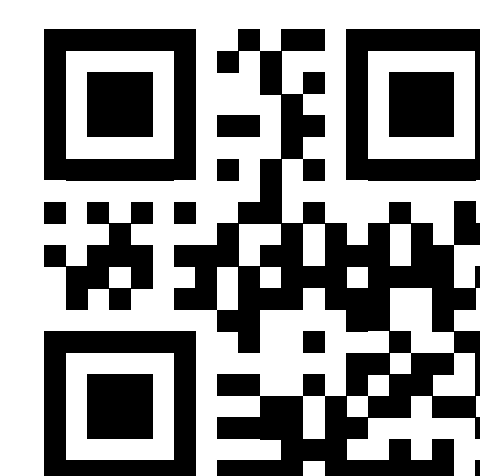


12 x 250g

46093



Maamoul
with Cardamom

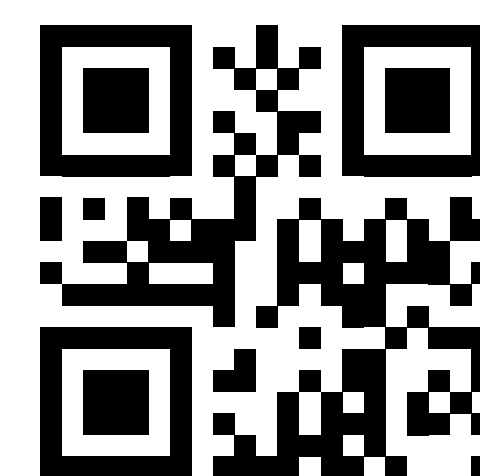


12 x 250g

46094



Maamoul
with Fig & walnuts

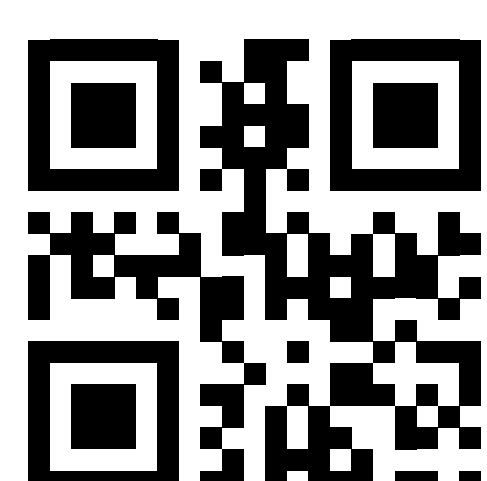


12 x 250g

46097



Maamoul
Original

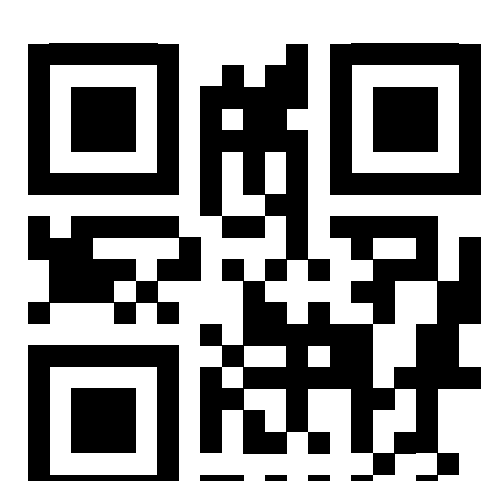


12 x 480g

46096



Date Cookies
Maamoul



12 x 180g

47096



Sesame Cookies
Barazik



12 x 125g

47097



Date Cookies with
Black Seeds

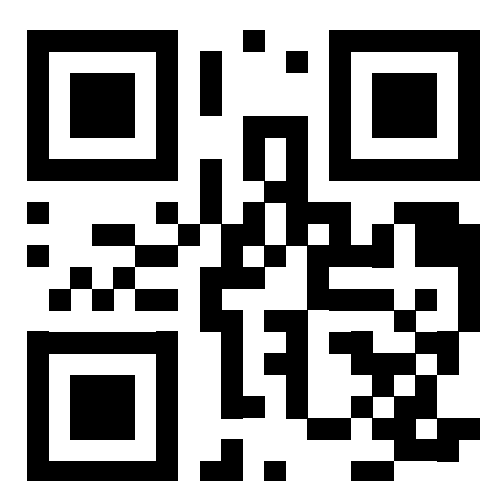


14 x 180g

47098



Maamoul
Dates



12 x 360g

46019



Ajwah

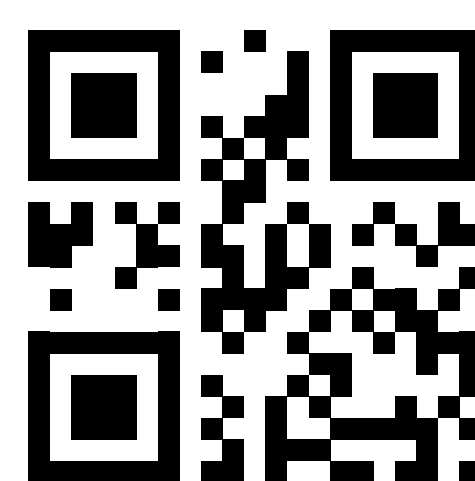


12 x 400g

54057



Barazek

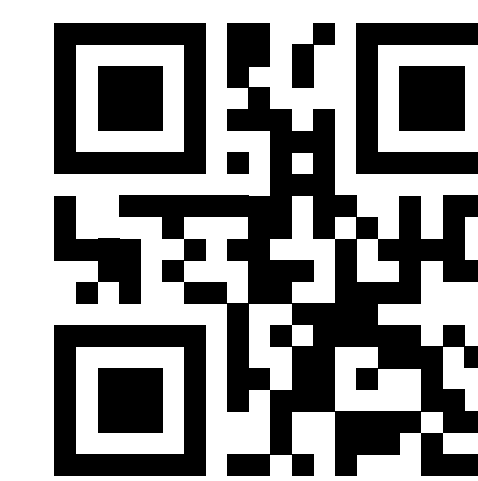


12 x 425g

47014



Ghraybeh

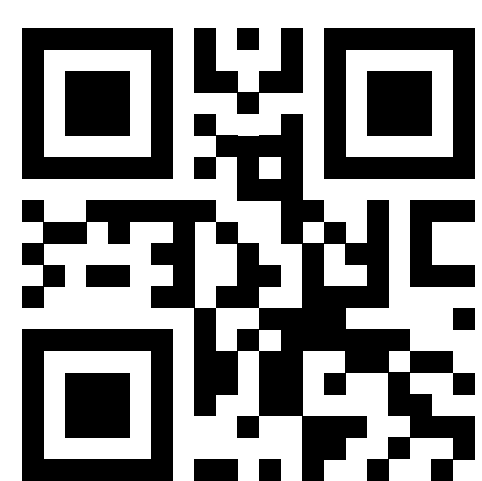


12 x 290g

47015



Assorted
Arabic Sweets

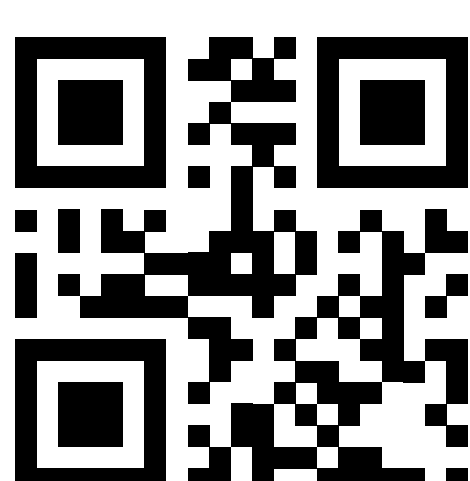


12 x 450g

47011



Bread Sticks
with Sesame

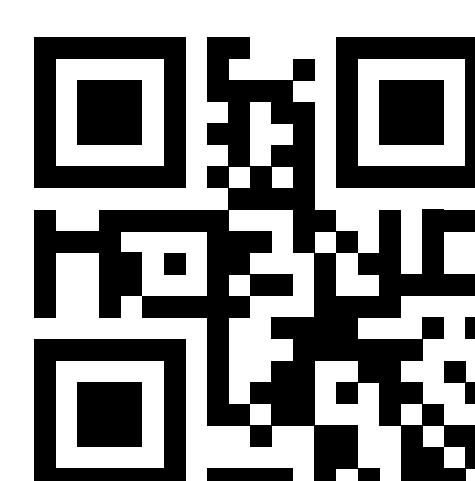


12 x 250g

73005



Plain
Bread Sticks



12 x 250g

47005



Madeira Cake

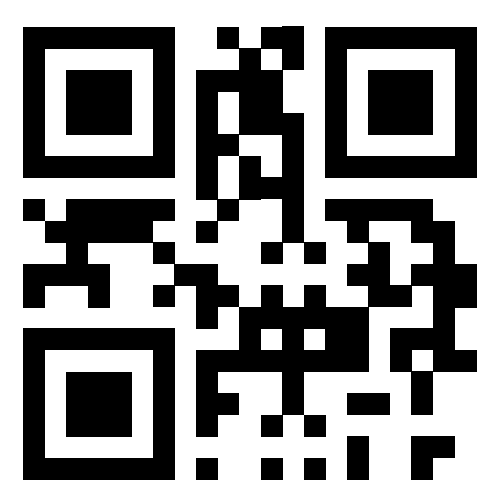


8 x 600g

47038



Sesame Snaps

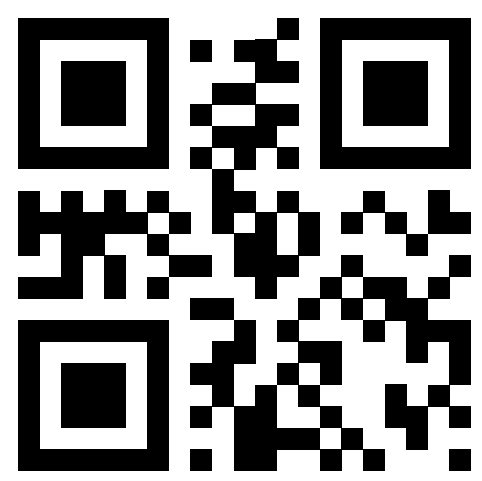


12x(24x30g)

40040



Sesame Snack

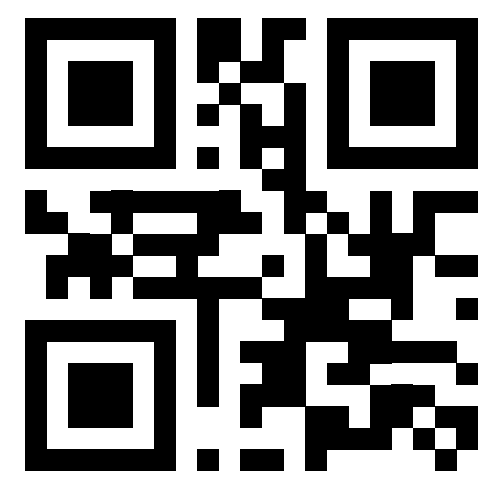


12x(24x30g)

31102



Sesame Snack

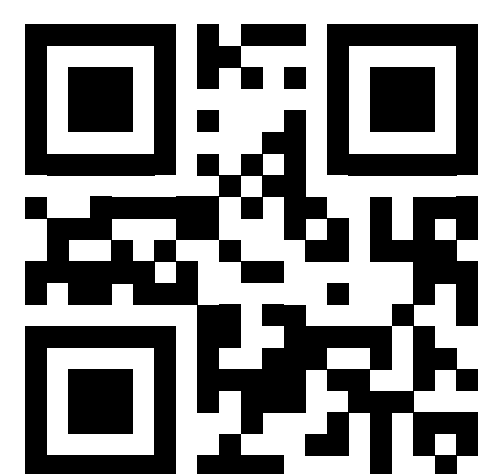


40x(6x27g)

31101



2 FOR £1

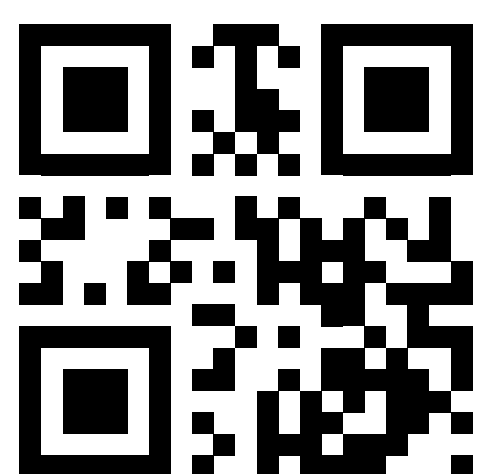
Sunflower Kernel
Crunchy Bar

15 x 45g

41501



2 FOR £1

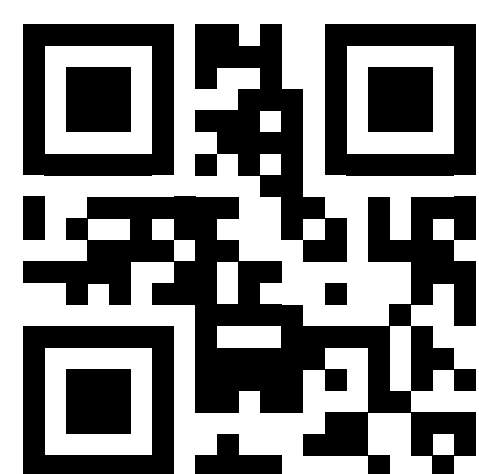
Peanut Crunchy &
Caramel Bar

15 x 45g

41503



2 FOR £1

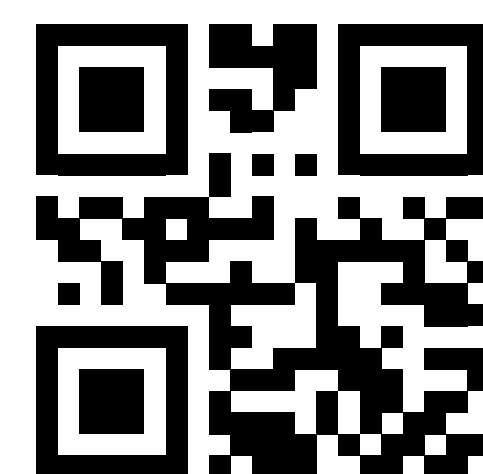
Peanut & Sesame
Crunchy & Caramel Bar

15 x 45g

41504



2 FOR £1

Sesame & Cranberry
Crunchy Bar

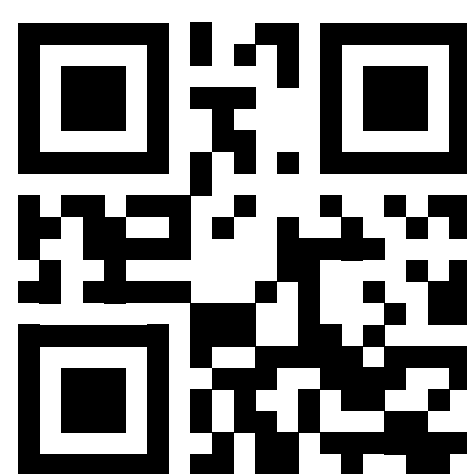
15 x 45g

41505



£3.99

Mango Drinks



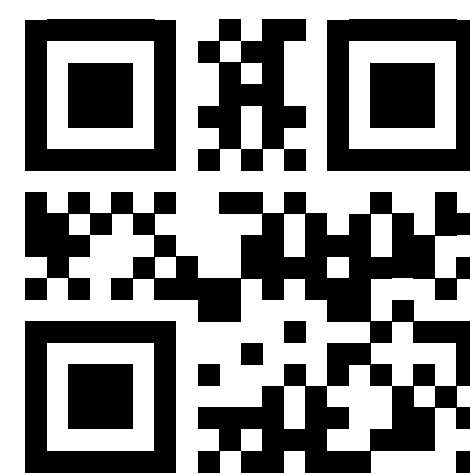
6 x 1kg

46104



£3.99

Mixberry Drinks



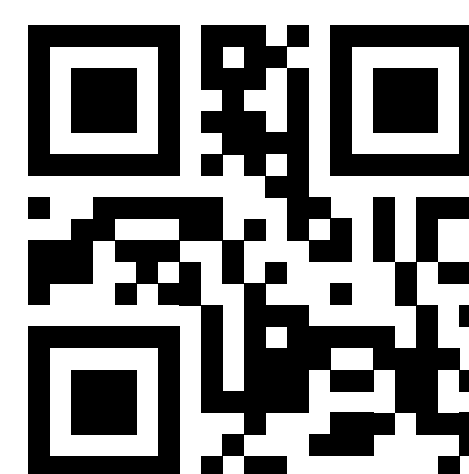
6 x 1kg

46103



£3.99

Orange Drinks



6 x 1kg

46101



£3.99

Pineapple Drinks

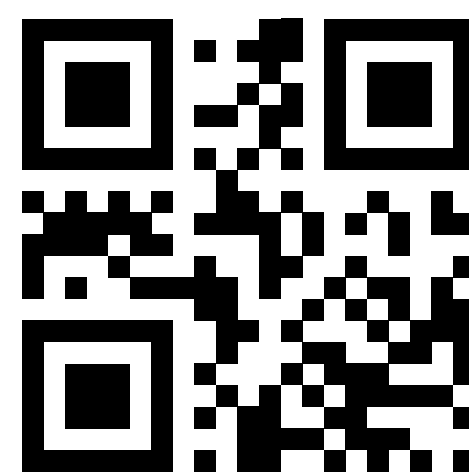


6 x 1kg

46102



Orange

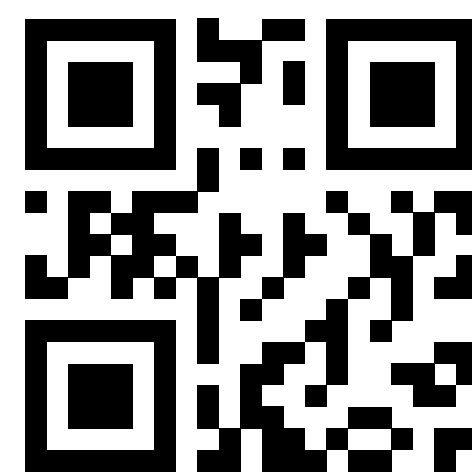


6 x 2kg

46061



Mango

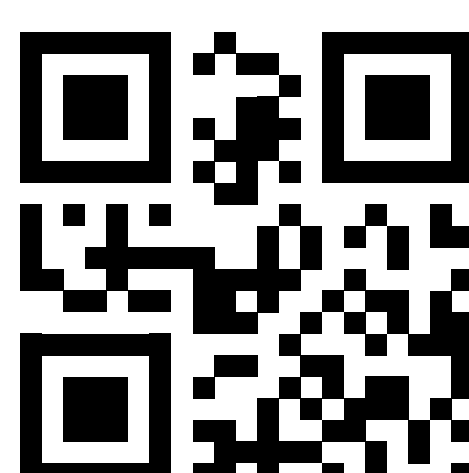


6 x 2kg

46054



Orange

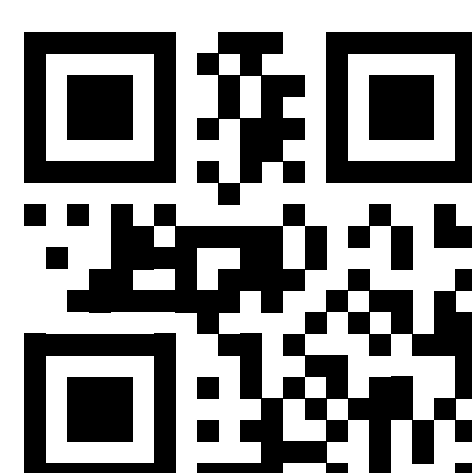


24 x 375g

46063



Mango

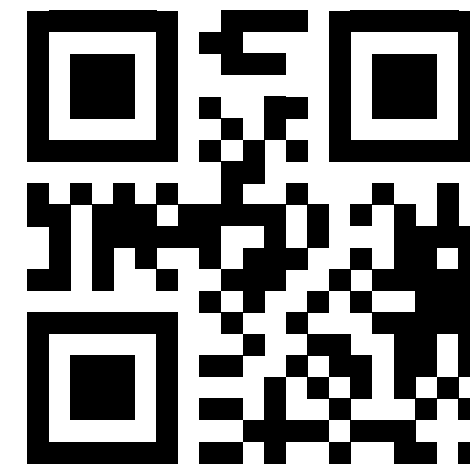


24 x 375g

46056



Vimto

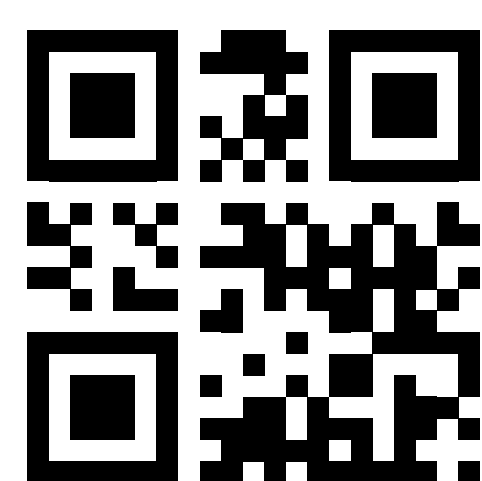


12 x 710ml

46070



Blossom Honey

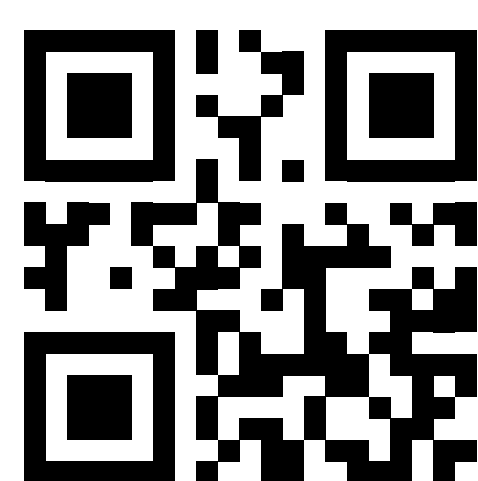


6 x 1kg

54056

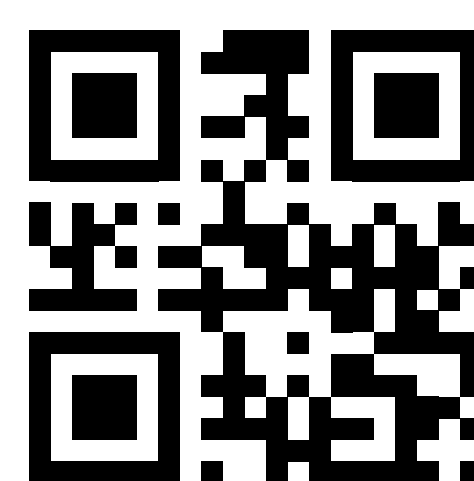


Blossom Honey



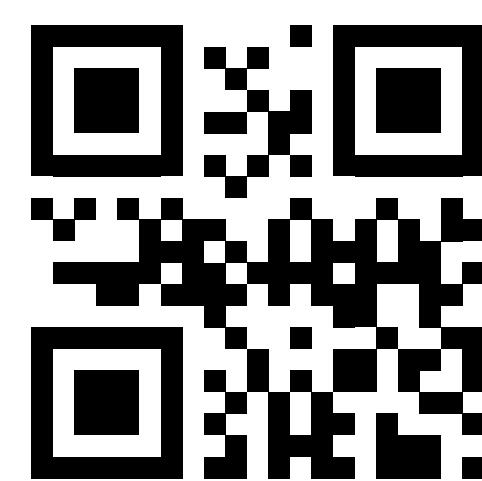
12 x 500g

54055

Flower Honey
Squeeze

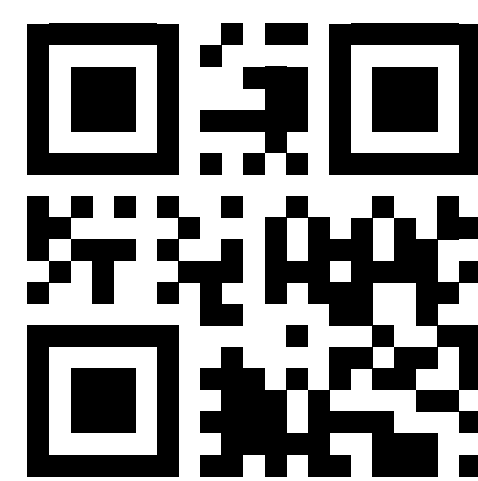
12 x 340g

54054

Greek Chestnut
Honey

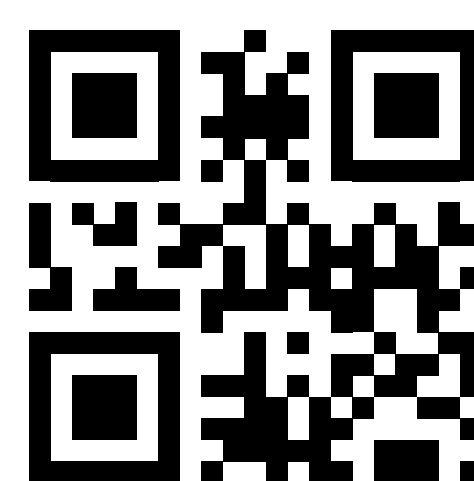
6 x 470g

54059

Greek Pine
Honey

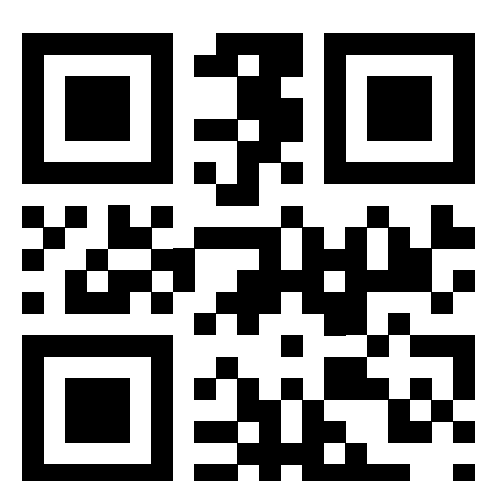
6 x 470g

54061

Greek Oak
Honey

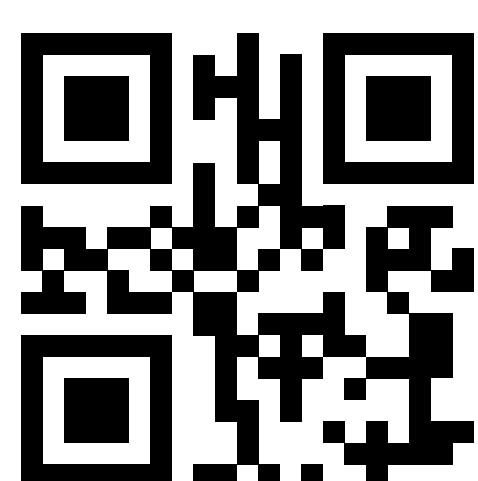
6 x 470g

54060

Forest
Honey

6 x 500g

54064

Mountain
Honey

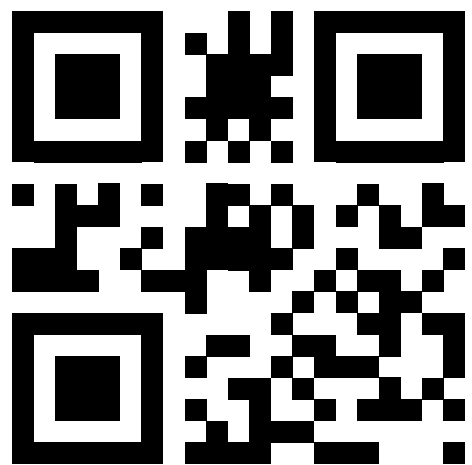
6 x 500g

54065



£1.80

Apricot
Jam



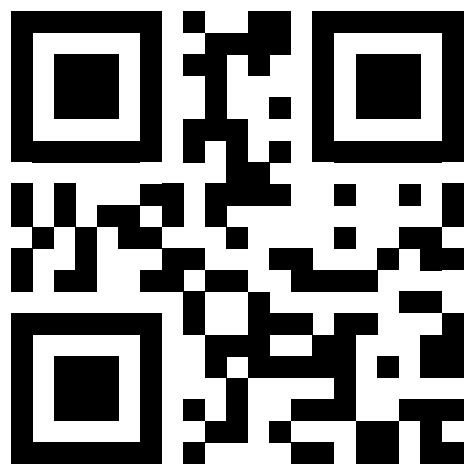
12 x 370g

40090



£1.80

Fig
Jam



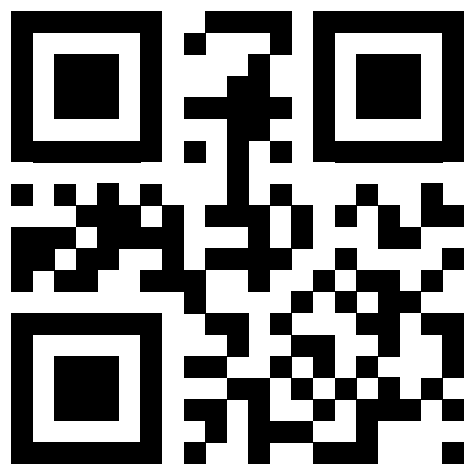
12 x 370g

40093



£2.80

Figs with Walnut
Jam



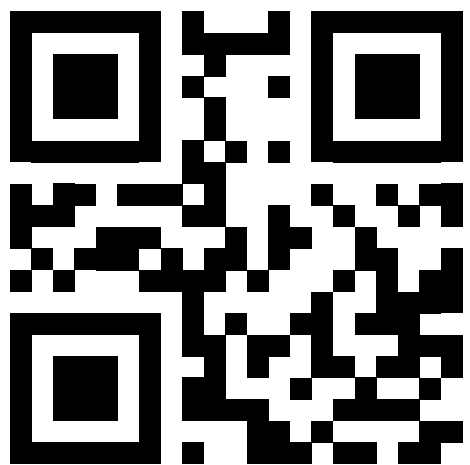
12 x 370g

40094



£1.80

Strawberry
Jam



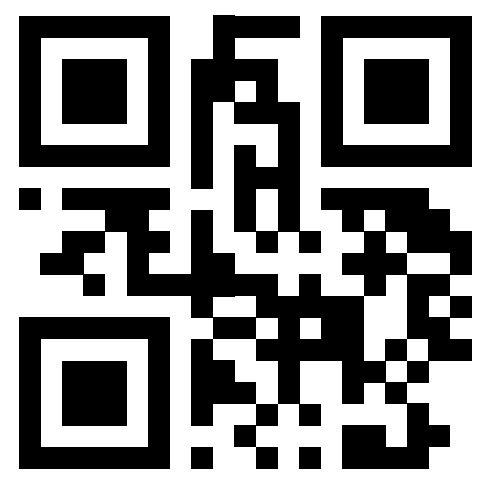
12 x 370g

40095



RRP
£1.59

Chamomile



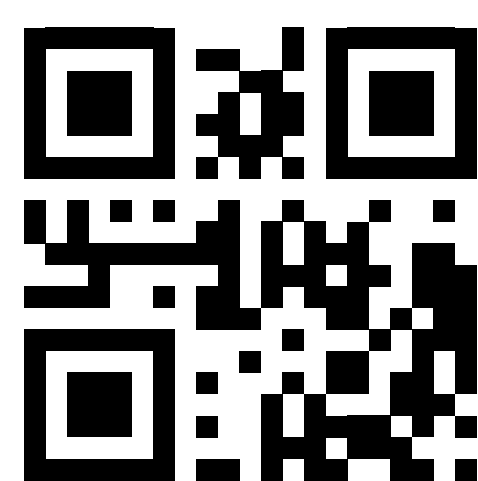
6 x 20 bags

41001



RRP
£1.99

Dite (Regime) Slim



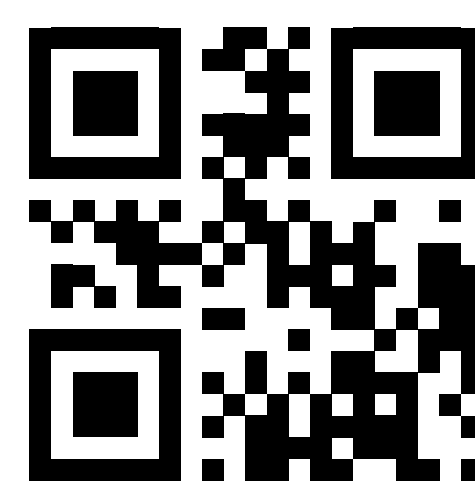
6 x 20 bags

41030



RRP
£1.59

Hibiscus



6 x 20 bags

41017



RRP
£1.59

Anise



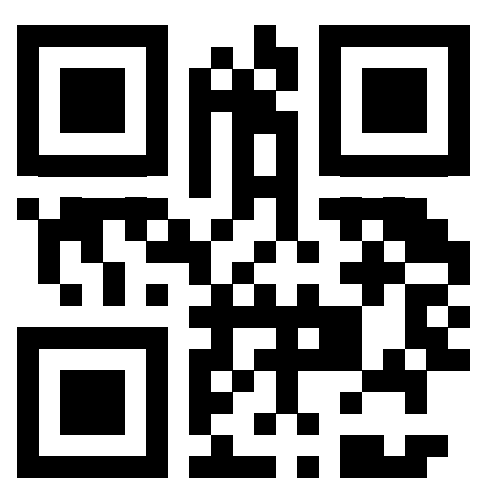
6 x 20 bags

41000



RRP
£1.59

Zhourat Lebnaniah



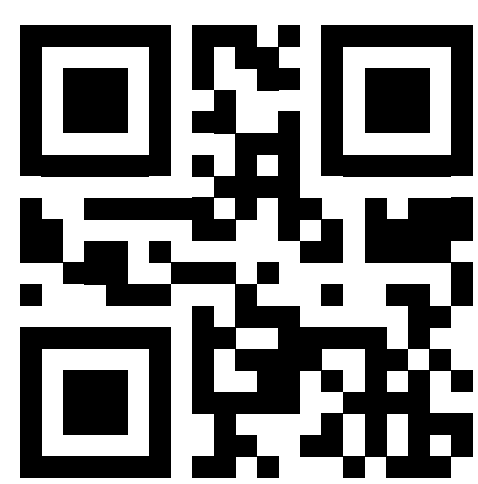
6 x 20 bags

41028



RRP
£1.59

Zhourat Shamia



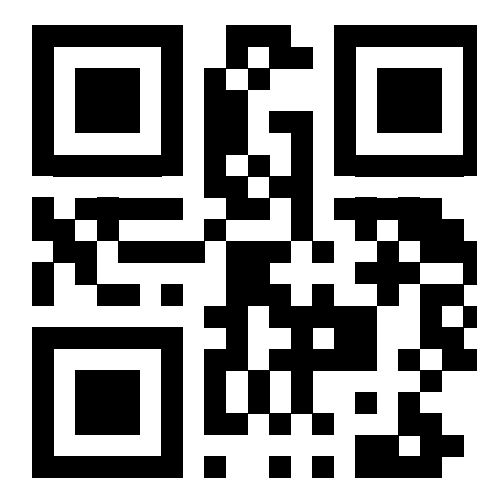
6 x 20 bags

41029



RRP
£1.59

Spearmint



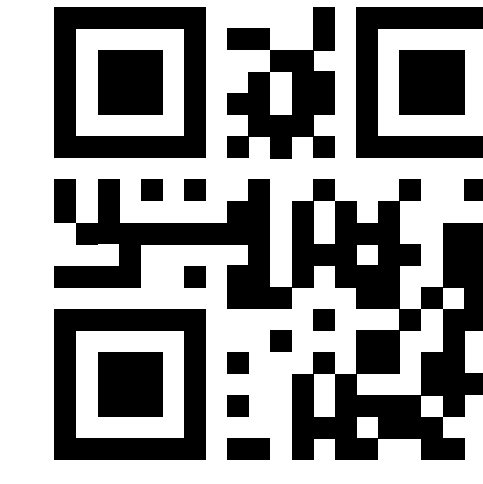
6 x 20 bags

41026



RRP
£1.59

Fit & Slim



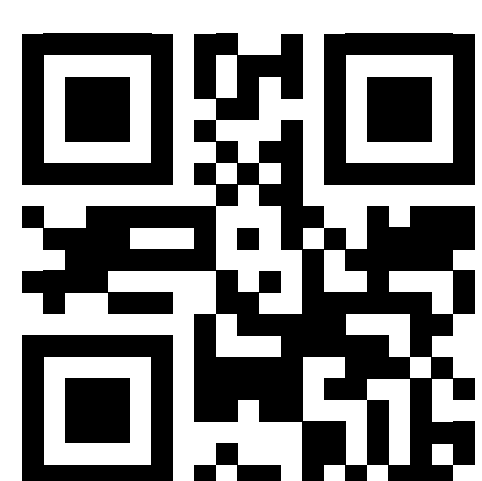
6 x 20 bags

41005



RRP
£1.59

Green Tea
Cinnamon & Ginger



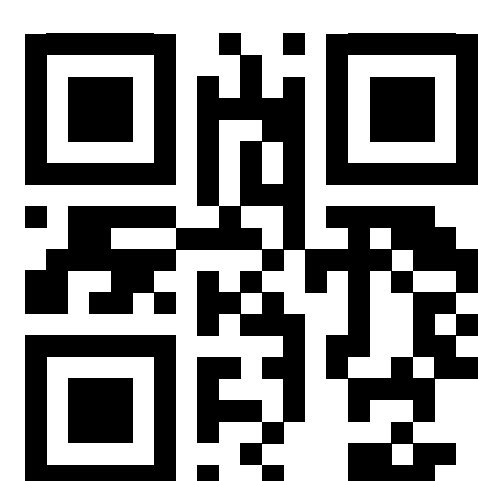
6 x 20 bags

41014



RRP
£1.59

Green Tea



6 x 20 bags

41009



RRP
£1.59

Green Tea & Mint



6 x 20 bags

41013



RRP
£1.59

Green Tea & Lemon

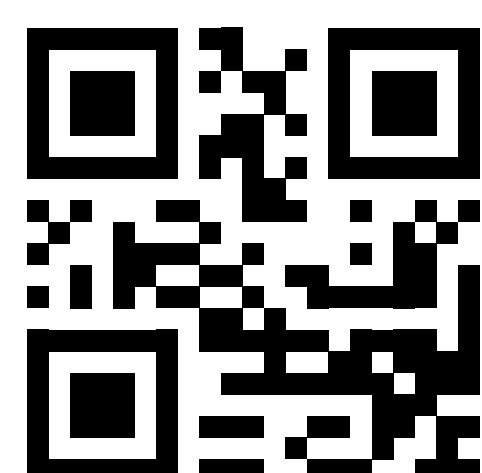


6 x 20 bags

41012



Ginger & Honey

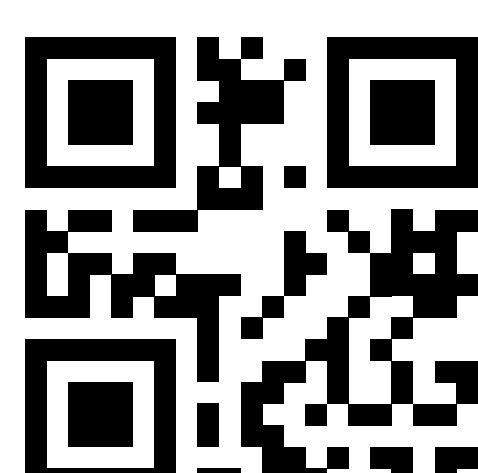


6 x 20 bags

41007



Lemon Verbena



6 x 20 bags

41022



Sage



6 x 20 bags

41025



Thyme



6 x 20 bags

41027



Cumin & Lemon

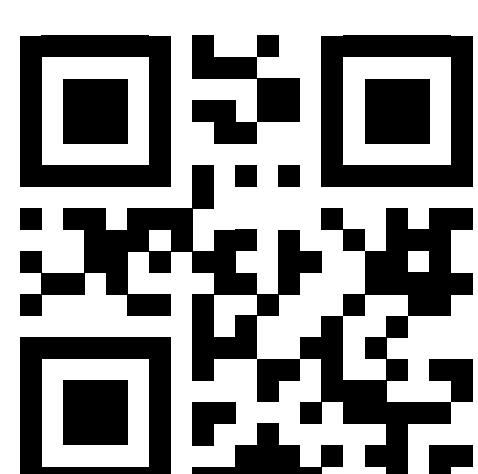


6 x 20 bags

41004

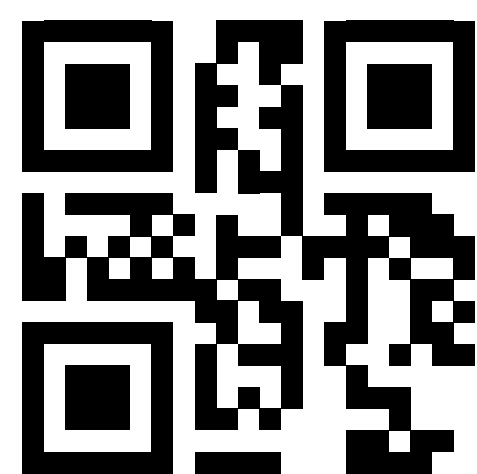


Ginger & Lemon



6 x 20 bags

41008

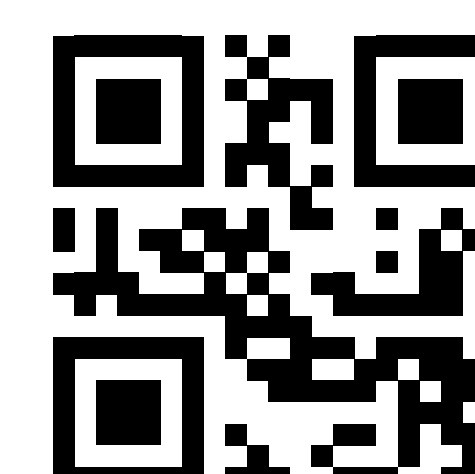
Green Tea Genseng
& Honey

6 x 20 bags

41016



Camomile & Mint



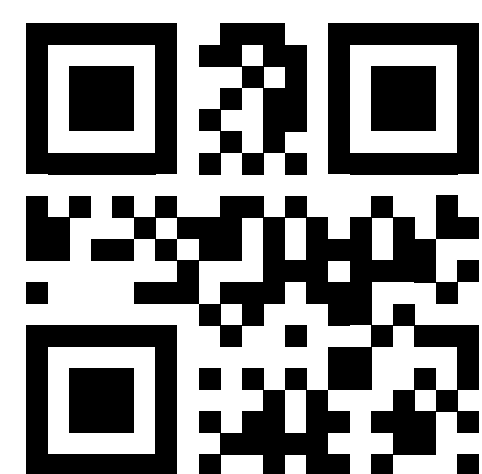
6 x 20 bags

41003



RRP
£3.89

Cardamom Tea



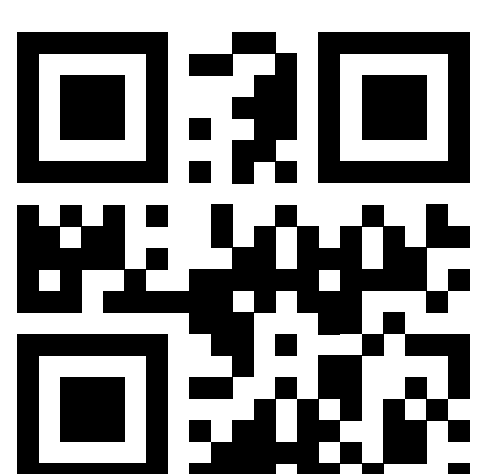
20 x 500g

41091



RRP
£3.89

Earl Grey Tea



20 x 500g

41092



RRP
£3.89

Ceylon Black Tea

BUY 5 GET 1 FREE



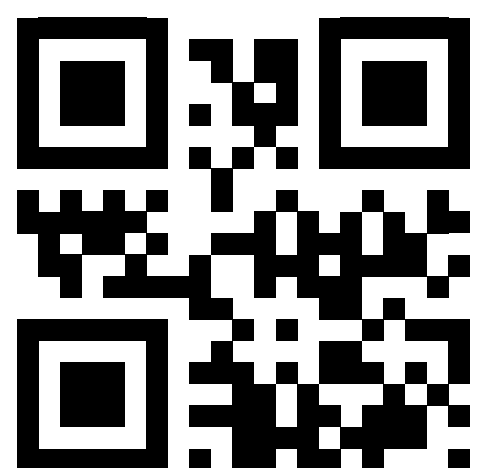
20 x 500g

41093



RRP
£1.99

Earl Grey Tea
(bags)



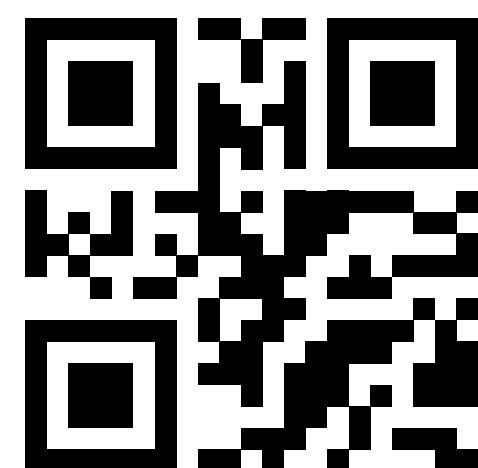
100 x
(12 x 200g)

41096



RRP
£1.99

Cardamom Tea
(bags)



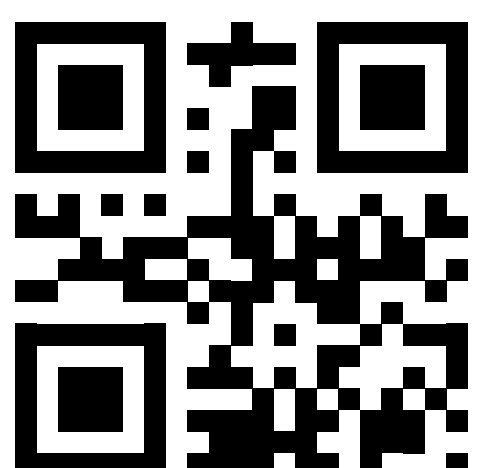
100 x
(12 x 200g)

41095



RRP
£1.99

Ceylon Black Tea
(bags)

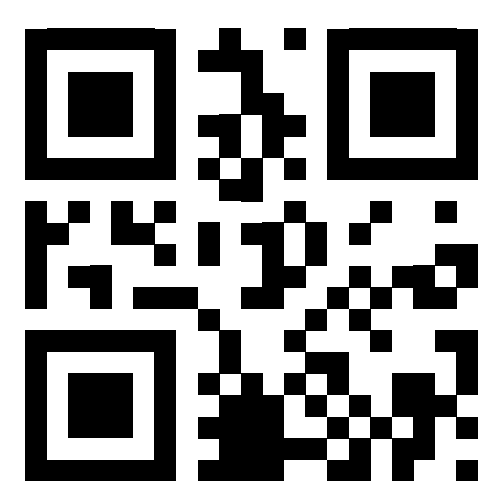


100 x
(12 x 200g)

41097



Ceylon

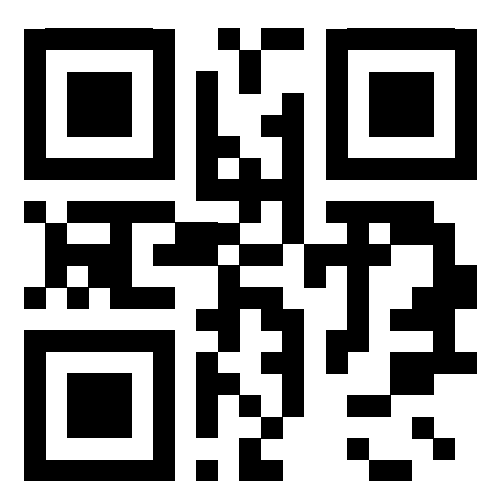


24 x 500g

41036



Earl Grey

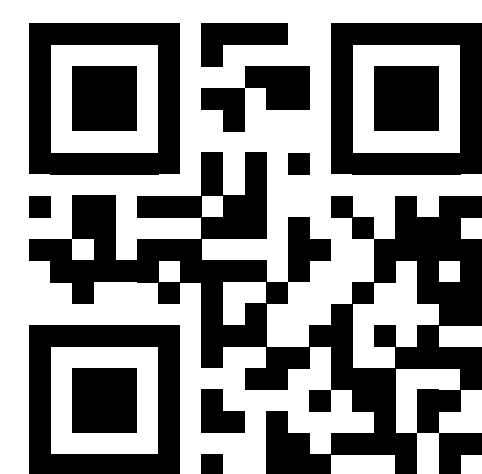


24 x 500g

41037



Ceylon

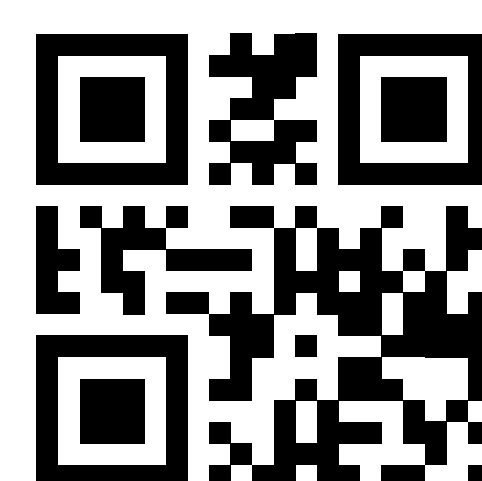


24 x 100 bags

41034



Green Tea



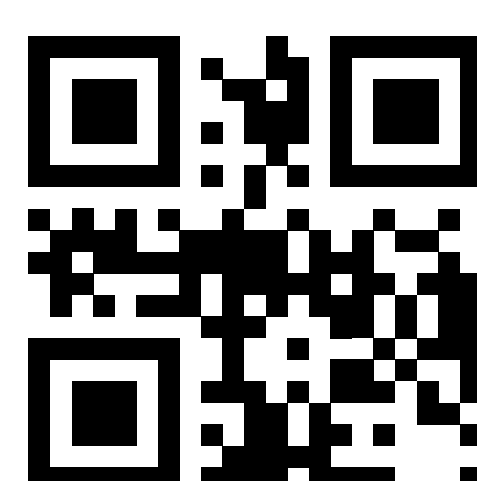
60 x 200g

41071

Yerba Mate Kharta
White

20 x 250g

41082

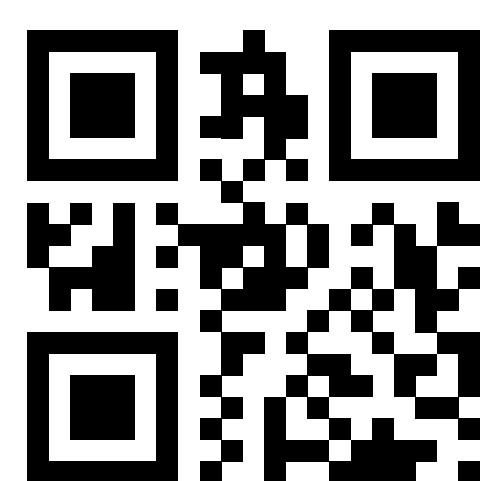
Yerba Mate Kharta
Green

20 x 250g

41081



Turkish
Blend

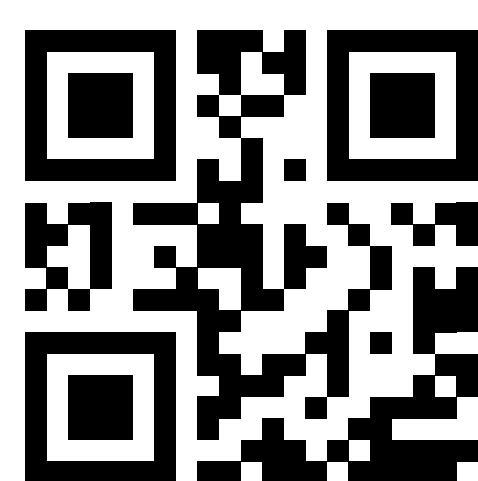


6 x 200g

41058



Saudi
Blend



6 x 200g

41057



Damascene
Blend



6 x 200g

41055



Lebanese
Blend

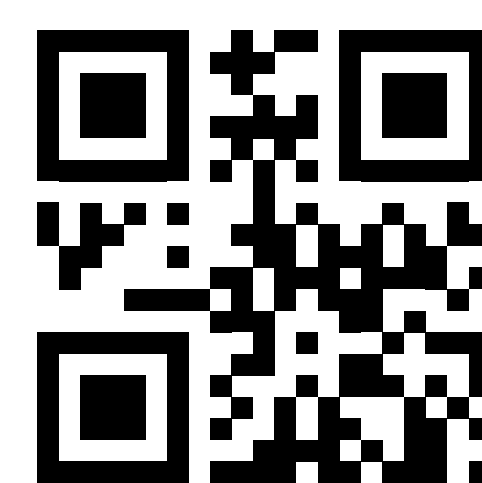


6 x 200g

41056



Najd Blend Coffee



6 x 200g

41351



Plain

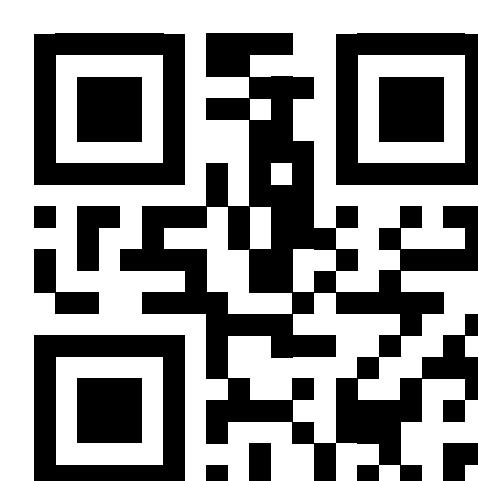


20 x 200g

41045



Plain



10 x 450g

41046



Cardamom



20 x 200g

41041



Cardamom

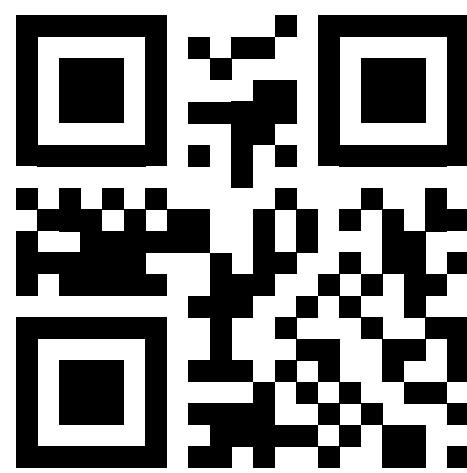


10 x 450g

41042



Tortilla

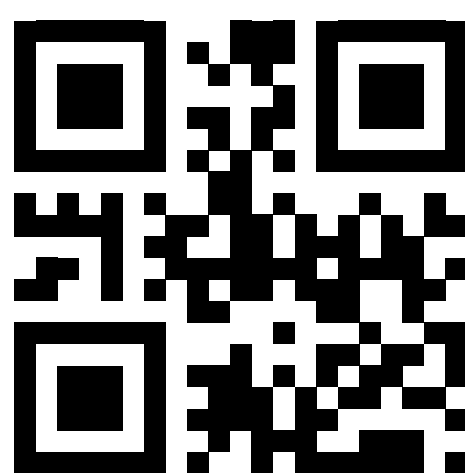


8x(12x30cm)

47083



Tortilla

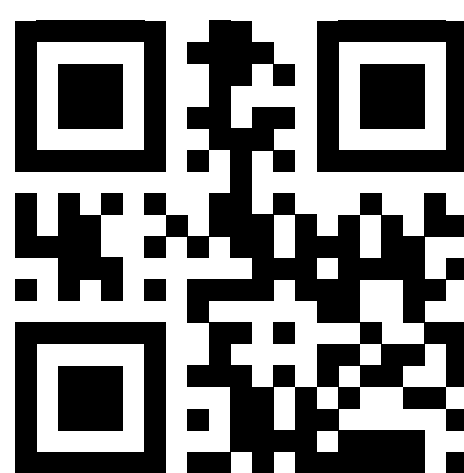


6x(10x25cm)

47082



Tortilla

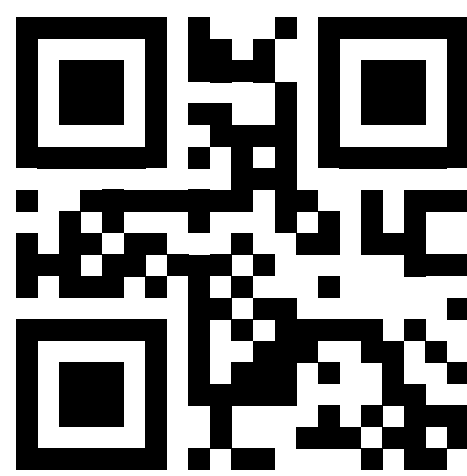


14x(6x25cm)

47080



Tortilla

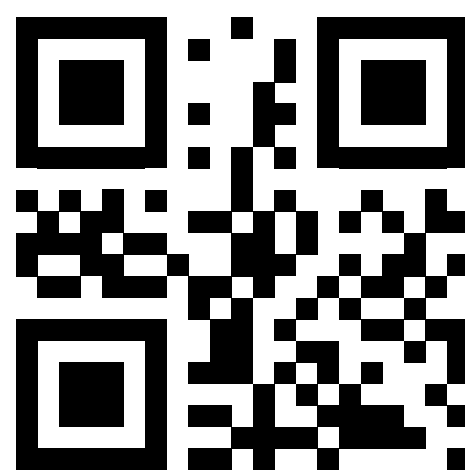


6x(18x30cm)

47085



Tortilla

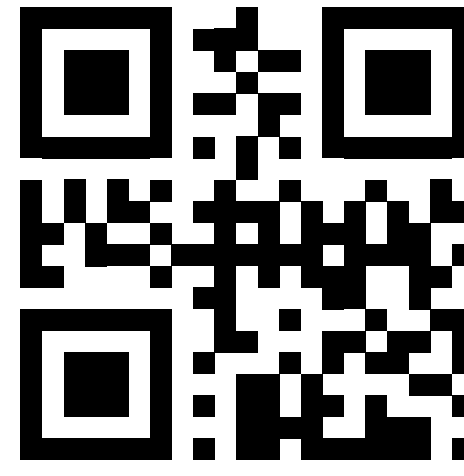


8x(10x25cm)

47084



Tortilla
Wholemeal



14x(6x25cm)

47086

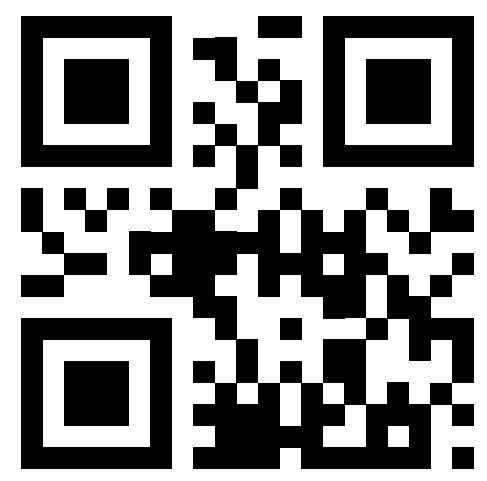


Britain's First Mediterranean Food Supplier

Dates



Mabroom
Dates

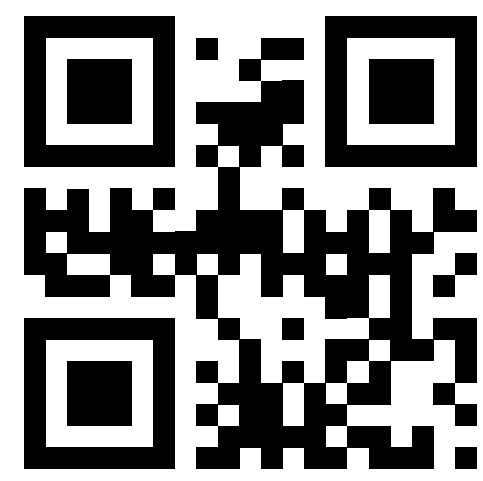


12 x 450g

25208



Ajwa
Dates

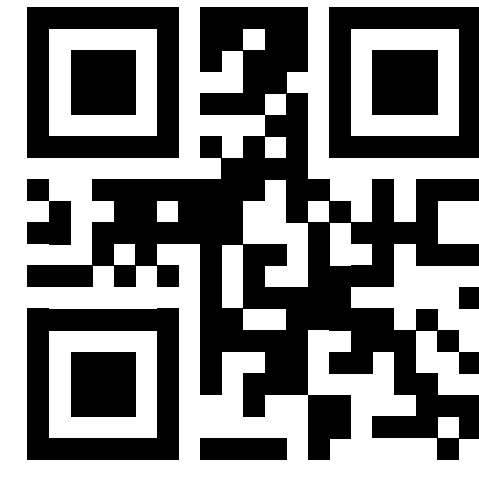


12 x 450g

25202



Safawi
Dates

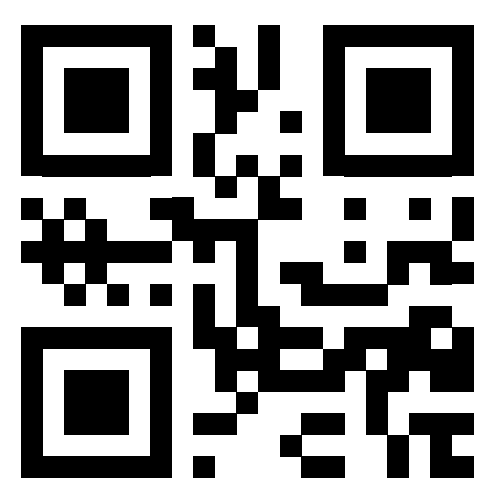


12 x 450g

25210



Khudri
Dates

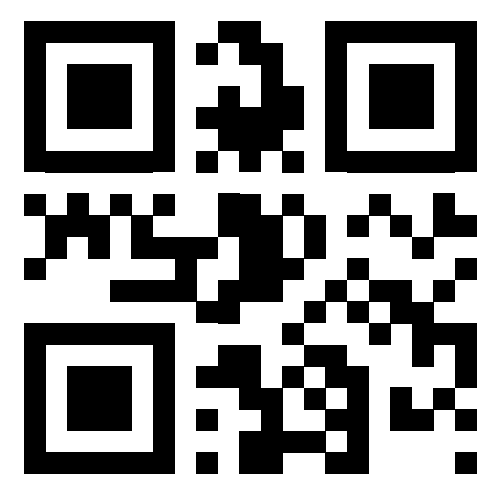


12 x 450g

25206



Sogai
Dates

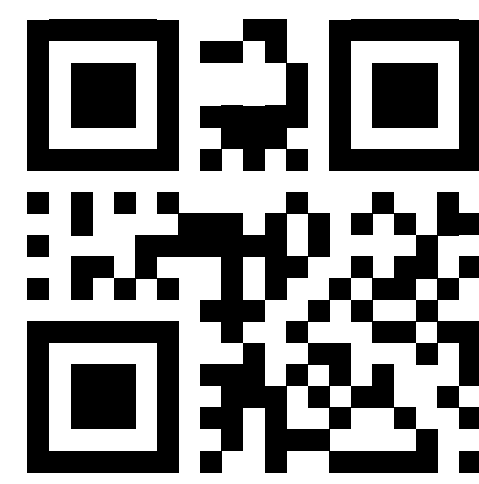


12 x 450g

25212



Ajwa
Dates

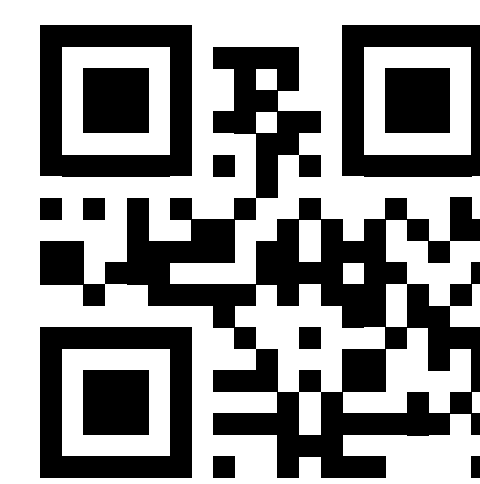


12 x 450g

25204



Shalaby Dates



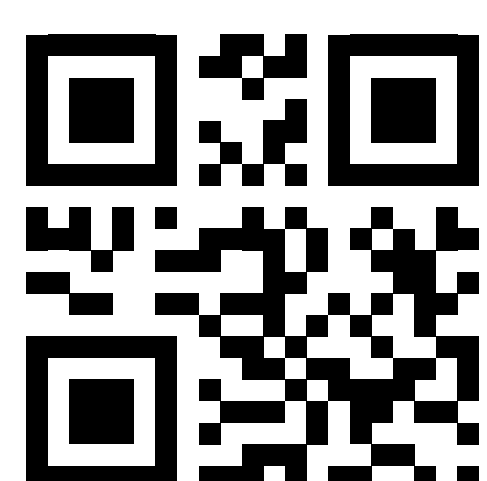
12 x 450g

25213



RRP
£4.49

Khudry
Saudi Dates

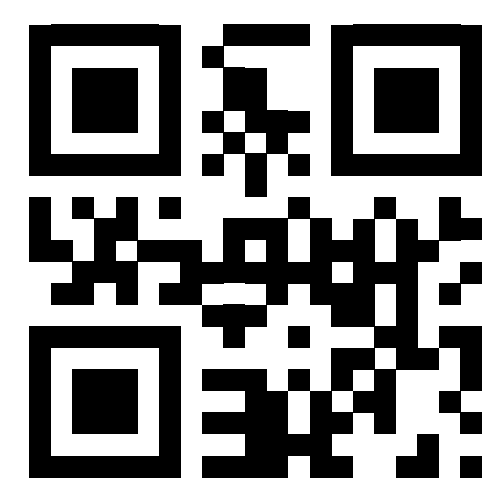


8 x 900g

25106



Safawi with almonds



12 x 400g

25401



Khudri
Dates with Almonds



12 x 400g

25400



RRP
£2.99

Almadinah
Almunawara
(Safawi)

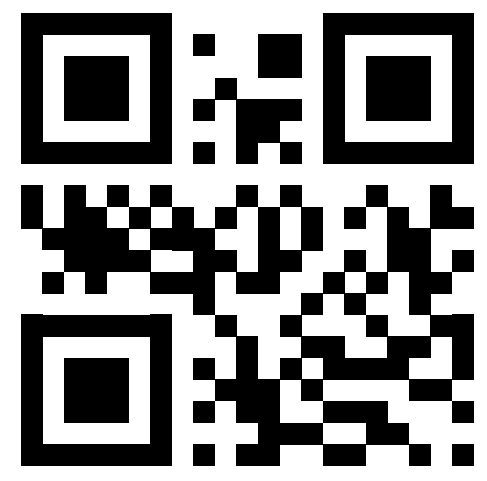


16 x 450g

25205



Khudry
Saudi Dates

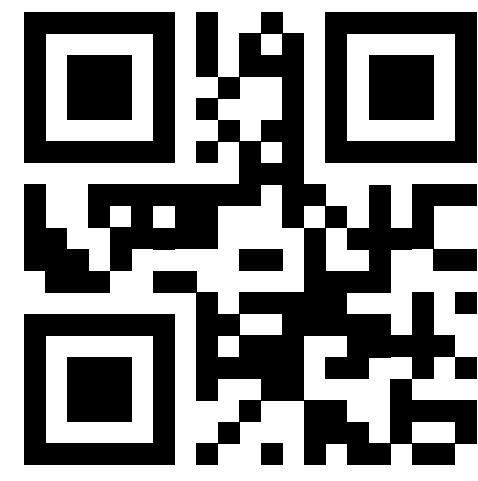


16 x 450g

25207



Premium
Saudi s



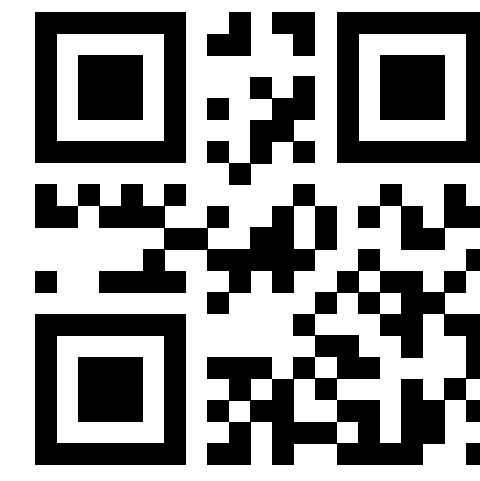
8 x 900g

25105



RRP
£1.99

Premium
Saudi Dates

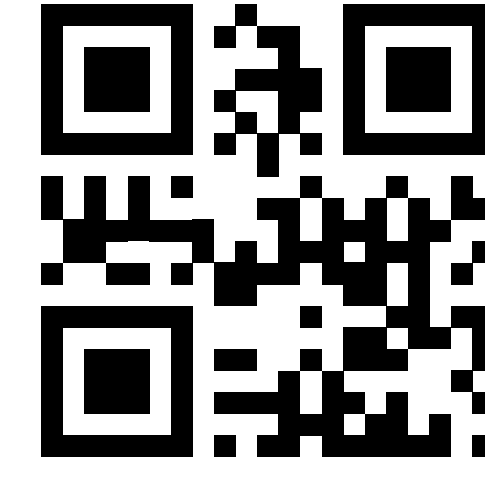


16 x 450g

25209



Almadinah
Almunawara

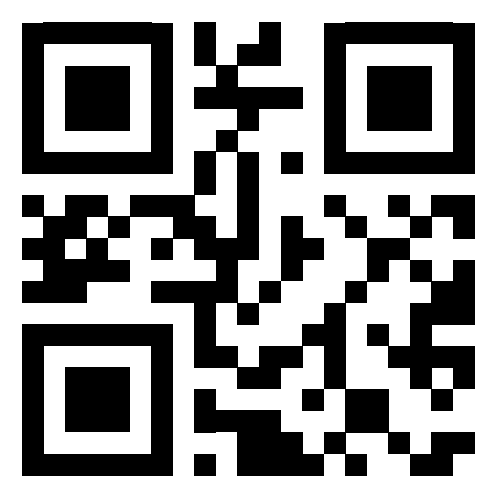


8 x 900g

25217



Dates Paste

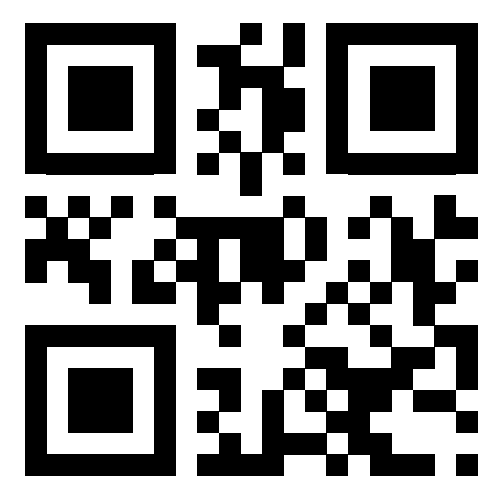


20 x 900g

25603



Date Paste

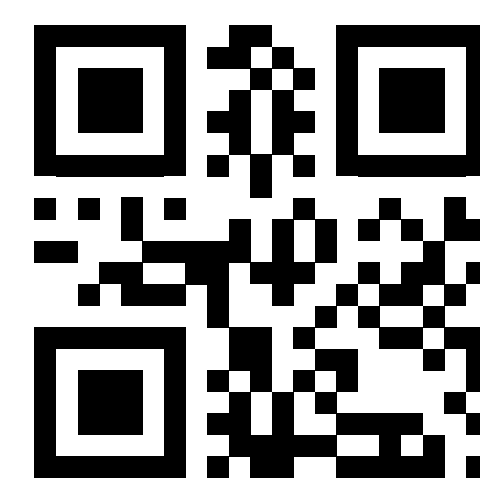


32 x 500g

25602



Madina Golden
Dates

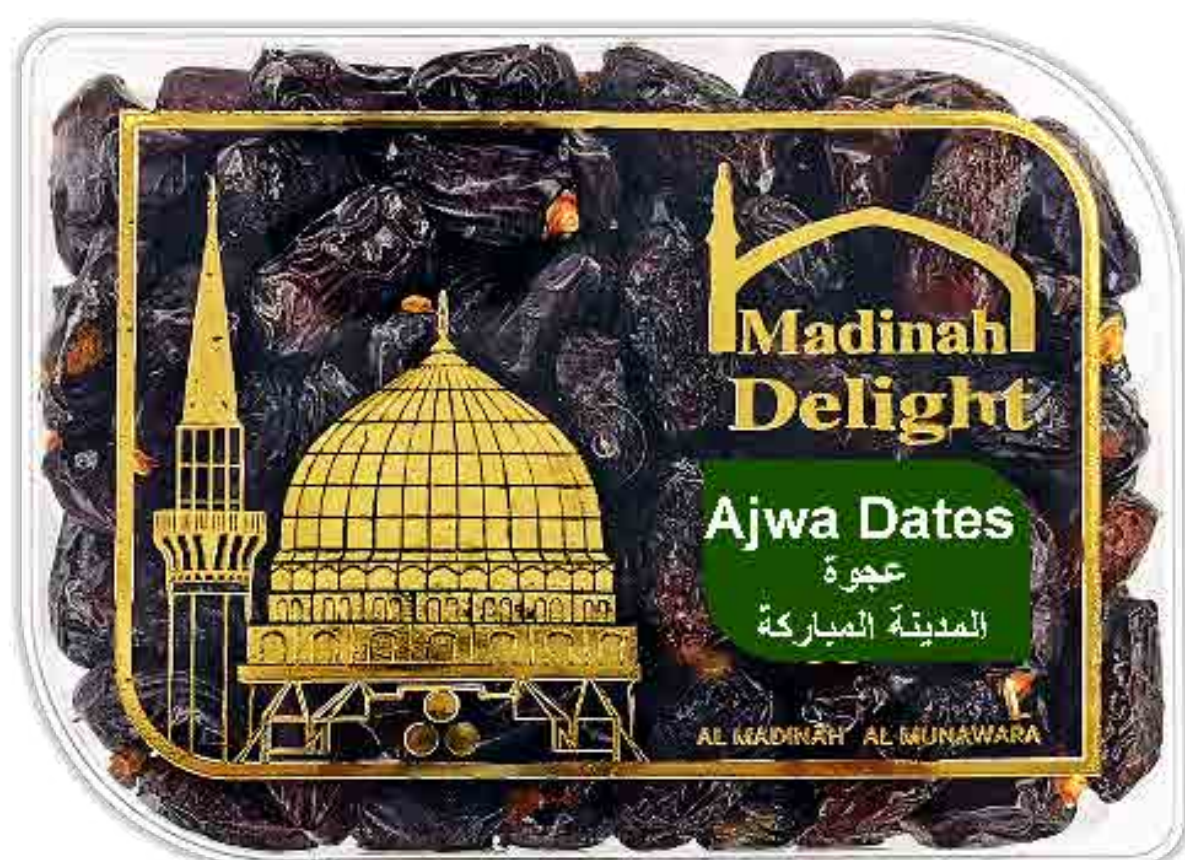


9 x 800g

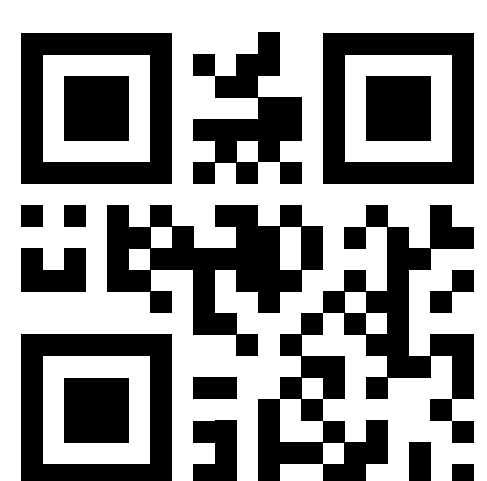
25811

12 x 800g

25810



Ajwa
Dates

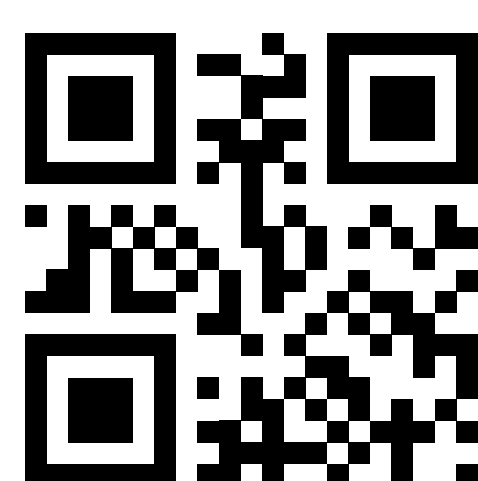


9 x 750g

25300



Safawi
Dates

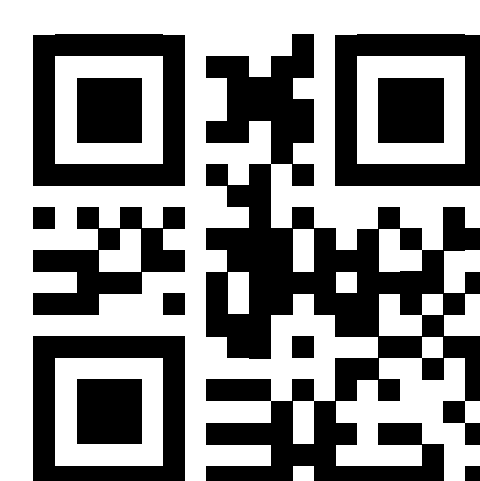


9 x 750g

25301



Shalaby
Dates



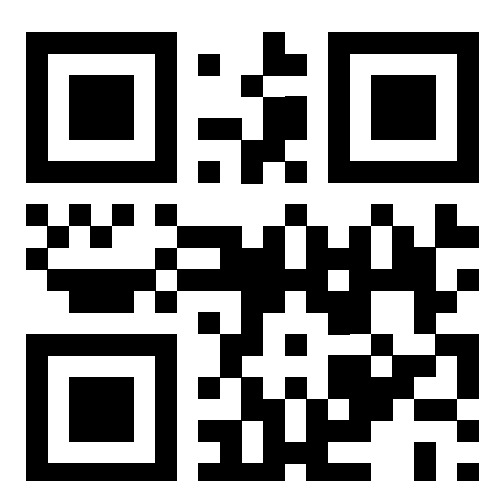
9 x 750

25302

£2.99

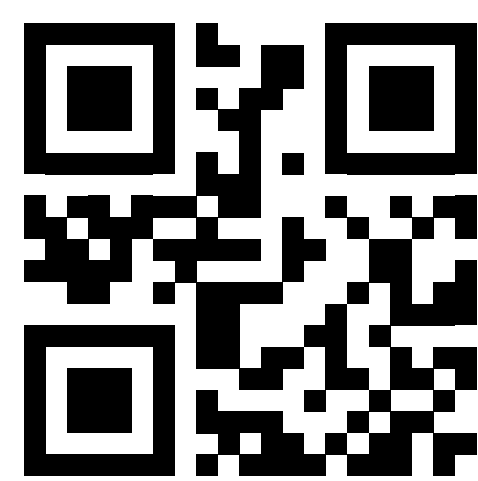


Khalas Dates



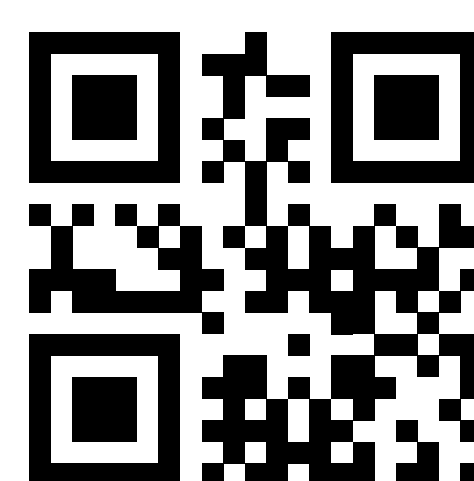
8 x 1kg

25221

Saudi
Rotab Sokari Dates

6 x 1kg

25214

Saudi
Rotab Sokari Dates

18 x 650g

25216

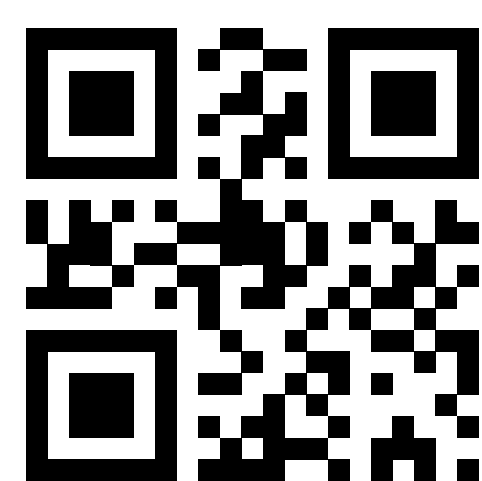
Saudi
Rotab Sokari Dates

12 x 500g

25215

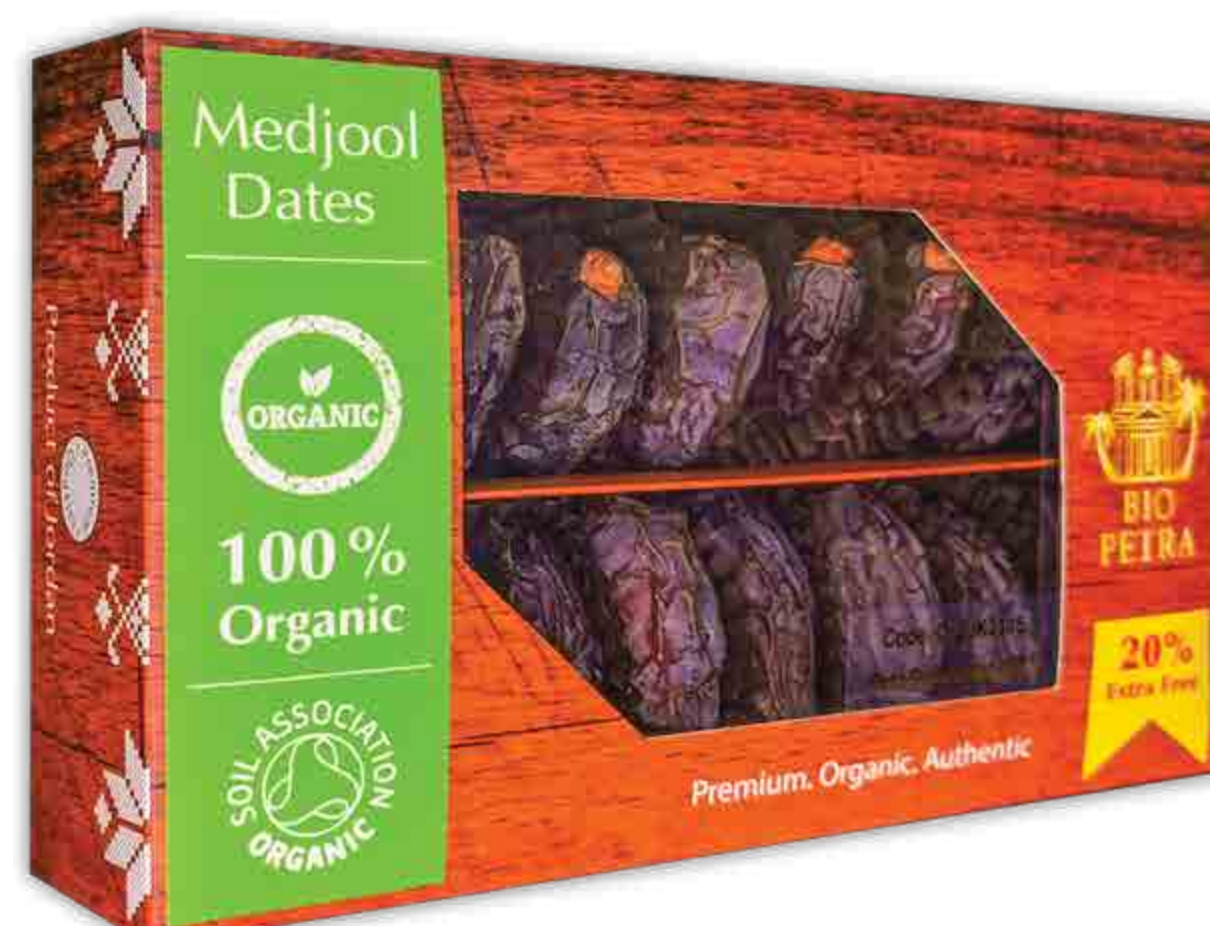
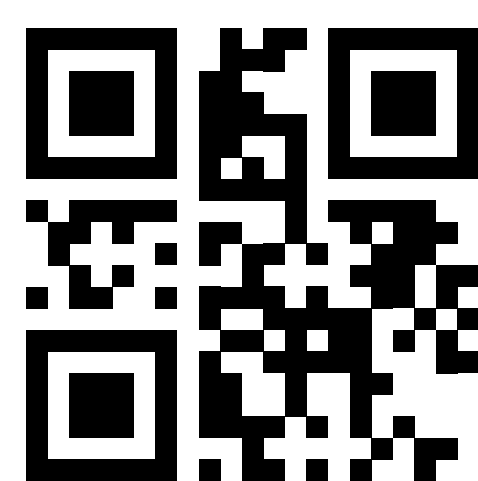


Iranian Dates



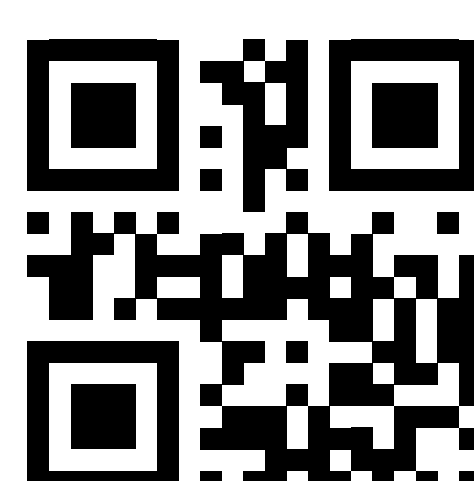
12 IN A BOX

25111

Organic
Medjool Dates

12 x 600g

25902

Organic
Medjool Dates

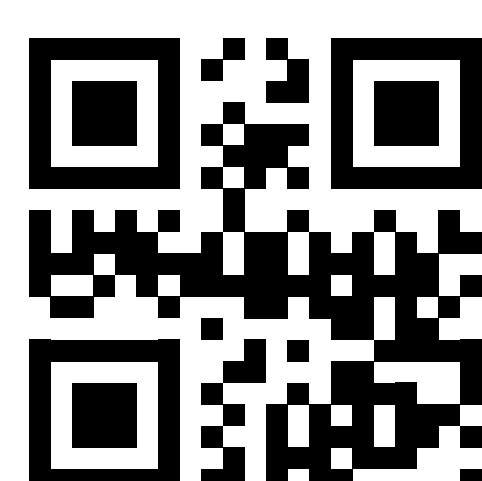
24 x 270g

25900

£1.99



Zahedi Dates

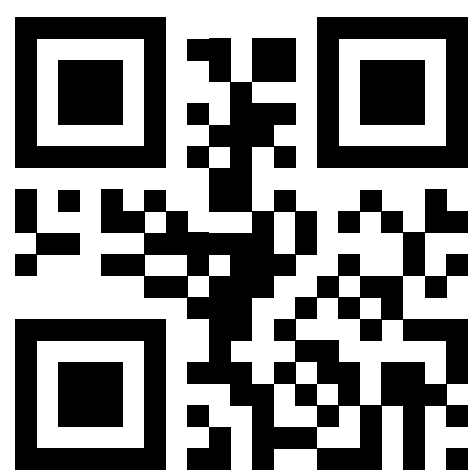


10 x 400g

25981



Palestinian Medjool Dates (Premium)

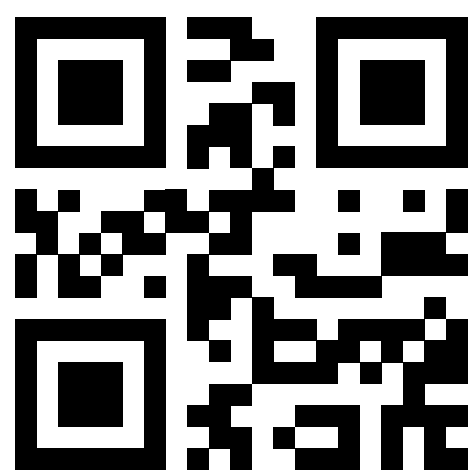


12 x 450g

25951



Palestinian Medjool Dates (Premium)

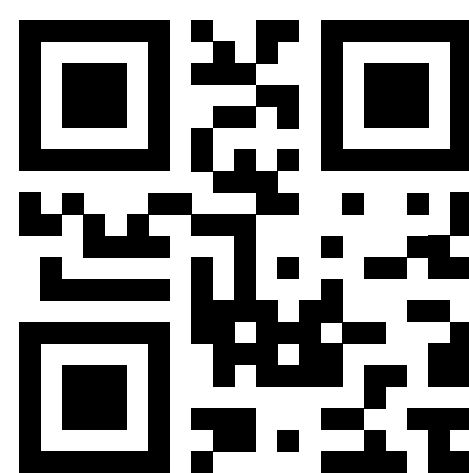


8 x 908g

25953



Palestinian Medjool Dates (Premium)

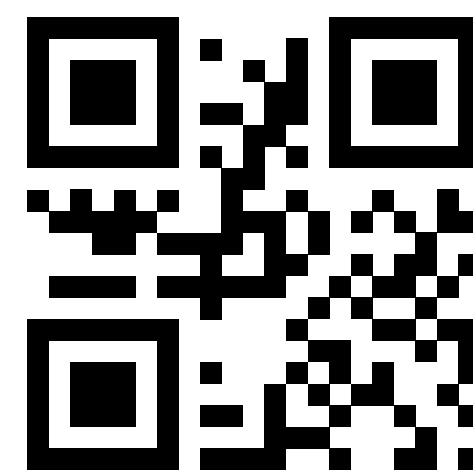


5kg

25952



Jordanian Large Medjool Dates

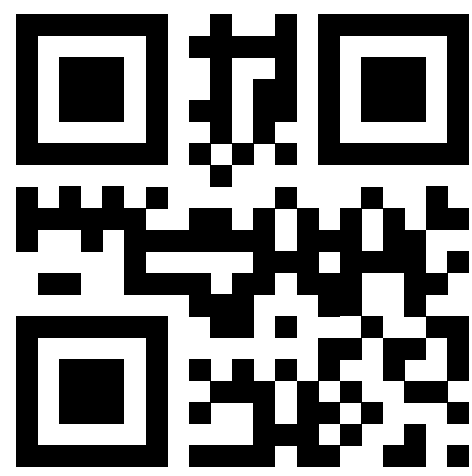


18 x 450g

25203



Palestinian Delight Medjool Dates

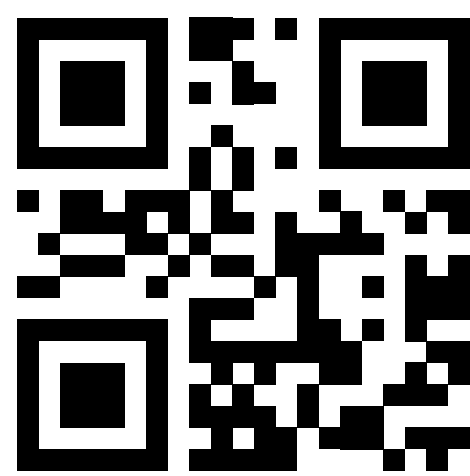


12 x 450g

25956



Palestinian Delight Medjool Dates

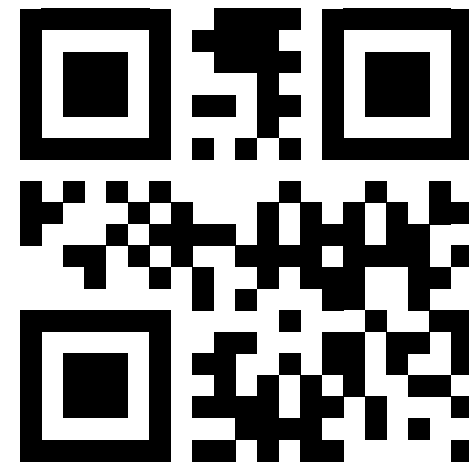


8 x 908g

25957



Palestinian Delight Medjool Dates

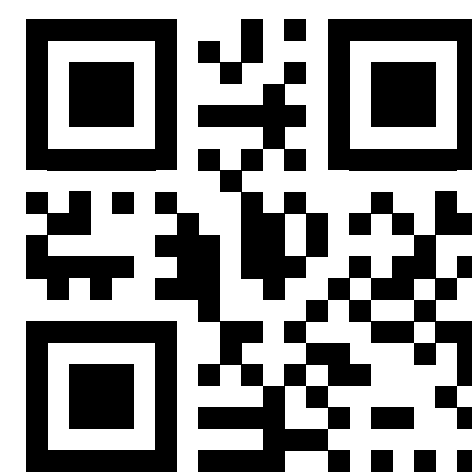


1 x 5kg

25958



Jordanian Large Medjool Dates

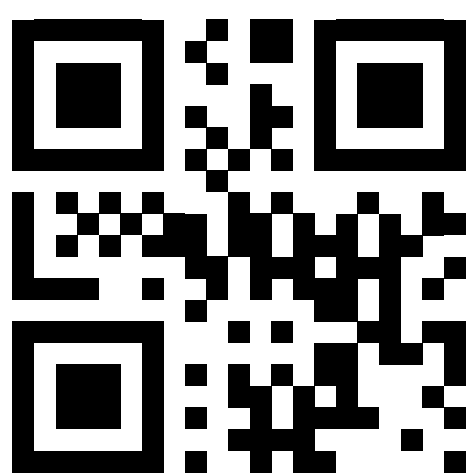


12 x 900g

25100



Jordanian Selected Medjool Dates

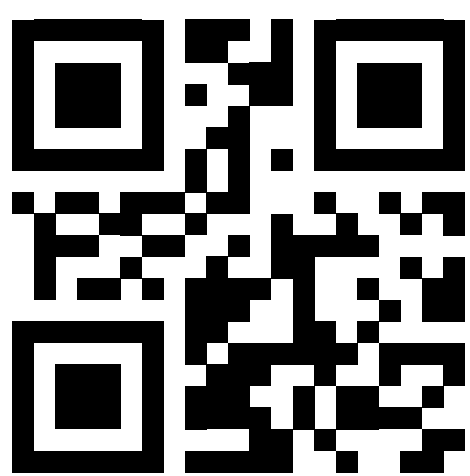


12 x 900g

25103



Jordanian Premium Medjool Dates

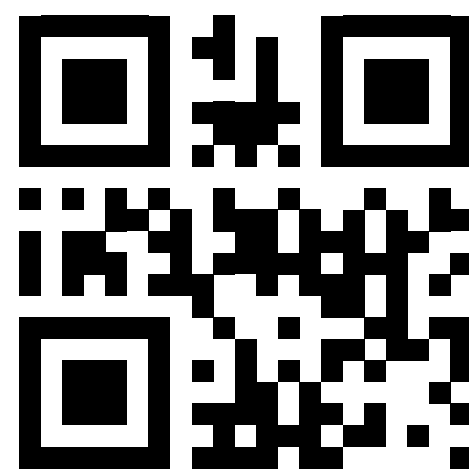


12 x 900g

25121



Jordanian Standard Medjool Dates

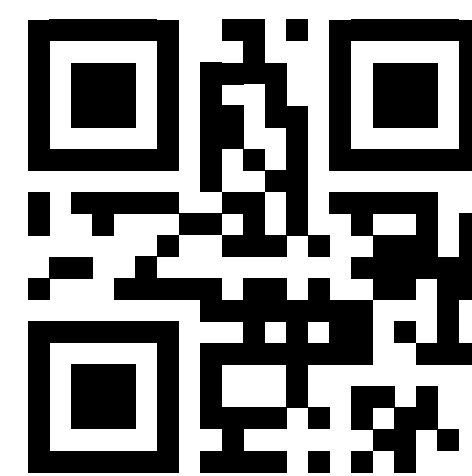


12 x 900g

25104



Palestinian Medjool Dates



4 x 1.8kg

25955

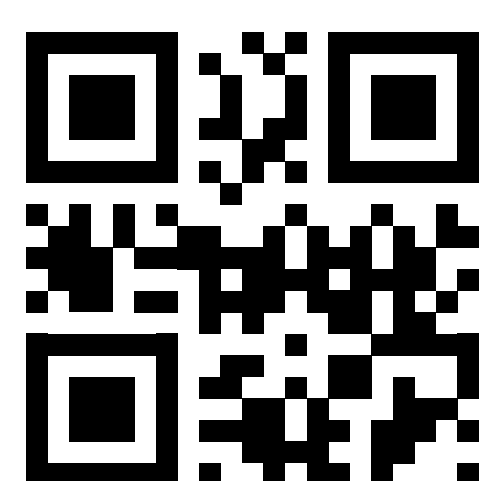
102



Keep Chilled
No-Return



Palestinian Premium
Super Jumbo

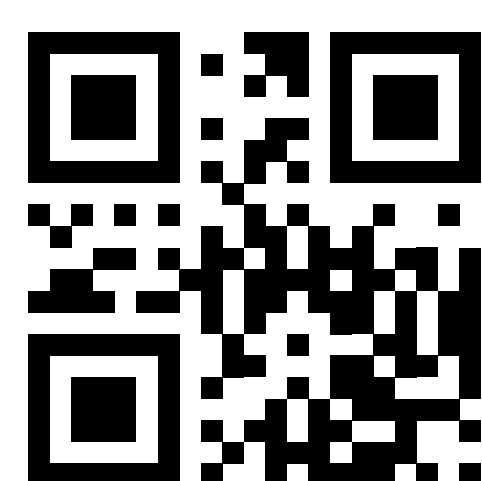


4 x 1100g

26201



King Jordanian
Medjool



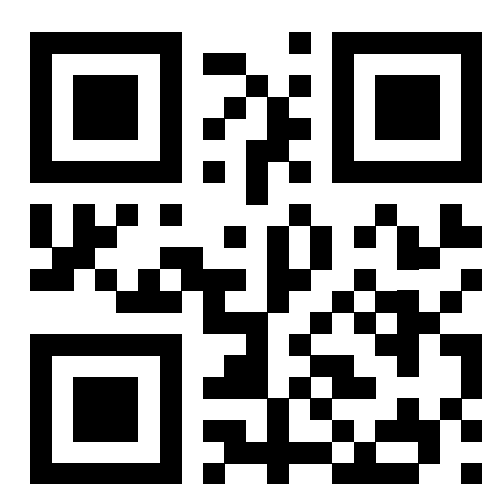
12 x 800g

25120

£7.49



Lulu
Dates



10 x 1kg

25000



Khalas
Dates

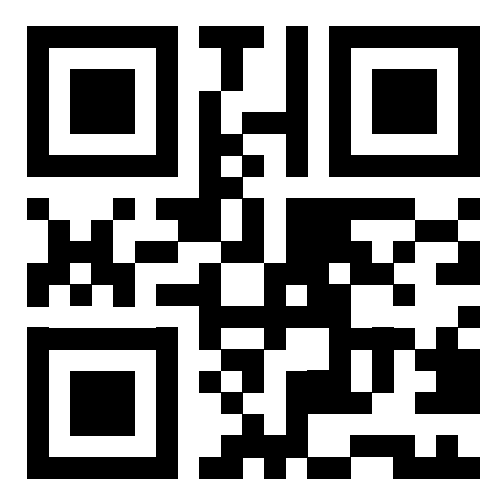


10 x 1kg

25001



Tunisian
Dates

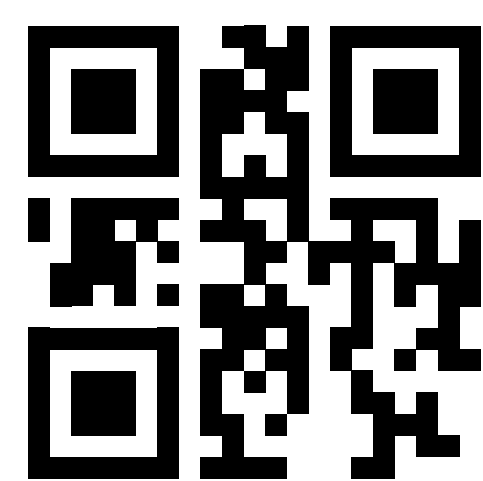


15 x 400g

25903



Tunisian
Branch Dates

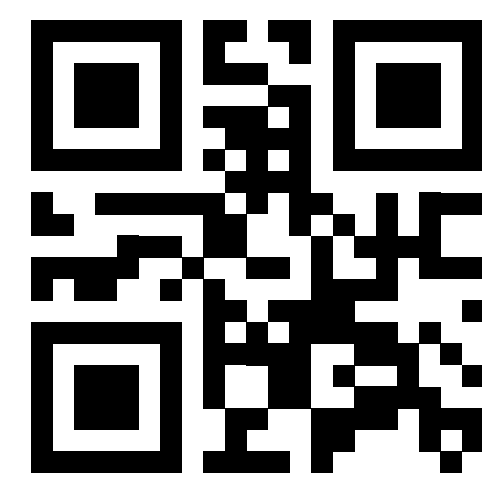


12 x 900g

25904



Tunisian
Dates

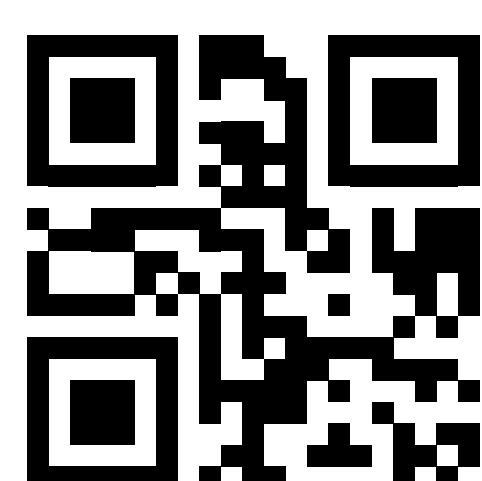


12 x 1kg

25905



Algerian Deglet
Dates

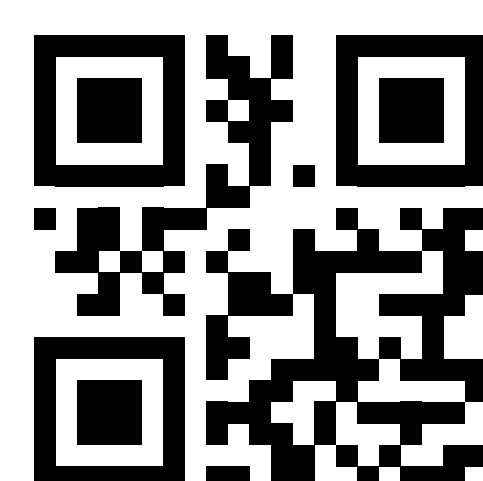


24 x 200g

25821



Algerian Deglet
Dates



12 x 400g

25822



Algerian Deglet
Baida Dates



6 x 1kg

25823



Algerian Premium
Standard Dates



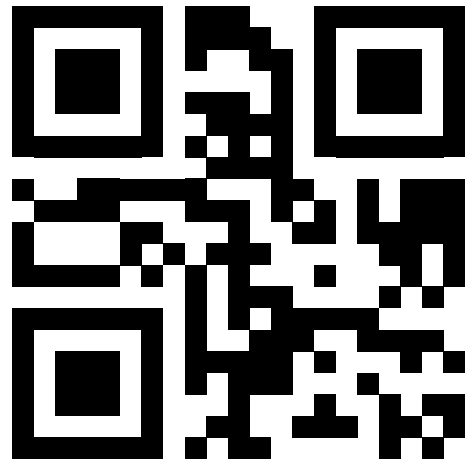
12 x 900g

25825

NEW



Algerian Deglet Dates

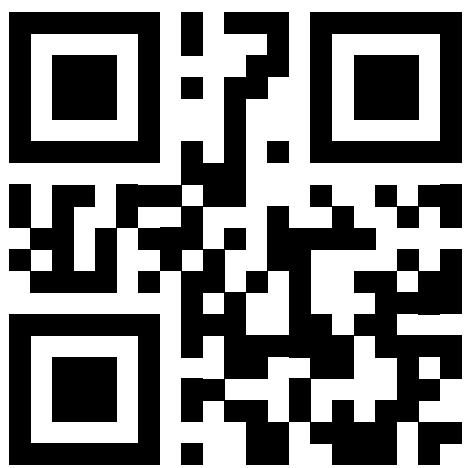


18 x 200g
25835

NEW



Algerian Branch Dates

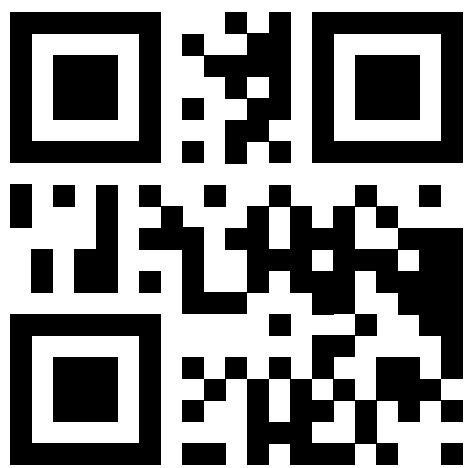


12 x 1kg
25141

NEW



Algerian Branch Dates

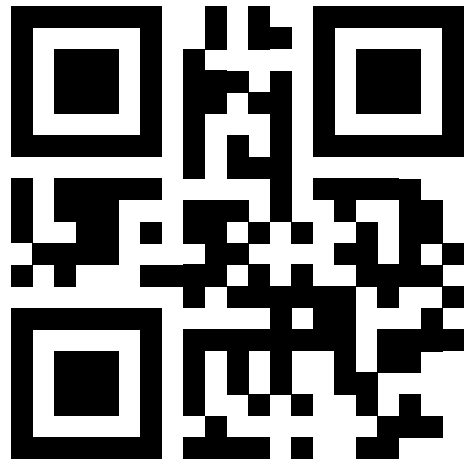


12 x 900g
25841

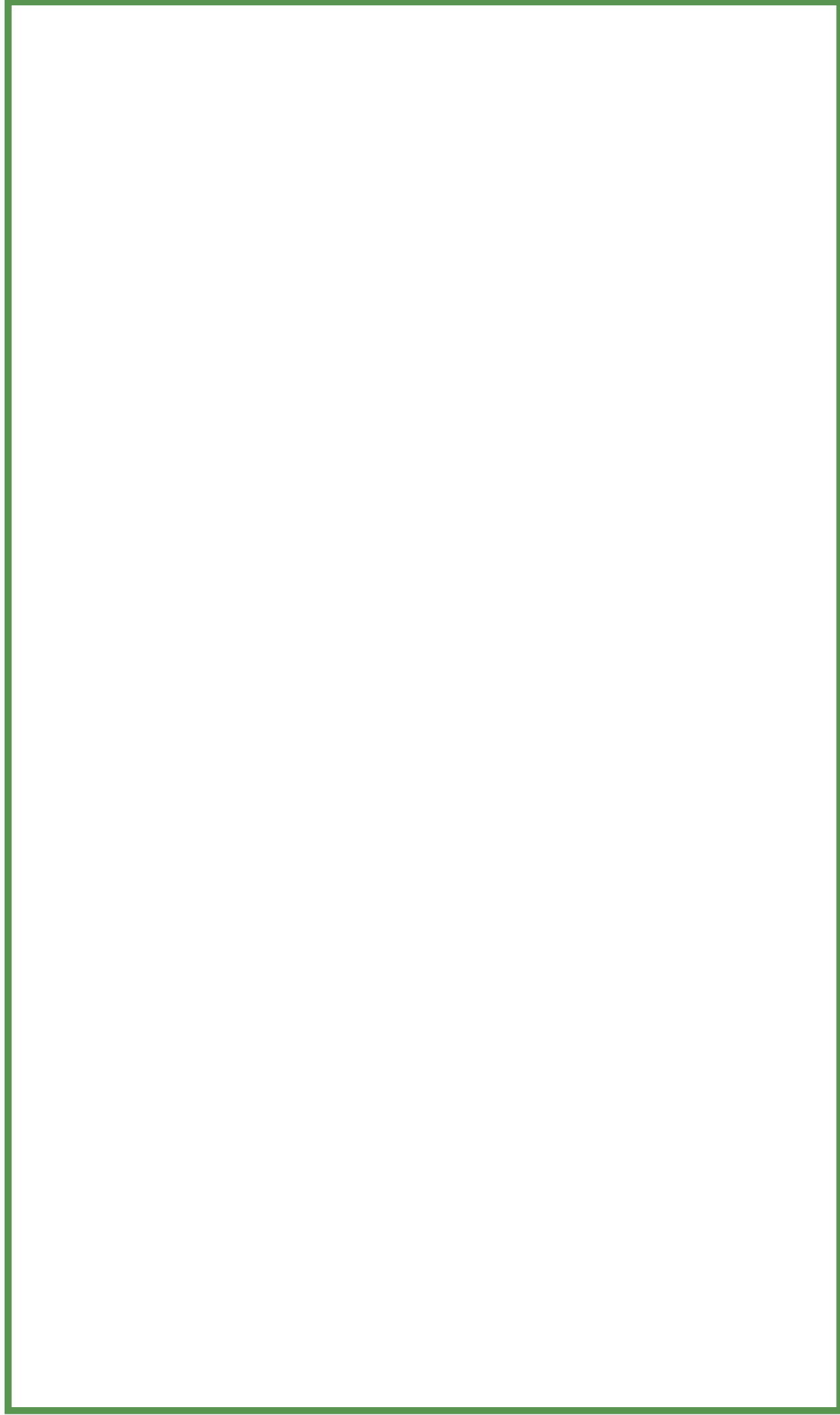
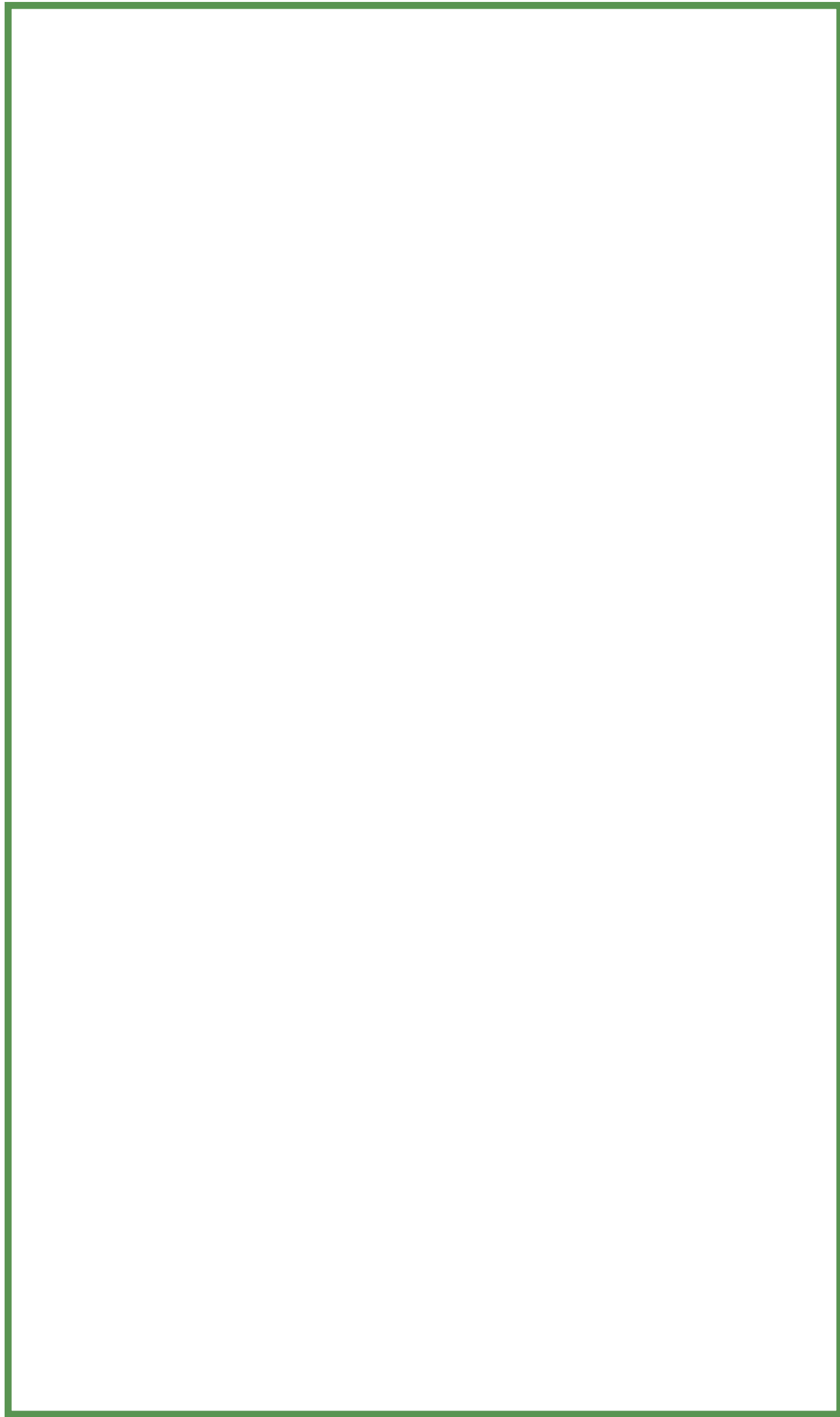
NEW



Algerian Standard Dates

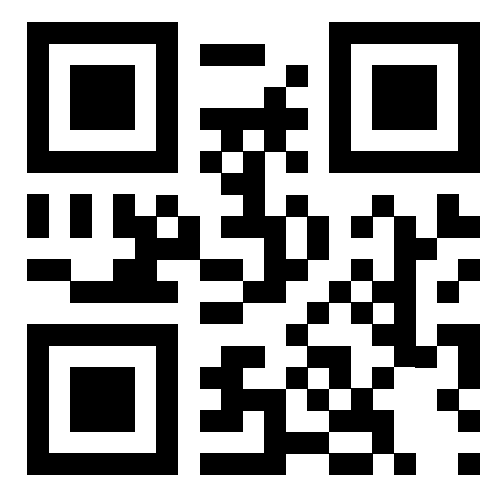


12 x 900g
25845





Dried Figs

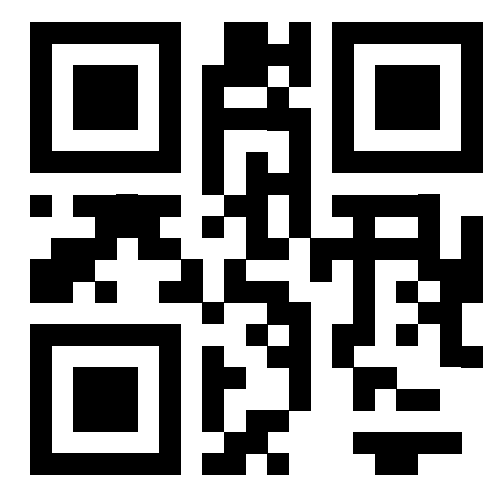


12 x 400g

29945

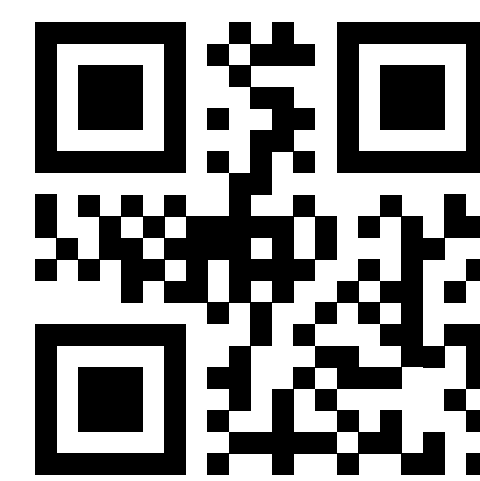


Dried Figs



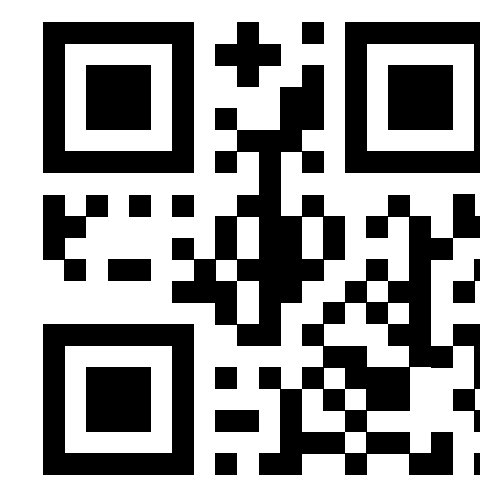
12 x 400g

29946

Greek
Dried Figs

25 x 400g

29952

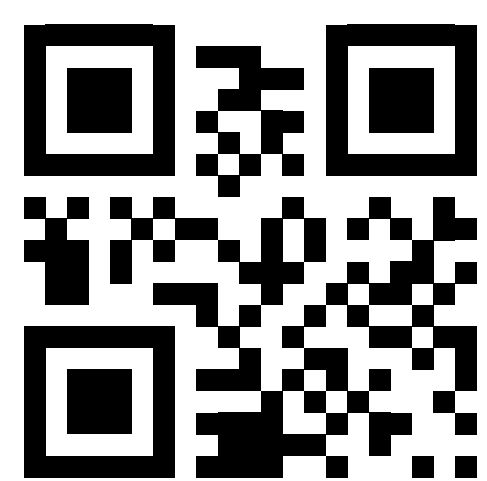
Greek
Dried Figs

24 x 200g

29949



Dried Figs

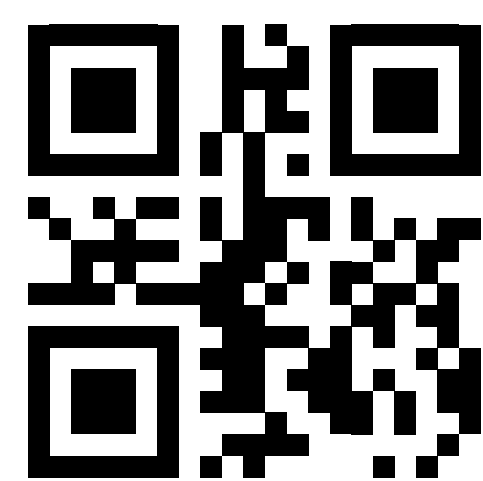


12 x 400g

29947



Dried Figs

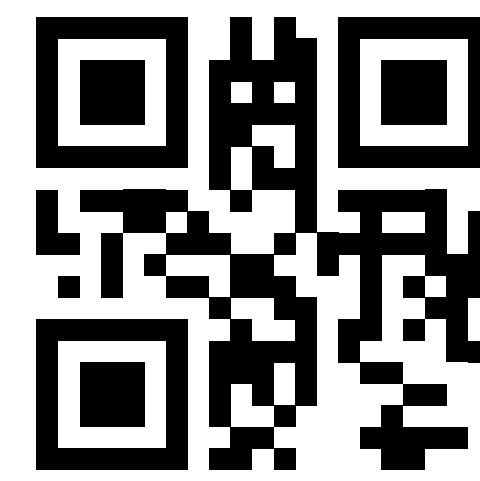


27 x 250g

29944



Dried Figs



30 x 200g

29943

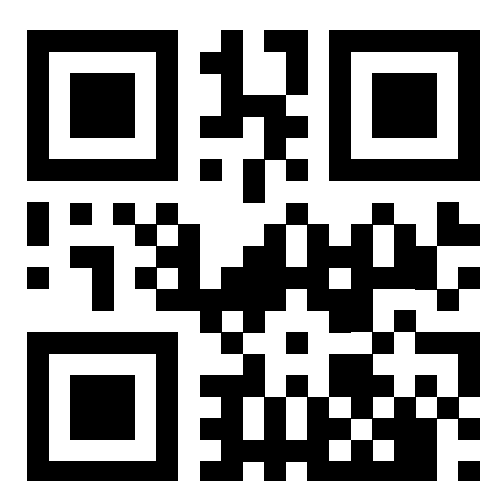
Kalamata
Dried Figs

48 x 200g

29940



Pitted Prunes

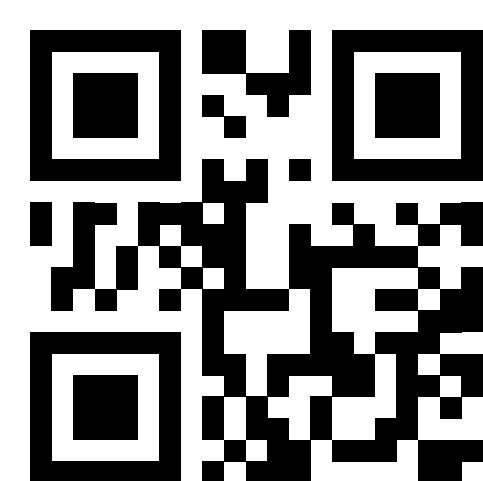


8 x 200g

71001



Whole Prunes



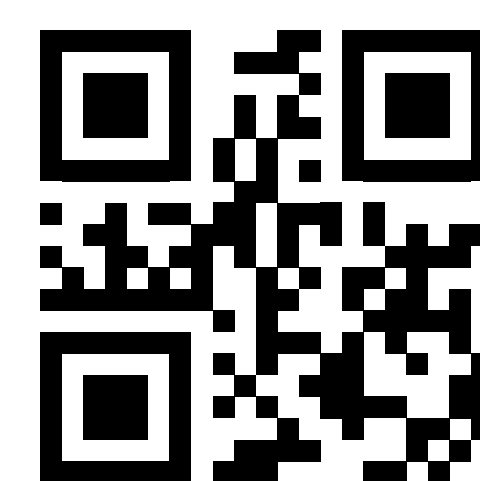
8 x 200g

71002

GREEK
Sun Dried Figs

12 x 400g

29955

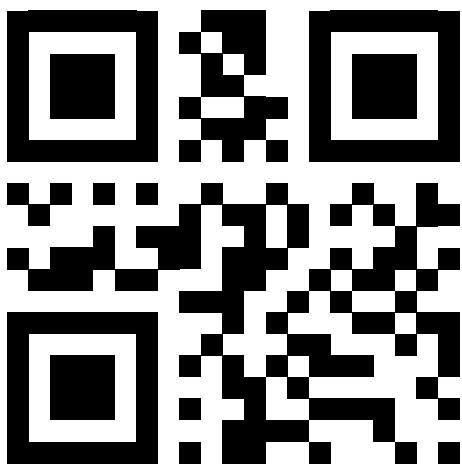
Dried Gourmet
Figs

10 x 200g

71046



Dried Apricot

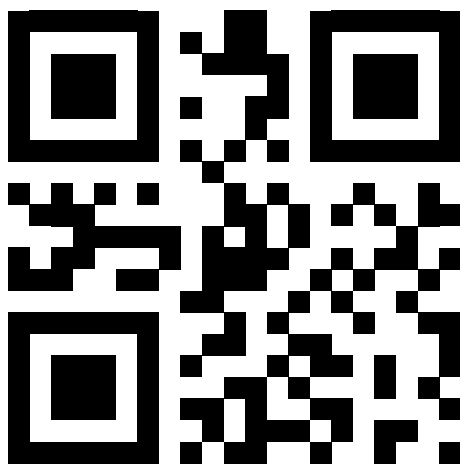


15 x 200g

71043

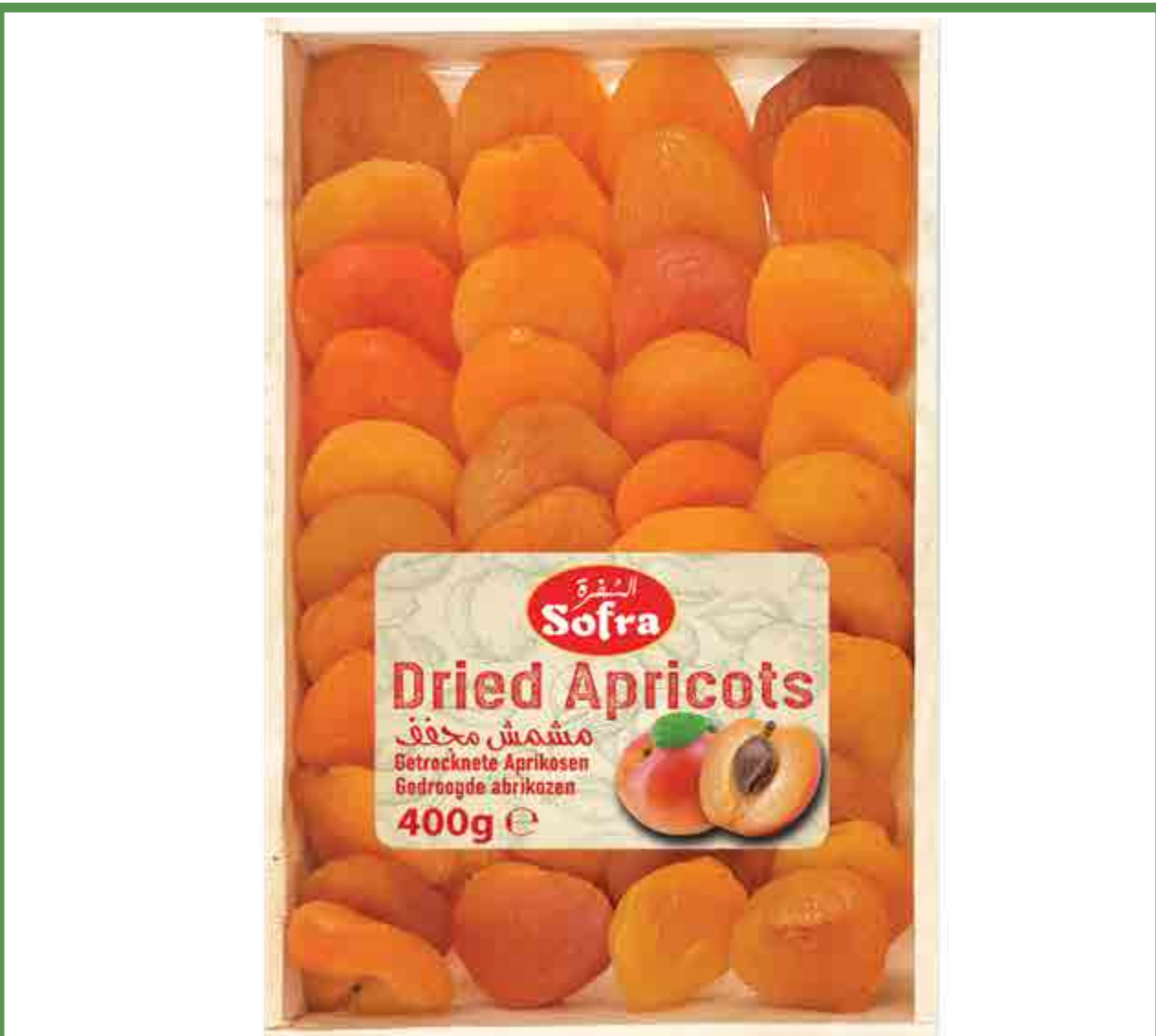


Dried Apricot

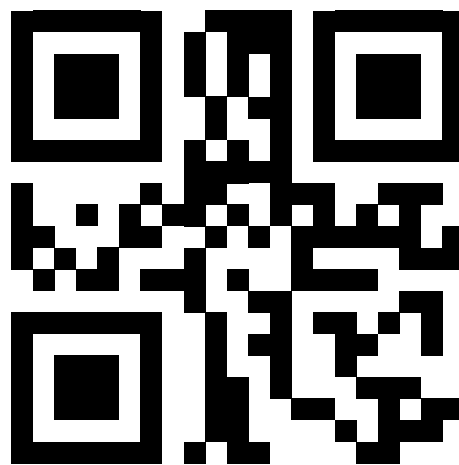


14 x 300g

29941



Dried Apricot
(Tray)

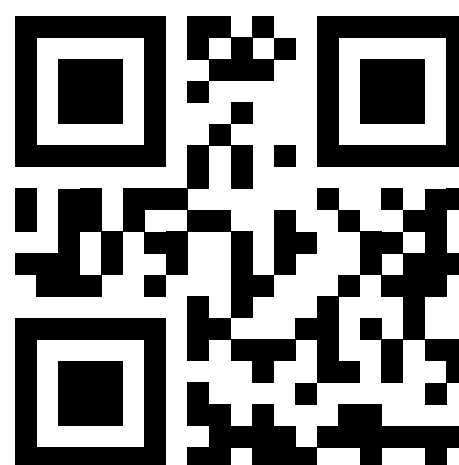


12 x 400g

29942



Kamardin

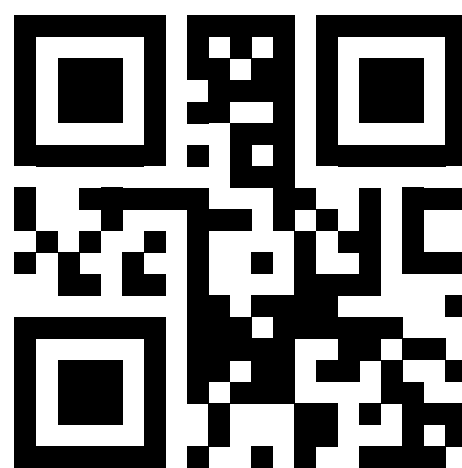


25 x 400g

71045



Dried Apricot

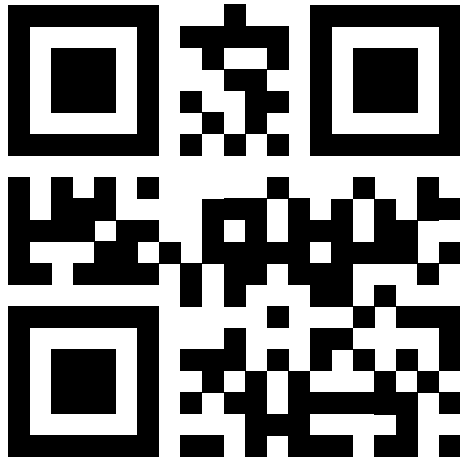


10 x 200g

73050



Dried Pineapple
Rings



10 x 180g

74106



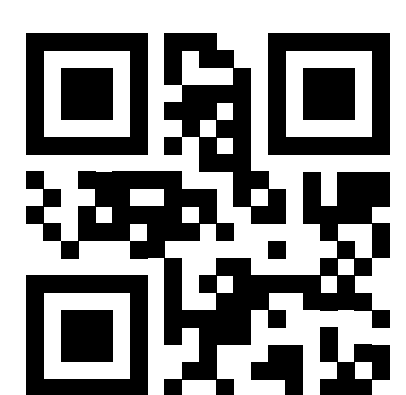
Britain's First Mediterranean Food Supplier

Herbs & Spices



£1.99

Vanilla Sugar

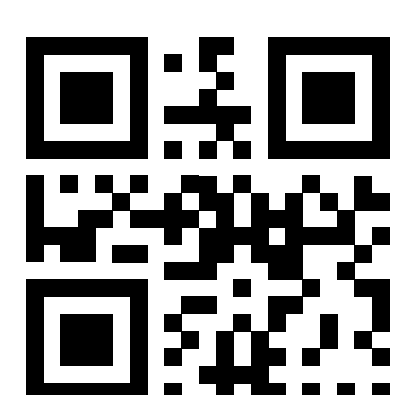


6 x 160g

52034



£1.99

Kebseh Coarse
Seasoning

6 x 90g

52020



£1.99

Ground
Aniseeds

6 x 100g

51052



£1.99

Safflower

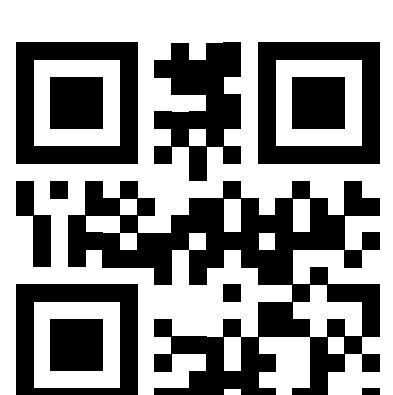


6 x 25g

52027



£1.70

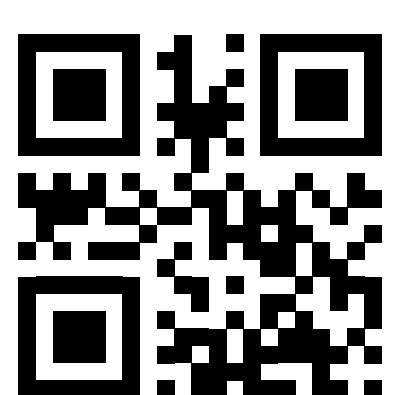
Turmeric
Powder

6 x 100g

52033



£1.79

Onion
Powder

6 x 100g

52025



£1.79

Garlic
Powder

6 x 100g

52016



£1.49

Curry
Powder

6 x 115g

52015



£2.99

Mahlab
Powder

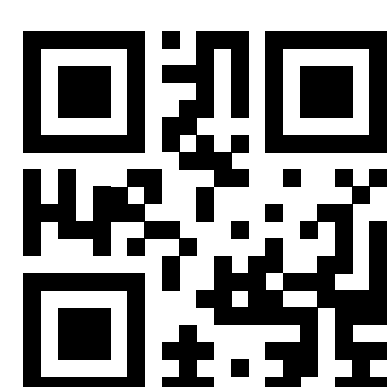
6 x 100g

52022



£1.49

Citric Acid



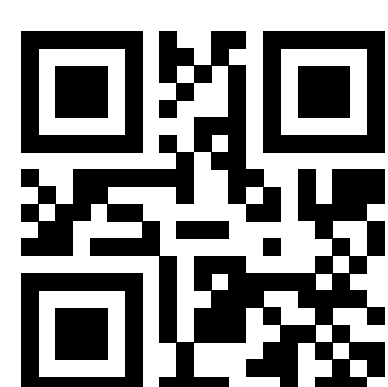
6 x 190g

52010



£1.79

Black Seeds



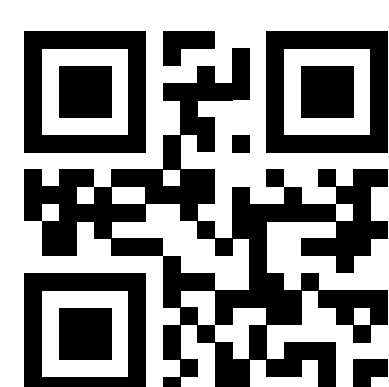
6 x 125g

52004



£1.99

Seven Spices



6 x 100g

52029



£3.29

Ground
Black Pepper

6 x 120g

52003



£1.99

Baking Powder



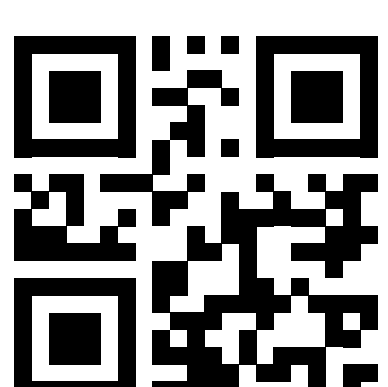
6 x 160g

52036



£1.99

Yeast

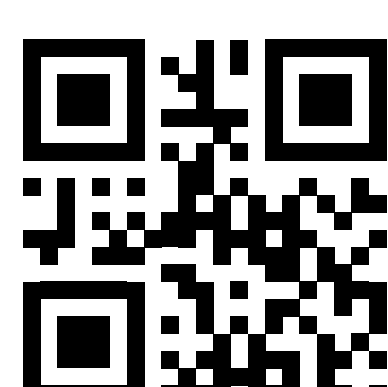


6 x 115g

52037



£1.99

Ginger
Powder

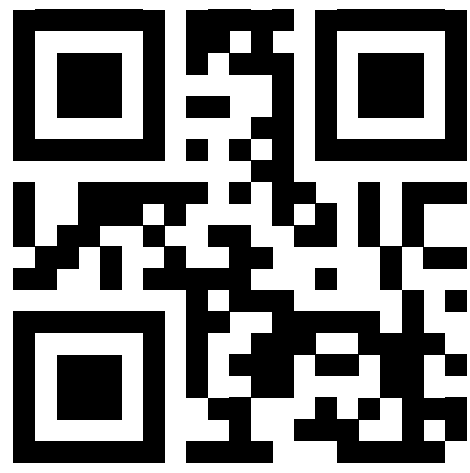
6 x 100g

52017



£2.89

Hot n' Spicy
Bread Crumbs



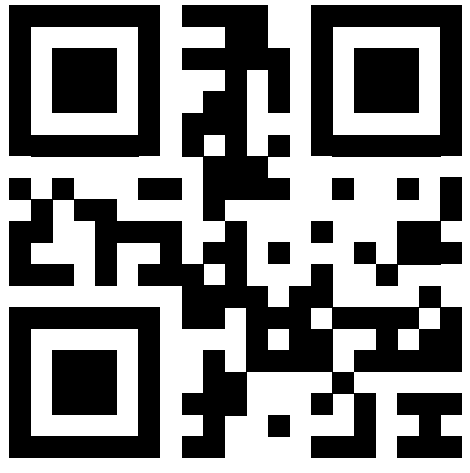
6 x 350g

52044



£2.89

Original
Bread Crumbs



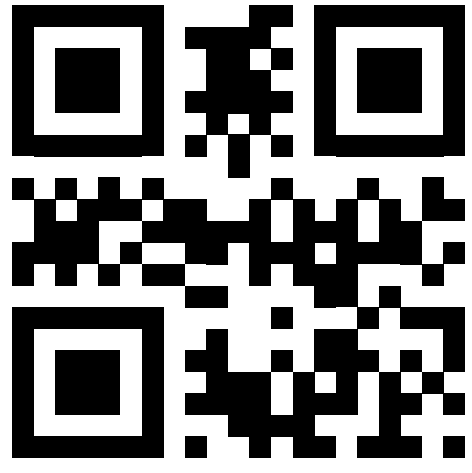
6 x 350g

52042



£2.89

Golden
Bread Crumbs



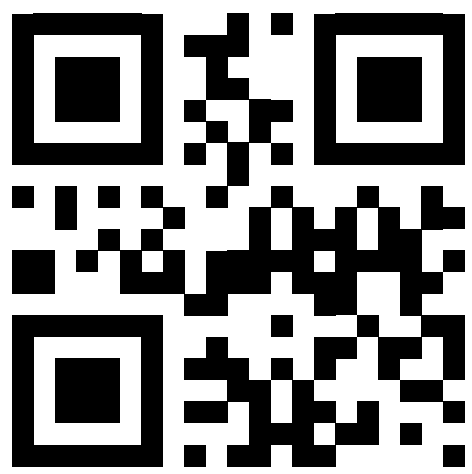
6 x 350g

52043



£2.89

Hot Chicken
Fry Mix



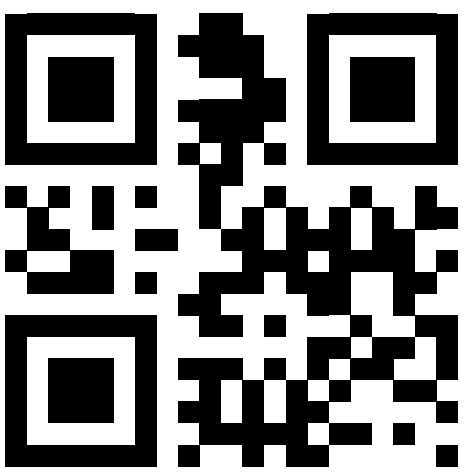
6 x 400g

50073



£2.89

Chicken
Fry Mix

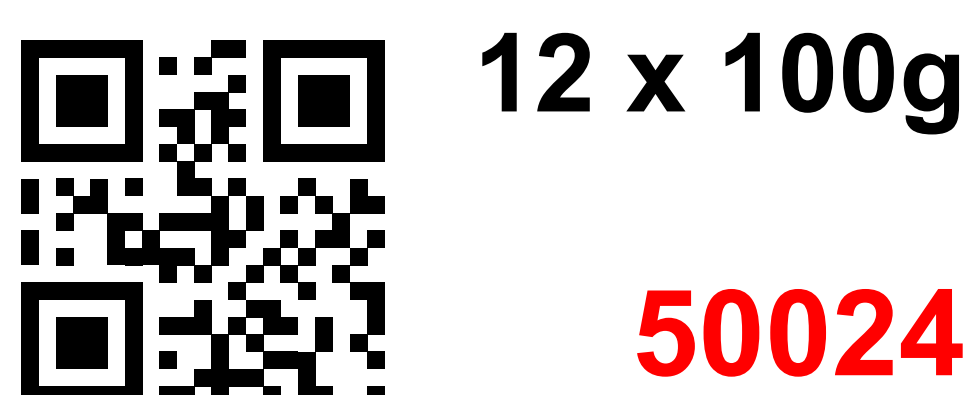


6 x 400g

50072



Ground Cumin

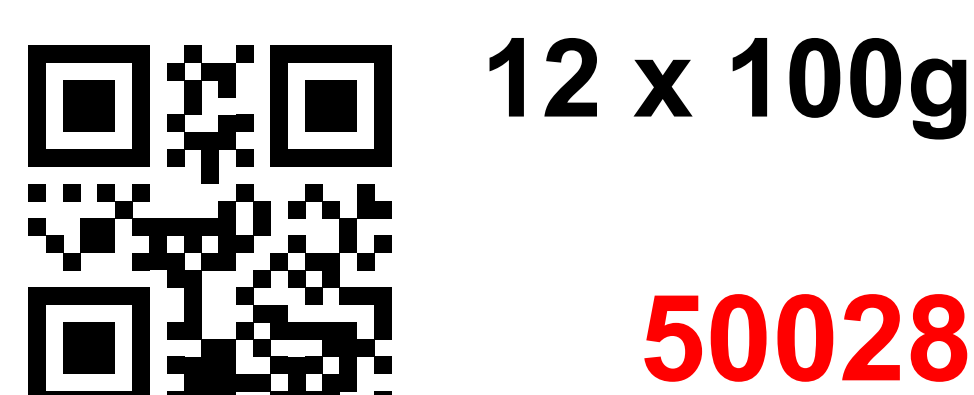


12 x 100g

50024



Ground Fenugreek

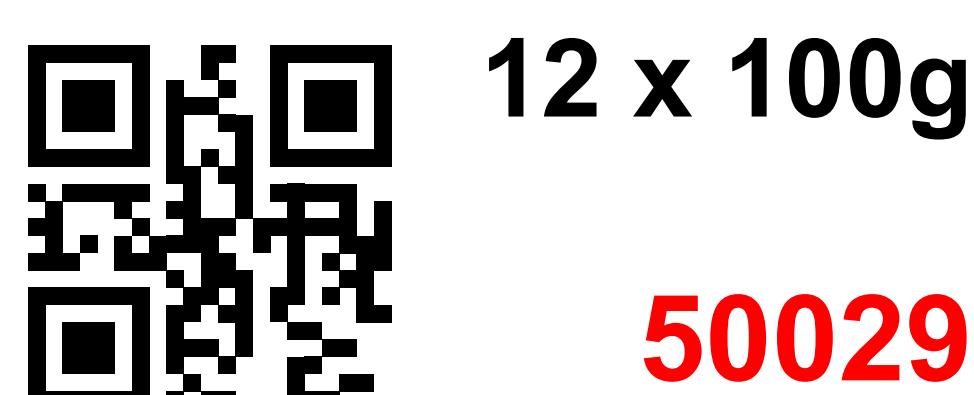


12 x 100g

50028



Garlic Powder

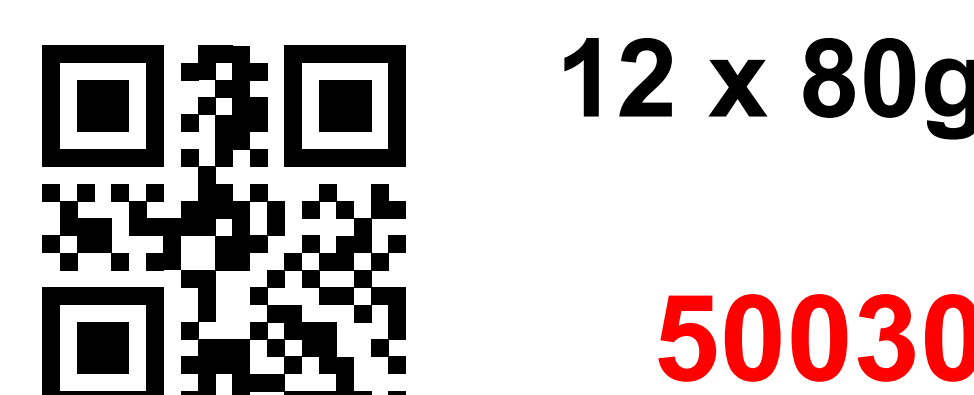


12 x 100g

50029



Ginger Powder



12 x 80g

50030



Coarse Himalayan Salt

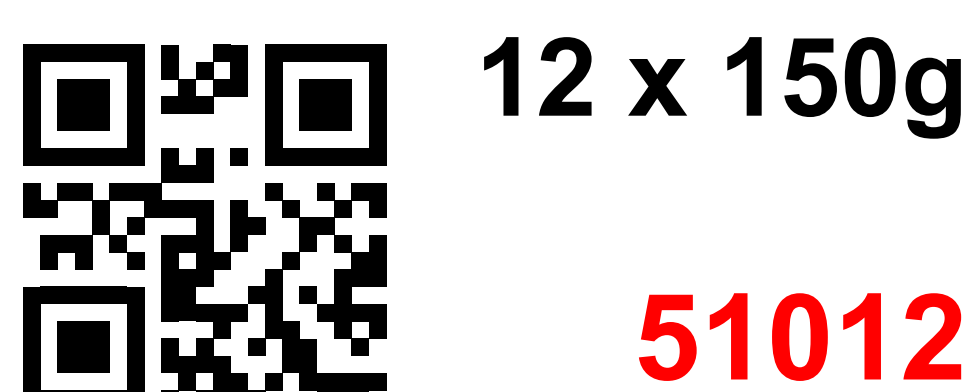


12 x 150g

51011



Fine Himalayan Salt

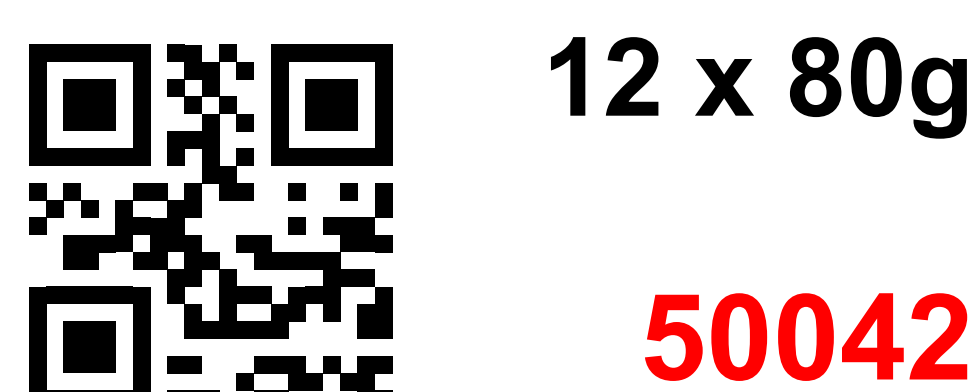


12 x 150g

51012



Lime Powder

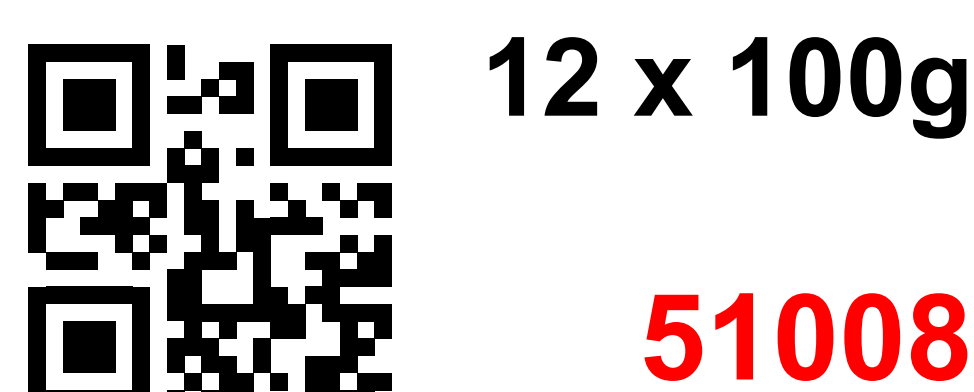


12 x 80g

50042



Mahlab Powder

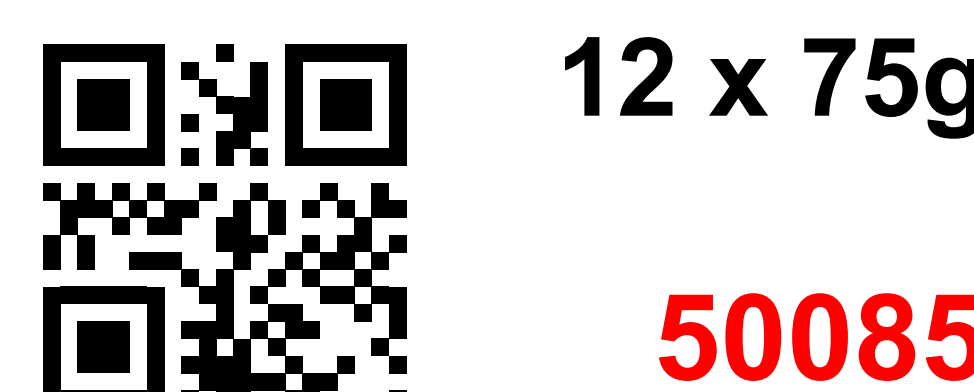


12 x 100g

51008



Ground Nutmeg



12 x 75g

50085



Onion Powder

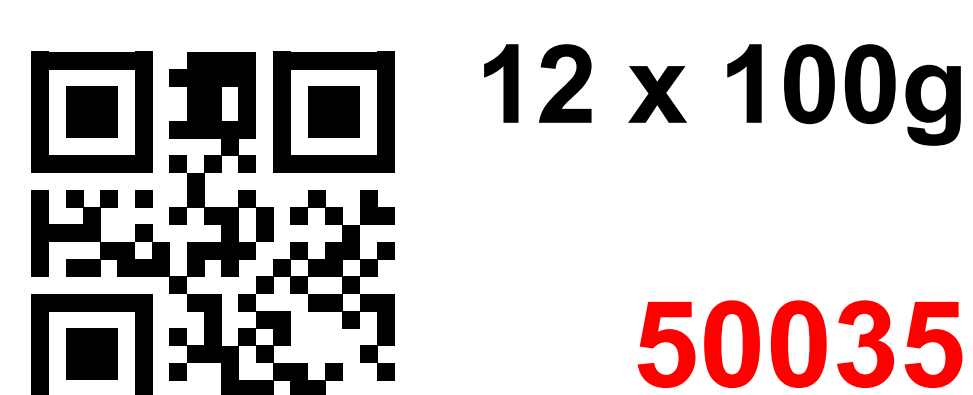


12 x 100g

51018



Smoked Paprika

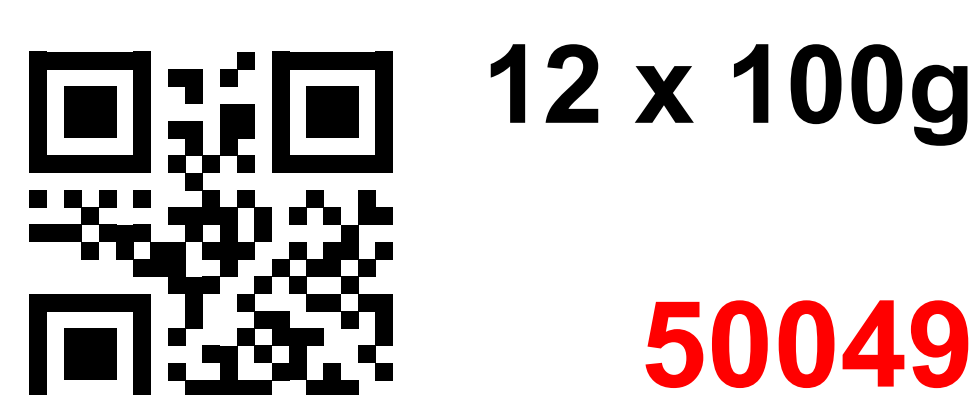


12 x 100g

50035



Sweet Paprika

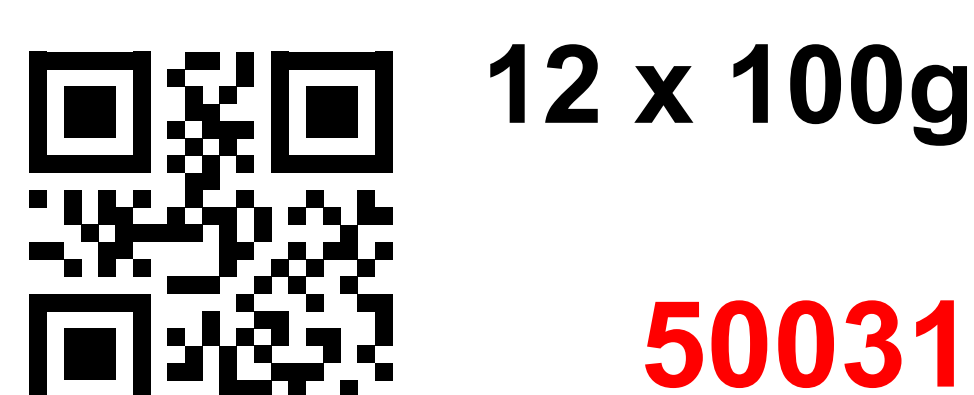


12 x 100g

50049



Sweet Pepper Flakes



12 x 100g

50031



Ground Pimento



12 x 100g

50092



Coarse Sea Salt

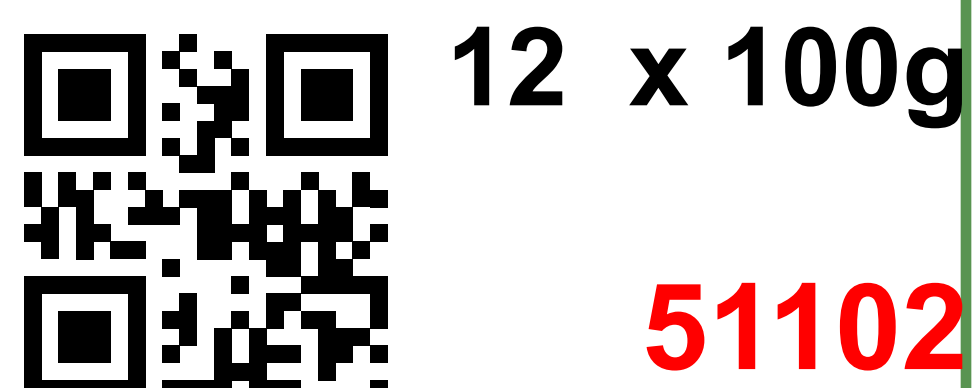


12 x 150g

51013



£2.49

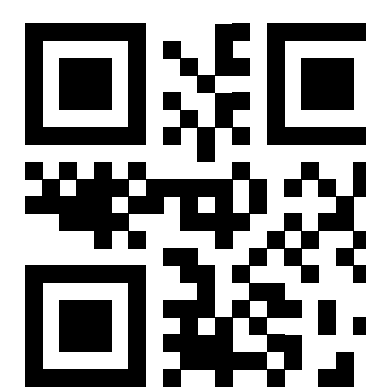
Halal Beef
Gelatine

12 x 100g

51102



£1.35

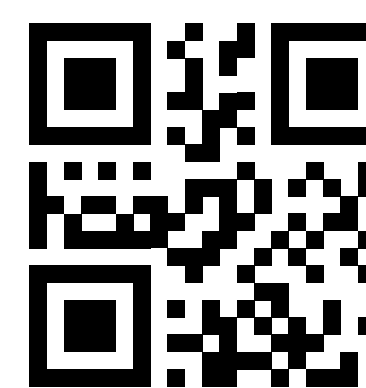
Turmeric
Powder

12 x 100g

50033



£1.19

Vanilla
Powder

12 x 100g

50010



£2.25

Ground
White Pepper

12 x 100g

50086



£1.35

Yeast



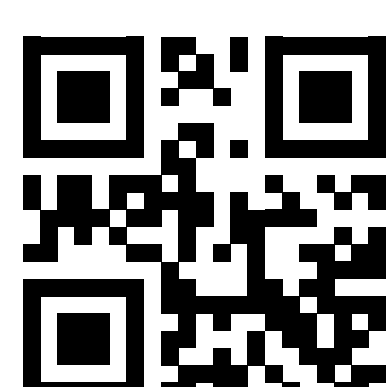
12 x 100g

50034



£1.99

Arabic Gum

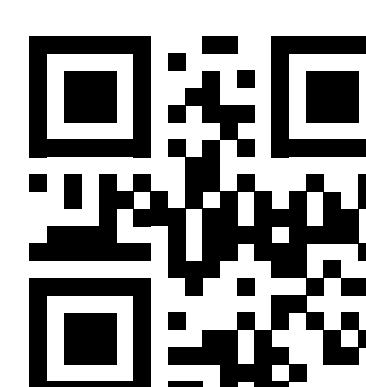


12 x 90g

50103



99p

Bicarbonate
of Soda

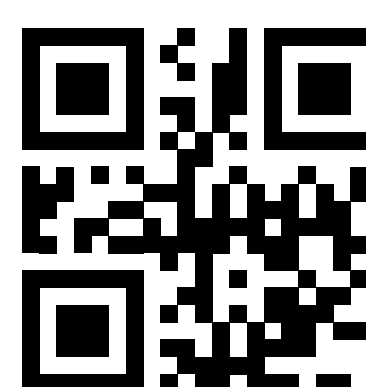
12 x 150g

51105



£1.69

Sumac



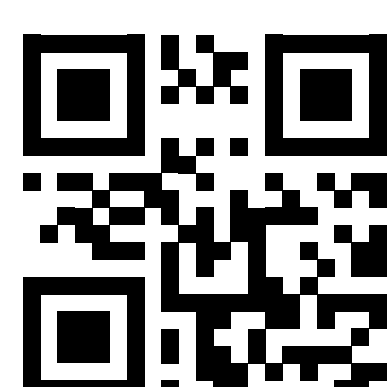
12 x 100g

50032



£1.35

Wild Mint



6 x 50g

51106



£1.35

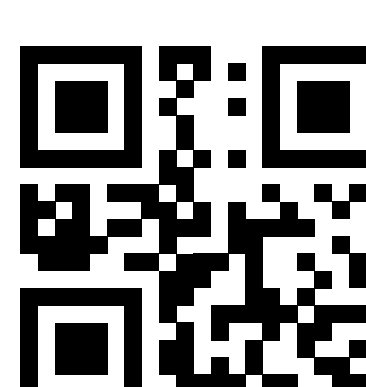
Cheese Flavour
Powder

12x 100g

51103



£1.75

Chilli & Lemon
Seasoning

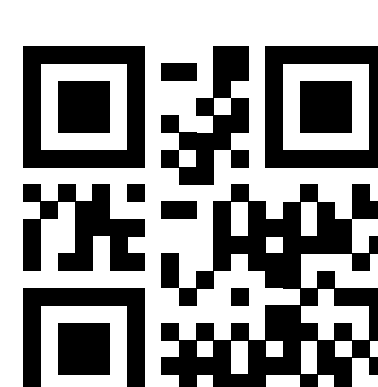
12x 100g

73102



£1.59

Basil Seeds



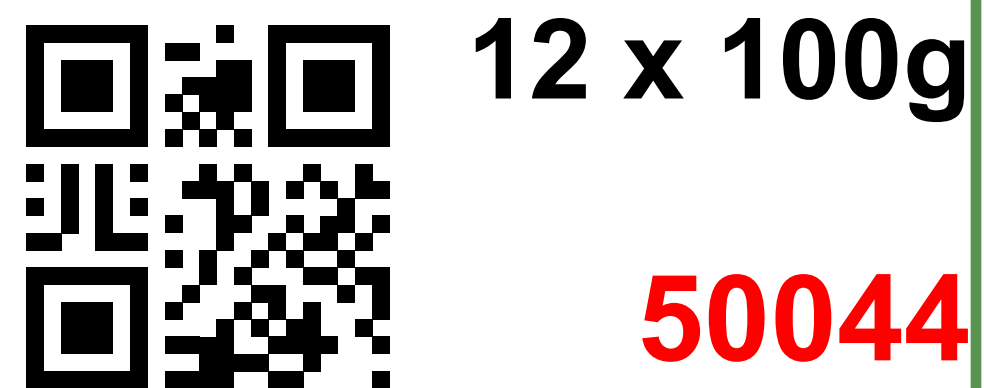
12x 100g

73104

£1.45



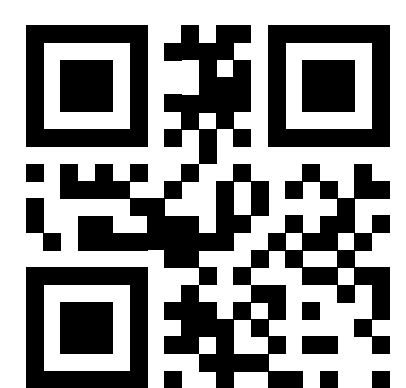
Aleppo Pepper



12 x 100g

50044

£1.55

Ground
Aniseed

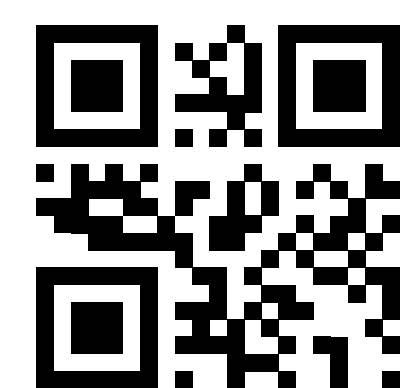
12 x 100g

50051

£1.35



Baking Powder



12 x 100g

50016

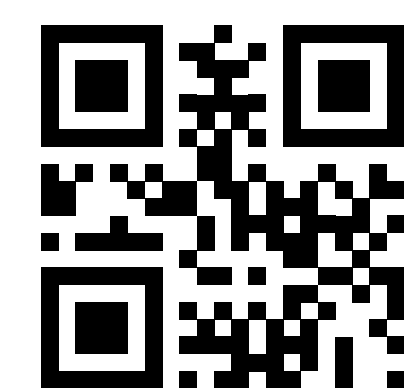
£1.79

Coarse
Black Pepper

12 x 90g

50053

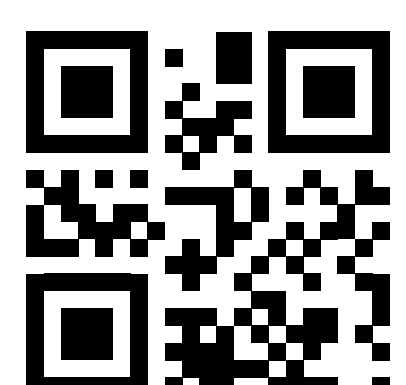
£1.99

Ground
Black Pepper

12 x 100g

50054

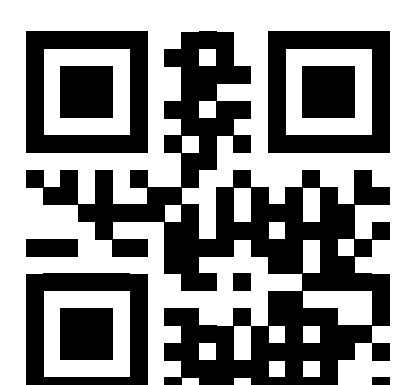
£1.35

Caraway
Powder

12 x 100g

50019

£3.49

Ground
Cardamom

12 x 80g

51006

£1.55

Cayene
Pepper

12 x 100g

50079

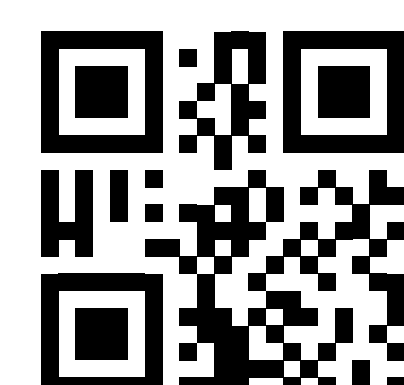
£1.29

Crushed
Chillies

12 x 75g

50001

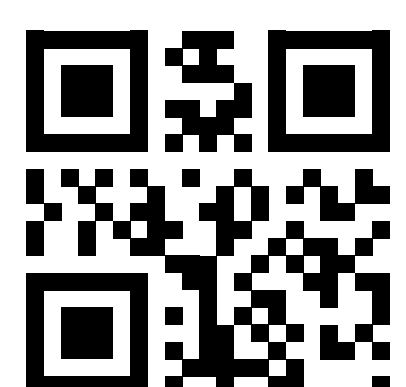
£1.59

Hot
Chilli Flakes

12 x 75g

50055

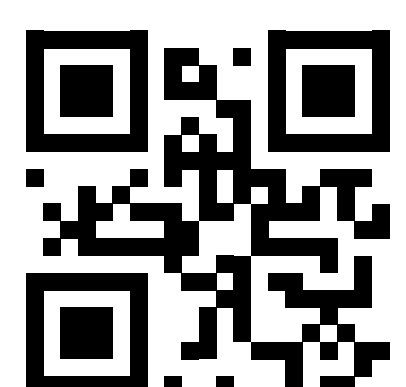
£1.19

Chilli
Powder

12 x 100g

51014

£1.35

Ground
Cinnamon

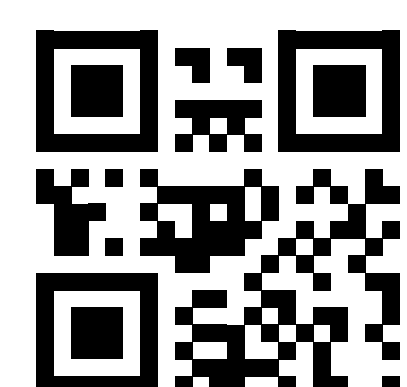
12 x 100g

50022

£0.99



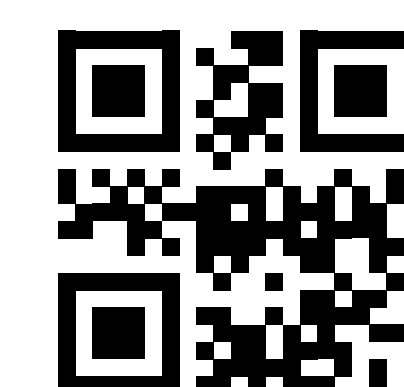
Citric Acid



12 x 150g

51048

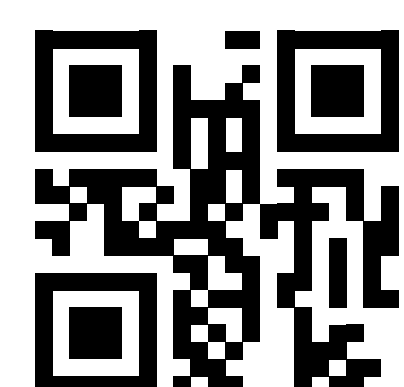
£2.79

Ground
Cloves

12 x 100g

50101

£1.35

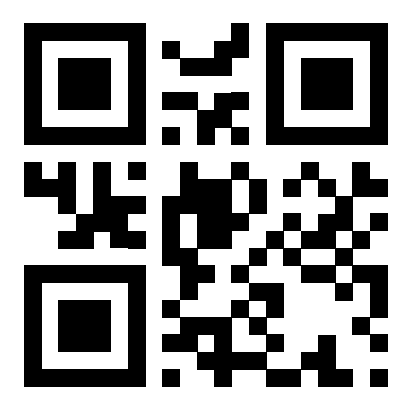
Ground
Coriander

12 x 100g

50023



Barberry
(Zirishk)

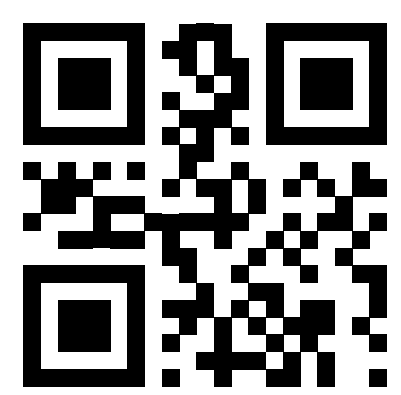


6 x 120g

50083



Basil

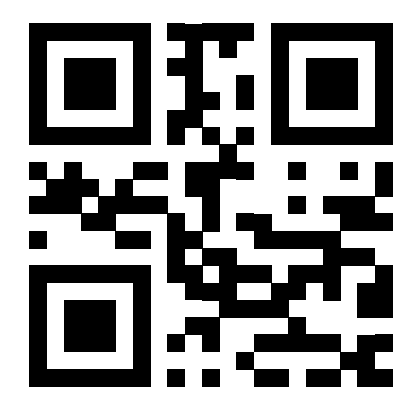


6 x 75g

51026



Bay Leaves

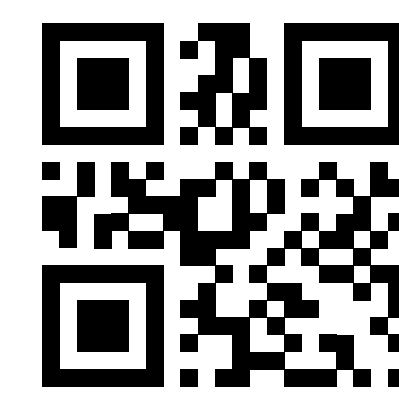


6 x 20g

51037



Camomile

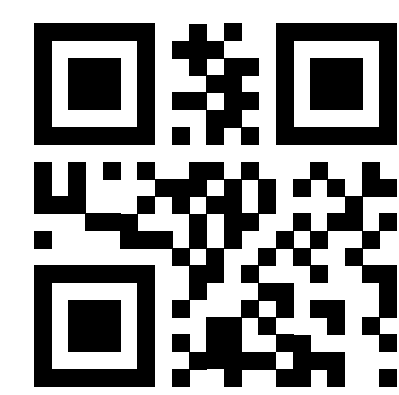


6 x 35g

51022



Chives

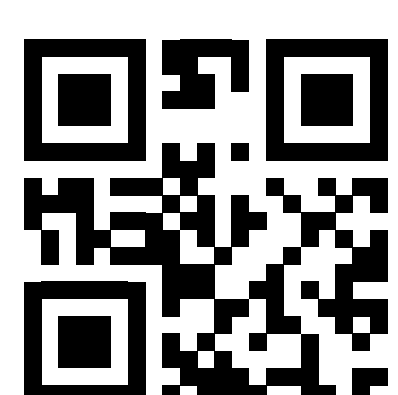


6 x 50g

51039



Coriander
Leaves

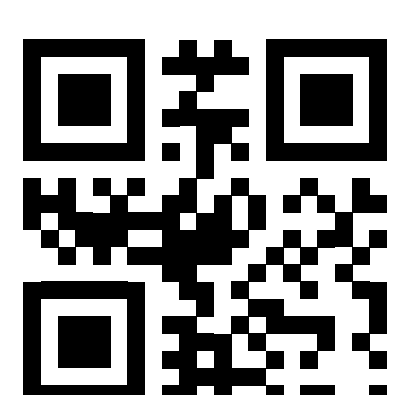


6 x 50g

51040



Curry
Leaves

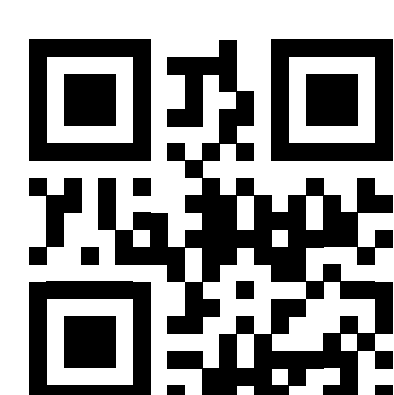


6 x 15g

51041



Dill Tips



6 x 70g

51033



Dried
Mint

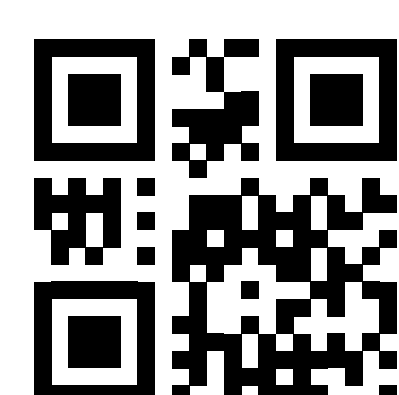


6 x 60g

51016



Fried
Onion

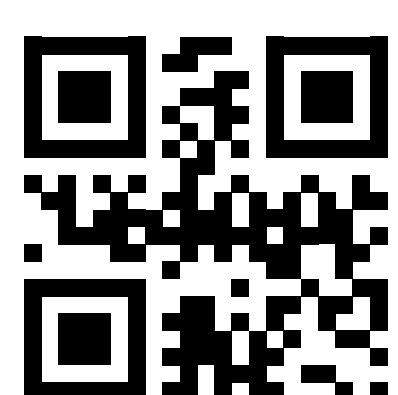


6 x 100g

51019



Garlic
Flakes

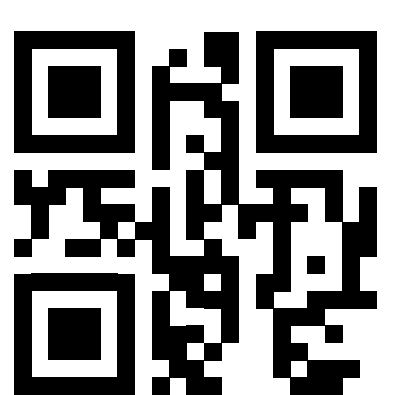


6 x 120g

50074



Hibiscus

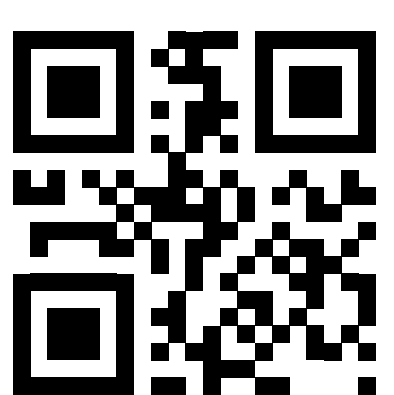


6 x 60g

73004



Lavender
Flowers

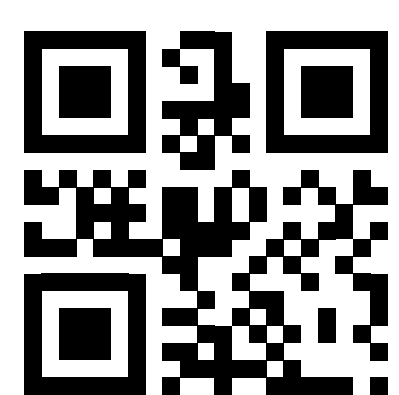


6 x 50g

51007



Lemongrass



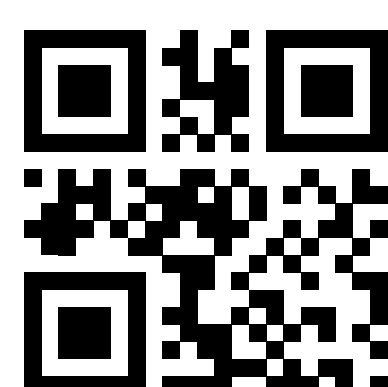
6 x 50g

51023



£1.35

Lemon
Verbena



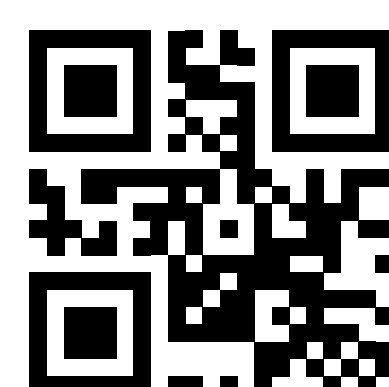
6 x 20g

51043



£1.59

Lime
Leaves



6 x 12g

51027



£1.25

Marjoram



6 x 40g

51015



£1.35

Mixed
Herbs



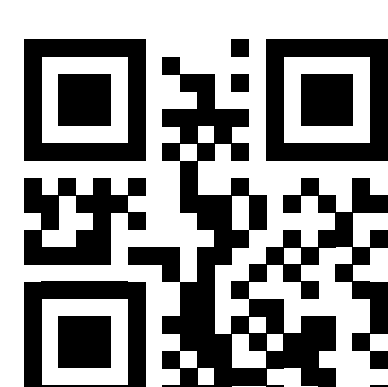
6 x 50g

51017



£1.69

Oregano



6 x 60g

51024



£1.35

Parsley



6 x 40g

51020



£1.19

Rosemary



6 x 50g

50009



£2.99

Rose Buds
(Damask)



6 x 55g

51035



£1.59

Rose Petals
(Damask)



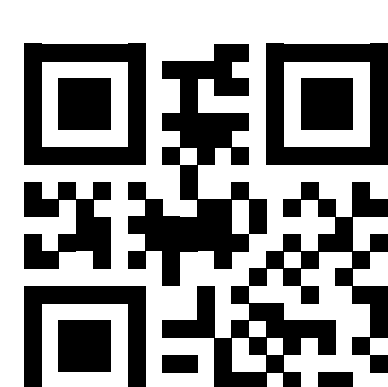
6 x 30g

51028



£2.25

Safflower



6 x 35g

50087



£1.59

Sage
Leaf



6 x 25g

51029



£1.35

Rubbed
Sage



6 x 65g

51021



£1.99

Stewing
Meat Recipe



6 x 65g

50078



£1.99

Tarragon

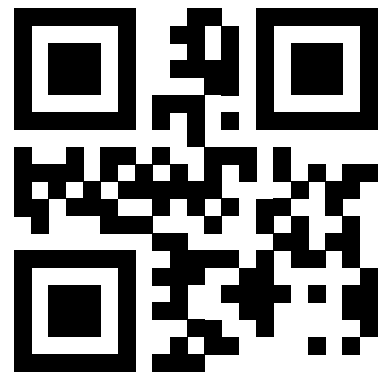


6 x 40g

51034



Thyme



6 x 70g

51030



Thyme
Leaves



6 x 70g

51031



Zhourat
Shamyia

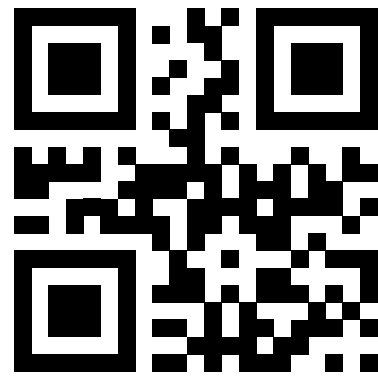


6 x 30g

51032



Dried Thyme

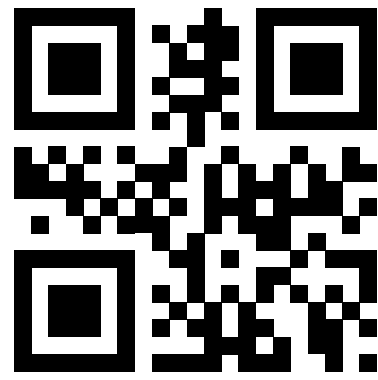


6 x 30g

51101



Senna Leaves

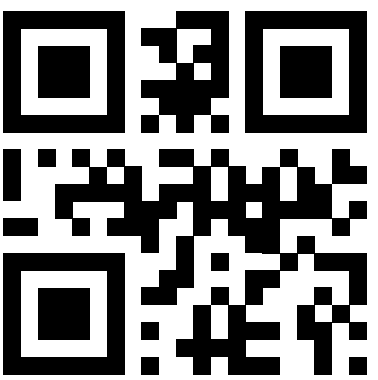


6 x 50g

51109



Relax Tea

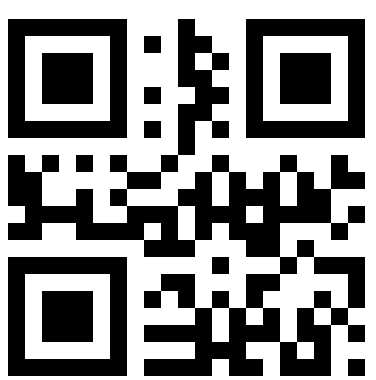


6 x 35g

73103



Arabian
Frankincense

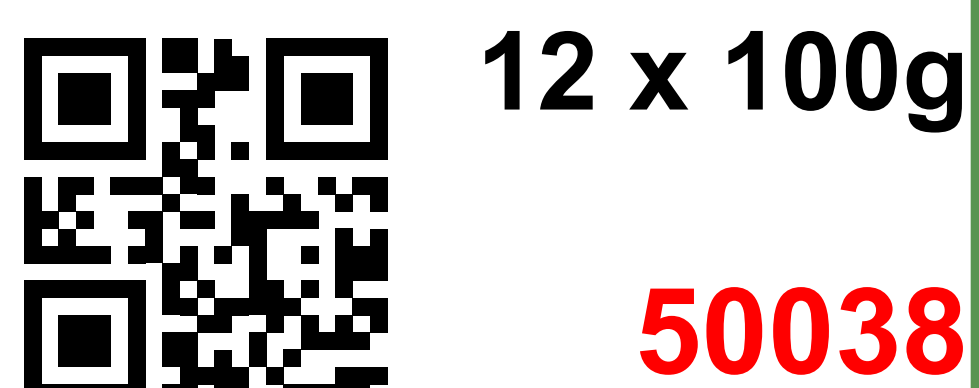


12 x 85g

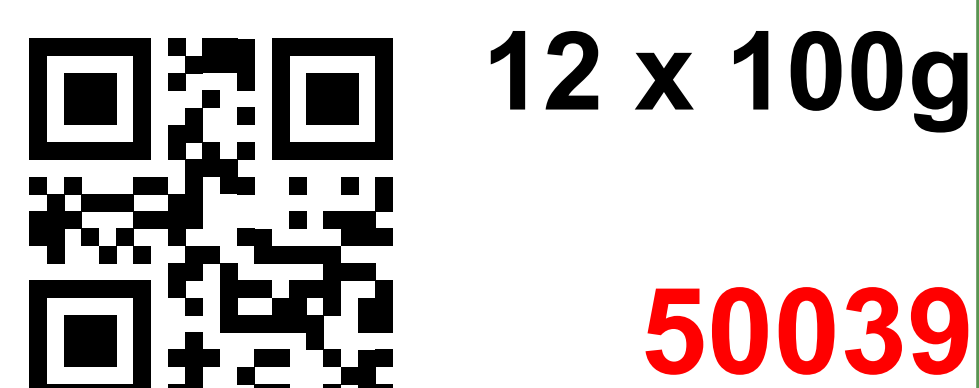
73105



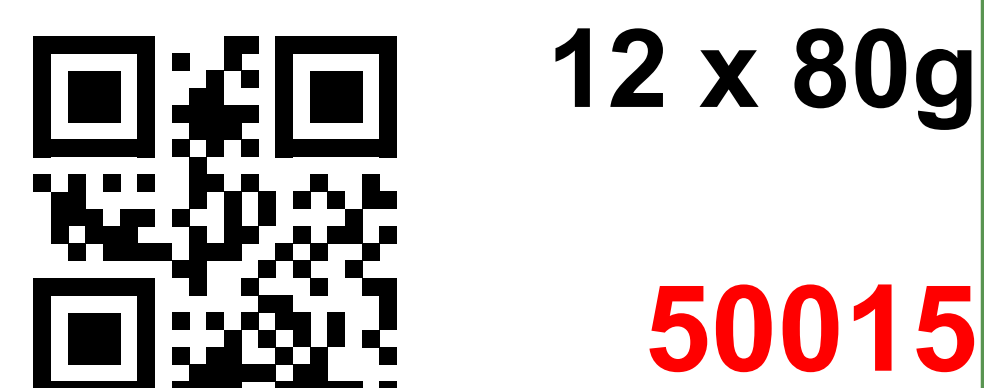
All Purpose
Seasoning



Amba
Spices



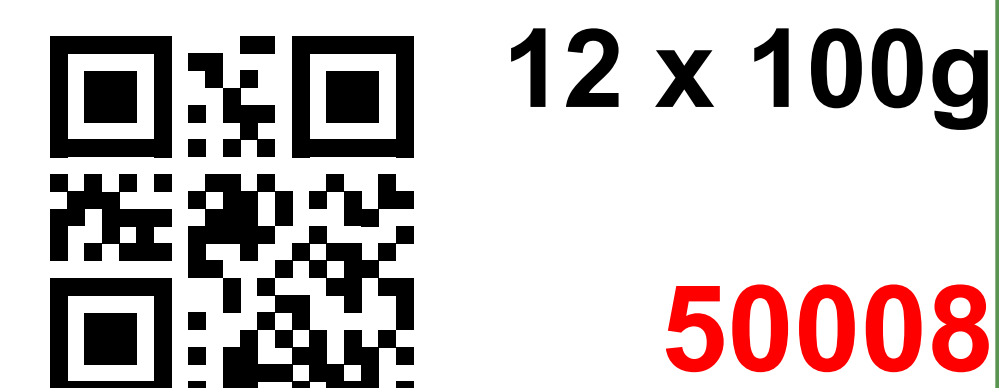
Aniseed



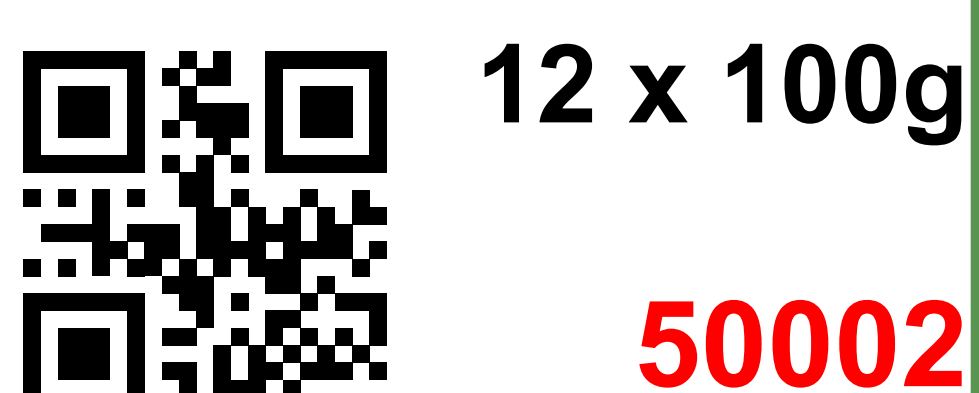
Biryani
Spices



Fish
Seasoning



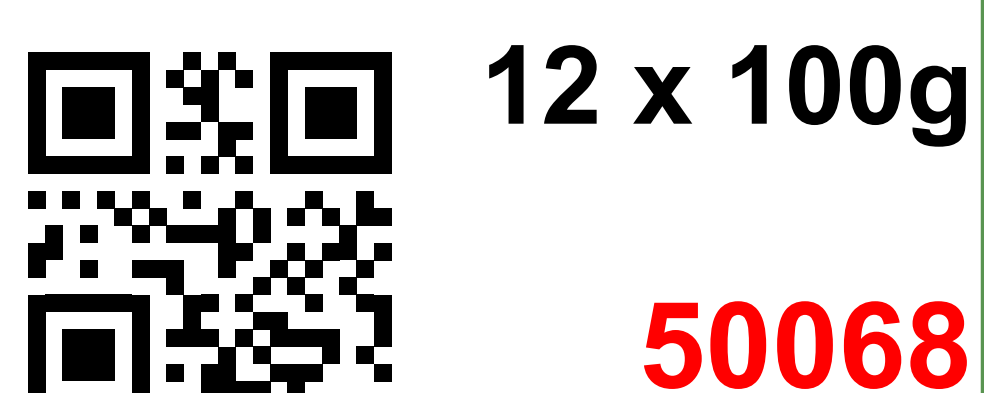
Cajun
Seasoning



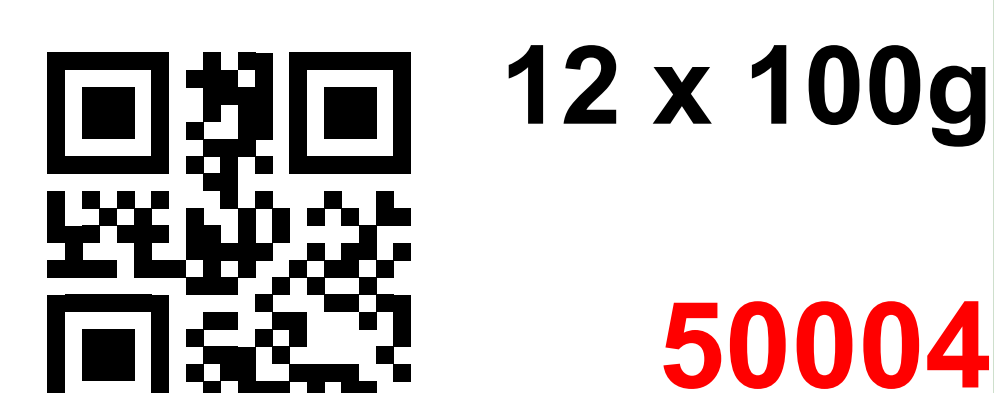
Chicken
Seasoning



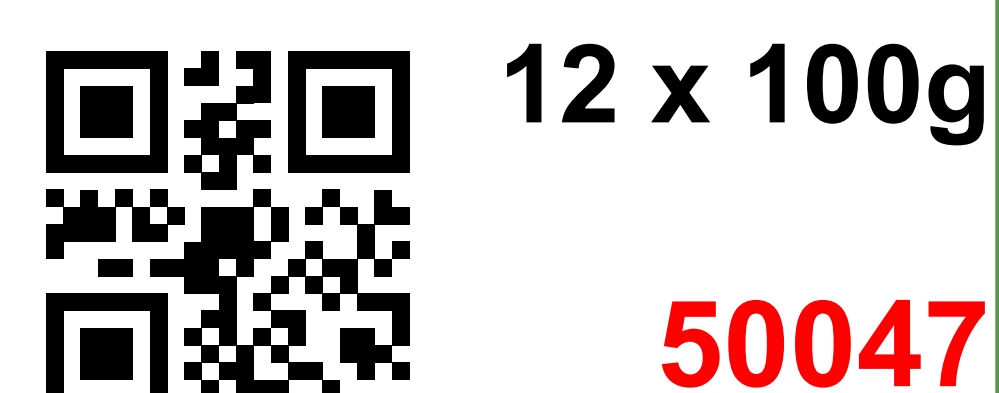
Chicken
Shawarma



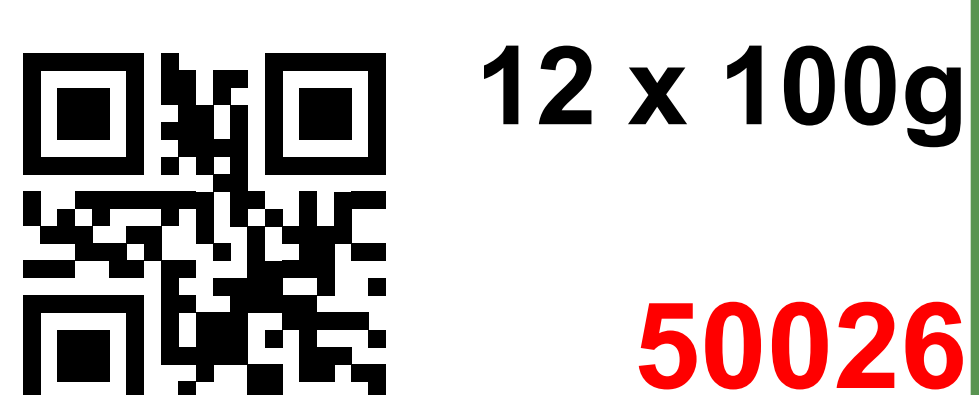
Chinese
Five Spices



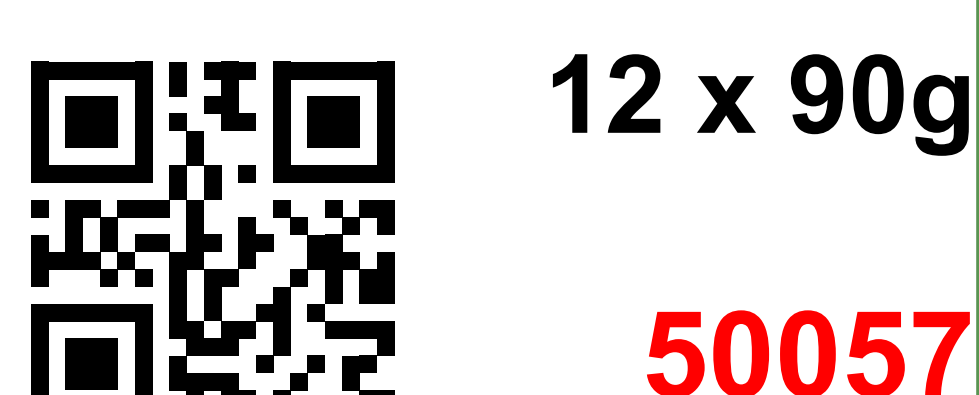
Couscous
Spices



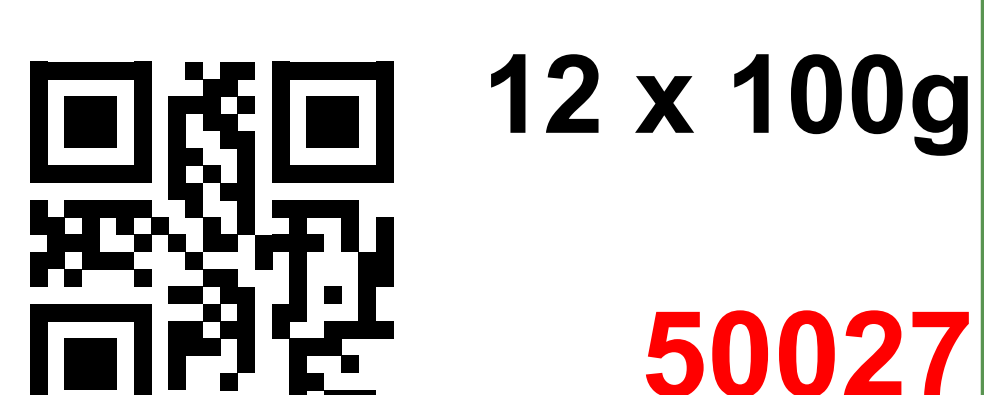
Mild Curry
Powder



Fajeta
Seasoning



Falafel
Spices

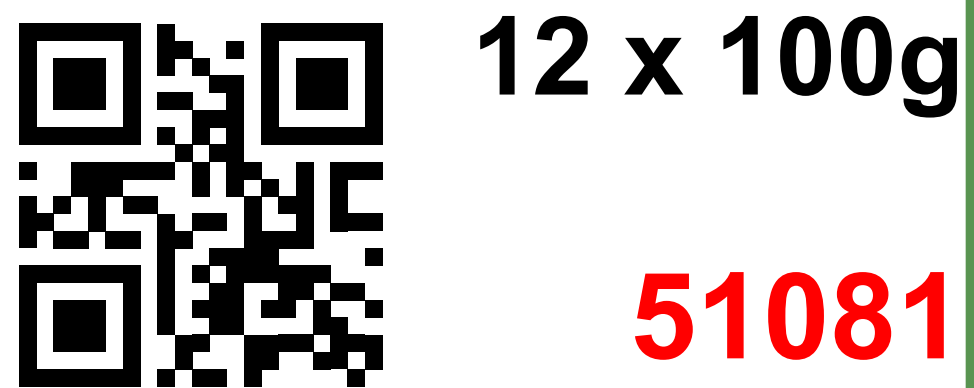


Hot Curry
Powder

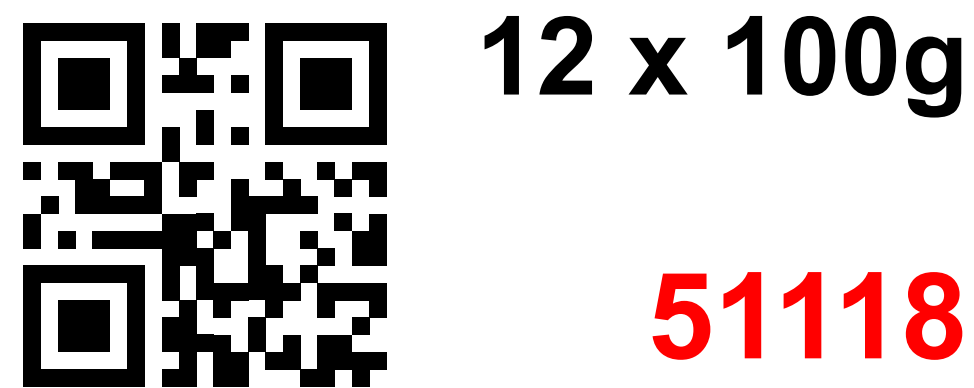




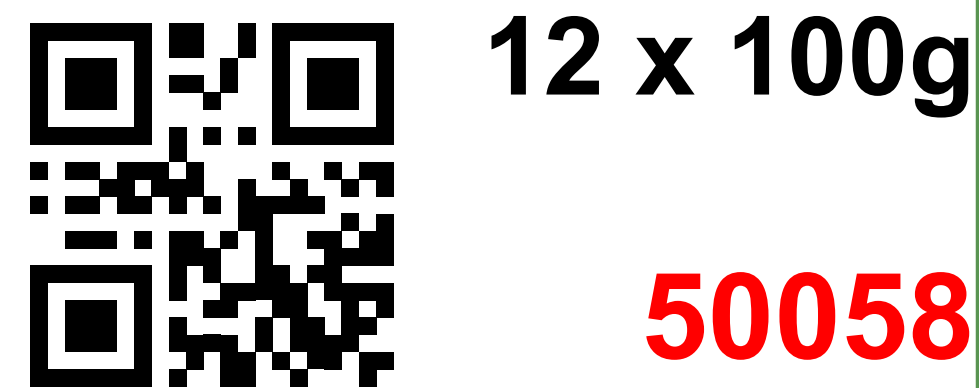
Garam
Masala



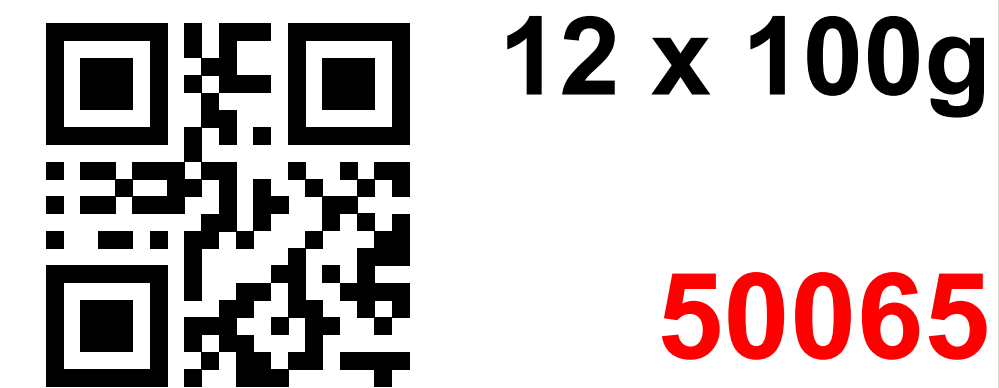
Baharat
Spice Mix



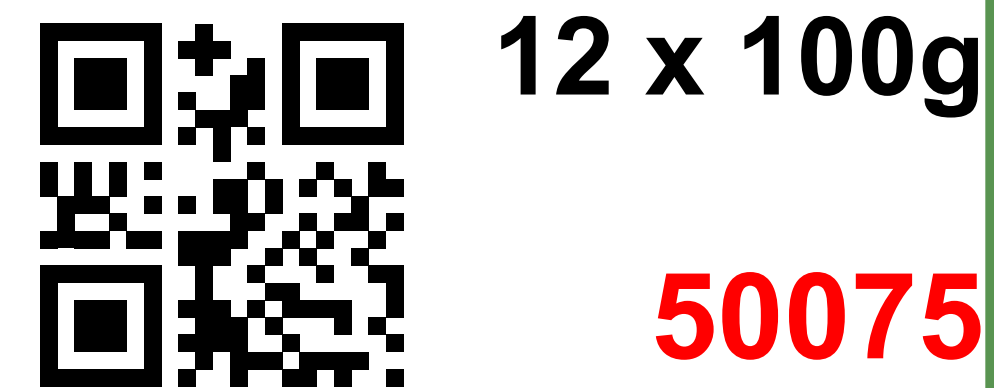
Harissa
Seasoning



Kabsah
Spices



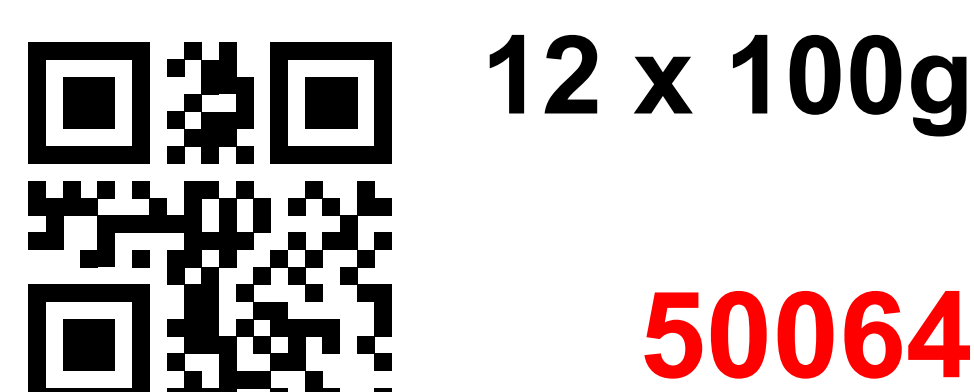
Coarse
Kabsah Spices



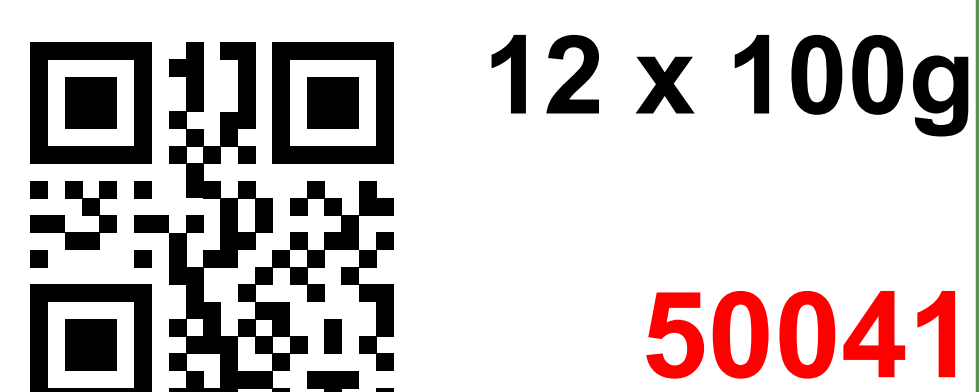
Kebab
Seasoning



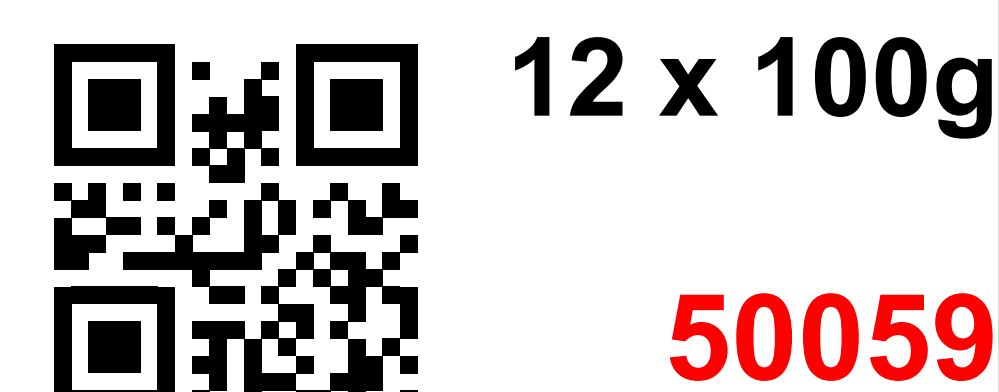
Kebbah
Spices



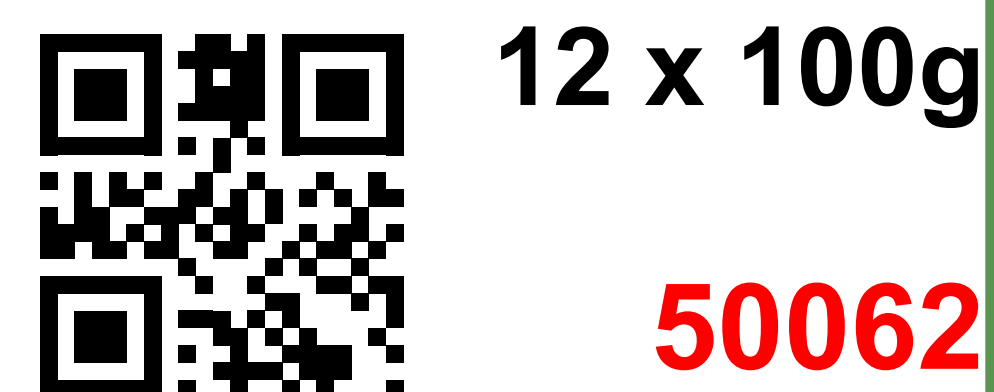
Kofta
Seasoning



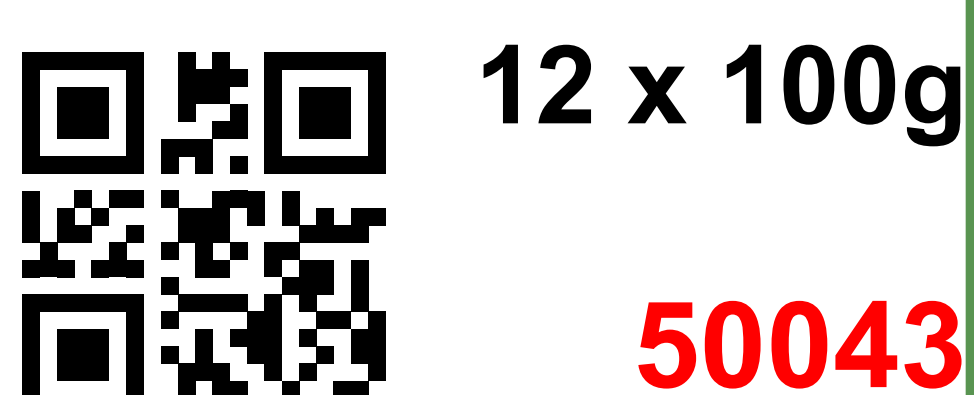
Lamb
Seasoning



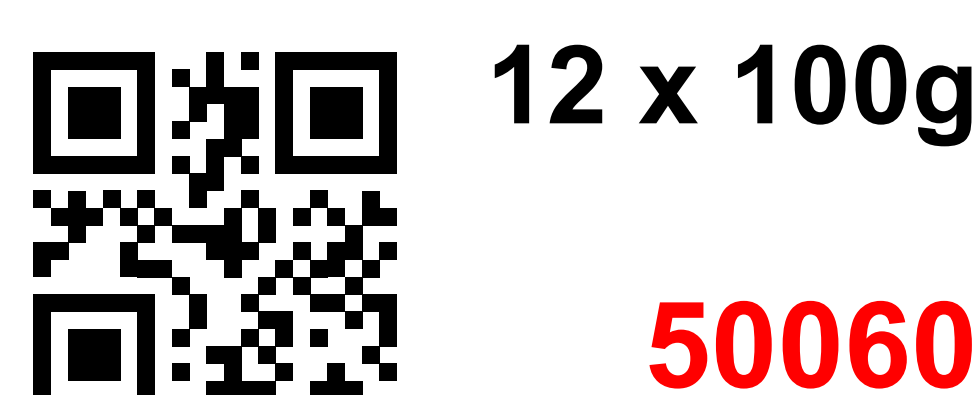
Lamb
Shawarma



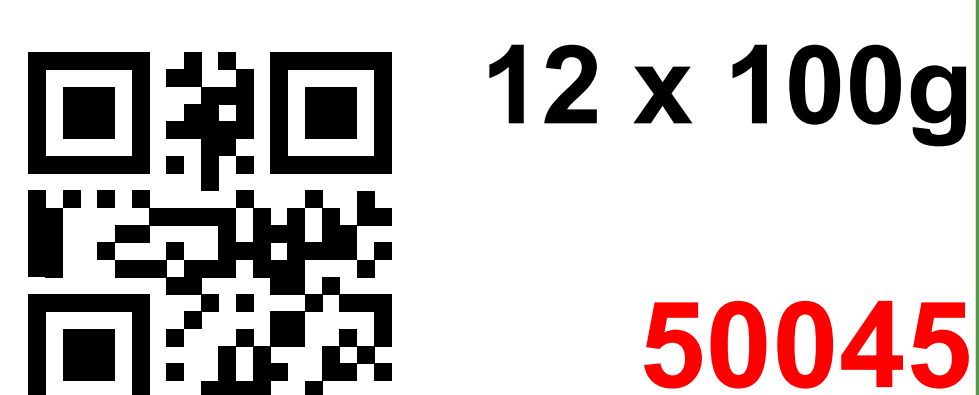
Mandi
Seasoning



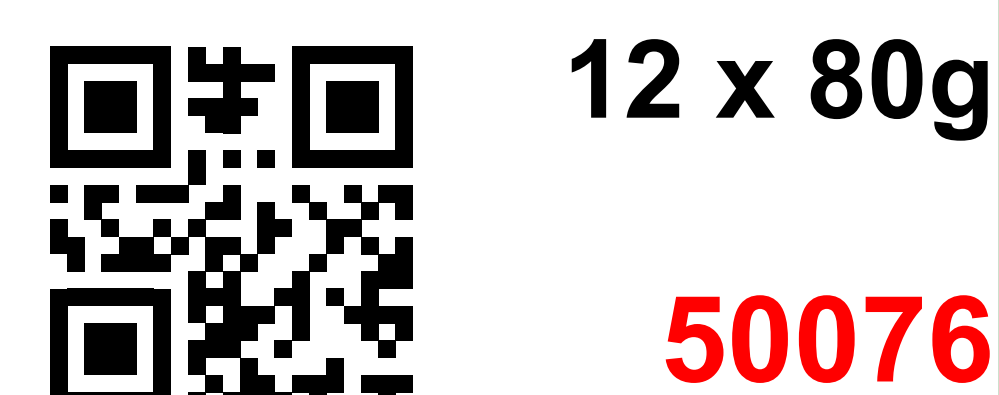
Peri Peri
Seasoning



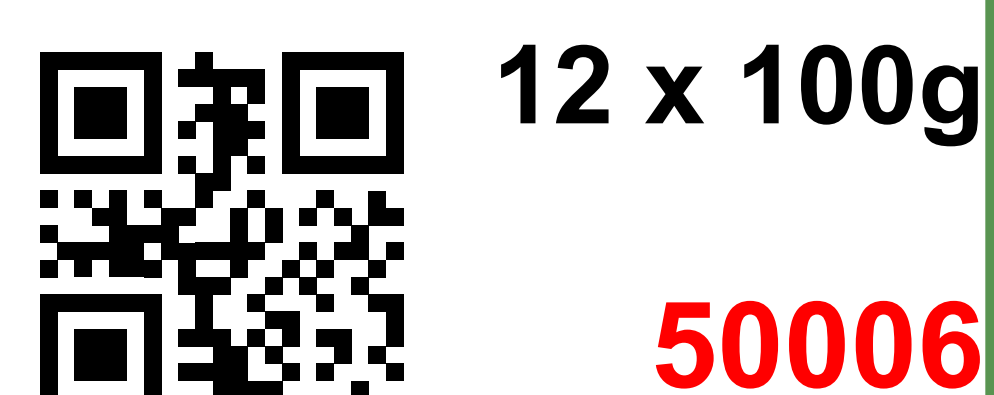
Coarse Peri Peri
Seasoning



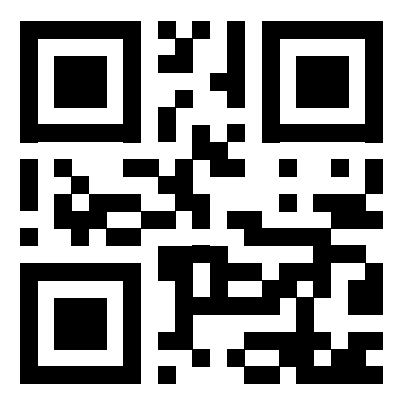
Whole
Pimento



Potato Chips
Seasoning



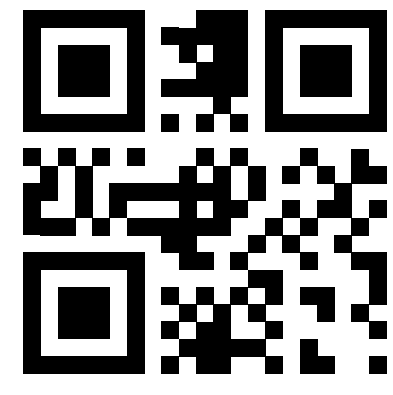
£1.59

Red
Ras El Hanout

12 x 100g

50061

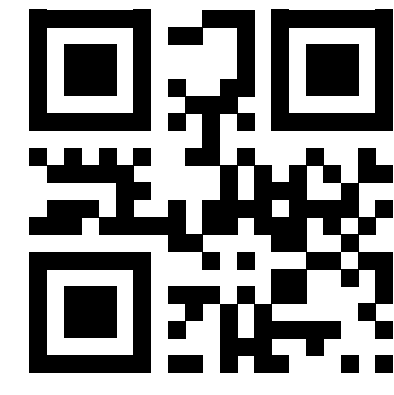
£1.99

Seven
Spices

12 x 100g

50077

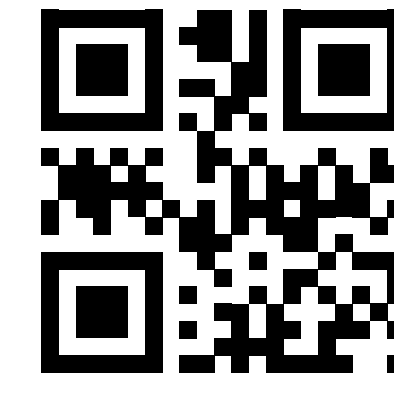
£1.69

Shish
Seasoning

12 x 100g

50067

£1.79

Tagine
Spices

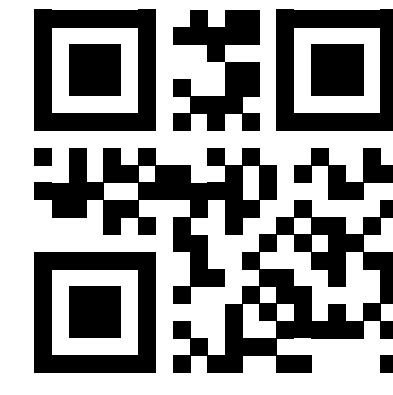
12 x 100g

50036

£1.35



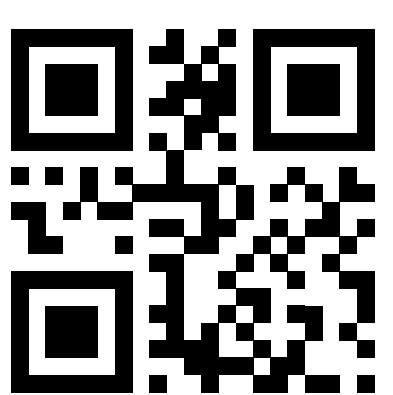
Tikka Masala



12 x 100g

51082

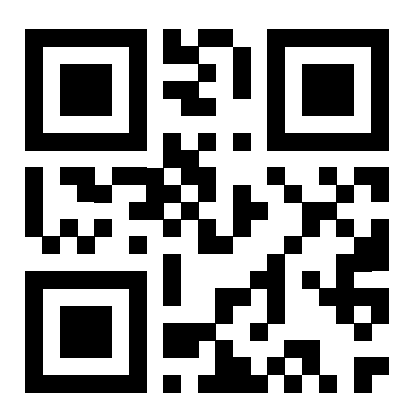
£2.25

Green
Zaatar

6 x 250g

50089

£2.25

Zaatar
Extra

6 x 250g

50088

£2.25

Zaatar
Halabi

6 x 250g

50090

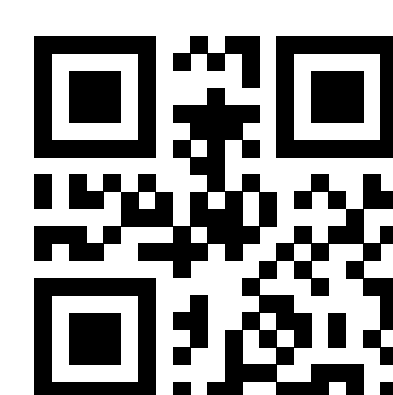
£2.25

Zaatar
Palestinian

6 x 250g

50091

£1.59

Yellow
Ras El Hanout

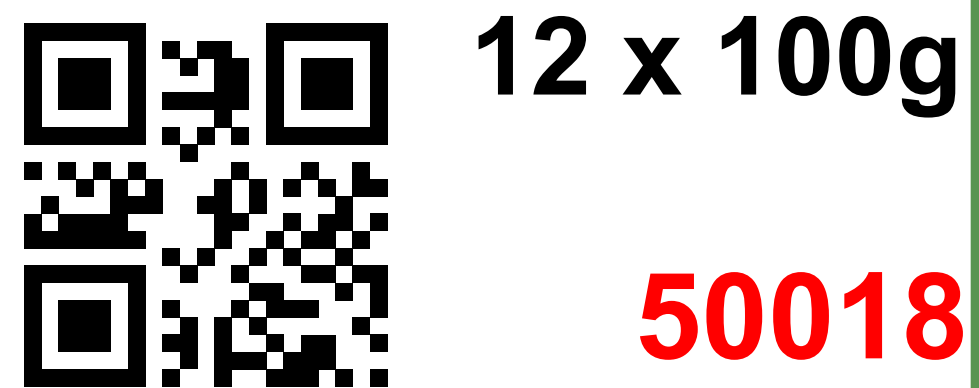
12 x 100g

50066

£1.35



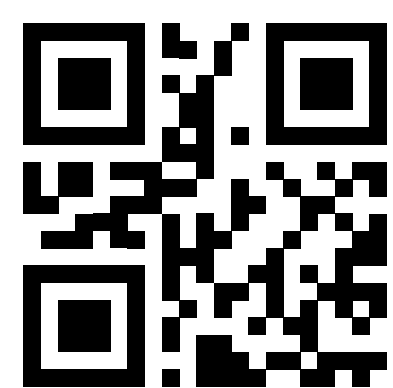
Black Seeds



12 x 100g

50018

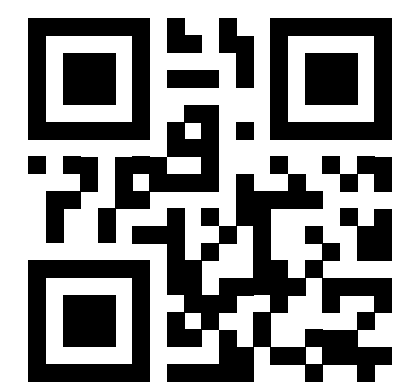
£1.79

Black
Peppercorns

12 x 80g

50069

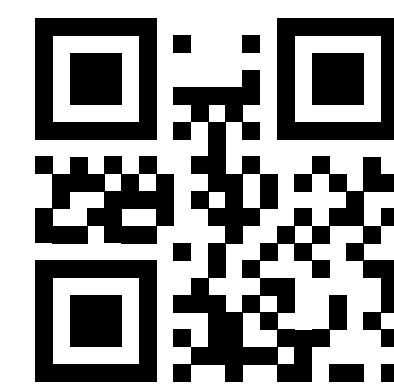
99p

Brown
Linseeds

12 x 100g

50011

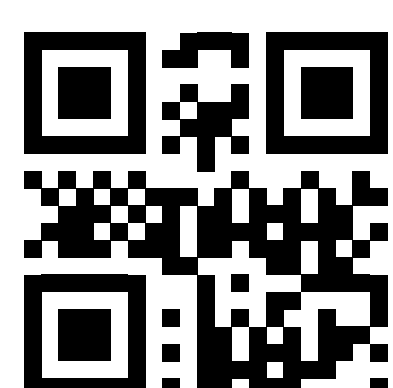
£1.35

Caraway
Seeds

12 x 100g

50020

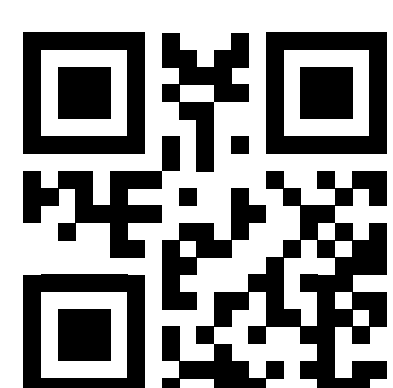
£1.59

Chia
Seeds

12 x 100g

50070

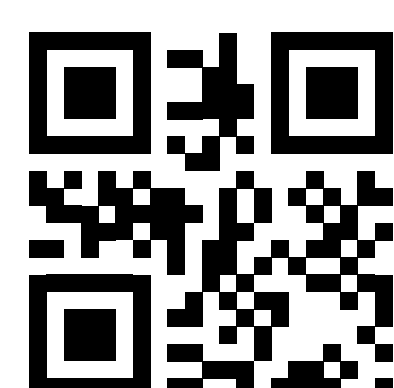
79p

Coriander
Seeds

12 x 50g

51010

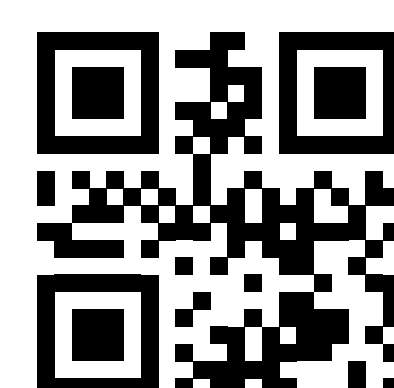
£1.15

Cress
Seeds

12 x 100g

50071

£1.49

Cumin
Seeds

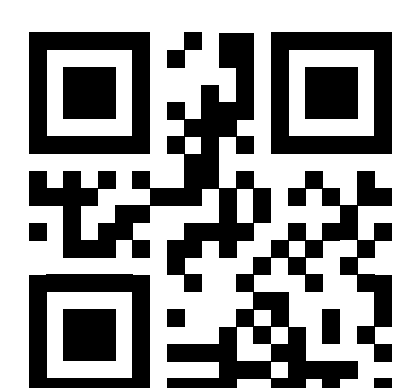
12 x 80g

50025

£0.99



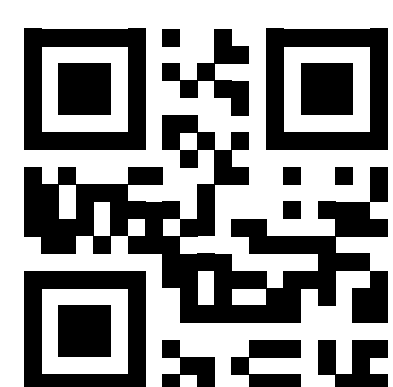
Fenugreek



12 x 100g

51049

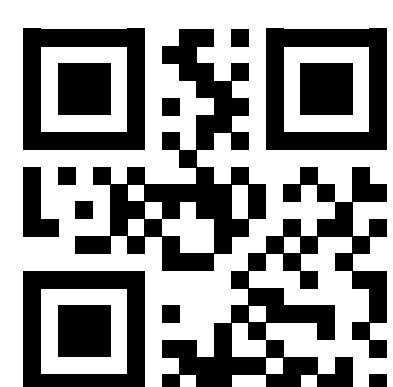
£1.15

Fennel
Seeds

12 x 80g

50005

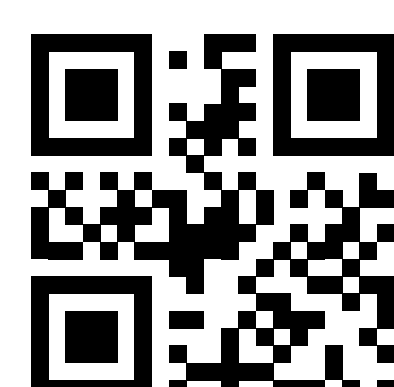
£2.59

Five Mixed
Peppercorns

12 x 100g

50098

£1.25

Roasted
Sesame Seeds

12 x 100g

50012



White Quinoa

6 x 300g

51002



White Sesame Seeds

12 x 100g

50007



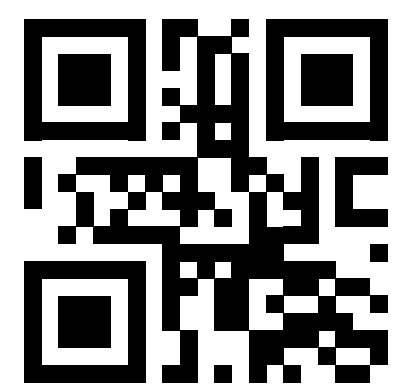
Yellow Mustard Seeds

12 x 100g

51047

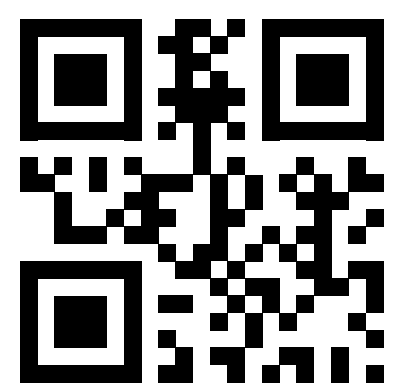


Bullet Chilli



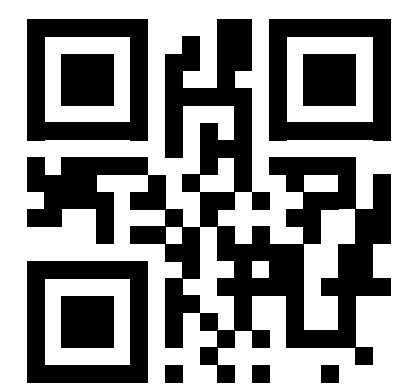
6 x 35g

50003

Whole
Turmeric

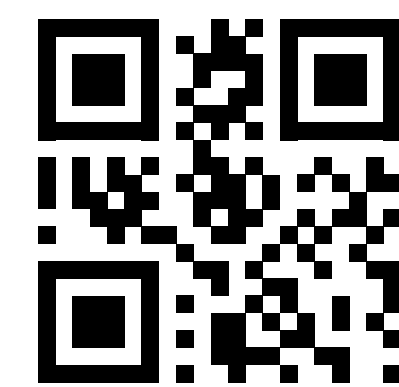
6 x 200g

51005

Whole
Cardamom

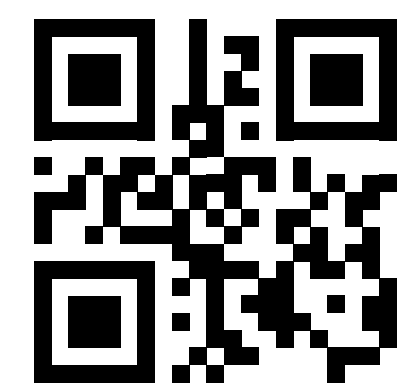
12 x 70g

51003

Cinnamon
Sticks

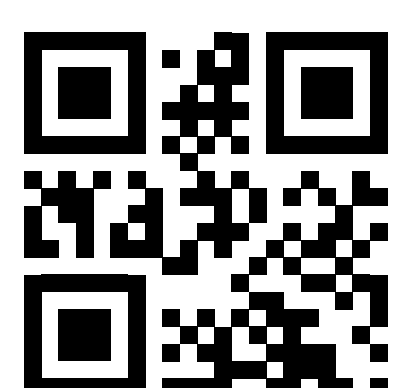
6 x 100g

50084

Cinnamon
Sticks Flat

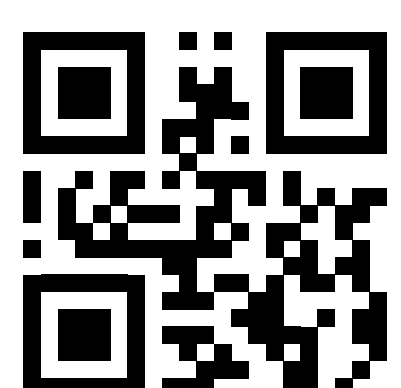
6 x 100g

50056

Whole
Cloves

6 x 100g

50097

Dried
Black Lime

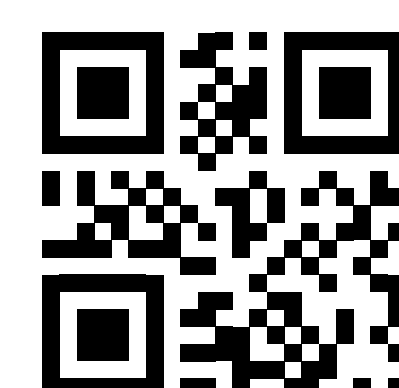
6 x 50g

51050

Dried
Black Lime

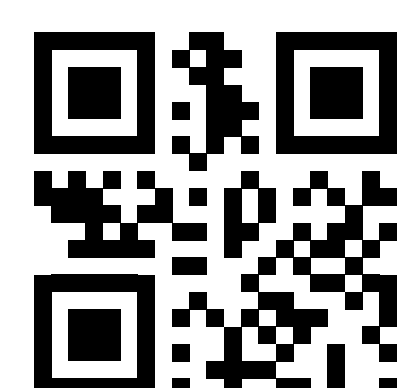
15 x 100g

51068

Dried
Black Lime

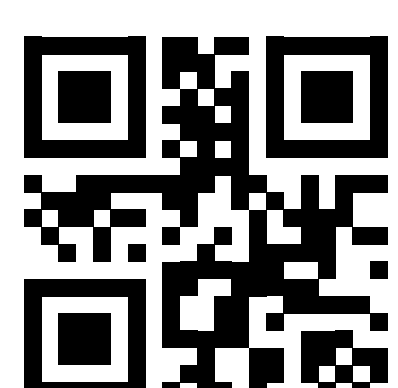
10 x 200g

51069

Whole
Dried Ginger

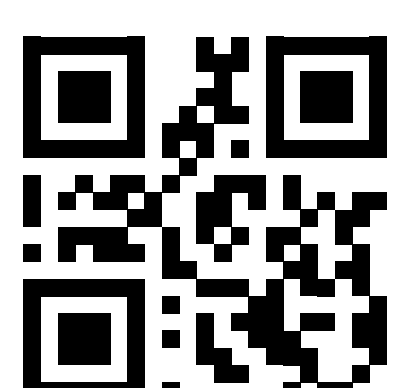
6 x 100g

51004

Dried
White Lime

6 x 50g

51051

Dried
White Lime

15 x 100g

51070

Dried
White Lime

10 x 200g

51071

Whole
Nutmeg

12 x 75g

50093



Star Anise

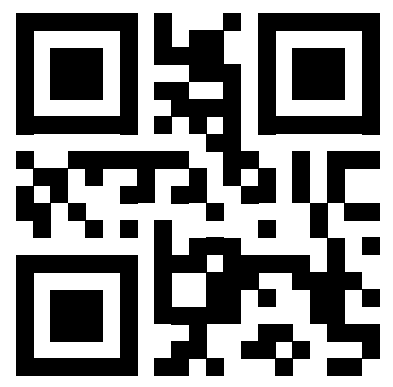


6 x 70g

50082



£3.49

Cinnamon
Sticks Flat

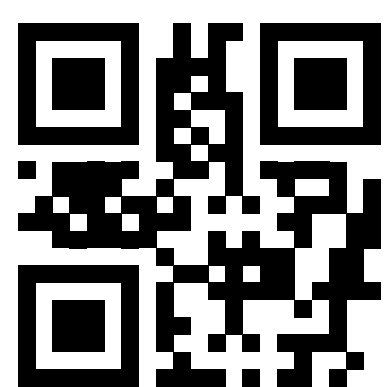
8 x 250g

51112



£2.49

Bay Leaves

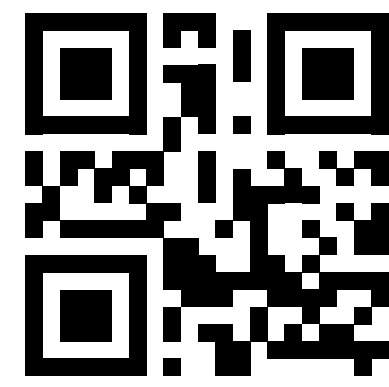


8 x 65g

51110



£1.99

Lemon
Verbena

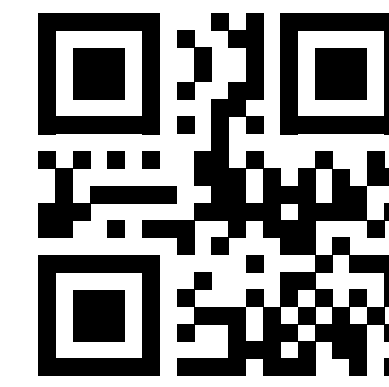
8 x 50g

51116



£2.99

Hibiscus

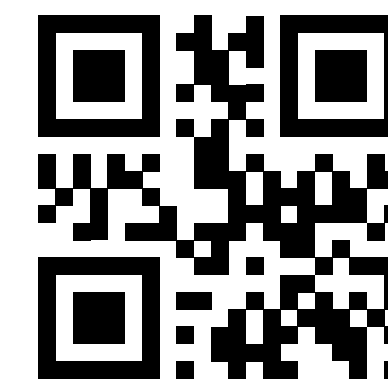


8 x 150g

51115



£5.99

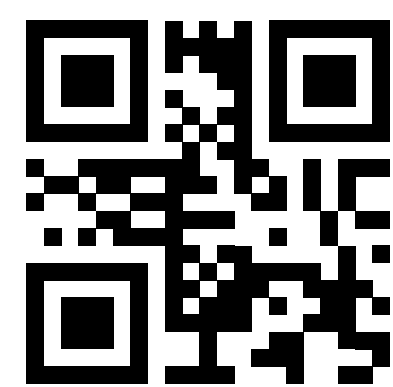
Cinnamon
Sticks

8 x 300g

51111



£1.99

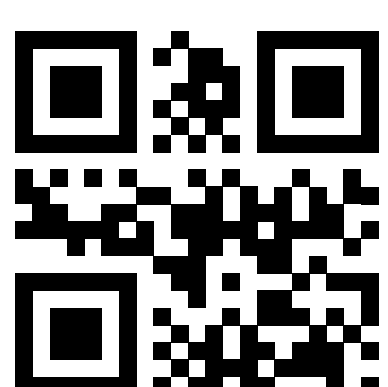
Dried
White Lime

8 x 175g

51113



£1.99

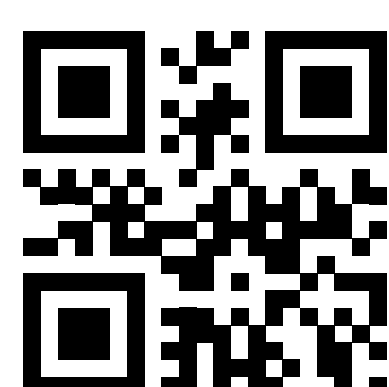
Dried
Black Lime

8 x 150g

51114



£2.99

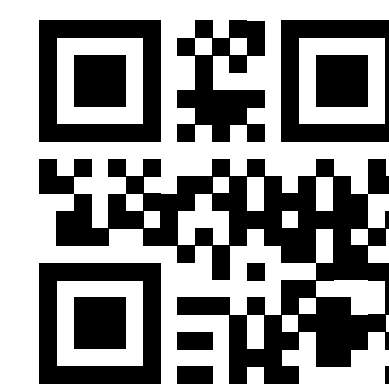
Damask
Rose Petal

8 x 75g

51117



£2.39

Zhourat
Shamiya

8 x 70g

51302



£7.99

Sumac

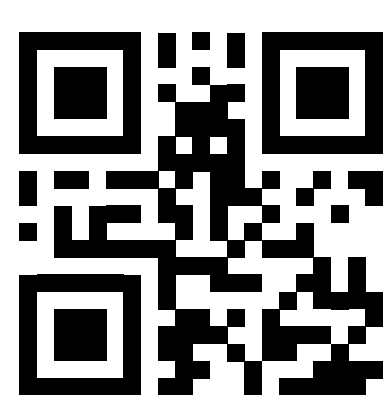


6 x 500g

51301



Saffron

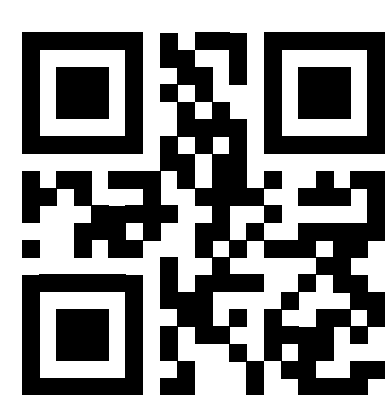


10 x 1g

51086



Milad Saffron

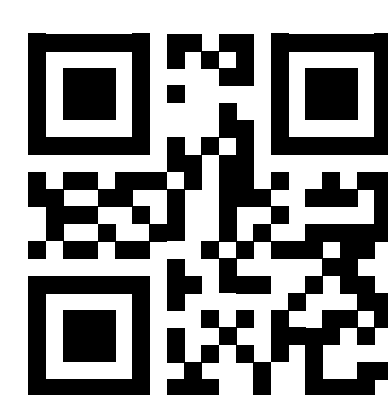


10 x 1g

51074



Milad Saffron

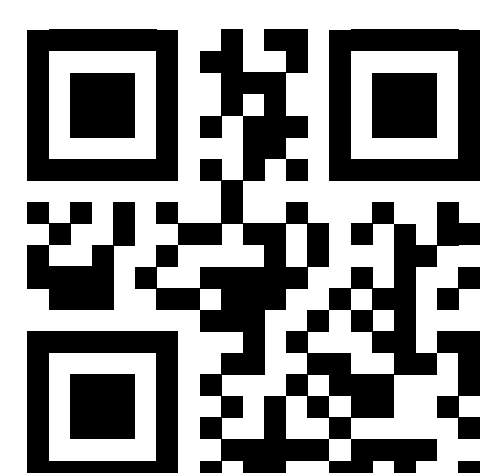


10 x 0.5g

51075



Sage

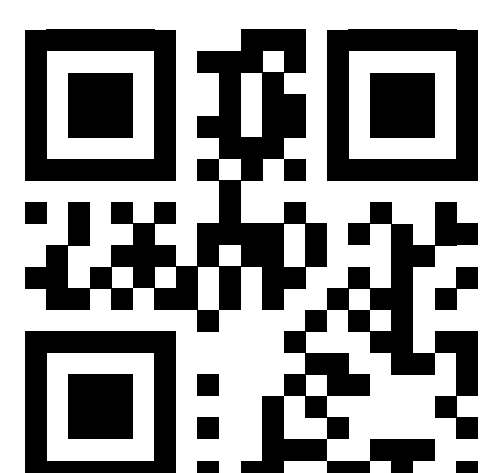


6 x 100g

51045



Thyme

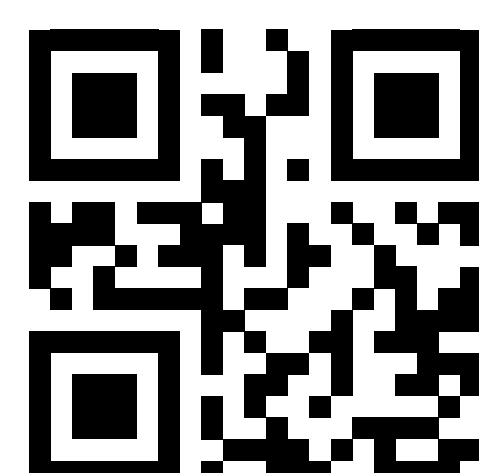


6 x 100g

51036



Camomile



6 x 100g

51038



Zhourat

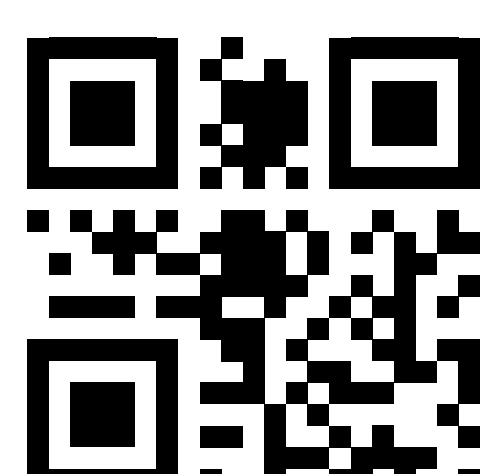


6 x 100g

51046

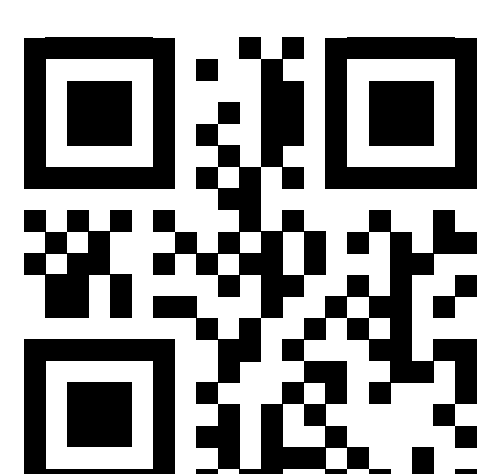


Lemon Verbena



6 x 50g

51044

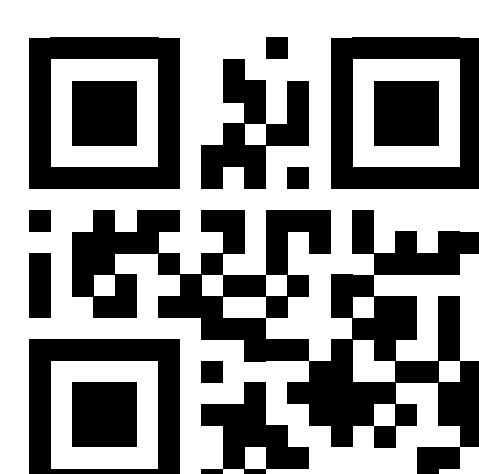
Damask Rose
Petals

6 x 100g

51042



Hibiscus

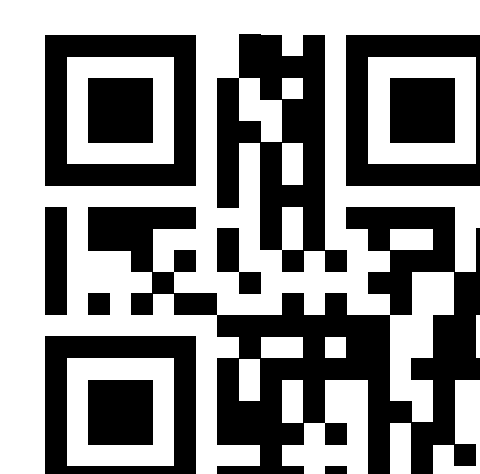


6 x 150g

52007



Green Zaatar



12 x 400g

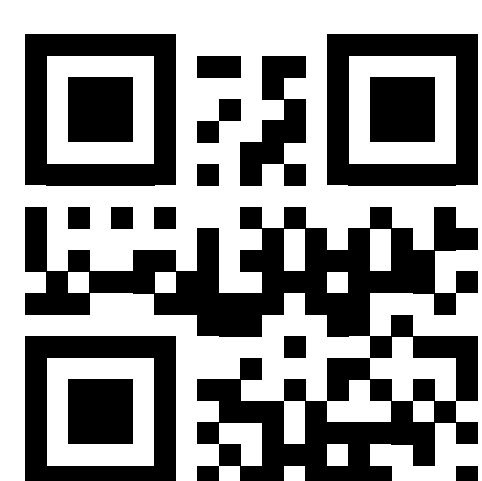
50203

£1.99



£1.99

Zaatar Halabi



12 x 400g

50205



£1.99

Palestinian Zaatar



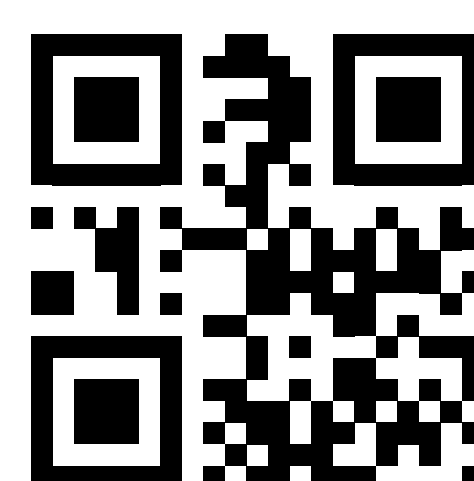
12 x 400g

50204



£1.99

Jordanian Zaatar

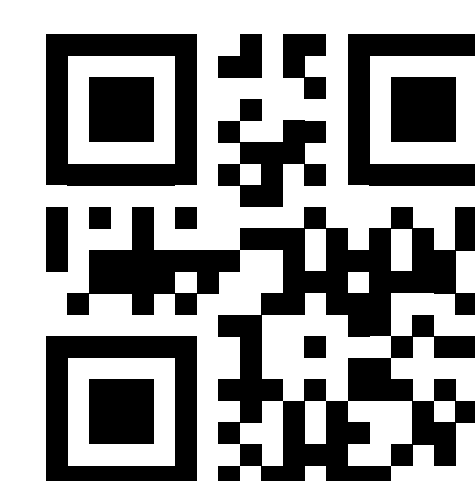


12 x 400g

50202

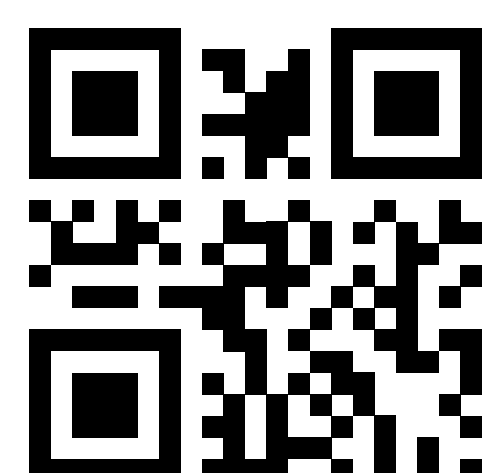


£1.99

Lebanese Zaatar
Extra

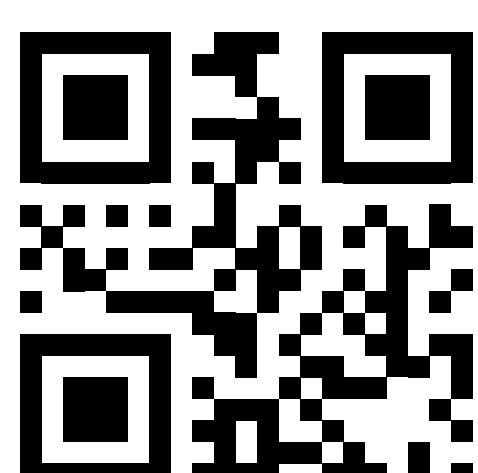
12 x 400g

50201

Halabi
Zaatar

9 x 500g

52038

Palestinian
Zaatar

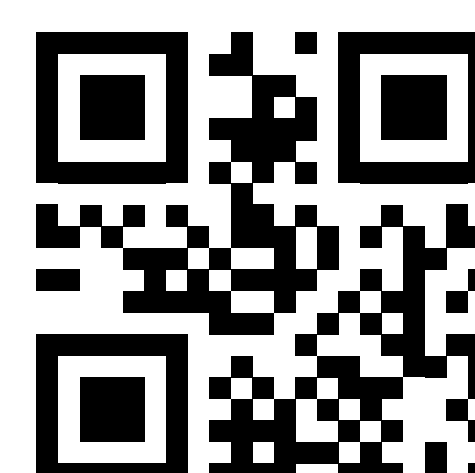
9 x 500g

52040

Royal
Zaatar

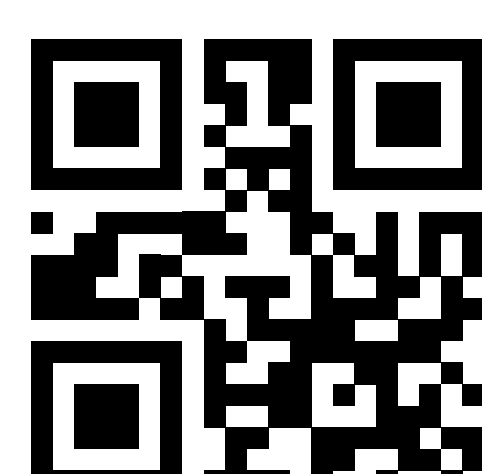
9 x 500g

52041

Lebanese
Zaatar

9 x 500g

52039

Palestinian
Zaatar

12 x 454g

30003

Jordanian
Zaatar

12 x 454g

30002

Lebanese
Zaatar

12 x 454g

30004

Aleppo
Zaatar

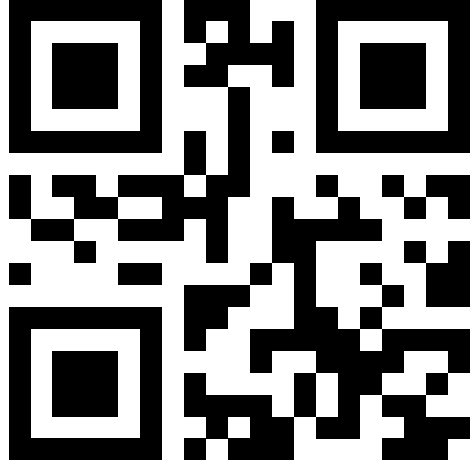
12 x 454g

30001



£1.95

Coarse Sea Salt

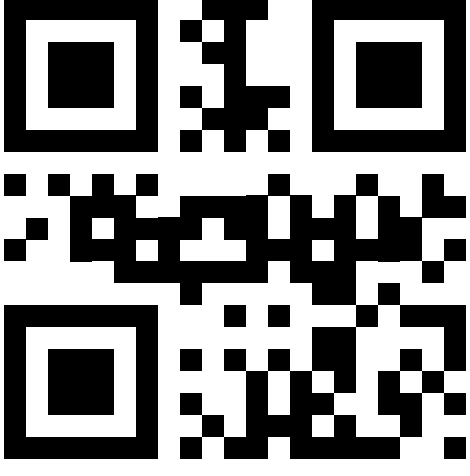


10 x 500g

54303



Himalayan
Coarse Salt

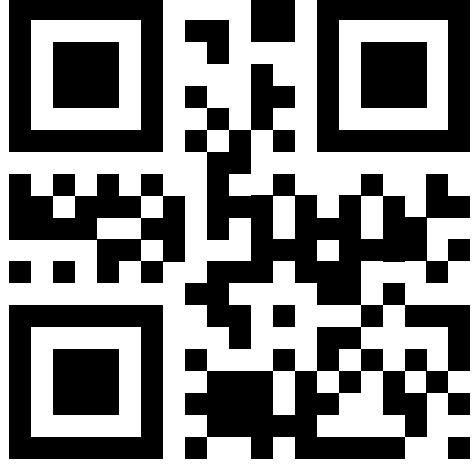


10 x 500g

54302



Himalayan
Fine Salt



10 x 500g

54301

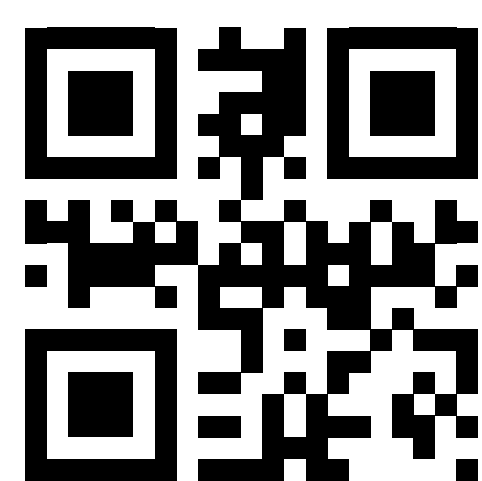


Britain's First Mediterranean Food Supplier

Nuts



£1.49

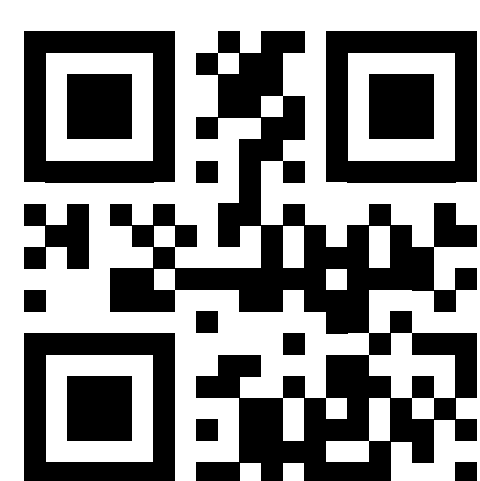
BUY 2 GET 1 FREEMicrowave Salted
Popcorn

10 x (3x100g)

31105



£1.49

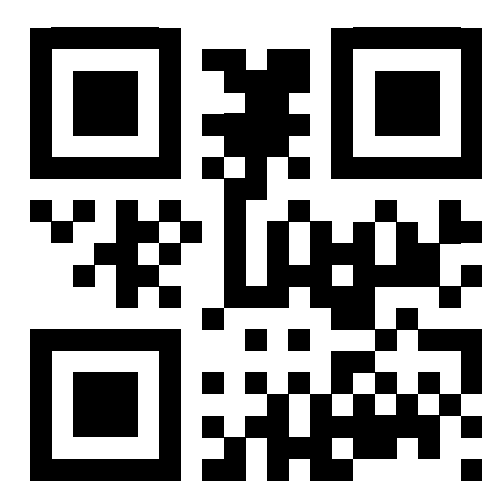
BUY 2 GET 1 FREEMicrowave Butter
Popcorn

10 x (3x100g)

31104



£1.49

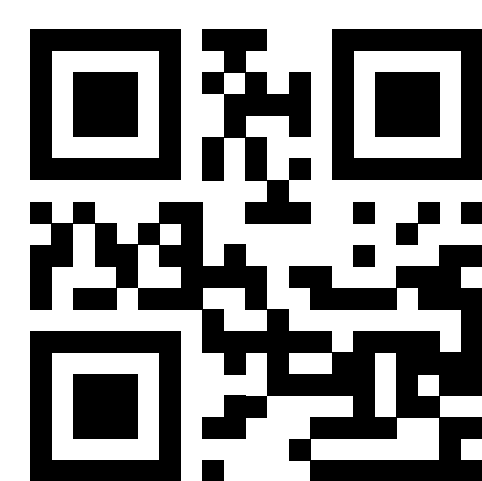
BUY 2 GET 1 FREEMicrowave Salted Car-
amel Popcorn

10 x (3x100g)

31103



£2.99

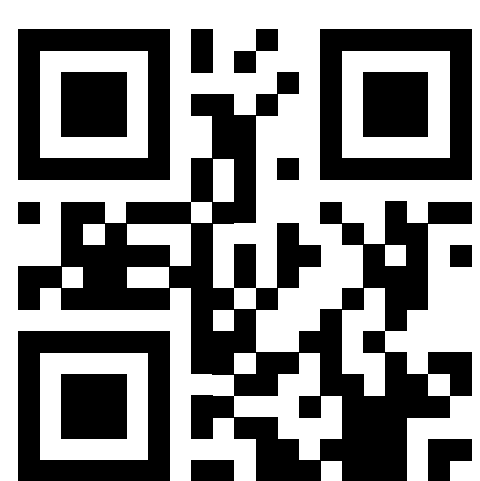
Pumpkin
Seeds

14 x 300g

70002



£2.79

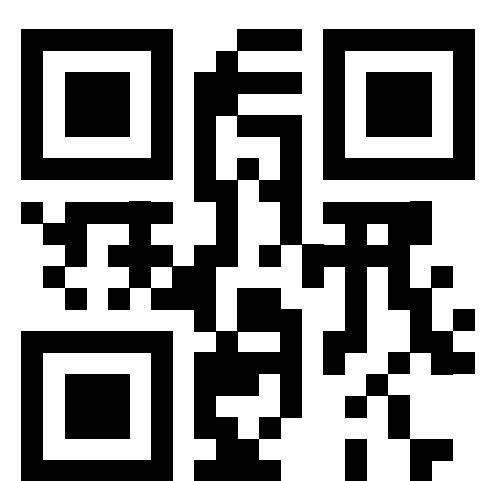
Super
Melon Seeds

18 x 300g

70001



£1.49

Salted
Sunflower Seeds

12 x 300g

70000



£1.95

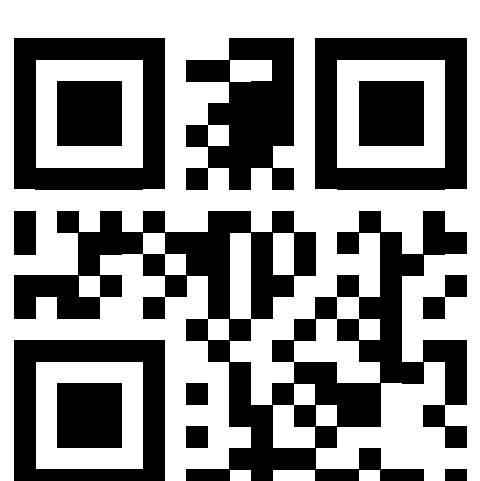
Unsalted
Sunflower Seeds

12 x 250g

73003



£1.95

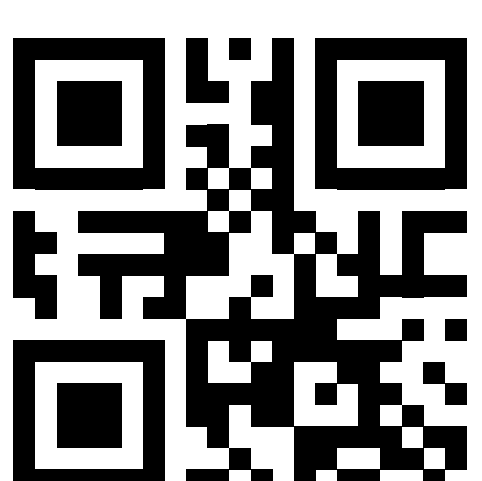
Salted
Sunflower Seeds

12 x 250g

73002



£1.95

Lemon
Sunflower Seeds

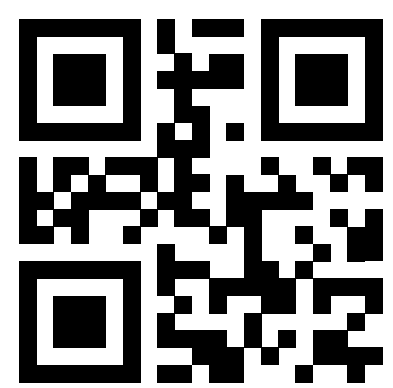
12 x 250g

73001



SPECIAL OFFER

£4.99

Raw
Almonds

10 x 400g

73078



£5.69

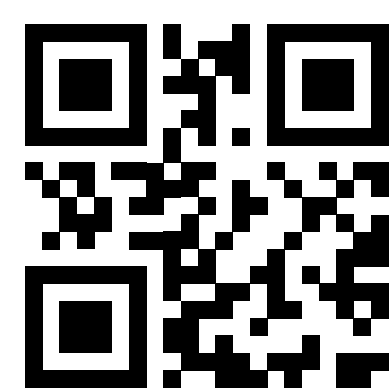
Blanched
Almonds

10 x 450g

72020



£5.49

Raw
Almonds

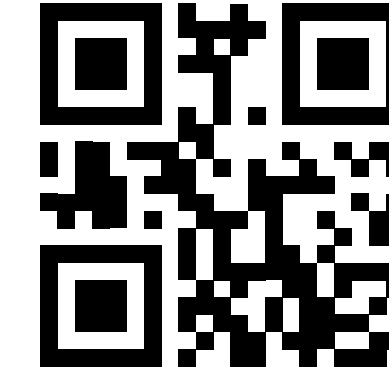
10 x 470g

72018



SPECIAL OFFER

£4.99

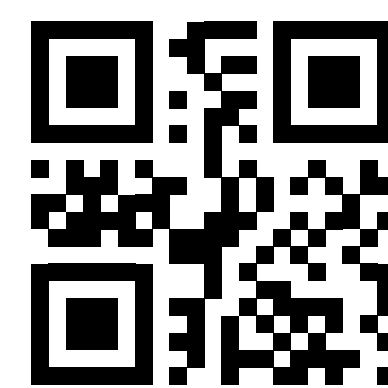
Raw
Cashews

10 x 350g

73055



£5.99

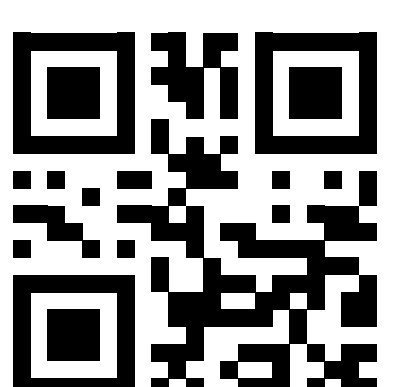
Raw
Cashews

10 x 450g

72021



£5.99

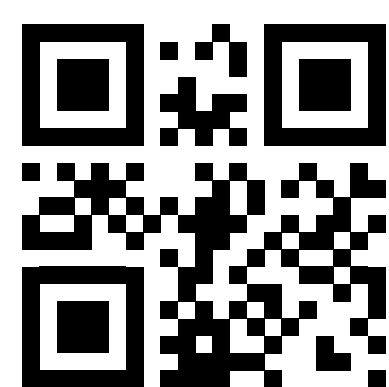
Salted
Cashews

10 x 450g

72022



£4.99

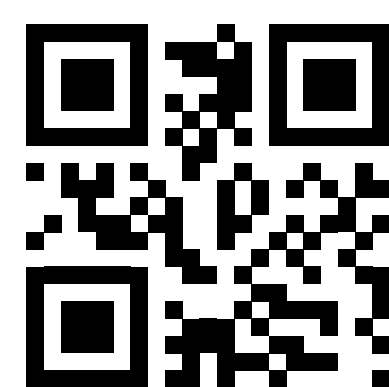
Walnuts
Pieces

10 x 350g

72017



£5.49

Walnuts
Halves

10 x 350g

72019



SPECIAL OFFER

£4.99

Walnuts



10 x 325g

73080



£1.69

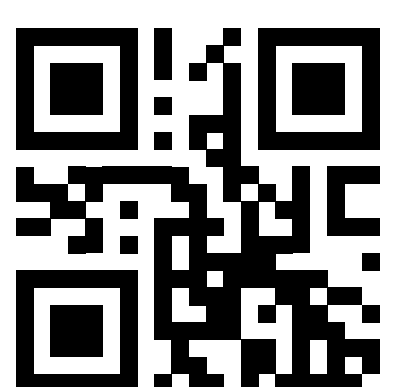
Barbecue
Corn Nuts

10 x 300g

72003



£1.69

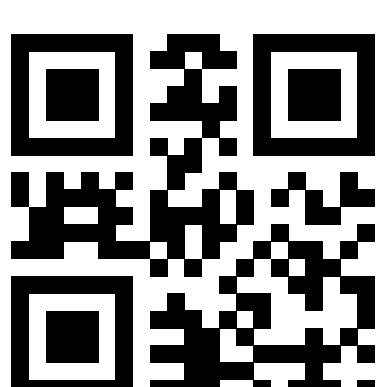
Smoked
Corn Nuts

10 x 300g

72006



£1.69

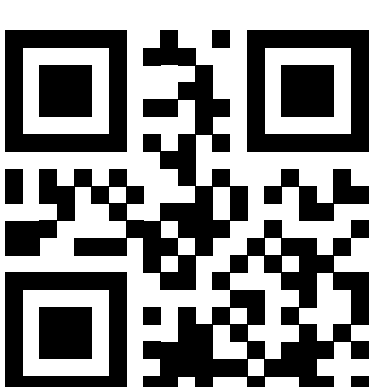
Cheese
Corn Nuts

10 x 300g

72004



£1.69

Roasted
Corn Nuts

10 x 300g

72005



£1.69

Hot Ketchup
Corn Nuts

10 x 300g

72001



£1.69

Chilli & Lemon
Corn Nuts

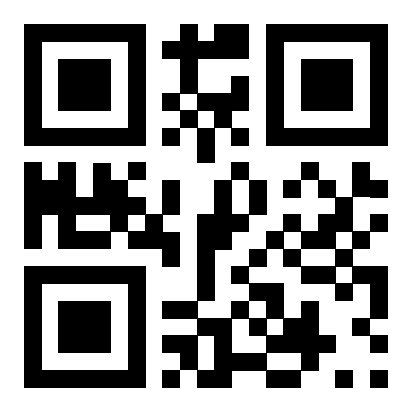
10 x 320g

72002



£3.99

Mixed Nuts

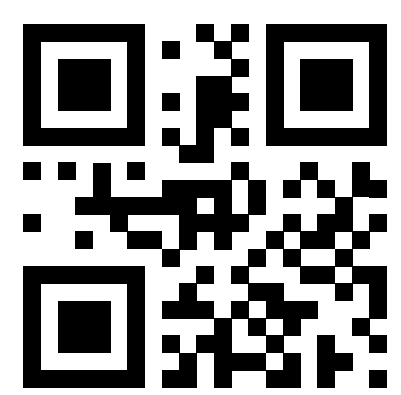


10 x 420g

72014



£6.49

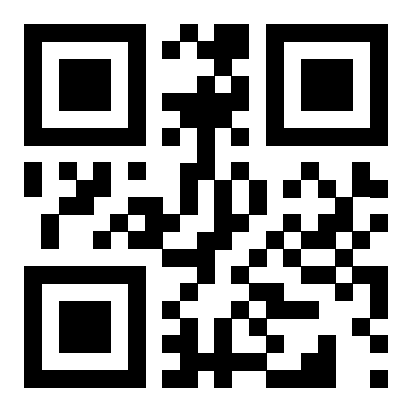
Deluxe
Mixed Nuts

10 x 450g

72023



£6.49

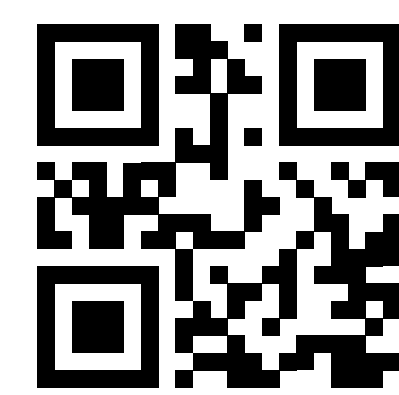
Super Deluxe
Mixed Nuts

10 x 450g

72024



£7.99

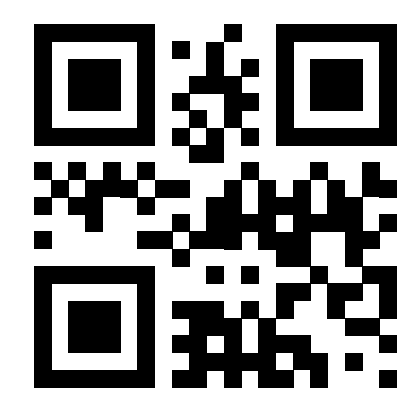
Super Extra
Mixed Nuts

10 x 450g

72026



£2.89

Party
Mixed Snacks

10 x 350g

72010



£1.69

Crispy Mixed
Snacks

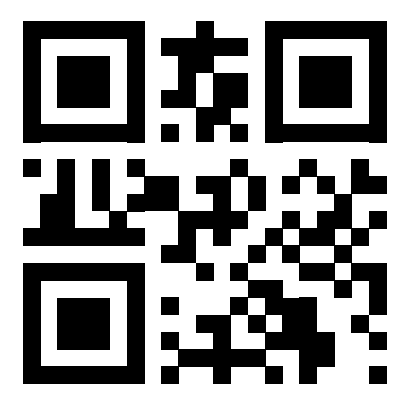
10 x 150g

74107



£1.29

Monkey Nuts

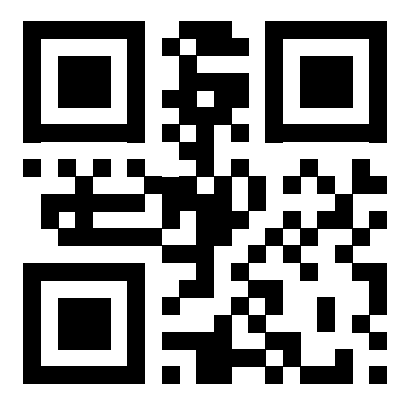


10 x 210g

70013



£6.79

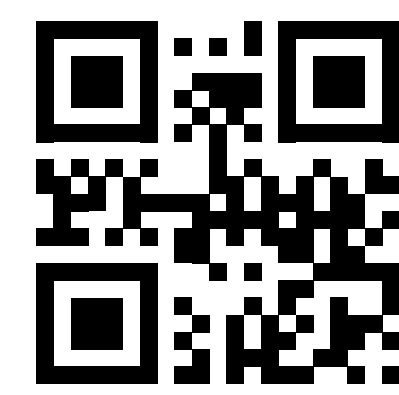
Lightly Salted
Pistachios

10 x 400g

72025



£6.49

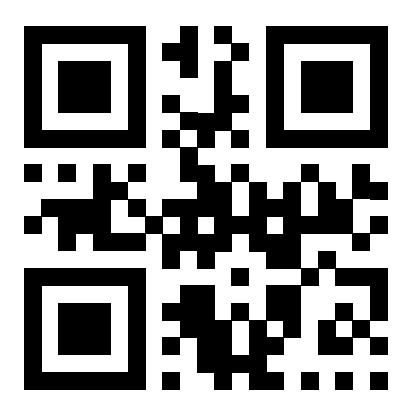
Spicy
Mixed Nuts

10 x 450g

72032



£5.49

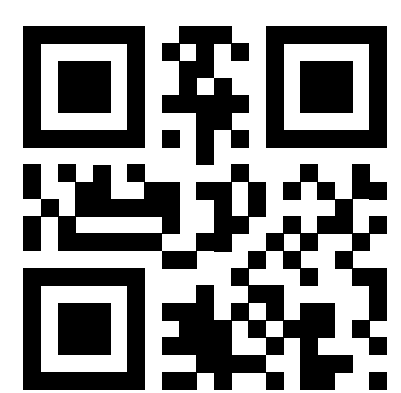
Green
Raisins

10 x 500g

72013



£2.99

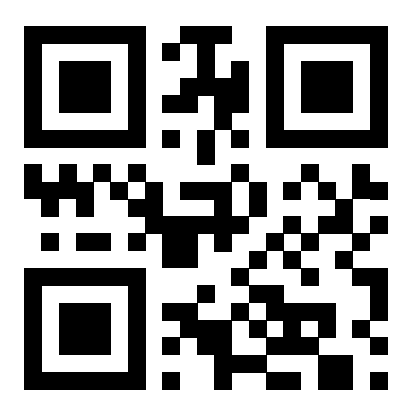
Red
Raisins

10 x 500g

72028



£3.49

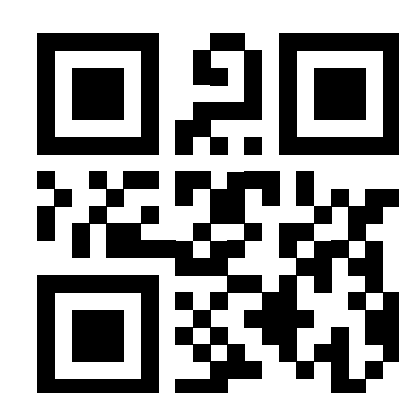
Golden
Sultana

10 x 500g

72012



£3.49

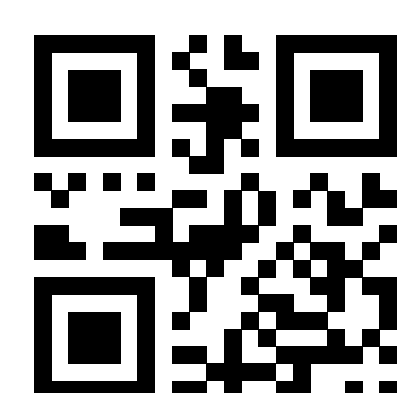
Black
Raisins

10 x 500g

72011



£4.49

Jumbo
Black Raisins

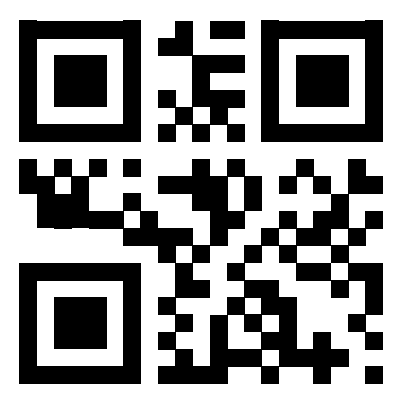
10 x 500g

72016



£1.89

Unsalted
Sunflower Seeds



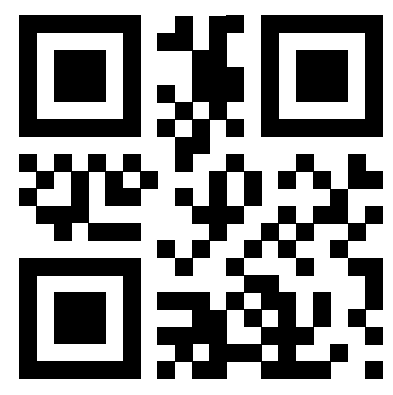
10 x 270g

72009



£1.89

Lemon & Salted
Sunflower Seeds



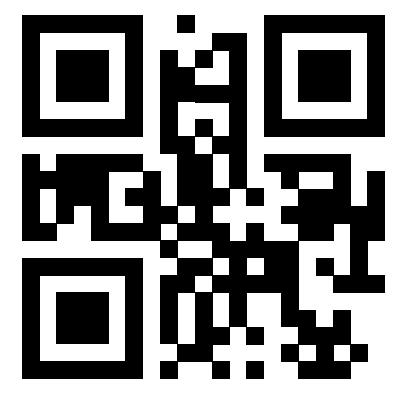
10 x 270g

72007



£1.89

Salted
Sunflower Seeds
Kurdish



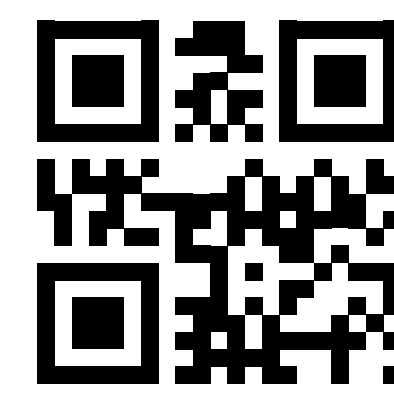
10 x 270g

72008



£1.99

Turkish Style
Sunflower Seeds



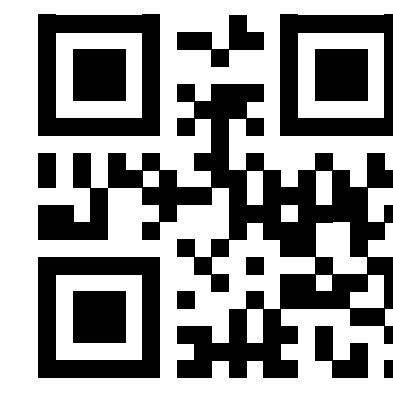
10 x 270g

74091



£2.99

Super
Melon Seeds



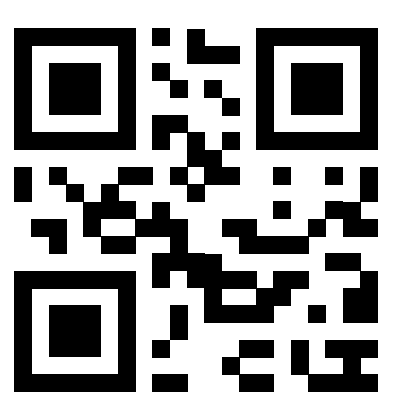
10 x 400g

72029



£3.99

Salted
Pumpkin Seeds



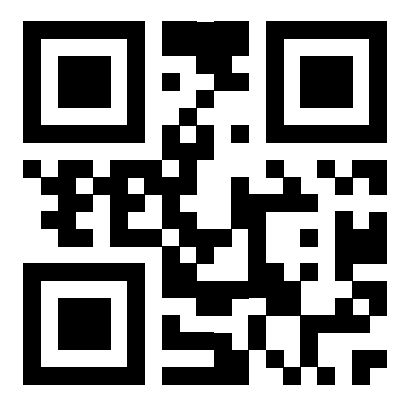
10 x 400g

72015



£1.99

Zahedi
Dried Dates



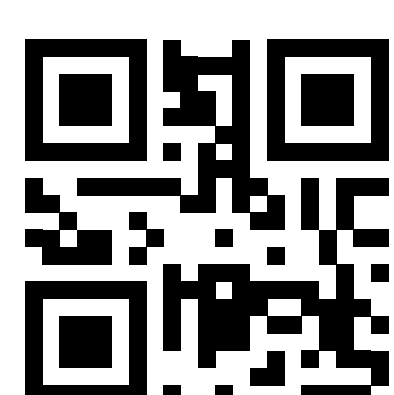
10 x 500g

72027



£1.99

Coconut
Crushed



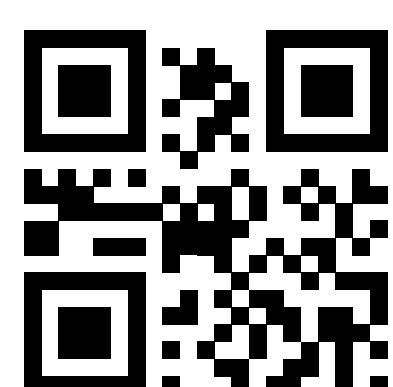
10 x 350g

74103



£2.99

Blended
Almonds



10 x 180g

74022



£2.99

Almonds
Flakes



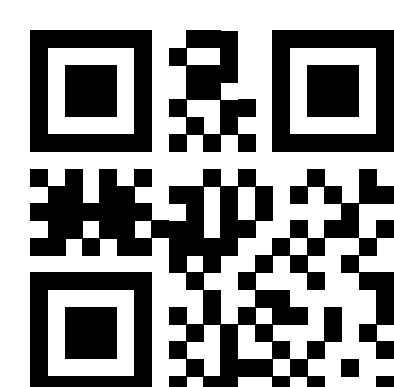
10 x 130g

74023



£2.69

Ground
Almonds



10 x 180g

74013



£2.89

Honey
Almonds



10 x 180g

74019



£2.89

Lemon
Almonds



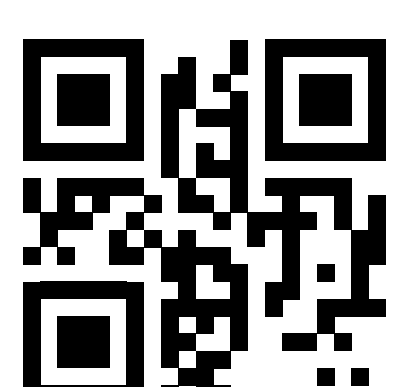
10 x 180g

74017



£2.89

Lightly Salted
Almonds



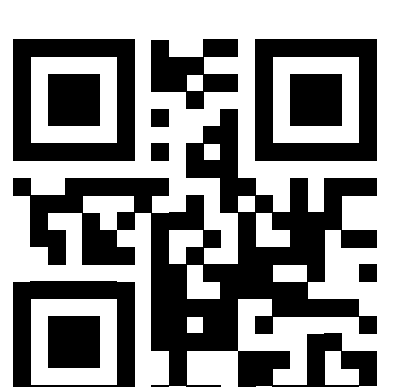
10 x 180g

74018



£2.69

Raw
Almonds



10 x 180g

74014



£2.89

Salted
Almonds



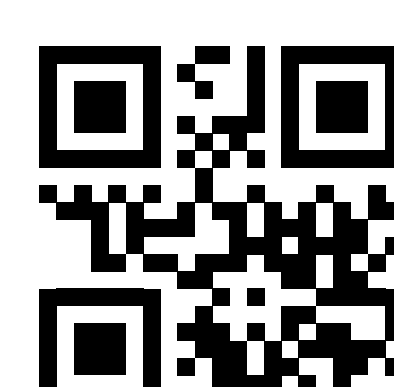
10 x 180g

74016



£2.89

Roasted Unsalt-
ed Almonds



10 x 180g

70026



£2.89

Smoked
Almonds



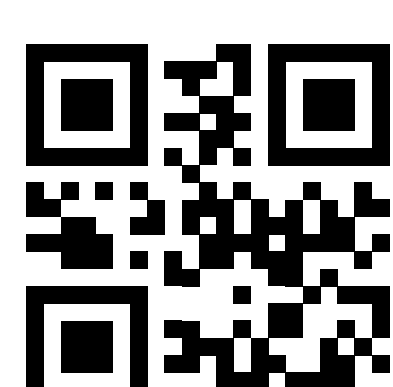
10 x 180g

74021



£2.99

Almonds in
Shell



10 x 160g

74104



£3.49

Sugared
Almonds



10 x 200g

73020



£4.49

Roasted
Hazelnuts



10 x 160g

73011



£4.49

Honey
Hazelnuts



10 x 180g

73012



£1.49

Roasted
Sesame



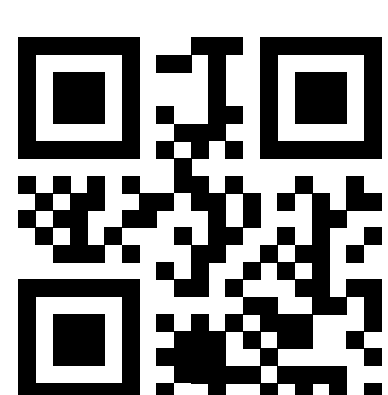
10 x 200g

50050



£1.29

White
Sesame



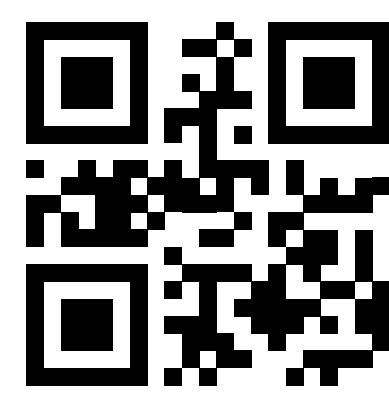
10 x 200g

50014



£2.99

Cheese
Cashews



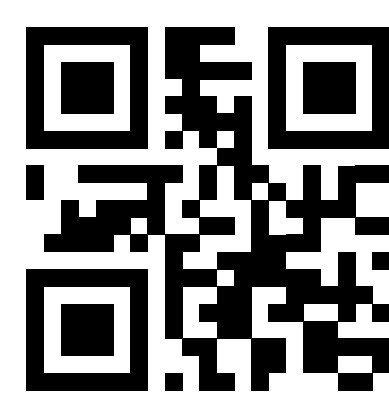
10 x 180g

74024



£2.99

Chilli
Cashews



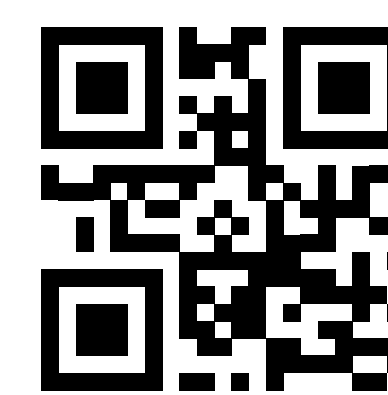
10 x 180g

74028



£2.99

Honey
Cashews



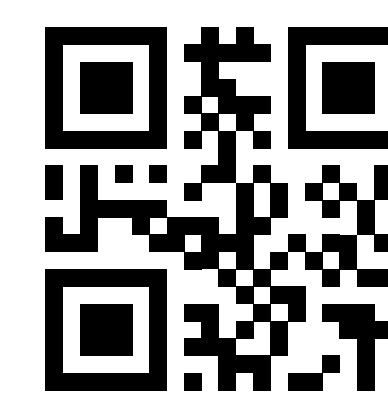
10 x 180g

73013



£2.99

Honey & Sesame
Cashews



10 x 180g

74025



£2.99

Honey &
Cinnamon
Cashew



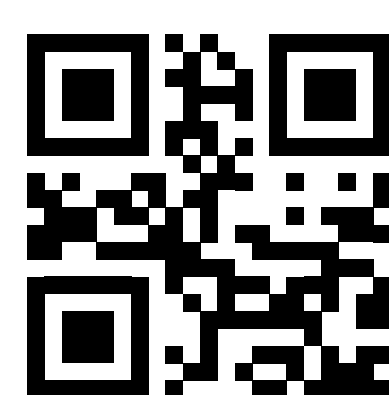
10 x 180g

70025



£2.89

Raw
Cashews



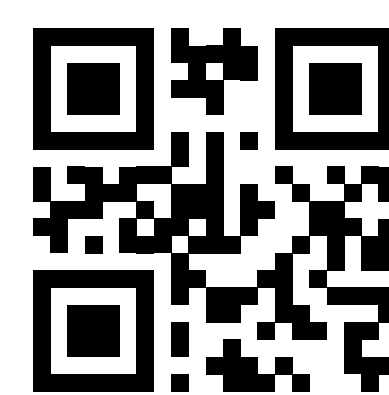
10 x 180g

74020



£2.99

Salted
Cashews



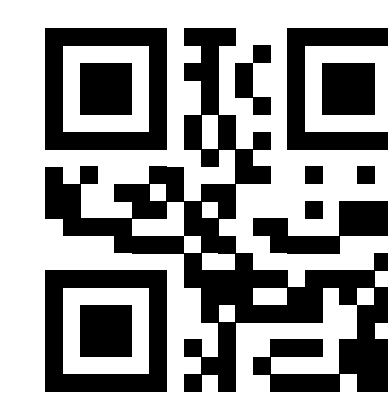
10 x 180g

74026



£2.99

Unsalted
Cashews



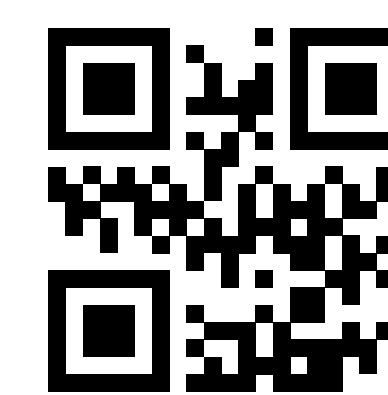
10 x 180g

74027



£2.99

Smoked
Cashews



10 x 180g

73019



£2.99

Sweet & Chilli
Cashews



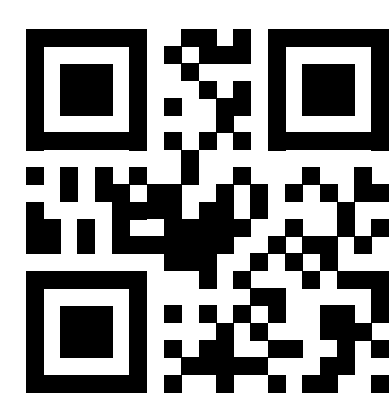
10 x 180g

73010



£0.79

Hot Ketchup
Corn Nuts



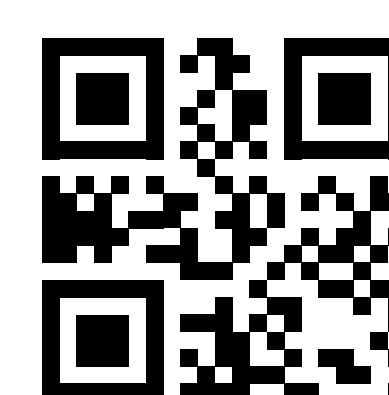
10 x 130g

74036



£0.79

Roasted
Corn Nuts



10 x 120g

74037



£0.89

Chilli & Lemon
Corn Nuts



10 x 130g

74041



£0.79

Smoked
Corn Nuts



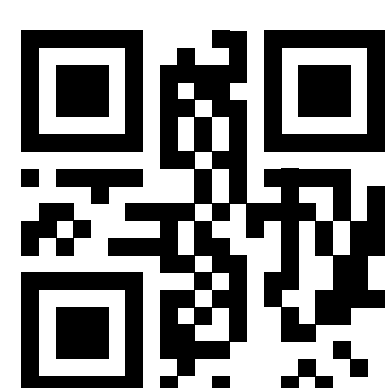
10 x 125g

74038



£0.79

Barbecue
Corn Nuts



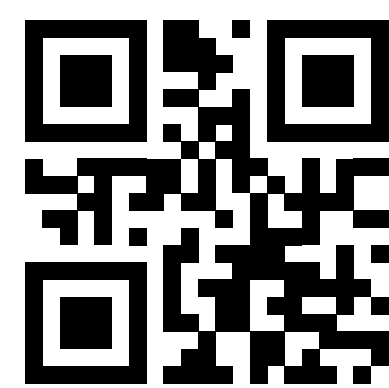
10 x 130g

74034



£0.79

Cheesy
Corn Nuts



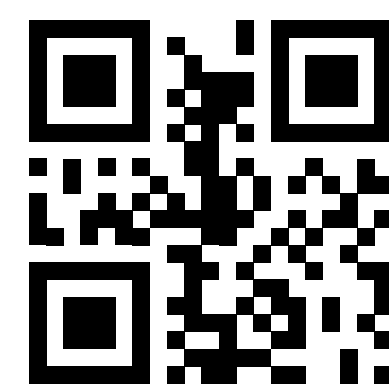
10 x 130g

74035



£1.99

Mixed Nuts



10 x 170g

74009



£2.99

Deluxe
Mixed Nuts



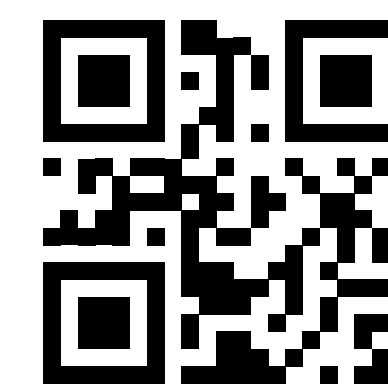
10 x 180g

70023



£2.99

Super Deluxe
Mixed Nuts



10 x 180g

73016



£3.59

Super Extra
Mixed Nuts



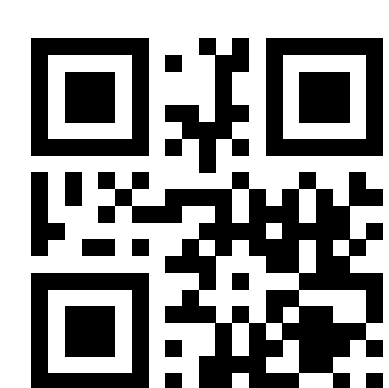
10 x 180g

73021



£2.99

Spicy
Mixed Nuts



10 x 180g

70027



£1.19

Oriental
Mixed Snacks



10 x 120g

73026



£1.19

Rice
Crackers Mix



10 x 110g

70010



99p

Bombay Mix



10 x 100g

70003



£1.19

Chilli
Crackers



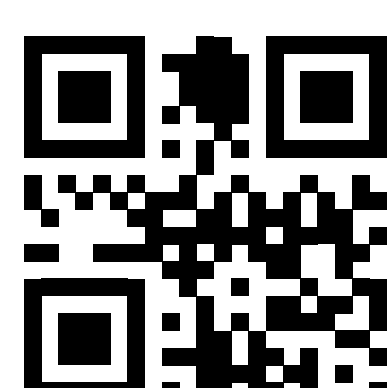
10 x 80g

70004



£1.69

Party
Mixed Snacks



10 x 160g

74002



£1.39

Peanut
Crackers



10 x 160g

70019



£1.89

Japanese
Rice Crackers



10 x 140g

74006



£1.49

Chilli
Chickpeas



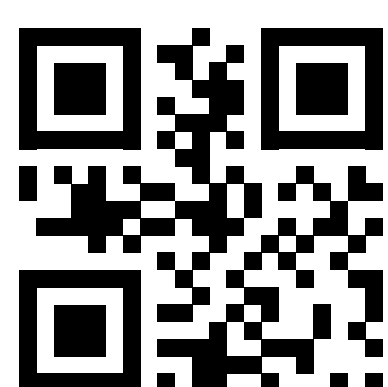
10 x 160g

70022



£1.29

Roasted
Chickpeas



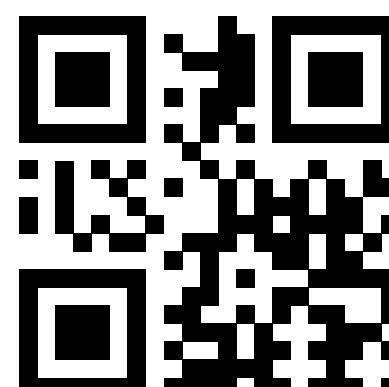
10 x 160g

70012



£1.49

Smoked
Chickpeas



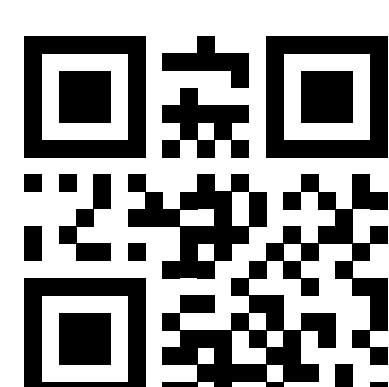
10 x 160g

70028



£1.19

Lightly Salted
Peanuts



10 x 180g

70006



£1.19

Salted
Peanuts



10 x 180g

70008



£1.39

Smoked
Peanuts



10 x 180g

53010



£1.49

Honey
Peanuts



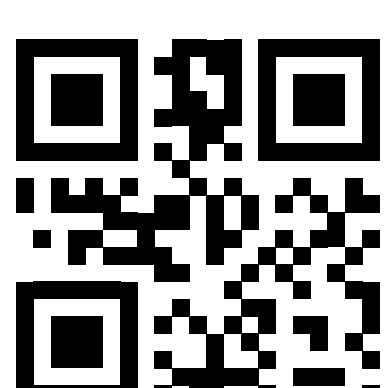
10 x 180g

74001



£1.39

Blanched
Salted Peanuts



10 x 180g

70020



£1.19

Cri Cri Nachos
Coated Peanuts



10 x 150g

73025



£1.19

Cri Cri Chilli
Coated Peanuts



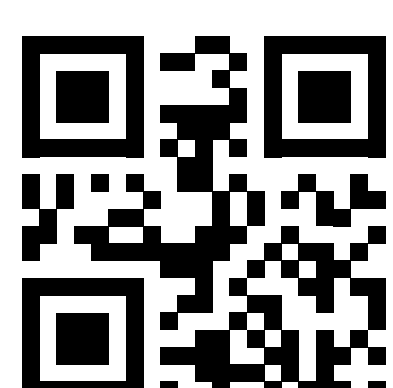
10 x 150g

73024



£3.99

Chinese
Pine Nuts



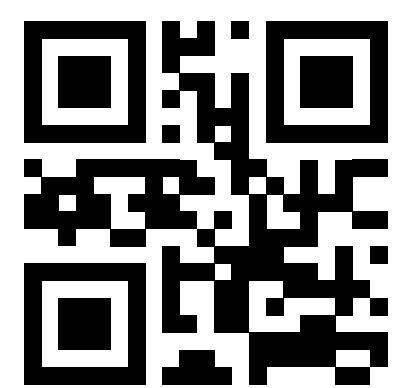
12 x 100g

74030



£4.49

Pakistani
Pine Nuts



12 x 60g

74033



£2.39

Pistachio
Kernels



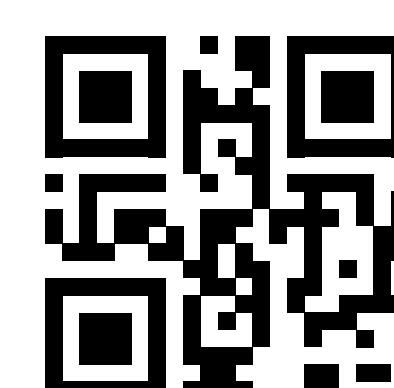
12 x 70g

74105



£3.99

Pistachio
Kernels



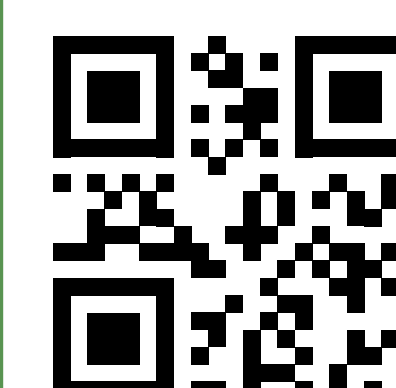
10 x 140g

73022



£4.49

Nibbed
Pistachios



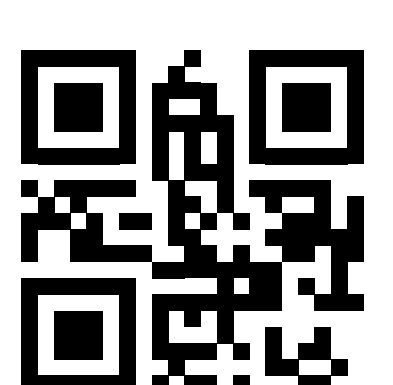
10 x 170g

74031



£3.49

Ground
Pistachio



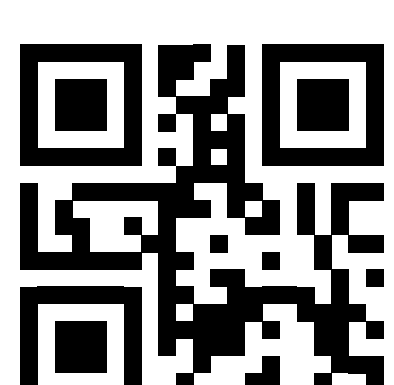
10 x 170g

73027



£3.29

Pistachio with
Sumac



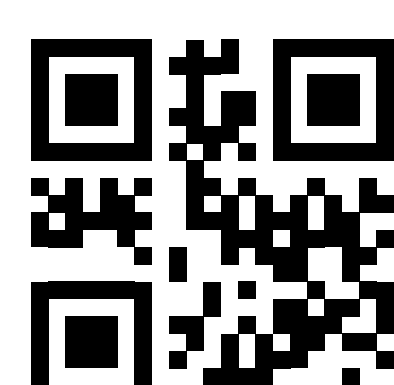
10 x 160g

73045



£3.29

Lemon
Pistachios



10 x 160g

73017



£3.29

Lightly Salted
Pistachios



10 x 160g

51009



£3.29

Roasted & Salted
Pistachios



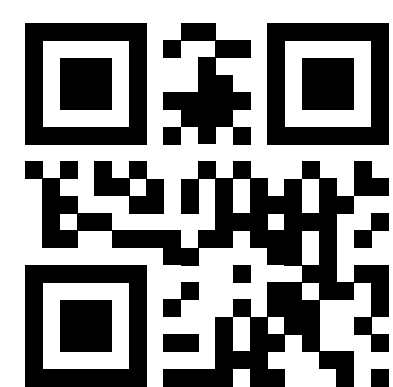
10 x 160g

73018



£3.29

Turkish Salted
Pistachios



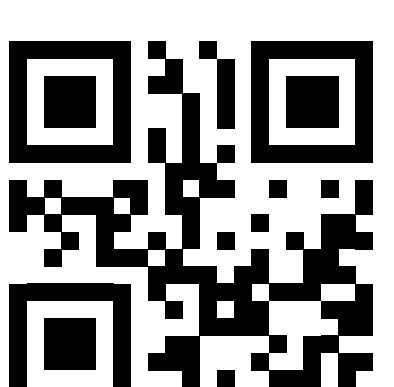
10 x 160g

70024



£2.49

Walnut
Halves



10 x 140g

73008



£2.19

Walnuts
Pieces



10 x 150g

74011



£3.29

Pecan Nuts



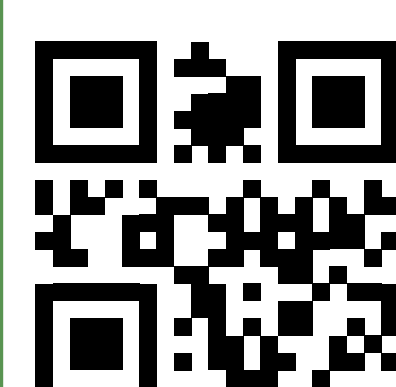
10 x 150g

74029



£3.29

Brazil Nuts



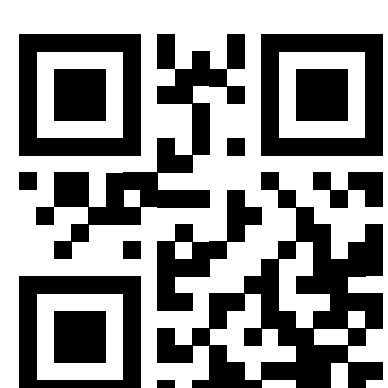
10 X 180g

74096



£1.99

Pumpkin Seeds
Kernels



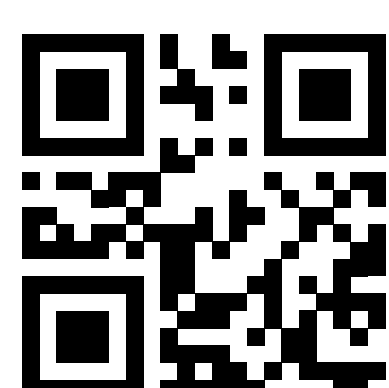
10 x 180g

74010



£1.79

Salted
Pumpkin Seeds



10 x 140g

74005



£1.29

Sunflower
Seeds Kernels



10 x 180g

70015



£0.89

Salted
Sunflower Seeds



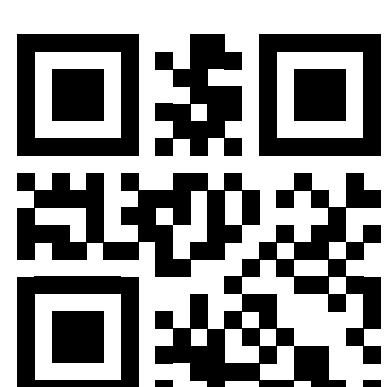
10 x 100g

74039



£2.49

Mashadi
Melon Seeds



10 x 130g

73007



£1.69

Super
Melon Seeds



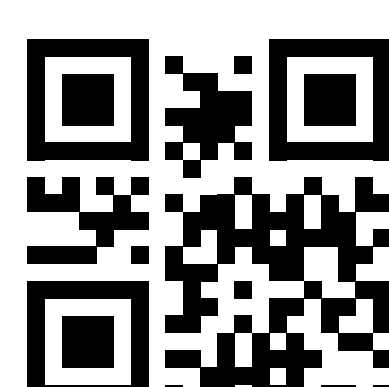
10 x 180g

74004



£4.99

Whole Green
Cardamom



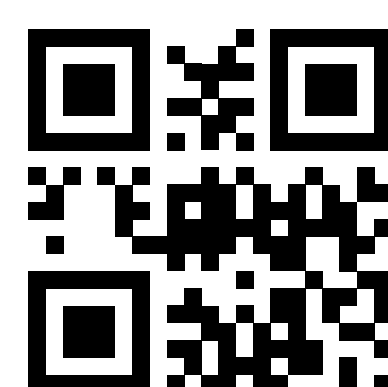
10 x 80g

74109



£2.99

Dark Chocolate
Almonds



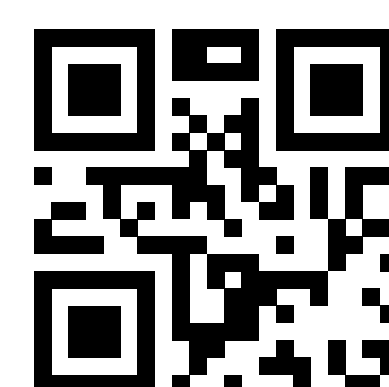
10 x 180g

73038



£2.99

Milk Chocolate
Almonds



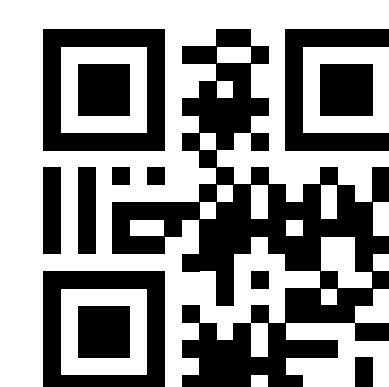
10 x 180g

73037



£2.99

White Chocolate
Almonds



10 x 180g

73036



£3.29

Dark Chocolate
Hazelnut



10 x 180g

73044



£1.99

Milk Chocolate
Peanuts



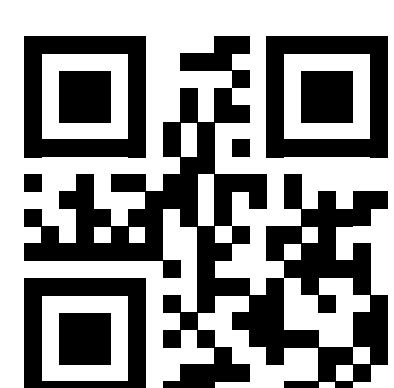
10 x 180g

73040



£1.99

Dried Gourmet
Figs



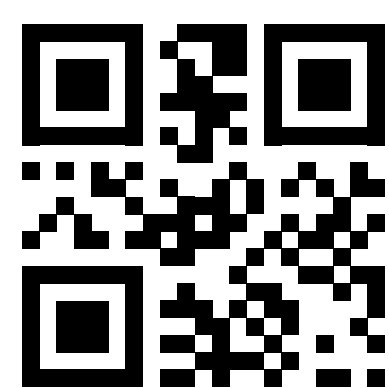
10 x 200g

71046



£1.29

Banana Chips



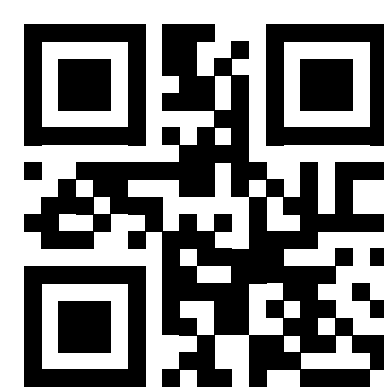
10 x 140g

70011



£1.19

Crushed
Coconut



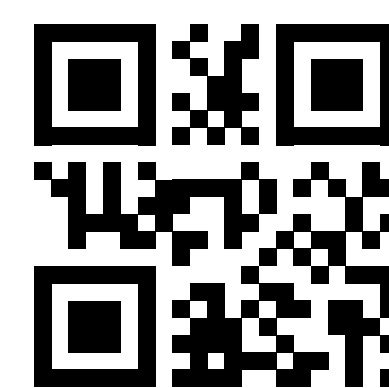
10 x 150g

70005



£1.99

Dried
Cranberries



10 x 180g

74007



£4.49

Freezed
Dried Fruit



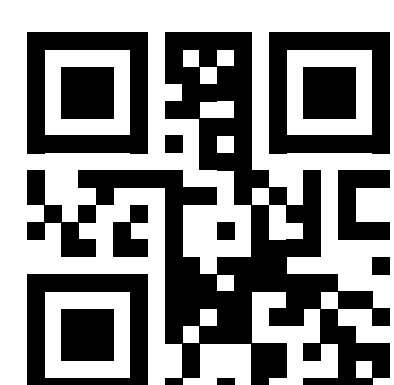
10 x 90g

74108



£3.49

Dried Apricot



10 x 200g

73050



£1.99

Papaya
Strips



10 x 180g

81139



£2.19

Diced
Coconuts



10 x 180g

73054



£2.49

Sliced
Kiwi



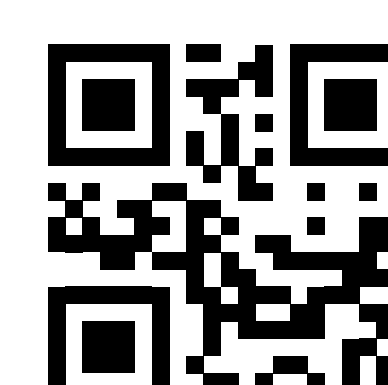
10 x 180g

73076



£2.99

Mango
Chunks



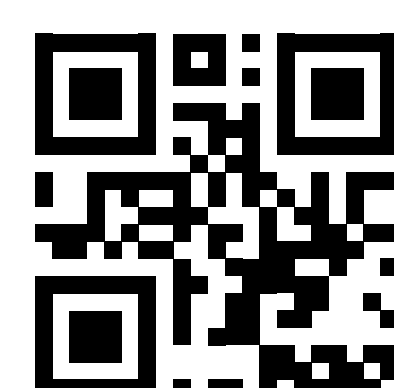
10 x 130g

73014



£2.99

Mango
Strips



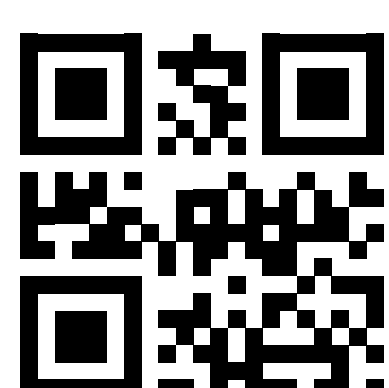
10 x 150g

73015



£2.49

Dried Pineapple
Rings

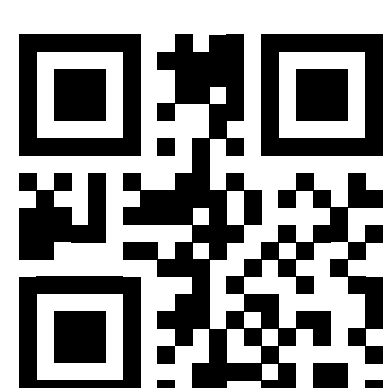


10 x 180g

74106



£1.19

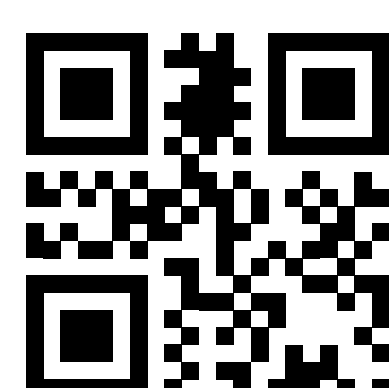
Red
Raisins

10 x 180g

70009



£1.39

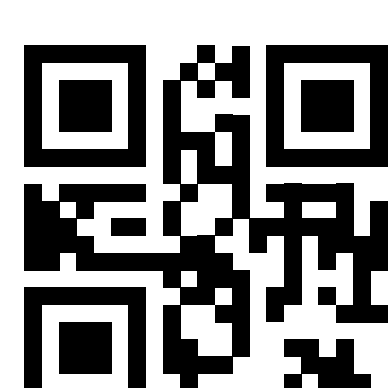
Black
Raisins

10 x 180g

70016



£1.99

Jumbo
Black Raisins

10 x 180g

74008



£2.39

Green
Raisins

10 x 180g

74003



£1.49

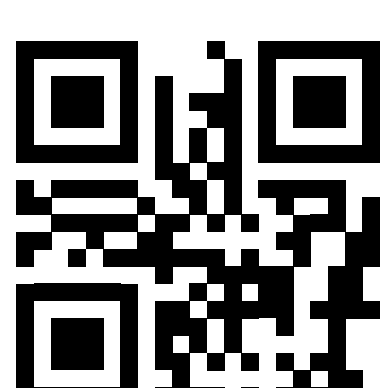
Golden
Sultana

10 x 180g

74000



£2.49

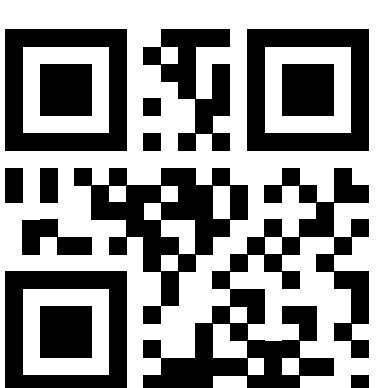
Sliced
Guava

10 x 180g

73075



£2.49

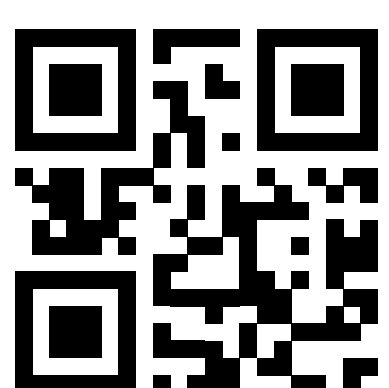
whole
Prunes

10 x 200g

73009



£2.69

Pitted
Prunes

10 x 200g

74015



£2.29

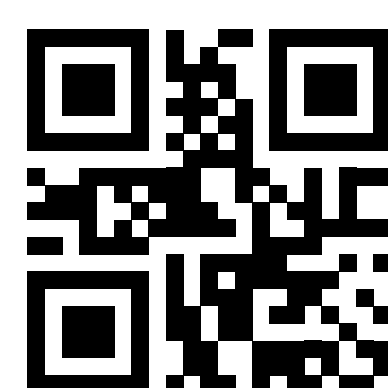
Luxury
Fruits & Nuts

10 x 180g

73006



£1.99

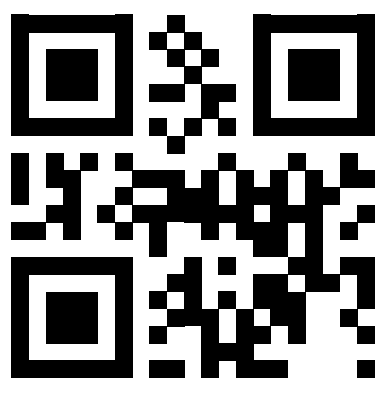
Assorted
Nougat

10 x 200g

47004

Almond NPX 23-25

81004



50lb
22.68kg / £140

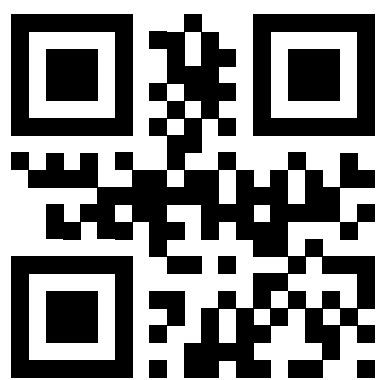
2 BOXES OFFER



£6.17
per 1kg

Aleppo Pistachio Kernels

81177



10kg / £190

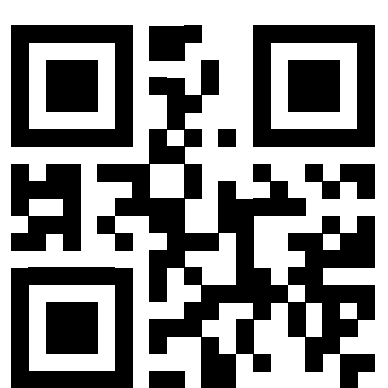
2 BOXES OFFER



£19
per 1kg

Iranian Pistachio Kernels

81097



10kg / £200

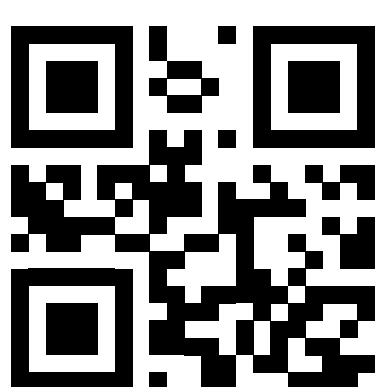
2 BOXES OFFER



£20
per 1kg

Cashew W240

81051



50lb
22.68kg / £145

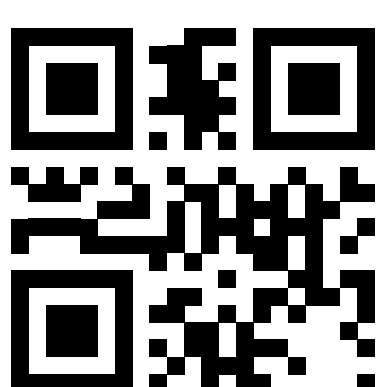
2 BOXES OFFER



£6.39
per 1kg

Cashew W320

81006



50lb
22.68kg / £140

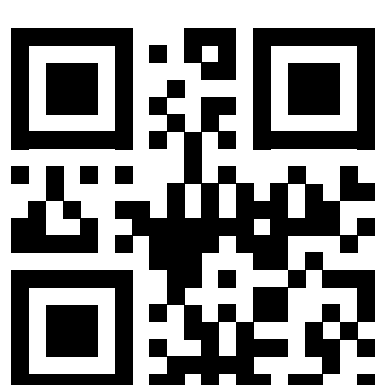
2 BOXES OFFER



£6.17
per 1kg

Walnut Halves

81176



10kg / £65

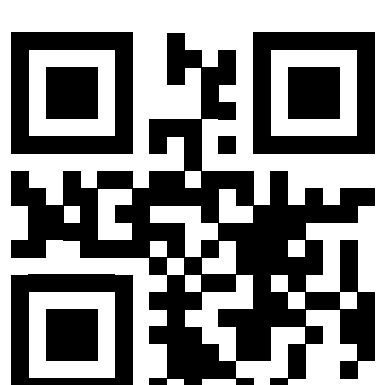
2 BOXES OFFER



£6.50
per 1kg

Gourmet Figs

29948



5kg / £30

2 BOXES OFFER



£6
per 1kg

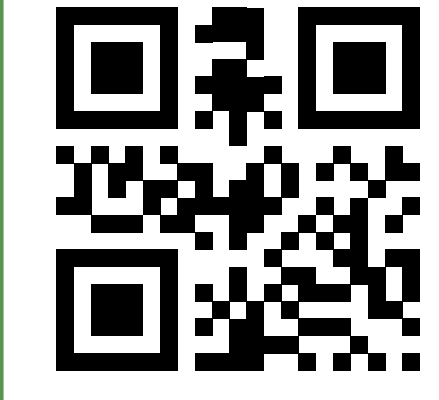


Britain's First Mediterranean Food Supplier

Non Food



English Red Coal

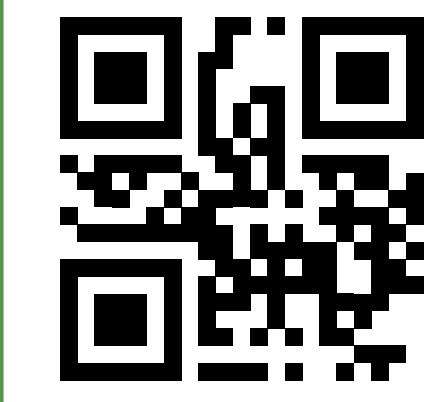


24 x 80g

60015



Dibaj Tissues



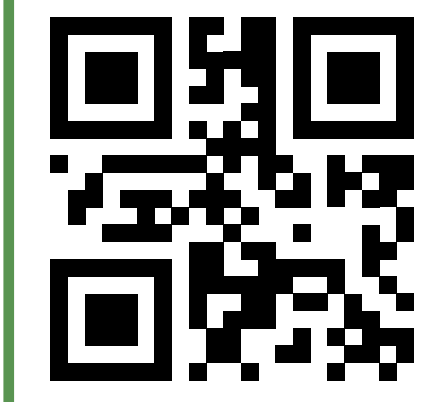
48x100 units

60017



SofraTable Sheets

20 rolls x
10 Sheets
(85x110cm)



60051

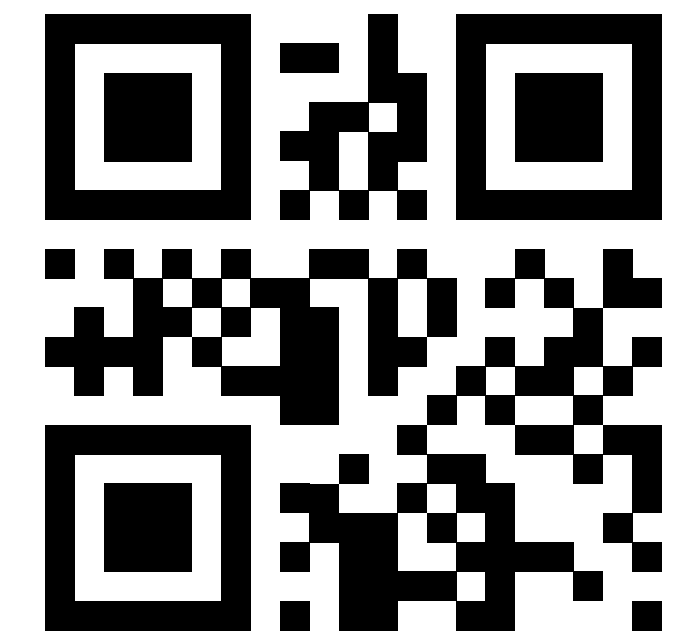
OFFERS



Buy 7 get 1 Free

4 X 4kg

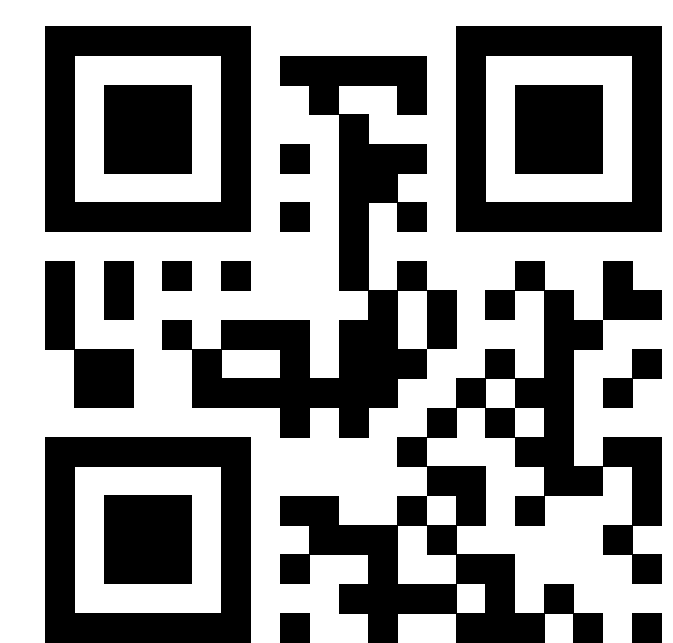
42141



Buy 7 get 1 Free

4 X 4kg

42140



Special Offer

Simply Spread Cheese

£1.29 Each



2 FOR £2

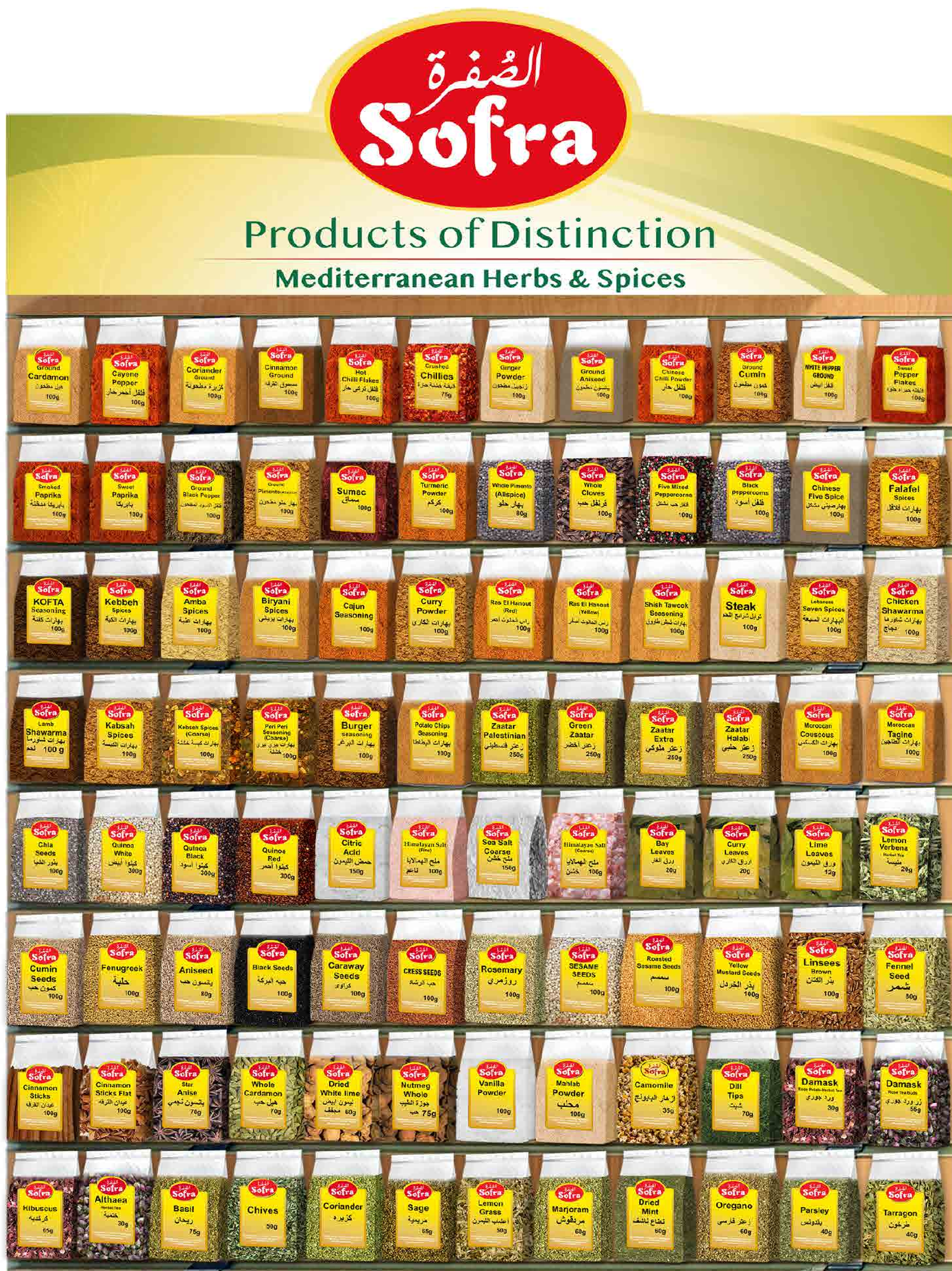
Special Offer

Simply Spread Cheese

£2.99 Each

2 FOR £5





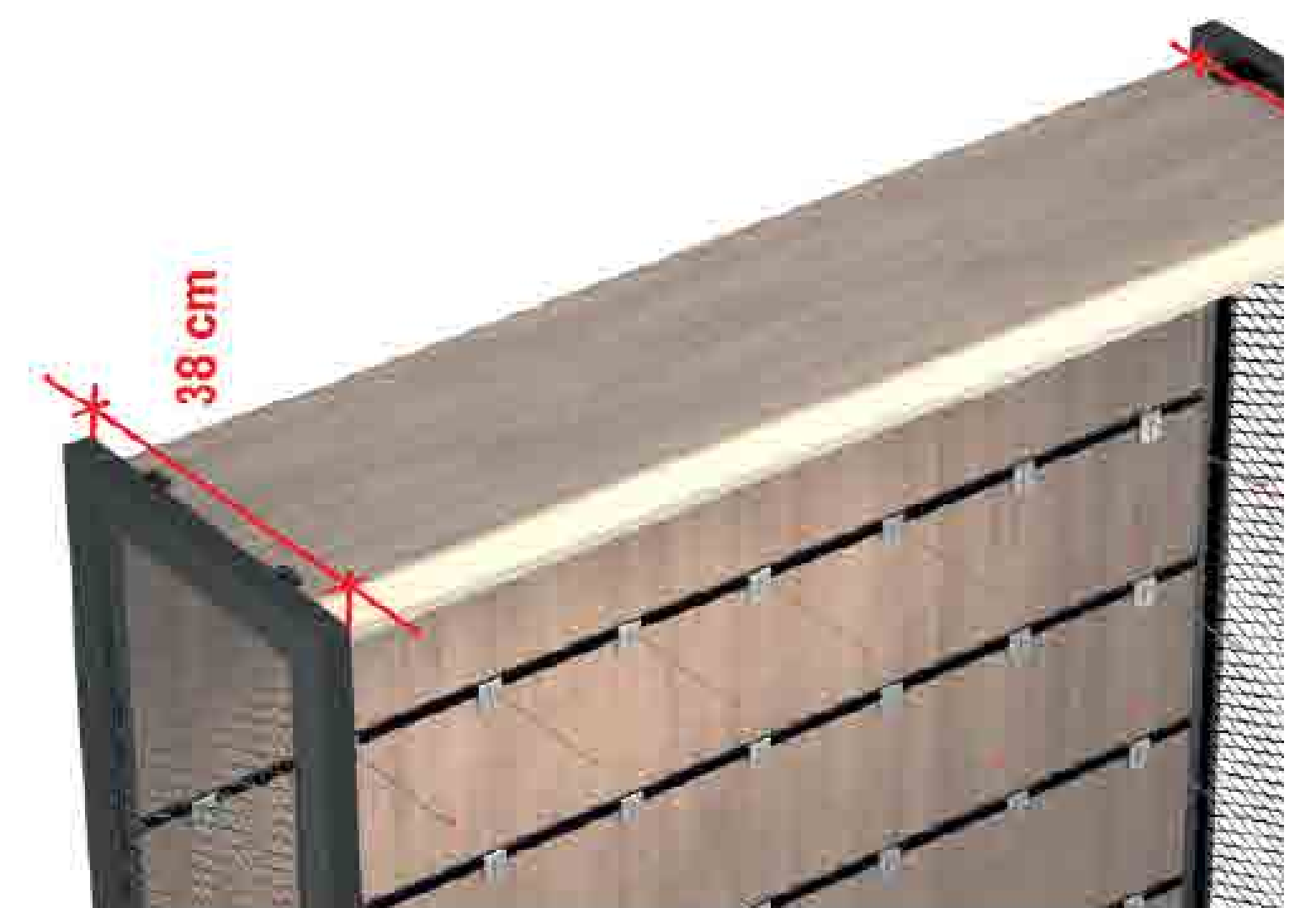
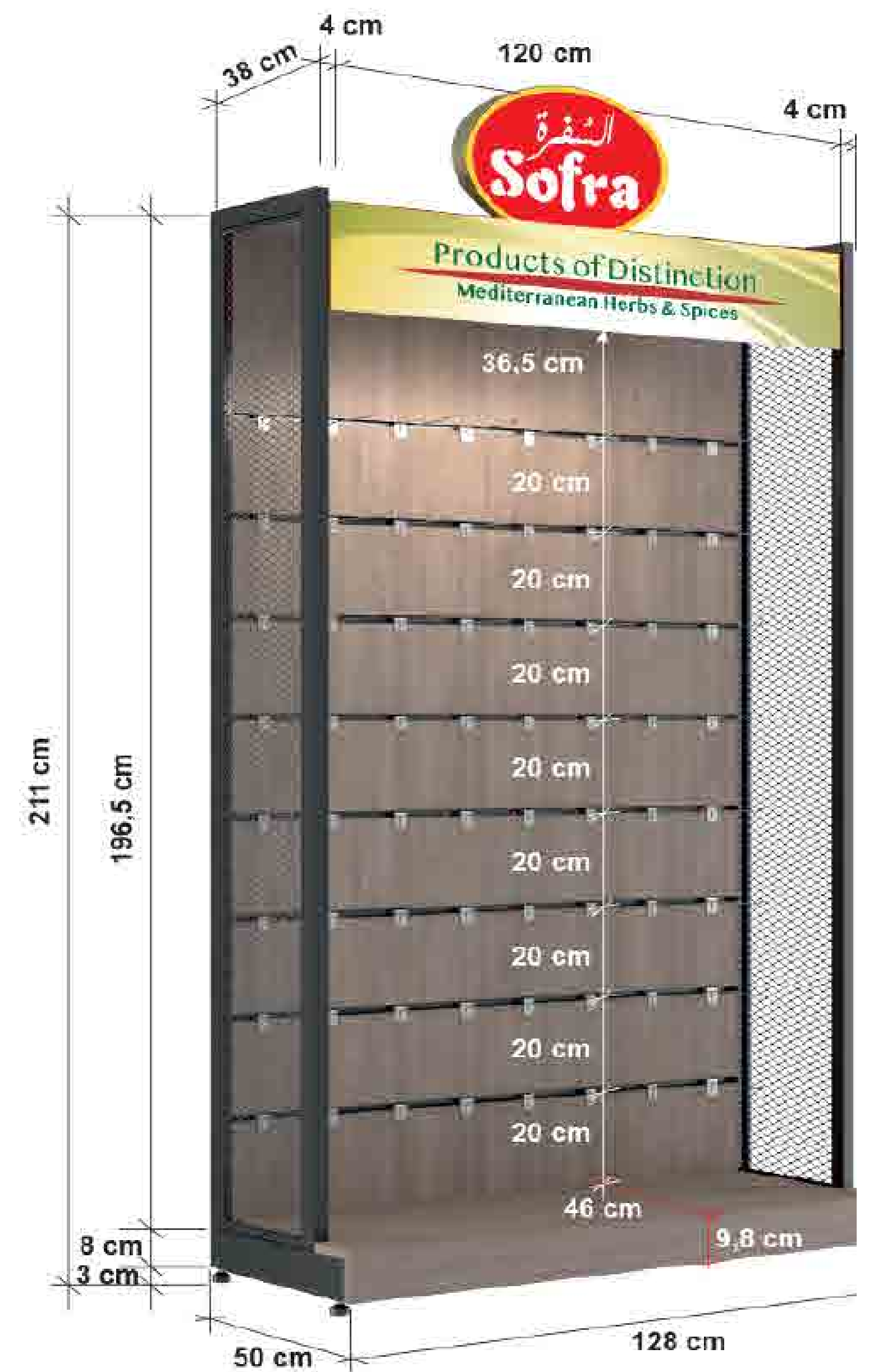
Type A: Size 120 X 210
Capacity:126

Type B: Size 100 X 210
Capacity:108



Products of Distinction

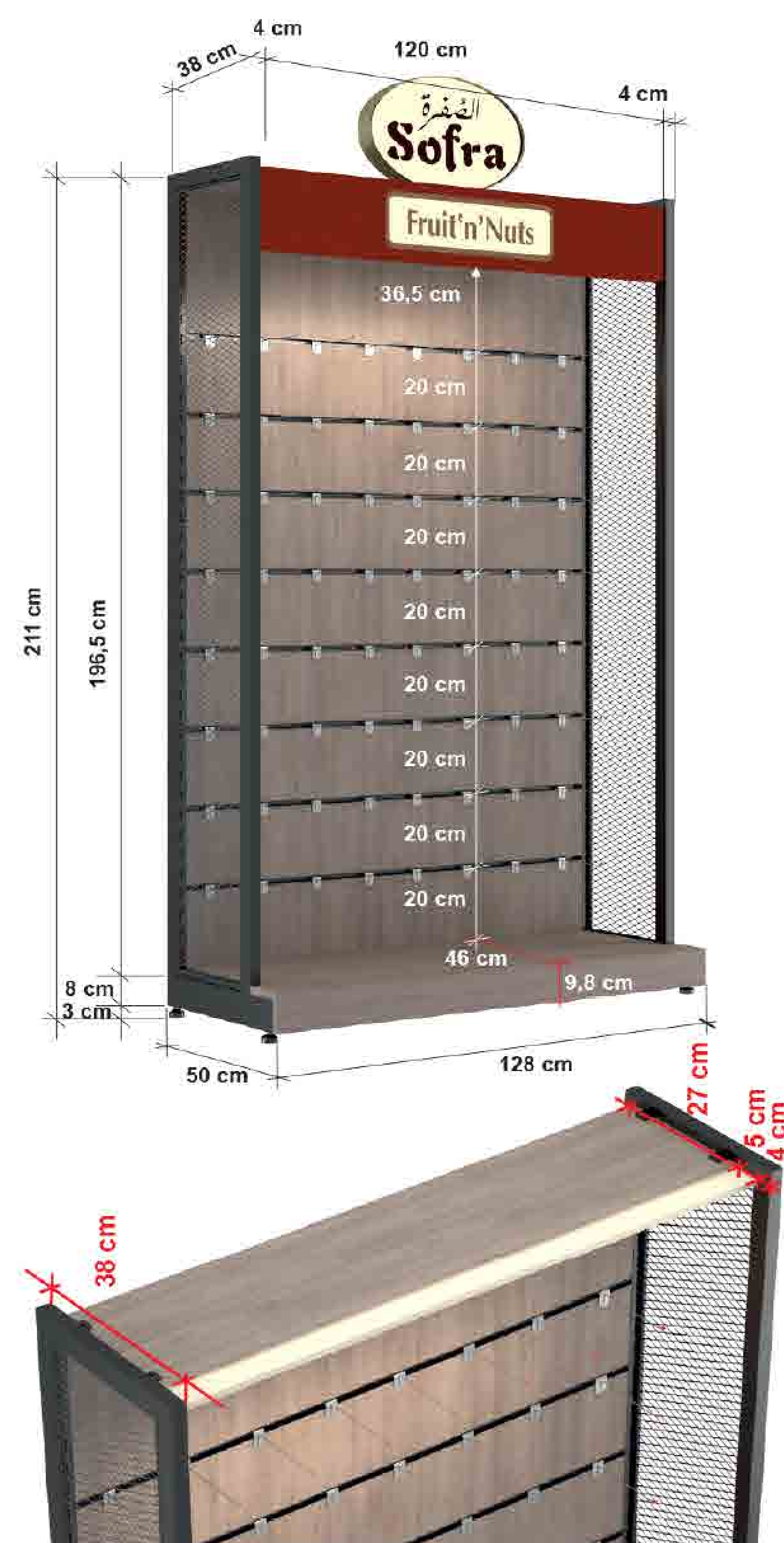
Mediterranean Herbs & Spices





Type A: Size 120 X 210
Capacity:73

Type B: Size 100 X 210
Capacity:55



Capacity:73